

2022 Interim Experiences and Trips

Monday, March 7-Thursday, March 10, 2022

(NOTE: Some trips will last longer than “Interim Week” as noted below)

Mission Statement of Interim: Interim is a week-long experience for our upper school students to serve in the community, explore the world, work in professional settings, or learn a craft. This week is experiential learning at its finest, as FRA faculty accompany our students in pursuing their passions and/or extending their learning out of the classroom.

NOTE: Interim is an integral part of the school year, and attendance follows the same policy as the other days of the school year. Absences may only be excused for illness or family emergencies. Please do not make Spring Break plans before the end of Interim. Interim is a graduation requirement. To earn credit for Interim, students must complete the experience and fulfill the requirements.

Regional Overnight Experiences

Adventures in San Antonio

Location: San Antonio, TX

Dates: March 7th-March 10th

Costs: \$2,140 (includes all meals and insurance)

Chaperones: Mrs. Moix and Mr. Zepeda

Join us on a historical and adventurous trip to San Antonio. We will enjoy a river cruise, visit the San Antonio Missions National Park, THE famous Alamo, the Tower of the Americas Observation Deck, the Historic Market Square, the National Bridge Caverns, San Antonio Aquarium and I-Guana Jump Bounce House, Seaworld, the Spanish Governor’s Palace and MUCH MORE.

*Please note that the tour company, Brightspark, currently requires all participants to present a negative COVID test prior to travel regardless of vaccination status. Masks are currently required in all indoor spaces, including the tour bus while traveling in San Antonio. These restrictions are subject to change.

If interested in participating in this experience, please email Mrs. Moix at cmoix@franklinroadacademy.com

Chicago STEM Trip

Location: Chicago, IL

Dates: March 7th-March 10th

Cost: \$1,700 (Subject to change based upon numbers, all-inclusive with exception of breakfast and lunch on the drive to Chicago and spending money)

Please note that due to tight time schedule, a \$350 deposit will be due on December 3 with a second \$350 payment due December 17.

Chaperones: Dr. Higdon and Mr. Wilson

Join us for a few days for a STEM and cultural tour of Chicago. We'll enjoy the aquarium and Field Museum of Natural History, see the Bean, learn to make dumplings, take an architecture tour, catch a Blue Man Group show, and eat some Chicago deep dish! The trip departs from school early on Monday, March 7 to return late Thursday, March 10, and we will be traveling via motorcoach.

*Please note that the tour company, Brightspark, currently requires all participants to present a negative COVID test prior to travel regardless of vaccination status. Masks are currently required in all indoor spaces, including the bus. Admission to Blue Man Group currently requires proof of vaccination. These restrictions are subject to change.

If interested in participating in this experience, please email Dr. Higdon at higdons@franklinroadacademy.com.

Fly Fishing Experience

Location: Bristol, TN

Dates: March 7th-March 10th

Costs: \$800 (plus gear and fishing license, minimum \$100)

Chaperones: Coach Dawson and Dr. Weeks

Students will explore the art of fly fishing in East Tennessee. All levels of fishing experience are welcome as we stay at the unique Tailwaters Lodge on the South Holston River in Bristol, TN. This is a great chance to enjoy the great outdoors, enjoy some fellowship, and learn fly fishing on one of the best trout fishing rivers in the East. Each angler will experience a full day float trip with a certified fly fishing guide as well as shore and wade fishing with our own highly experienced angler, Dr. James Weeks.

If interested in participating in this experience, please email Coach Dawson at dawsond@franklinroadacademy.com

From Nashville to Asheville

Location: Asheville, NC

Dates: March 7th-March 10th

Cost: \$1,000-\$1,500 depending on numbers

Chaperones: Mrs. Archie and Ms. Shackelford

Get to know all aspects of Asheville! We will spend time enjoying nature through hiking and horseback riding, exploring the eateries in downtown Asheville, and visiting the historic Vanderbilt mansion, the Biltmore.

If interested in participating in this experience, please email Mrs. Archie at archiej@franklinroadacademy.com

NOLA Photography Trip

Location: New Orleans, LA

Dates: March 7th-March 10th

Costs: \$2,099 (or less depending on the number of students)

Chaperones: Mrs. Huddleston and Mr. Bolen

Ghosts, Swamp Tours, Plantations, Jazz Cruise, Cajun Cooking Class and more! Travel south to New Orleans with Mr. Bolen and Mrs. Huddleston to learn all-things photography. You will practice your skills indoors and outside from the swamp to an historic plantation and everything in between.

If interested in participating in this experience, please email Mrs. Huddleston at huddlestonk@franklinroadacademy.com

Ski and Serve!

Location: Boone, North Carolina

Date: March 5th – March 10

Cost: \$1,100

Chaperones: Coach Albright, Coach Flegel, Coach Pierce and Dr. Kelso

Come join us for a Spiritual Life Ski and Service Trip as we partner with local ministries and organizations to serve communities in the Boone, NC area. We'll also take part in FOUR days of skiing/snowboarding!!

If interested in participating in this experience, please email Mr. Albright at albrightb@franklinroadacademy.com

Science & Adventure in Charleston, SC

Location: Charleston, SC

Dates: March 7th-March 10th

Cost: \$1,526

Chaperones: Mrs. Koogler, Mrs. Feyes, and Coach Whittemore

Come travel to one of the most beautiful cities in the South! Charleston offers exquisitely preserved historic sights, coastal seascapes, and ecological adventures all in one place. Travelers can look forward to exploring the historic city by carriage, by boat and by foot! We will have opportunities to experience hands-on learning on a morning ecological boat tour of the Barrier Islands before enjoying a spooky graveyard ghost tour through Historic Charleston in the evening. Spend the afternoon adventuring in the great outdoors while kayaking, hiking, and spending time on the beach. And don't forget to pack your walking shoes for guided tours of the College of Charleston, historical plantations, and the Charleston City Market. Enjoy the beauty and learn meaningful lessons while on a soul-stirring visit to Charleston!

If interested in participating in this experience, please email Mrs. Koogler at kooglerh@franklinroadacademy.com

“Sound Design: Music and the Art of Foley” Universal Studios Workshop FRA Band and Choir

Location: Orlando, FL

Dates: March 6th-March 10th

Cost: \$1,600 (and one meal on your own each day)

Chaperones: Mr. Chandler and Mrs. Jewell

Our FRA musicians will board a private chartered motor coach to Orlando. In Orlando, they will experience life as working movie musicians performing original underscores, creating Foley effects, and selecting digital sound effects for animated movie scenes. Our musicians will also spend time in Universal Studios and Islands of Adventure, along with time in Disney's Magic Kingdom.

If interested in participating in this experience, please email Mr. Chandler at chandlerb@franklinroadacademy.com

Track and Field NOLA Trip

Location: New Orleans, LA

Dates: March 7th-March 10th

Cost: \$580-\$650

Chaperones: Coach Tucker and Courtney Gilreath

Students on the track team will have the opportunity to participate in track training events and also take in the sights and events of New Orleans. Students will visit the World War II Museum, go on an alligator tour, visit LSU, and complete a track event.

If interested in participating in this experience, please email Mrs. Gilreath at GilreathC@franklinroadacademy.com

Local and On-Campus Experiences

Criminal Minds

Cost: \$75

Chaperones: Jeff Wiser, TBD

Students will explore the inner workings of a criminal trial, not only observing parts of a criminal trial at the Davidson County Courthouse, but also meeting with a prosecutor, defense attorney and a Criminal Court Judge. Furthermore, students will visit the Davidson County Jail, the Nashville Police Academy, the Nashville Crime Lab and a paint ball exercise. The goal is for each student to gain a new perspective of the Criminal Justice System and an appreciation for the challenges of law enforcement.

Driver's Ed (Brentwood Driver Training, at FRA)

Cost: \$500

Chaperone: Mr. Rod Jones, TBD

Students will expedite the process of getting a learner's permit and/or driver's license. Brentwood Driver Training (BDT) offers a convenient, affordable option for students of all ages to receive classroom training, driving simulation, and insurance benefits. BDT will also help schedule on-the-road driving and make sure students are prepared for driving tests.

Eat, Pray, Yoga

Cost: \$300-\$350 (Lunch will be provided)

Chaperones: Mrs. Cascarano and Mrs. Hammat

Join us for a time of holistic, healthy living through an immersive experience in which students will learn, explore, and seek balance and renewal. Prayer journals and guided Christian meditation will help students slow down and reconnect with their purpose and faith. Students will also experience the mental and physical benefits of yoga by exploring various types of practice. Daily visits to a local juice bar and/or healthy restaurant will encourage nourishment and a well-balanced diet.

Finances 101

Cost: \$50

Chaperones: Mr. Jackson, TBD

Learn about finances and the importance of financial planning so that you can use your greatest advantage -- time. In a fun and interactive environment, students will learn about the different avenues that can make money grow: Savings accounts, retirement accounts, bonds, stocks, crypto-currency, and real estate. By learning about the importance of money-management and how to navigate finances, students will be better prepared for the next stages of life.

Hike TN

Cost: \$25 (Plus lunch money each day)

Chaperone: Ms. Berry, TBD

Students will experience some of the finest hiking trails around Middle Tennessee. We are on the search for fields, waterfalls, and the first signs of spring. Be prepared to be taken captive by the beauty of nature. Every afternoon we recount our tails over a locally made lunch. Bring your hiking shoes, water bottle, and sense of adventure.

Job Shadowing and Entrepreneurial Ventures

Cost: FREE

Chaperones: Mrs. Bachert and Mr. Zaborowski

In this experience, students will spend a week job shadowing a professional in an area of career interest. Students may also submit a proposal to spend this time developing an entrepreneurial project under the guidance of a professional mentor. This experience will provide the opportunity to further develop career connections and forge relationships with professionals in the greater Nashville community and beyond. In collaboration with Betsey Bachert, students will be asked to find their own placement with a non-FRA employee and may not shadow an immediate family member. The week will kick-start with a 2-hour breakfast event featuring a community speaker and a workshop on creating professional documents.

Media In and Around Nashville

Cost: FREE (Plus money for daily lunches)

Chaperones: Mrs. Zenner and Mr. Kaiser

Interested in learning about the media and how it works? Want to visit the inner-workings of the journalism and broadcasting industry in the Nashville area? Students will spend the week exploring the media opportunities in the Nashville area, while engaging in fun and fellowship together.

Nashville History, Culture, and Food on Foot

Cost: \$100 (Lunch will be included)

Chaperones: Ms. Maguire, Mr. Sandford, and Mr. Climer

Want to discover some of the sites that make Nashville unique and cultivate your inner “foodie”? Our group will go on walking tours in a number of neighborhoods that display our culture and history, and we’ll dine in eateries that showcase the diversity of food right in our backyard. Sites could include Bicentennial Mall, Chestnut Hill and St. Cloud Hill, the Footsteps of the Suffrage movement, Jefferson Street, etc. Did you know, for example, that Tennessee was the state that cast the deciding vote to ratify the 19th amendment, or that Nashville was home to a medical school that was the first of its kind? This experience will allow students to chart their own course as active explorers of our fair city.

Order Up!

Cost: \$150

Chaperones: Ms. Devey and Ms. Theodoru

Have you ever seen Master Chef and thought I could do that? Or do you think your skills are closer to those of the contestants on Nailed It? No matter your skill level, this cooking interim experience will help take you to the next level. Learn to cook basic dishes and local culinary favorites like hot chicken. Get comfortable in the kitchen so you don’t have to rely on takeout for your entire college experience!

Self Defense

Cost: \$150

Chaperone: Mrs. Troutt, TBD

Founded on the principles of Krav Maga and Brazilian Jiu Jitsu, this course will teach students reality-based self-defense along with situational and social media awareness. The goal is to foster a sense of community among students while giving those students the knowledge to protect themselves. This experience will include de-escalation and prevention techniques along with Krav Maga and Grappling training.

Songwriting and Recording in the Studio

Cost: \$100-200 (plus money for lunches)

Chaperone: Mrs. Wiley, TBD

Maybe you want to be FAMOUS or maybe you just want to explore Music City. Either way, come spend the week touring recording studios, meeting and working with Nashville singer-songwriters, and recording your own material! You are living in the center of the music world, so let's explore all those opportunities. Open to musicians, singers, producers, and the generally curious.

Style Your Space!

Cost: \$150

Chaperone: Ms. Schneider, TBD

Ever wondered why some spaces make you feel calm and comfortable while others make you antsy, angry, or sleepy? Curious which design styles best fit your personality? Eager to make your room, here at home or in a dorm, stand out from all the TikTok copycats? Then join Ms. Schneider for an on-campus experience where you will learn interior design basics, explore styles, and work on actual projects. There may even be a competition to submit design plans for an FRA classroom!