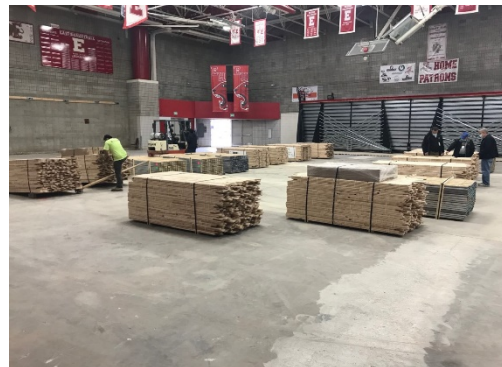


East High Weekly Update



November 19, 2021



Weekly Update Special Edition




CREATIVE WRITING

Students, want to try your hand at a variety of fun and experimental writing styles? If you are creative, artistic, or just interested in learning about what it takes to become a writer, sign up for a Creative Writing elective next year. You'll even have a chance to publish some of your writing and work on producing the school's literary magazine, "Pencilings."

Parents, guardians, and students this edition of the East Weekly Update is to showcase some of the amazing electives that East offers. In December students will begin to register for the 2022-2023 school year. We hope these descriptions are helpful and fun! A full course catalog is available on our website.

<https://east.slcschools.org/academics/counseling-center/course-catalog>

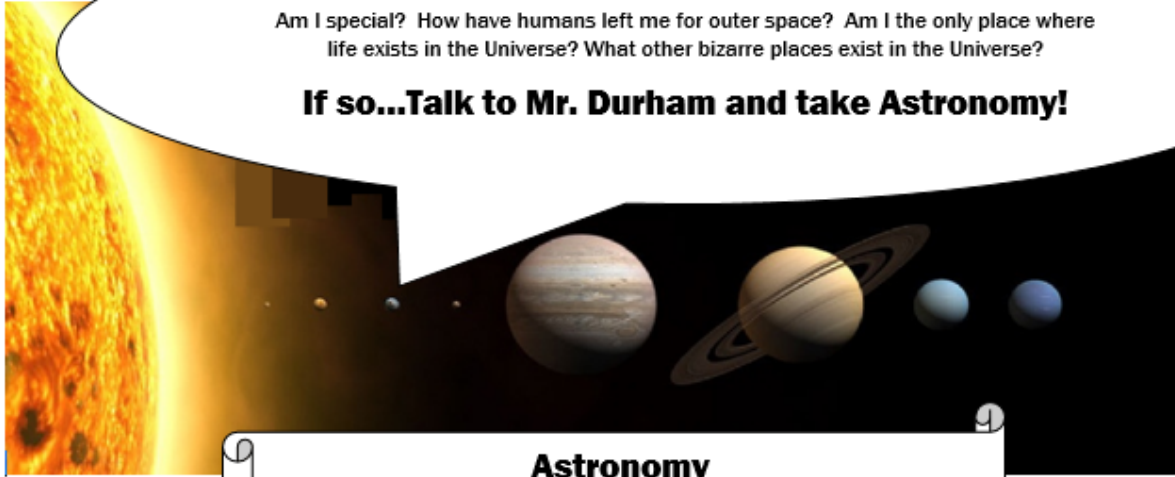


Amazing Elective Classes

Hello, planet Earth here! Are you interested in learning more about me?

Am I special? How have humans left me for outer space? Am I the only place where life exists in the Universe? What other bizarre places exist in the Universe?

If so...Talk to Mr. Durham and take Astronomy!



Astronomy

Mr. Durham

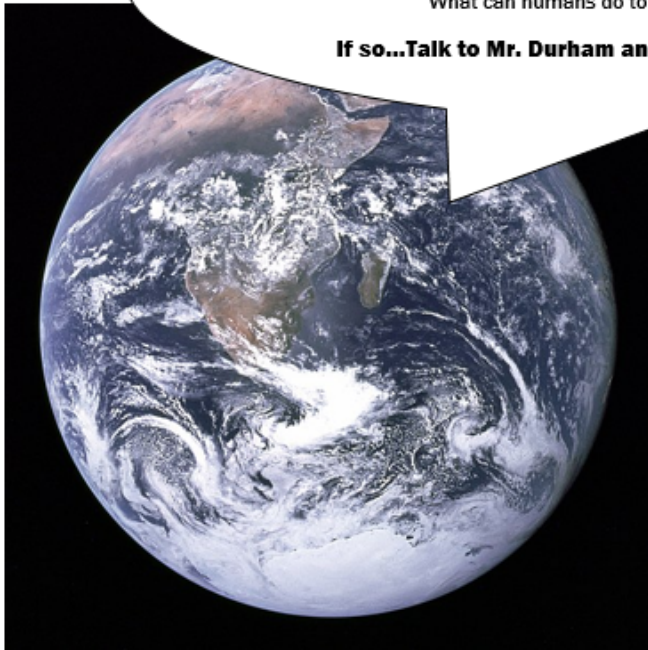
Room 3103

robert.durham@slcschools.org

Hello, planet Earth here! Are you interested in learning more about me?

What are humans doing to me? What are climate change and mass extinction? Are we feeling the effects of these problems now? How will these problems affect my future? What can humans do to fix the problems that are affecting me?

If so...Talk to Mr. Durham and take AP Environmental Science (APES)!



AP Environmental Science (APES)

Mr. Durham

Room 3103

robert.durham@slcschools.org

FULL YEAR CLASS
ELECTIVE
CAN BE 12TH
GRADE LA CREDIT

you should
take
journalism

" BEST CLASS I'VE EVER
TAKEN!! "
DAFFODIL B.
EDITOR

QUESTIONS?
ASK
MS. WILSON
ROOM 4116
NICOLE.WILSON@SLCSCHOOLS.ORG

The Leopard
east high student newspaper



Come join Chinese

Come Discover Chinese Culture

It has a long history of 6000 years

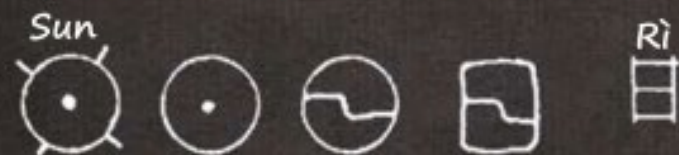
Chinese Language is Important

It is The Worlds Most Spoken Language

It is Economically Important in Business

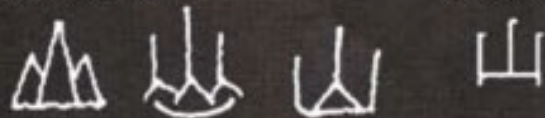
It Can Help Your Career

Chinese Characters Make Sense!



Mountain

Shān



*Mrs. Jones is Welcoming
and Encouraging!*

*Join chinese class, just talk to
your counselor!*



Chinese Is Fun to Learn

*We will sing songs, play
games, watch movies,
and cook food!*



Culinary & Nutrition Program Courses

FOOD & NUTRITION 1:

DO YOU LIKE TO EAT GOOD FOOD? SIGN UP FOR FOODS 1 AND GAIN HANDS ON EXPERIENCING COOKING AND LEARNING ABOUT THE PRINCIPALS OF NUTRITION. LEARN HOW TO IMPROVE YOUR LEVEL OF FITNESS AND PERSONAL HEALTH/WEELLBEING.

FOOD AND NUTRITION 2:

AFTER YOU TAKE FOODS 1, COME, AND JOIN FOODS 2. WE MAKE DELICIOUS FOOD, AND YOU WILL BEGIN TO CHANNEL YOUR INNER CHEF/ DIETICIAN. COME JOIN AND LEARN HOW TO CONTROL YOUR HEALTH BY DISCOVERING WHY FOOD CONSUMPTION IS RELATED TO DISEASES AND HOW NUTRITION CAN HELP MAINTAIN HEALTHY LIFESTYLES ALL WHILE EATING AWESOME FOOD.

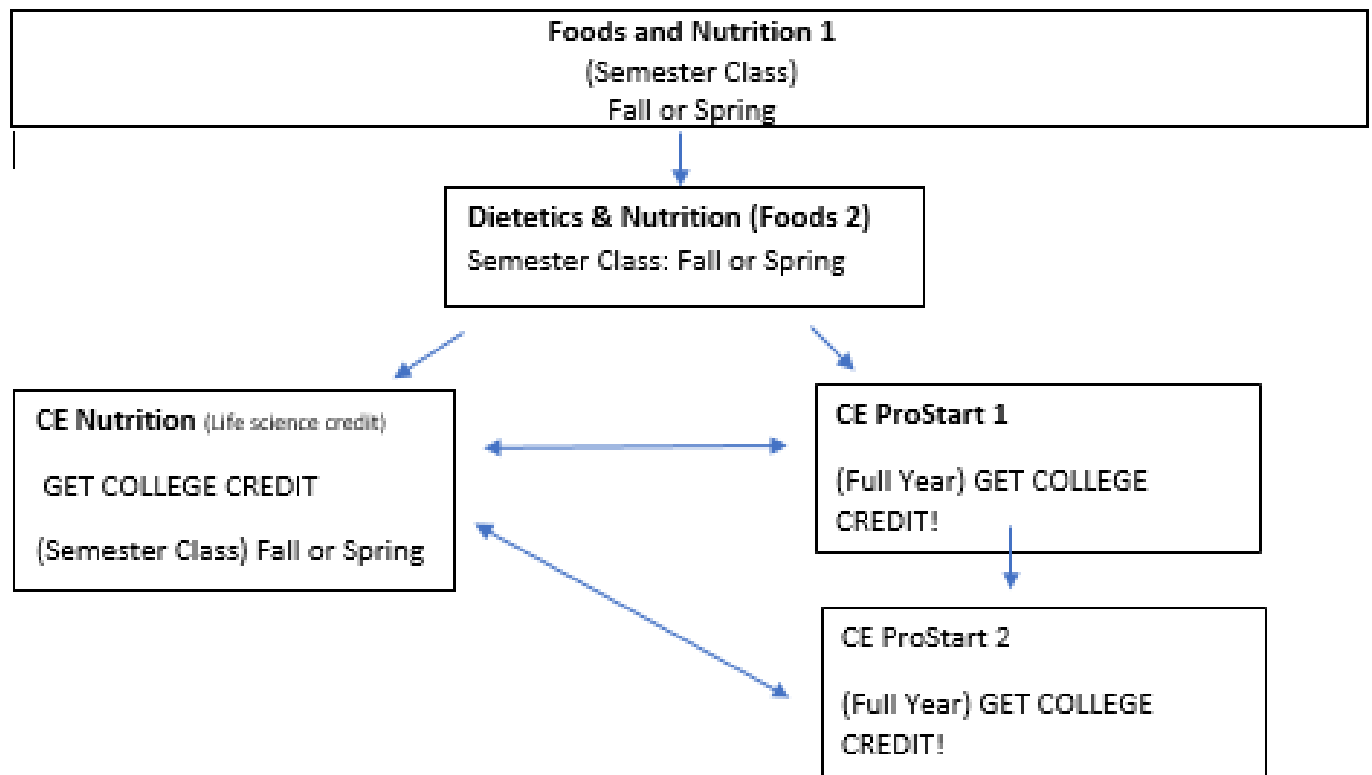
CE NUTRITION:

TAKE THIS NEW COLLEG CREDIT COURSE THAT IS AVAILABLE TO THE ENTIRE STUDENT POPULATION TO LEARN ABOUT THE SCIENCE OF NUTRITION AND THE RELATIONSHIP OF FOOD INTAKE AND HEALTH. THE COURSE PROVIDES STUDENTS WITH CRITICAL HUMAN LIFE AND NUTRITION INFORMATION THAT WILL EXPAND THEIR UNDERSTANDING OF HEALTH/SCIENCE. COME LEARN ABOUT HOW TO ENHANCE YOUR HEALTH WITH MS. BERTAGNOLLI AND HAVE A LOT OF FUN IN THE PROCESS. THIS COURSE FULFILLS A LIFE SCIENCE CREDIT AND A CTE CREDIT.

CE PROSTART:

YOU WANT TO COOK EVERY CLASS PERIOD, RUN A RESTAURANT, LEARN ABOUT THE BUSINESS SIDE OF THE CULINARY WORLD. THEN PROSTART IF FOR YOU! COME GET COLLEGE CREDIT WHILE LEARNING HOW TO COOK LIKE A CHEF AND EXPAND YOUR KNOWLEDGE ABOUT THE CULINARY BUSINESS WORLD. HELP BE A PART OF THE STUDENT RAN CAFE THE "BEASTERY" AND TAKE PROSTART NEXT YEAR.

Join the Food and Nutrition courses/program!!!!:)



Come be apart of the food and nutrition program and learn how to cook and maintain a healthy lifestyle through food. WE ALSO HAVE A LOT OF FUN! 😊 Below are some ways to plan your schedule. Woot ~~Woot!~~ Woot!

Sample Schedule

Freshman Year: Foods 1 & Foods 2

Sophomore Year: CE nutrition

Jr Year: ProStart 1

Senior Year: ProStart 2

Sample Schedule

Freshman Year: Foods 1

Sophomore Year: Foods 2

Jr year: ProStart 1

Senior Year: ProStart 2 & CE Nutrition

Sample Schedule:

Freshman year: Foods 1 & Foods 2

Sophomore Year: ProStart 1

Jr Year: ProStart 2

Senior Year: CE Nutrition

Sample Schedule:

Freshman Year: Foods 1

Sophomore Year: Foods 2

Jr Year: ProStart 1 & CE Nutrition

Senior Year: ProStart 2

Take both CE nutrition and CE ProStart to receive college credit. YOU CAN TAKE BOTH!!!)

By taking all the classes, you will be a CTE pathway completer for two pathways and be to apply for certain scholarships and will graduate with cords and a medallion.

AS YOU PREPARE TO REGISTER FOR CLASSES FOR NEXT YEAR HERE ARE SOME OF THE ELECTIVE OFFERINGS IN SOCIAL STUDIES CURRENTLY BEING TAUGHT AND A BRIEF EXPLANATION FOR EACH CLASS:

Introduction to Philosophy – An investigation into existence; examines life, the universe, and everything. This class is about asking questions and thinking about the world around us.

AP Psychology – Looks at how/why we think and behave the way we do (this is a year-long academically rigorous course intended to be at a college level in terms of curriculum – there is no prerequisite other than a willingness to put forth sincere effort). (Juniors and Seniors Only)

Psychology – An introduction into how/why we think and behave the way we do. It is a shorter (semester long) version of Psychology where we discuss many of the same themes as the AP course, but with less depth.

Sociology – The study of how social institutions affect the way we interact as humans. In other words, we look at the groups we take part in and how they change us as people – we will discuss a wide range of topics from immigration to relationships (love and marriage) to social cliques at East.

Warning: these classes will make you think about the world around you. If you have questions, feel free to ask Mr. Bertot. Thank you. Jeff.bertot@slcschools.org room 2059

If you are interested in an AP experience in terms of being pushed to think, discussion, and deal with complex issues; however, are concerned about the potential homework load because of either having too many other AP courses or work/athletics/extracurricular activities after school consider taking mainstream Psychology and pairing it with either Introduction to Philosophy or Sociology.



Introduction to Philosophy

Where the really important questions
get asked!



If nobody sees you land a trick did it
really happen?

Register for 2021-2022 School Year Now

AP Psychology



An investigation into the brain!

An in-depth look into who we are and how
we think and behave*

Register for 2021-2022 School Year Now

*Warning: both homework and thinking required

Psychology I



Who are we? Why are we this way?

Am I normal? What is normal?

Is this a dream?

Register for 2021-2022 School Year Now

Sociology


The study of how groups and social
institutions shape our lives:




Music, sports, immigration, racism, love,
marriage, economics, schools, friends,
protests, gender norms, etc.

Register for 2021-2022 School Year Now

AP COMPUTER SCIENCE



AP Computer Science Principles is an introductory college-level computing course that introduces students to the breadth of the field of computer science. Students learn to design and evaluate solutions and to apply computer science to solve problems through the development of algorithms and programs. They incorporate abstraction into programs and use data to discover new knowledge. Students also explain how computing innovations and computing systems—including the internet—work, explore their potential impacts, and contribute to a computing culture that is collaborative and ethical.



AP CAPSTONE DIPOLMA

AP Seminar is a class designed to improve student research and presentation skills through a combination of individual and group research projects intended primarily for 10th and/or 11th graders. In the course, students learn how to research and write cross curricular academic papers, create multimedia presentations, and discuss topics using peer reviewed evidence to support their thinking. The AP Seminar course is generally taken as the first of two courses taken in succession for students working to achieve the AP Capstone Diploma, which culminates with the AP Research course meant for 11th/12th graders. If you have questions regarding either the AP Capstone program or AP Seminar please contact Jeff Bertot at jeff.bertot@slcschools.org. Here is a link to the college board site with additional information about the program: <https://apcentral.collegeboard.org/courses/ap-capstone>.

As a teacher helping to pilot this program in Salt Lake City School District at East High School, I have been impressed with how much emphasis is placed on building the skills necessary for students to research and write academic papers at the college level.

If you have questions regarding either the AP Capstone program or AP Seminar please contact Jeff Bertot at jeff.bertot@slcschools.org. Here is a link to the college board site with additional information about the program: <https://apcentral.collegeboard.org/courses/ap-capstone>.

GRAPHICS

CAREER PATHWAY



SCREEN

PRINTING TECHNOLOGY

Create, and Screen Print:
Posters, Drawstring Packs,
Pennants, Tapestries
& T-Shirts.

Explorer Graphics Pathway Course

DIGITAL PRINT DESIGN

Visualize, Design, and Digitally
Produce: Hats, Car Flags,
Latte Mugs, Skateboard Wraps,
Tile Designs & T-Shirts.

Explorer Graphics Pathway Course



Production GRAPHICS 1

Visualize, Design, and
Produce: T-Shirts, Decals,
Note Pads, Canvas Prints,
Sun Glasses & Socks.

Concentrator Graphics Pathway Course



Production GRAPHICS 2

Visualize, Design, and
Print: Banners, T-Shirts,
Vehicle Wraps, Programs,
Posters, and Displays.

Completer Graphics Pathway Course



Create Projects • Earn College Credit • Achieve Industrial Certification





Commercial Photo 1- year long. Art or CTE credit.

This course introduces basic Digital Photography concepts with DSLR cameras covers Photoshop as an editing tool and provides guidance to present your work as an artist. This class will follow the Utah CTE requirements for [Digital Photography](#). Check out the [Career Pathway](#)!

Advanced Commercial Photography- year long. Concurrent Enrollment. Art or CTE credit.

This course is part of a sequence of courses that prepares individuals to use artistic techniques combined with a commercial perspective to effectively communicate ideas and information to business and consumer audiences via the use of advanced digital and/or film photography. Instruction includes training in career opportunities, workflow, specialized camera, equipment and accessories, memory devices, software operation, copyright, ethics, and legal issues as it applies to commercial and industrial needs, and photography business operations.

This course is designed for students who want to further enhance their photographic knowledge and abilities. It is an application of the skills learned in Commercial Photography with an emphasis on professional jobs and assignments used in commercial photography. A portfolio of each student's work is expected at the end of the course.

This course will follow the Utah CTE requirements for [Commercial Photography 2](#). Aligns with this [Career Pathway](#).





PTSA News

NOVEMBER 19TH - NOVEMBER 26TH

SPORTS MEETING UPDATE Parents, instead of a meeting, the administration will be answering your questions in the weekly newsletter. To submit a question, email the principal with the subject line "SPORTS QUESTIONS." Principal Pam will start addressing them in the Newsletter each week. Email the principal at Pam.Pedersen@slcschools.org.

LEOPARD BOUTIQUE We are still trying to restock the Boutique with (NEW) Hoodies and sweatshirts, t shirts, sweat pants, socks and undies. Click on our Amazon Wishlist to purchase these items: https://www.amazon.com/hz/wishlist/ls/3R1JY3NZUPG4B/ref=hz_ls_biz_ex

Or Contact Millie Olsen
(parksandrealty@gmail.com)
or Molly Pearson (mollypearce@gmail.com)
for drop off information.

- SAVE THE DATES -

Future PTSA Meetings

Tuesday, Dec. 7th, 7pm EHS Library

Tuesday, Jan. 4th, 10am EHS Choir Room

Tuesday, Feb. 1st, 7pm EHS Library

Tuesday, March 1st, 10am EHS Choir Room

Tuesday, April 5th, 7pm, EHS Library

Tuesday, May 3rd, 10am, EHS Choir Room

MOVIE NIGHT Sometime in December. Stay tuned.

FriendsGiving

* Donations
accepted
through
Nov. 22nd

THANKSGIVING FOOD DRIVE

The PTSA wants to help our East families in need this Thanksgiving season. We are collecting funds for Gift Cards so families can purchase food for their holiday meals. Click [HERE](#) to donate through our PTA Square Site to our FriendsGiving fundraiser. For questions, please contact Rebecca Anderson at reberek@hotmail.com.

WHEN DONATING ON OUR
SQUARE SITE, DISREGARD
THE SHIPPING INFO.



Friends...
We are really low
on donations! Please spread
the word. We need donations
to be able to provide gift cards
to our East High families.
Thank you!



PTSA News

NOVEMBER 19TH - NOVEMBER 26TH

TEACHER SPOTLIGHT

TEACHER OF THE WEEK



CRISTI HEBERT

LANGUAGE ARTS

Meet Christi Herbert:

College you attended? Bachelor of Fine Arts in Editing and Literature from Emerson College Master of Fine Arts in Writing from Antioch Conflict Mediation Certification from University of Utah.

What do you love most about being an educator?

Engaging in the everyday messiness of young people finding their voice and learning where and how to use it. The talk and the movement of learning. The a-ha moments when something clicks for a student, and they express it in writing or out loud. All these bits and pieces that ebb and flow together to build a community that endeavors to teach a very big group of persons enough to be ready to go out in their community and make positive change.

Last book you read? Ghostland: An American History in Haunted Places.

Hobbies? Gardening and listening to records.

Inspiring quote? Read, Think, Learn, Do.

What's your favorite music genre? Classic Punk, Blues & Roots Rock, Americana (I love stories so it's very difficult to pick one.)

What was your favorite subject as a child? Language Arts.

EAST HIGH SUB FOR SANTA



WOULD YOU LIKE TO HELP
AN EAST HIGH FAMILY IN
NEED THIS HOLIDAY
SEASON?



This is the **LAST WEEK**
to sign up to be a
Sub-for-Santa Helper!

Contact

Liz Bell at 801-718-7001

Kris Barta at 801-557-0901

Angela Winters at 801-910-1722

or email EastHighSanta@gmail.com

to be a Sub-for-Santa Helper!

Who is your doppelgänger? In my early 30's when I first cut bangs, I used to get Katie Perry a lot. Not so much anymore.

Coke or Pepsi? Coke.

Anything else? I love storytelling whether it is in music or films or novels or poems or in the oral traditions. All of it. I enjoy traveling to places where story tellers have and do gather so that I can hear their voices. Or go into the old quiet corners to touch the places where stories were made. Any time you or students want to drop by my class, and I have the time between all of the goings-on with school, I would enjoy hearing your story too.