

Shawnee Mission PAT presents

# The Baby Sleep Class



Your babies need a good night's rest. See how this can happen. Learn how to maintain your child's sleep, bedtime routines and self-soothing techniques and so much more.

**Thursday, January 13, 2022**

**6:30 ~ 8:30 pm.**

**Conclude with a Question & Answer Session★**

Lori Arndt has her master's degree in early childhood special education. Lori has worked for Infant Toddler Services for the past 22 years focusing on child behaviors.

Center for Academic Achievement, Room 2043  
8200 W. 71<sup>st</sup> Street • Overland Park • KS • 66204

To register go to: <https://www.signupgenius.com/go/10c0c4cafa92ca6f4c61-thebaby>

**Inclement Weather:** The Shawnee Mission Parents as Teachers program follows the Shawnee Mission School District guidelines for inclement weather. If school is canceled due to the poor weather conditions, all PAT personal visits and PTA events will be canceled. Your Parent Educator will contact you regarding home visits to be re-scheduled. Please watch your local news for updates. Due to health & safety guidelines, times & dates are subject to change