



Powers Elementary December 2021 Lunch Menu

Menu subject to change without notice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>Important update: Due to manufacturer supply shortages, we may need to change the menu items without notice. We will do our best to have a similar item, but cannot guarantee it is the same as what the students usually get.</p>		<p style="text-align: right;">1</p> <p>WG Macaroni & Cheese*% or WG Fish Sticks* Steamed Broccoli Edamame Fruit Choices Milk % WG Soft Pretzel*</p>	<p style="text-align: right;">2</p> <p>Pizza Hut Pizza *% Leafy Green Salad W/chick peas Fruit Choices Milk %</p>	<p style="text-align: right;">3</p> <p>WG Chicken Tenders* or WG Stuffed Crust Pizza*% Fresh Veggies w/hummus Fruit Choice Milk %</p>	<p style="text-align: center;"><i>Lunches consist of 5 components: Protein, Grain, Fruit, Vegetable & Milk.</i></p> <p style="text-align: center;"><i>Students must choose 3-5 components, one being a fruit or vegetable.</i></p>
<p style="text-align: right;">6</p> <p>Hot Dog on a WG Bun * or WG Toasted Cheese*% Baked Beans Curly Fries Fruit Choices Milk %</p>	<p style="text-align: right;">7</p> <p>WG Popcorn Chicken* or WG Mini Corn Dogs** Sweet PotatoTots Seasoned Green Beans Fruit Choices Milk %</p>	<p style="text-align: right;">8</p> <p>Cheeseburger on a Bun*% or WG Popcorn Chicken Tater Tots Leafy Green Salad Fruit Choices Milk %</p>	<p style="text-align: right;">9</p> <p>Domino's Pizza *% Fresh Veggies w/hummus Fruit Choices Milk %</p>	<p style="text-align: right;">10</p> <p>Uncrustable*! or WG Quesadilla w/salsa Dragon Punch Juice Sweet Corn Fruit Choices Milk%</p>	<p style="text-align: center;">EVERY DAY WE OFFER AN ALTERNATE (MEATLESS) LUNCH THAT INCLUDES ALL 5 COMPONENTS OF A SCHOOL LUNCH</p>
<p style="text-align: right;">13</p> <p>WG Pancakes*%^ w/Sausage Links or WG Chicken Nuggets* Wango Mango Juice Hash Brown Fruit Choices Milk %</p>	<p style="text-align: right;">14</p> <p>WG Popcorn Chicken* or WG Personal Pan Pizza*% Sweet Potato Fries Baked Beans Fruit Choices Milk %</p>	<p style="text-align: right;">15</p> <p>Beefy Cheesy Nachos% or WG Mozzarella Sticks*% w/marinara sauce Refried Beans Sweet Corn Fruit Choices Milk%</p>	<p style="text-align: right;">16</p> <p>Pizza Hut Pizza *% Fresh Veggies w/hummus Fruit Choices Milk %</p>	<p style="text-align: right;">17</p> <p>WG Chicken Drumstick* or Rotini w/meatsauce* Seasoned Green Beans Dragon Punch Fruit Choices Milk%</p>	<p style="text-align: center;">ALLERGENS:</p> <p style="text-align: center;">* = gluten</p> <p style="text-align: center;">^ = egg</p> <p style="text-align: center;">% = dairy</p> <p style="text-align: center;">! = peanut</p> <p style="text-align: center;">These are ONLY a guide</p>
<p style="text-align: right;">20</p> <p>WG Corn Dog* or Hamburger on a WG Bun* Sweet Potato Tots Baked Beans Fruit Choices Milk %</p>	<p style="text-align: right;">21</p> <p>WG Chicken Nuggets* or WG Stuffed Crust Pizza*% Wango Mango Juice Seasoned Green Beans Fruit Choices Milk %</p>			<p style="text-align: center;">Happy Holidays!</p> 	<p style="text-align: center;">Please visit www.payschoolscentral.com to add money to your child's account, and to complete the Free & Reduced-price Application.</p>

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Email Deanne Kelbley, RD, LD, SNS with any questions about the National School Breakfast & Lunch Programs:

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