




**GO AMHERST COMETS!**

**DECEMBER AJH Lunch Menu**

Menu subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Breakfast &amp; Lunch are available at no cost to families for the 2021-22 school year!</i></p> <p><i>Milk by itself costs \$.50.</i></p>	<p><i>Lunch includes 5 components: Protein, Grain, Fruit, Vegetable &amp; Milk. Students must choose 3-5 components, one being a fruit or vegetable.</i></p>	<p>1</p> <p>CHICKEN PATTY W/ WAFFLE FRIES AJH PIZZA FRUIT/VEG CHOICES MILK</p>	<p>2</p> <p>NEW ITEM: TOT-CHOS w/ soft pretzel AJH PIZZA FRUIT/VEG CHOICES MILK</p>	<p>3</p> <p>SPICY CHICKEN PATTY w/BAKED CHIPS FRENCH BREAD PIZZA FRUIT/VEG CHOICES BAKED BEANS MILK</p>
<p>6</p> <p>TACO SALAD or FIESTADA STUFFED CRUST PIZZA FIESTA RICE REFRIED BEANS FRUIT/VEG CHOICES MILK</p>	<p>7</p> <p>POPCORN CHICKEN BAKED TRI-TATERS AJH PIZZA FRUIT/VEG CHOICES MILK</p>	<p>8</p> <p>CHICKEN PATTY W/ BAKED SMILES AJH PIZZA FRUIT/VEG CHOICES MILK</p>	<p>9</p> <p>BOSCO STICKS w/marinara AJH PIZZA FRUIT/VEGS CHOICES MILK TREAT</p>	<p>10</p> <p>CHEESEBURGER w/BAKED CHIPS FRENCH BREAD PIZZA FRUIT/VEG CHOICES BAKED BEANS MILK</p>
<p>13</p> <p>BEEFY CHEESY NACHOS STUFFED CRUST PIZZA FIESTA RICE REFRIED BEANS FRUIT/VEG CHOICES MILK</p>	<p>14</p> <p>CHICKEN NUGGETS w/ BAKED SMILES AJH PIZZA FRUIT/VEG. CHOICES MILK</p>	<p>15</p> <p>CHICKEN PATTY W/ BAKED WAFFLE FRIES AJH PIZZA FRUIT/VEG. CHOICES MILK</p>	<p>16</p> <p><b>CHRISTMAS LUNCH</b> LASAGNA OR STUFFED SHELLS W/ ROLL PIZZA FRUIT/VEG CHOICES DESSERT MILK</p>	<p>17</p> <p>HOT DOG w/BAKED CHIPS FRENCH BREAD PIZZA FRUIT/VEG CHOICES BAKED BEANS MILK</p>
<p>20</p> <p>WALKING TACO STUFFED CRUST PIZZA FIESTA RICE REFRIED BEANS FRUIT/VEG CHOICES MILK</p>	<p>21</p> <p>MOZZARELLA STICKS PIZZA FRUIT/VEG CHOICES TREAT MILK</p>	<p>22</p> <p>23</p> 		<p>24</p>
<p>27</p> 	<p>28</p> <p>29</p> 		<p>30</p>	<p>31</p> <p>Important update: Due to manufacturer supply shortages, we may need to change the menu items without notice. We will do our best to have a similar item, but cannot guarantee it is the same as what the students usually get.</p>

USDA is an equal opportunity provider and employer  
 Email Deanne Kelbley, RD, LD, SNS with any questions about the National School Breakfast & Lunch Programs:  
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