

December 2021 Middle School

| | Monday | Tuesday | Wednesday 1-Dec | Thursday 2-Dec | Friday 3-Dec |
|-------------------|---|-------------------------------|---|----------------------------------|-------------------------------|
| 4 | | | | | |
| Breakfast | | | Cereal Bowl/Bug Bites | Fruit Filled Pastry | Breakfast Bar & Cheese Stick |
| Juice and: | | | Pears | Apple Slices | Applesauce |
| Lunch | | | | | |
| Entree | | | Sloppy Joe w/Chips | All Beef Hot Dogs | Chicken Nachos |
| Veg Entree | | | Omelet/Muffin | Grilled Cheese | Pizza |
| | | | Chicken Patty/Bun | Pizza | Hamburger/Cheeseburger |
| Veggies | | | Carrot/Celery Sticks | Seasonal Fresh Veggie | Red Pepper Strips |
| | | | Roasted Potatoes | Sweet Potato Fries | Black Beans |
| Fruit | | | Orange Slices | Strawberry Cup | Mandarin Oranges |
| 5 | 6-Dec | 7-Dec | 8-Dec | 9-Dec | 10-Dec |
| Breakfast | Breakfast Kit | Mini Cinnis | Yogurt/Bug Bites | BeneFit Bar | Cereal Bowl and Cheese Stick |
| Juice and: | Fruit Cocktail | Applesauce | Peaches | Orange Slices | Apple Slices |
| Lunch | | | | | |
| Entree | Orange Chicken/Rice | Wrap Sandwich | Burrito Bowl | Turkey Bacon Cheeseburger | Chicken Patty/Bun |
| Veg Entree | Sunbutter Pack | Lasagna | Cheese Filled Breadsticks/Marinara | Yogurt/Cheese/Grain | Mac & Cheese |
| | Pizza | Hamburger/Cheeseburger | Chicken Patty/Bun | Pizza | Hamburger/Cheeseburger |
| Veggies | Veggie Sticks | Cucumber Slices | Garden Salad | Red Pepper Strips | Broccoli Florets |
| | Oriental Vegetables | Baked Fries | Black Beans | Sweet Potato Fries | Whole Kernel Corn |
| Fruit | 100% Juice Ice Slushie | Peaches | Juice | Pineapples | Pears |
| 1 | 13-Dec | 14-Dec | 15-Dec | 16-Dec | 17-Dec |
| Breakfast | Mini Bagels | Muffin | Breakfast Pastry | Breakfast Kit | BeneFit Bar |
| Juice and: | Applesauce | Orange Slices | Apple Slices | Peaches | Pears |
| Lunch | | | | | |
| Entree | Popcorn Chicken Bowl | Chicken Tenders | Breakfast Sandwich | Hamburger/Bun & Chips | Deli Sub & Chips |
| Veg Entree | Cheese Filled Breadsticks/Marinara | Chalupa/Salsa | Sunbutter & Bug Bites | Omelet/Muffin | Pizza |
| | Pizza | Hamburger/Cheeseburger | Chicken Patty/Bun | Pizza | Chicken Patty/Bun |
| Veggies | Corn | Zucchini Coins | Garden Salad | Carrots | Red Pepper Strips |
| | Mashed Potatoes | Black Beans | Green Beans | Emoji Fries | Cucumbers |
| Fruit | Pears | Pineapples | Peaches | Orange Slices | Apple Slices |

