



The Co-Curriculum 2021/22

Senior School



INTRODUCTION

At Tanglin Trust School, we believe that learning extends far beyond the classroom.

The Co-Curriculum is a central part of every student's journey through the Senior School, not only in supporting them in their academic learning and pastoral wellbeing, but also in equipping them with passions and interests that will provide them with deep joy. It is a means through which we can open more doors to a student, and offer opportunities that allow a variety of skills, pursuits and pleasures to remain parts of their lives beyond school.

The team skills and physical confidence that can be learned in Sport; the ability to express oneself and the discipline that can be arrived at in Music; the creativity that can be explored in Art; the ability to absorb different perspectives and recast them that can be acquired through debating; the curiosity that new knowledge fostered through societies can inspire – employers sometimes call these soft skills, but ultimately, they are life skills. And beyond these benefits, there is the inherent pleasure of immersing oneself in a range of pursuits; there is a value in simply doing and enjoying.

While we can provide students with the best possible start to their future careers, we can also nurture them to feel happy and fulfilled as individuals long beyond their time at school; that is the "success" the Co-Curriculum supports.



**Michael Holiday,
Director of Co-Curriculum**

CONTENTS

Academic Enrichment and Clubs & Societies	03
Sport	15
The Arts	25
Outdoor Education	32

ACADEMIC ENRICHMENT AND CLUBS & SOCIETIES

The Last Word Press Crew

This club offers students the opportunity to create, present, film and edit news stories that report on school events, developments, achievements and opportunities across our campus. Students will be able to develop skills in script writing, filming, presenting, editing etc, and to share the stories that matter to them with the rest of Tanglin.

Year Groups: 7-10

Staff Contacts: Ms Jo Holt &
Ms Joanna Mee

Online Magazine: *The Last Word*

The Last Word is Tanglin's independent online newspaper written by students, for students. Through this club, students are encouraged to pursue their passion in writing by producing articles that cover everything from current world affairs to film recommendations. While *The Last Word* provides a platform for students to share their different interests and opinions, it also supports students in developing their writing skills.

Year Groups: 7-13

Staff Contacts: Mr Andrew Coe &
Ms Catherine Meehan

Phil Soc (NCH Certificate in Philosophy)

Do you want to debate the questions that really matter? Would you like to take a critical look at how you view the world? Have you ever wondered how you know what is real, what is "good", or even how you can be sure you know what you know?

If the answer to any of these questions is "yes", then join Phil Soc! We offer to take you on a unique journey, asking you to consider the questions essential to making sense of this thing we call "life", while looking to some of the key thinkers in the Western philosophical tradition for guidance. You will get the opportunity to debate exciting and controversial questions, and will be given the support and freedom to run with your own ideas through the completion of a personal/group philosophical project.

As if this wasn't enough, successful participation in the CCA will lead to the attainment of a School Certificate in Philosophy, accredited by the New College of Humanities, London. Therefore, sign-up to this club is a two-block commitment that must be made in Term 1.

Year Group: 10

Staff Contact: Mr Jack Langley



TLLC (Tanglin Literary and Language Club)

The English Department would like to offer some TLLC to all you Language and Literature lovers out there. If you enjoy sharing great reads, ranting about words or just ruminating about the world that a writer creates, we would love to invite you to join us. TLLC is particularly beneficial if you're thinking of pursuing English in the Sixth Form or beyond.

Year Groups: 9-13

Staff Contacts: Mrs Verity Goodliffe (Years 10-13) & Mrs Damaris Manser (Year 9)

Year 9 Language Transition Course (Dual Linguist) Available in French, Spanish or Mandarin Chinese

This course enables students who have stopped learning French, Spanish or Mandarin Chinese at the end of Year 8 to continue their exposure to the language throughout Year 9. The goal of the course is to allow students to build on their knowledge of their language of choice in all four skills, and the final target is to be in a position where you are able to choose to continue with said language at (I)GCSE if you wish to do so.

Year Group: 9

Staff Contacts: Mrs Géraldine Graves & Mrs Clare Vale (French); Mr Alex Bosch (Spanish); Ms Tingting Wang & Mrs Gloria Shen (Mandarin Chinese)

Zona de Juegos - Games in Spanish

Learning a foreign language can be fun. Remembering vocabulary lists, though, can be tough. What can we do to make this process easier and more enjoyable? The answer: card games, board games, Battleships, Hangman, online games, creating comic strips, and more! New ideas are welcome from students. We will be designing and creating all the material to practise and have fun in the classroom.

Year Groups: 7&8

Staff Contact: Mrs Cristina Requena Lopez

Computational Thinking and Programming

This student-led club runs for all year groups. Using a mixture of paper based activities and python programming, the club is designed to support students intending to take part in various exciting Computing and Programming related competitions.

In Years 7-9, students start by working towards the Beaver Computing Challenge (BCC), a problem-solving contest with a focus on computational and logical thinking. Questions are inspired by topics in computer science and draw on a variety of problem-solving and lateral thinking skills.

In Years 10-13, students can prepare for the Canadian Computing Competition (CCC), a fun challenge that tests their abilities in designing, understanding and implementing algorithms. The CCC is a prestigious and internationally recognised competition that is used by universities in granting scholarships and allocating internships and placements. The level of challenge is significantly higher than the BCC, making it perfect for older students and those with successful experiences of completing the BCC.

The BCC and CCC are only two of the competitions we take part in and alongside FOBISIA programming, the Computing Games, and many others, it makes for a packed year of opportunities.

Year Groups: 7-13

Staff Contact: Mr David Fourie



LEGO Robotics Club

This club will act as an excellent introduction to Robotics and Programming. Run by staff and enthusiastic students, LEGO Robotics Club members will start by developing basic systems from instructions, before moving on to larger, unique projects. The goal of the club will be to prepare students to take part in LEGO competitions in future years.

Year Groups: 7-10

Staff Contact: Mr Mark Lindsay

Encryption and Coding

Encryption is a timeless fascination and an interesting skill. Based upon mathematics and using many different techniques, this club teaches students the many ways in which things can be coded and made secret. Our explorations will lead us towards participation in the National Cipher Challenge, set up by the University of Southampton in conjunction with GCHQ (the UK's intelligence organisation). We will also explore other types of patterns and coding, such as linguistic coding. Languages have rules and patterns, just like mathematical codes. Do you think you can "crack" the code of a language such as Turkish or Swahili?

Year Groups: 9-13

Staff Contact: Mr James McKellar

Lions of Symmetry: Maths Enrichment

During club sessions, students will collaborate on challenging maths puzzles and problems. Of those who attend the club, some will be invited to participate in SEAMC: the South East Asian Mathematics Competition. This exciting three-day event will see Team Tanglin compete against other schools in the region. Students in the Lions of Symmetry can expect to be wowed by seemingly impossible puzzles and may realise the solutions aren't always what they would expect.

Year Groups: 7-10

Staff Contacts: Mrs Sarah Aldous
& Ms Cassie Bell

Sixth Form STEP Club

STEP Club is designed for Sixth Form students who enjoy doing hard maths problems, and there is usually some healthy competition between IB HL and Further Maths students! Questions often come from, but are not limited to, university entrance papers such as Oxford's MAT and Cambridge's STEP. This is certainly the club for you if you intend to take either entrance exam, but is also for those who simply need an outlet for their inner maths-geek!

Year Groups: 12&13

Staff Contact: Mr Jeremy Hodges



Talking Politics / Global Issues

Are you troubled by the death of George Floyd? Curious about how COVID-19 so quickly led to governments curtailing our freedom? Puzzled by why there are so many poor people in the richest countries? If your answer is “yes”, then this is the club for you. If the answer is “no”, then keep reading...

Once a week, you can enjoy your lunch in the company of inquisitive Sixth Formers, discussing any issue that concerns humanity. Each session, we agree a topic of contemporary relevance in which there is disagreement amongst attendees. We then explore the intricacies of the topic. We aim to challenge our biases and preconceptions, and encourage empathy and understanding. Why do we hold the views that we do? Are these beliefs based on fact, intuition, or our social environment? Come and find out.

Year Groups: 12&13

Staff Contact: Mr Luke Hensman

Fundamentals of Digital Marketing (Business) Short Course

A one-term short course (that can be repeated in subsequent terms) that focuses on digital marketing for small businesses. This course will look at building an online presence, search engine optimisation, and the effective use of social media. Go behind the scenes to see how Facebook pages and advertising work, and learn about the analytics and data that's gathered behind the scenes. This is a useful short course for budding entrepreneurs and those wishing to study Business in the future!

Year Groups: 11-13

Staff Contact: Mrs Mhairi Aluthge-Donna



SCIENCE

MedSoc

Discussion, research and interview practice for prospective applicants to medical-related degrees, such as Medicine, Dentistry and Veterinary Science.

Year Groups: 11-13

Staff Contacts: Ms Andrea Mackenzie & Ms Lieve Perera

Astronomy Club

Study the Solar System, black holes and the evolution of the Universe while working to attain the Edexcel GCSE in Astronomy. This two-year CCA course includes observational work such as lunar photography, calculating the longitude of Singapore on the Earth, and solar observation using the school's telescope. Please ask if you would like to discuss the programme in more detail.

Year Groups: 10-11

Staff Contact: Mr Chris Dech

Advanced Physics Society

The purpose of this society is to allow students in Upper School and Sixth Form who have a deep interest in Physics to challenge themselves by learning about some of its more advanced areas. Through a mixture of lectures, projects, guided research, scientific investigation and hopefully guest speakers, students will be able to learn about fascinating areas of Physics, including Special Relativity, General Relativity, Field Theory, the Higgs Boson, Dark Energy and Dark Matter, and Cosmology, as well as discovering some amazing historical breakthroughs. The society is perfect for anyone with an interest in Physics and ideal for those wishing to pursue Physics or Engineering at university.

Year Groups: 10-13

Staff Contact: Mr Robert Jones

Middle School STEM Club

Are you interested in Science, Technology, Engineering and Maths? Do you like the idea of a project-based exploration of ideas that will inspire you to think and behave like scientists and engineers?

If you do, join Middle School STEM Club; you could even achieve a CREST award. CREST is a nationally recognised scheme for student-led project work in STEM subjects, and gives young people the chance to choose their own subject and methodology when completing hands-on investigation. The CREST Bronze Award sees teams of students work over 10 hours to design their own investigation and record their findings. If you see yourself as a budding scientist or engineer, this might be your first step to achieving that goal.

Year Groups: 7-9

Staff Contact: Ms Jasmin Burton-Morgan

Sixth Form STEM Club

STEM Club is an enrichment opportunity for A Level and IB students who have a passion for Science, Technology, Engineering and Mathematics. In STEM Club, you will engage in a variety of activities to further your knowledge and abilities in these subjects, from research to complex practicals, problem-solving activities and discussion work. You will also have the opportunity to engage with people outside the Tanglin community who have made a career in STEM. If you are considering further study in the Sciences, Engineering, Applied Maths or Medicine, or just have an interest in these areas, then this club is for you.

Years: 12&13

Staff Contacts: Ms Clare Buckland, Mr Nick Hulbert & Mr Pierre Dawson

USA Workshops

College preparation for students applying to the US, including research and essay preparation. Usually held at lunchtimes, with dedicated workshops.

Year Groups: 12&13

Times: Term 3 (Year 12), Term 1 (Year 13)

Staff Contact: Mrs Zoe Williams

Oxbridge Preparation

The processes are explained for students applying to Oxford or Cambridge with interview preparation and research. The nature of enrichment depends on courses applied for, but support runs from start of Year 12 until the spring of Year 13.

Year Groups: 12&13

Staff Contact: Mrs Zoe Williams

Middle School Model United Nations (MainMUN)

The UN is an organisation where delegates from countries around the world come together to discuss and resolve problems. MUN is “Model United Nations” and is a completely student-led programme. We discuss the same problems that face the real UN. Each person represents a country in a committee, for example, Security Council, General Assembly, Economic Social, WHO, or the International Court of Justice. We discuss current and unique topics such as the South China Sea Dispute, De-Militarisation of Space, Antarctic Environment, and Whaling.

Students debate these types of issues and prepare for conferences where we debate with students from other schools. If you like debating, want to improve your public speaking skills in a friendly and supportive environment or are interested in current affairs, this is a great opportunity to further your knowledge. There are opportunities for leadership development for suitably dedicated MUN club members.

Year Groups: 7-9

Staff Contact: Mr Adam Cotton

Junior MUN

Senior students involved in this CAS activity will work with Year 5 & 6 students, helping student leaders to deliver their weekly sessions. Students involved should enjoy the idea of working with younger children in a leadership capacity, be passionate about world issues and debating, and have some knowledge of MUN protocol.

This opportunity is only open to students already involved in a MUN group (MainMUN or UPMUN). Students interested in this club should discuss their interest with the student leaders of their MUN group, or with Mr Cotton.

Year Groups: 12&13

Staff Contact: Mr Adam Cotton

Upper School MUN (UPMUN)

Fancy debating about international issues? UPMUN is a group of interested students who meet on a weekly basis to prepare for Model United Nations Conferences, both in Singapore and Southeast Asia. The skills learned in these sessions will stand you in good stead for university where you may be expected to debate and present your ideas to larger groups. We will write resolutions and debate them as countries, looking at their points of view, not just our own. Come and give it a try!

Year Groups: Years 10-13

Staff Contact: Mr Adam Cotton

TEDx

TEDx Tanglin Trust School began in 2016 with some enterprising young Year 12 students who wanted to put on a TEDx conference. The project is entirely student run and executed: the organisers will self-select, self-organise, oversee all planning, choose and invite the speakers, and market and produce the event itself. The project is open to all Year 12 students (A Level or IB) and runs from February of Year 12 to November of Year 13.

Year Groups: 12&13

Staff Contact: Mr John Sprague

Scholars' Society

This hugely popular, student-led society gives students a chance to work on their debate, research and writing skills, while exploring interesting topics based upon an exciting and broad curriculum that includes philosophy, arts, history and religion. In Term 1, the focus is debate, with teacher and student talks on subjects for discussion. From Term 2, students will have the opportunity to prepare for the World Scholar's Regional Cup, a competition that takes place both in Singapore, and the NAQT international quiz leagues, as well as continued debating. Some students may be selected for Mr Sheppard's prestigious Debate Squad. Older students and experienced Scholars can apply for leadership positions from Year 11 and above.

Year Groups: 8-11, with leadership opportunities in the Sixth Form

Staff Contact: Mr Adam Cotton

Jigsaw Club

This club is designed to allow students to collaborate or work individually on this wellbeing-focused activity. There will be a wide selection of jigsaws for students to tackle over the weeks, and students will also have the opportunity to complete or share their favourite puzzles. Incomplete jigsaws will be stored safely between sessions, so that students can take on bigger puzzles and challenges.

Year Groups: 7-9

Staff Contact: Mrs Alejandra Radcliffe

Board Games Club

Our aim is to promote board games as a recreational activity that boosts strategic thinking skills and social interaction. This club is a platform for students with a common interest in board games to come together to have fun and build relationships.

Year Groups: 7-13

Staff Contact: Mr Anthony Graves

Cryptic Crossword Club

A cryptic crossword typically clues the solution in two ways; somewhere in the clue there is a simple definition of the solution word or words, while the rest of the clue is a form of wordplay that gives another route to the solution. Often, the obvious meaning of the whole clue when read has little to do with the solution — and may well be a distraction! In this club, we will look at how clues work and experience a wide variety of different clue structures as we learn to solve cryptic crosswords.

Year Groups: 10-13

Staff Contact: Mr Tony Carter

Debate Squad - by Audition

Debate Squad aims to educate young people about the relevant and prominent issues in today's society, and enhance their speaking and presentational skills. Singapore has one of the most developed grass-roots debate networks in the world at secondary level, and the Singapore National Team has won the World Schools Debating Championship twice in the recent past. The Tanglin squad is selected from and consists mainly of Year 9s and above, although some Year 8s have been known to make it onto the team. The standard procedure for entering and auditioning is via the Scholar's Society, but new members can be auditioned directly if they have prior debate experience. Younger students who are keen to get more debate experience are encouraged to join Scholars' Society.

All current and prospective members of Debate Squad should make sure they sign up for Scholars' Society, and alert Mr Sheppard to their interest.

Year Groups: Usually Years 9-13
Staff Contact: Mr David Sheppard

Touch Typing

In our fast-paced, technology-driven world, having the ability to express your thoughts quickly and efficiently is a definite advantage. During club meets, students will work through an online touch-typing program to develop their typing skills, while receiving help and support from a teacher. Students will need to commit to practising between sessions, as it is hard to develop the muscle memory necessary for this skill through attendance only.

Year Groups: 7-11
Staff Contact: Mrs Jennifer Griffiths



Dungeons & Dragons

Imagination-led adventures in the world's most popular role-playing game. Students will create their own characters and adventure with them into the darkness. Experience life or death on the roll of a die! Monsters, traps and treasure await for those adventurers brave enough to enter the dungeons!

Year Groups: 7-13

Staff Contacts: Dr Stuart Robertson
& Mr Jamie Cruickshank

Masterchef (PAID)

Bring out your inner chef with Masterchef! Each week, you will learn to cook something new to take home and share with friends and family. All levels of cooking expertise are welcome, and everything is provided. Please note that students are required to pay a small fee to cover the cost of ingredients.

Year Groups: 7-9

Staff Contact: Ms Rebecca James

E-Sports Club

The E-Sports club is perfect for all aspiring gamers. This predominantly student-led activity focuses on the popular Mobile Online Battle Arena game(MOBA)**League of Legends**, a tactical and strategic real-time game that challenges your forward planning and teamwork. Learn how to play a variety of roles and classes in this fun and exciting club.

Year Groups: 7-13

Staff Contact: Mr Mark Lindsay



Enterprise Club

At Enterprise Club, students develop skills through active learning experiences such as online simulations Baristasim and Econland; Peter Jones's Tycoon Challenges, e.g. the Motherless Meats marketing strategy and planning a recyclable clothing range launch; and weekly challenges, for example the elevator pitch and breakfast cereal entrepreneur task. Enterprise Club students also work with Senior Library staff to produce recycled/upcycled products for the Christmas and Summer fayres. Profits are split between year group charities and Lendwithcare. Students will identify, assess and select Lendwithcare entrepreneurs to crowd-fund using the funds raised.

Year Groups: 7-13

Staff Contacts: Mr Nigel Rackham & Mr Steven Huckle

Year 2 Children's University

This initiative involves Senior students supporting Year 2 children and their teachers with their "Uni Activities" during Friday lunchtimes (1-1.45pm). Each term you will be given the opportunity to focus on a new/different activity such as: cooking, yoga, jewellery making, ball skills or gardening. Completion counts towards the service element of the Duke of Edinburgh's International Award.

Year Groups: 8-10

Staff Contact: Ms Bridget Ruben

Spectra

Spectra is a group for all students who are LGBTQ+ or allies. Inclusivity is one of our goals, whether that means education to students on a school-level, to staff members, to parents, or just within Spectra. Ensuring acceptance of differences and care where it can exist is one of the reasons why Spectra exists. The group gives our students a place to openly be themselves, meet each other, and form strong connections and camaraderie.

Year Groups: 7-13

Staff Contacts: Ms Natasha McCarroll & Mrs Suzette Hopkins

A Beginner's Guide to Meditation

This activity is for any Year 7 student who wants to explore meditation, spiritual and personal growth practices as a complete beginner. As a group, we will explore the importance and power of meditation to help with stress and personal wellbeing, helping to create more favourable internal conditions to deal with challenging external conditions. Practising meditation has the potential to help you learn to find more peace, energy, clarity, insight and creativity. Please note: the running of this activity is dependent on sufficient student uptake.

Year Group: 7

Staff Contact: Mrs Lois Johnston-Walker



SPORT

AUSTRALIAN FOOTBALL LEAGUE

Staff Contacts: Mr Craig Considine & Mr Martin Ross

The AFL sessions will introduce Tanglin students to this intense, fast paced invasion game and we welcome students who are both new to the game and those with prior experience. In these sessions, students will develop a wide range of technical and tactical skills that transfer into other invasion game sports.

Year Groups: 8-10

BADMINTON

Staff Contact: Mr Ng Keng Lam

Badminton is now one of the most popular sports in Senior School with specialist coaches offering students the opportunity to develop and enjoy this accessible sport. Our badminton pathway now offers more and better training opportunities which aims to accelerate the growth of all players through sustained participation in an enjoyable and supportive environment. There will be opportunities to play in a variety of competitive leagues as well as tournaments and friendlies, and we are now able to offer extended training opportunities through our Invitational Sessions and Open Squad training that run throughout the year.

Badminton 12&U

Year Group: 7

Badminton 16&U

Year Groups: 10&11

Badminton 14&U

Year Groups: 8&9

Badminton 19&U

Year Groups: 12&13

Badminton Open Squads

Year Groups: 10-13

Badminton Performance 12&U and 14&U - by Invitation

Year Groups: 7-9



BASKETBALL

Staff Contact: Mr Volkan Dik

Basketball is a tremendously popular sport in Senior School and, with a focused group of specialist coaches, we provide quality coaching at each step of a player's journey. Our basketball pathway now offers more and better training opportunities that aim to accelerate the growth of all players through sustained participation in an enjoyable and supportive environment. There will be opportunities to play in a variety of competitive leagues as well as tournaments and friendlies, and our year-round Open Squad training is aimed at challenging and extending our most able and competitive senior students.

Basketball 12&U

Year Group: 7

Basketball 14&U

Year Groups: 8&9

Basketball 16&U

Year Groups: 10&11

Basketball 19&U

Year Groups: 12&13

Basketball Open Squads

Year Groups: 10-13

COMPETITIVE CLIMBING

Staff Contact: Mr Dave Fourie

Our competitive climbers train at Lighthouse Climbing gym where sessions are curated and executed specifically to support the development of each climber. Students develop the basic techniques and skills of climbing whilst experiencing boulder problems that are both fun and challenging. The sport continues to grow in popularity and is becoming a key feature of our diverse sport programme.

Year Groups: 7-9

CRICKET

Staff Contact: Mr Dave Radcliffe

Our Cricket Club welcomes students of all abilities and is designed to support and develop each individual player. Sessions are scheduled in our cricket nets and focus on improving key batting, bowling skills and fielding skills. There will be opportunities to play in a variety of competitive leagues as well as tournaments and friendlies for our older students.

Cricket 12&U and 14&U

Year Groups: 7-9

Cricket 16&U and 19&U

Year Groups: 10-13

CROSS COUNTRY

Staff Contact: Mr Mark Scoular

Our Cross-Country Club aims to encourage a love of running in the outdoors, so that students pursue physical activity as a lifelong endeavour. Being around others who share the same passion for running, embracing nature, and developing a love for the outdoors are as important as gaining a place on representative teams. We look to grow this passion throughout Senior School with a diverse programme of Cross Country opportunities, at venues such as Kent Ridge Park, as well as further afield at MacRitchie and Bedok Reservoir Park.

Cross Country 12&U

Year Group: 7

Cross Country 16&U

Year Groups: 10&11

Cross Country 14&U

Year Groups: 8&9

Cross Country 19&U

Year Groups: 12&13





FOOTBALL

Staff Contact: Mr Jonathan Baker

Our football philosophy promotes learning through guided discovery and a games-based approach. All students will be given the opportunity to flourish through a developmental pathway that focuses on the needs of every individual. Sessions will be fun and exciting with physical, technical, and tactical development at the core of the programme. There will be opportunities to play in a variety of competitive tournaments and leagues.

Football 12&U

Year Groups: 7

Football 14&U

Year Groups: 8&9

Football 16&U

Year Groups: 10&11

Football 19&U

Year Groups: 12&13

Football Open Squads

Year Groups: 10-13

GOJU RYU KARATE (PAID)

Staff Contact: Mr David Thong (GKFC Karate)

The programme incorporates karate-do into fun and enjoyable training of karate and self-defence skills. The physical training will improve one's agility, flexibility, strength, coordination and motor skill development. The mental training enhances self-discipline, self-esteem, humility, respect for others and resilience.

Year Groups: 7-11

GOLF (PAID)

Staff Contact: Dave Radcliffe

Our Golf Club offers recreational and competitive players focused coaching with a golf specialist. In these paid sessions, students will practise and develop their technical and tactical understanding of the game, with opportunities for our most able golfers to compete in both Singapore and overseas competitions.

Year Groups: 7-13

GYMNASTICS (PAID)

Staff Contact: Ms Lauren Sweeney

Our Tanglin Lions Gymnastics programme delivers a full range of classes for all ages: beginners through to advanced levels, and both recreational and competitive programmes. Our Senior Gymnastics classes are designed to inspire all abilities and interests and different styles of classes are offered, aiming to accelerate skill learning through a strong focus on physical preparation, flexibility and full body conditioning. Tanglin gymnasts follow the Australian Women's Artistic Gymnastics (WAG) and Australian Men's Artistic Gymnastics (MAG) syllabus. We also have an established Competitive Gymnastics offering squads for all age groups and levels. Places in both the girls (WAG) and boys (MAG) competitive teams are by trial and invitation only. Competitive Gymnastics is a paid programme.

Year Groups: 7-13

NETBALL

Staff Contacts: Ms Kirsty Robinson & Ms Maria Moylan

Our netball programme focuses on a core curriculum of movement skills, ball skills, and game strategy so that players of all age and abilities can improve. Sessions are fun and aim to equip players with the correct tools, so they are able to apply skills and strategies to the game of netball with excellent technique and tactical understanding. There will be opportunities to play in a variety of competitive tournaments and leagues, as well as courses that develop Netball umpiring and coaching skills.

Netball 12&U

Year Group: 7

Netball 16&U

Year Groups: 10&11

Netball 14&U

Year Groups: 8&9

Netball 19&U

Year Groups: 12&13

Netball Open Squad

Year Groups: 10-13

RUGBY

Staff Contact: Mr Andrew Martin

Training to play, learn and compete. Our rugby programme aims to develop players who have a strong grounding in the core values and principles of the game. Players who are comfortable being creative, making good decisions and display a love for the sport. Our pathway builds on the transfer from other sports to develop high quality rugby and game players. With player and team development at the centre of our decision making, our students can expect access to appropriate competition through a variety of tournaments and leagues.

Rugby 12&U

Year Group: 7

Rugby 16&U

Year Groups: 10&11

Rugby 14&U

Year Groups: 8&9

Rugby 19&U

Year Groups: 12&13

RUNNING CLUB

Staff Contact: Mr Conor De Courcey

The Running Club aims to help you wind down after a long school day. The chemicals released during and after running can help you feel calmer. Runs will be 3-5km long, focusing on pace and breathing, and there will be the opportunity to enjoy the beautiful scenery One North has to offer along the way.

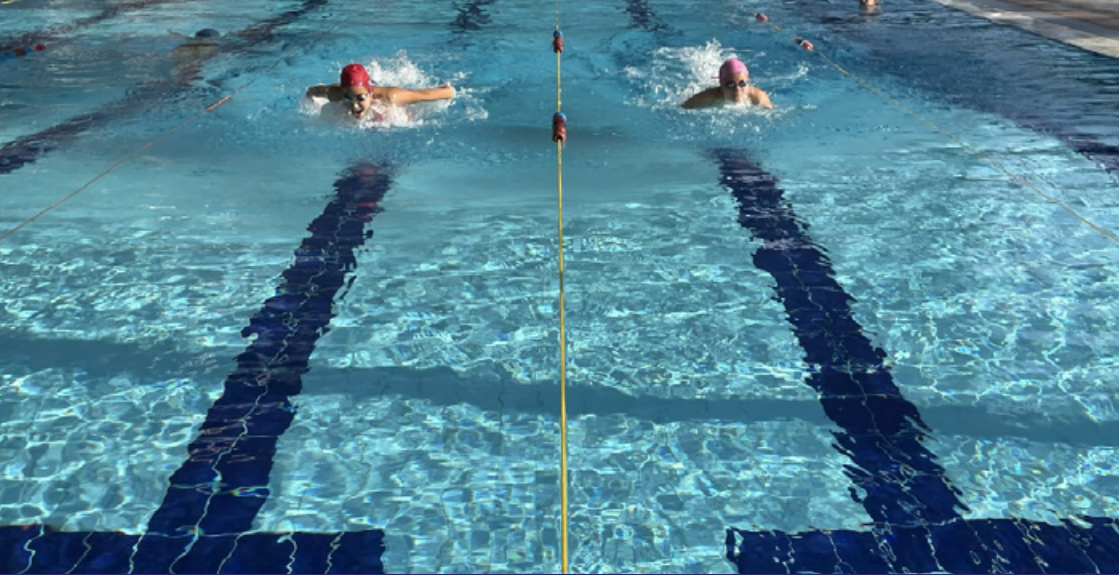
Year Groups: 10-13

SOFTBALL

Staff contact: Mr Mark Scoular

The Softball sessions will introduce Tanglin students to this enjoyable striking and fielding game. It is suitable for all games players and particularly those with prior experience of cricket. Students will develop a wide range of technical and tactical skills and have the opportunity to compete in interschool matches, as well as SEASAC competitions.

Year Groups: 10-13



SWIMMING (PAID)

Staff Contact: Mr Andrew Hailey

Senior students have access to a variety of aquatic activities, which include water polo, triathlon, as well as competitive swimming through our Merlion Swim Teams. The competitive Merlion swim programme is delivered by two highly qualified Tanglin Swim Coaches, who are supported by three external coaches with a wealth of experience in competitive swimming. The aim of the Merlions is to build a cohesive team, promoting team spirit and competing in high level meets such as SEASAC, Sprint Festival and Feeding Frenzy. Selection for our Gold and Platinum Merlion Squads is based on attitude, attendance, and performance. Merlion Swimming is a paid programme.

Year Groups: 7-13

TANGLIN CLIMBING (PAID)

The Tanglin Climbing club is open to enthusiastic climbers of all experience levels. Students will be taken to and from the offsite venue where they will be guided by a team of expert coaches. Sessions will provide the appropriate level of challenge on a variety of tailored bouldering routes, developing both strength and climbing techniques. The Tanglin Climbing Team is chosen from participants in this club, with opportunities to compete both in Singapore and overseas.

Year Groups: 7-13

Cost: \$400 per term

Times: Tuesdays, 4-6pm
or Thursdays, 4-6pm

Location: Lighthouse Climbing

Staff Contact: Mr David Fourie

TENNIS

Staff contact: Mr Dave Radcliffe

Our Tennis Club aims to provide those students with prior experience an opportunity to represent the school at tennis. Students can trial for selection ahead of the SEASAC Tennis tournament that is held each year and from the trial, a tournament team and wider training squad will be chosen. For successful students, sessions take place each week at an offsite venue in the lead-up to the tournament and other friendly competitions.

Year Groups: 8-13

TOUCH

Staff Contact: Ms Vicky Paterson

Our Touch programme aims to instil a passion for Touch and encourage our students to be lifelong players of the game. Players are encouraged to be independent decision makers, learning how to improve and develop their own technique and tactical skills. There will be opportunities to play in a variety of competitive tournaments and leagues, as well as give something back through regular community touch events.

Touch 12&U

Year Group: 7

Touch 14&U

Year Groups: 8&9

Touch 16&U

Year Groups: 10&11

Touch Open Squad - by Invitation

Year Groups: 10&11





TRIATHLON

Staff Contact: Mr Andrew Hailey

The Tanglin Triathlon Club is open to all Senior School students and, as part of our Aquatics programme, offers an excellent opportunity for swimmers and endurance athletes to further their interest in this field. Triathlon training is an excellent way to support student athletes from a range of sporting backgrounds. Using the school facilities, we run swimming sessions in combination with running and cycling training, using state of the art indoor cycling smart bikes. The Merlions Triathlon team aims to compete in local competitions throughout the year.

Year Groups: 7-13

VOLLEYBALL

Staff Contact: Mr Volkan Dik & Ms Emma Watson

The volleyball programme is a popular choice for our students, with all levels of experience welcomed. Students can expect lots of contact with the ball in fun, adapted games, enabling our players to be physically and tactically challenged. There will be opportunities to play in a variety of competitive tournaments and leagues.

Volleyball 14&U

Year Groups: 8&9

Volleyball 16&U

Year Groups: 10&11

Volleyball 19&U

Year Groups: 12&13

Volleyball Open Squad

Year Groups: 10-13

VINYASA FLOW YOGA

Staff Contact: Mrs Nicole Bodlaender

You will connect yoga postures (asanas) through the breath. The Vinyasa practice becomes a moving meditation that creates strength, freedom and fluidity in the body and mind.

Year Groups: 10-13

YIN & VINYASA YOGA

Staff Contact: Ms Seona Platt

Develop yoga skills in Yin (more focused on stretch and relaxation of the ligaments, tendons and fascia) and Vinyasa (dynamic movement) to help yourself relax and meditate for a healthy and calmer mind.

Year Groups: 10-13



THE ARTS

Art Club

This club will take the form of practical skills workshops/life drawing/Arts film club. It will support those studying Art & Design at IB or A Level, and will allow for continued skills development for those Sixth Form students who do not take the subject but want to pursue their Art practice.

Year Groups: 12&13

Staff Contact: Miss Elizabeth Anstiss

Design Ventura

Students are challenged to design a new product for the Design Museum Shop, with the winning product manufactured and sold at the shop. The programme is supported by free workshops and offers young people a chance to develop design thinking, creative and business skills.

Year Group: 9

Staff Contact: Mr James Bleach

Cross Stitching

From focus to stress reduction, cross stitch allows us to be creative and make something beautiful. It's a great mental wellbeing activity that will allow members to design their own patterns and get creative. The difficulty of patterns can be adjusted to each individual's skillset, making this an ideal activity for novices and experienced cross stitchers alike.

Year Groups: 7-13

Staff Contact: Mrs Kimberly Boersma

Creature Workshop

A chance to submerge yourself in creative sculptural play to realise your imaginary creatures in 3D. Learn how to use conventional materials to create unconventional results. Inspired by film character design and monsters, the workshop will give you an opportunity to develop your drawing, building and painting skills within a workshop environment. Your imagination is the only limit!

Year Groups: 7-9

Staff Contact: Mr Anthony McNair



Snap Shots

Snap Shots provides an introduction to photography, focusing on the basics such as picture composition, framing and light. Snap Shots will combine simple theory and tips with practical experience on and around the school site and, if permitted, further afield in Singapore. Exposure to portrait, movement, texture, monochrome, architecture, urban life and possibly sunset will be offered. There is no need for expensive specialist gear; a simple camera or mobile phone, an open mind and some creativity will do!

Year Groups: 7-9

Staff Contact: Mr Dickon Thomas

Upcycling

Upcycling is the act of turning “rubbish” into useful/artistic objects. We’ll work on various projects to give new life to things that would otherwise end up in the bin.

Year Groups: 7-9

Staff Contact: Mrs Cassie Piper

Middle School Drawing & Painting Club

This is an opportunity for students in Years 7-9 to develop their skills in drawing/painting. There will be an Open Studio-type environment, i.e. students will be encouraged to bring their own ideas, objects and drawings to the club and work at their own pace, all while enjoying the company of other young artists.

Year Groups: 7-9

Staff Contact: Mr Robert Le Grice

Creative Writing & Arts Club

The Creative Writing and Arts Club welcomes budding writers, poets and artists from all year groups. It will offer a space where students can share their creative work and receive feedback. We hope to invite guest artists and writers in to share their own work and give insight to pursuing a creative career. There may be a chance to have your work published in a new publication.

Year Groups: 10-13

Staff Contact: Ms Josephine Allen

Drama Production - Years 7&8

This is a production that will be performed in Term 2. No previous experience is necessary and the emphasis is upon working together in a fun and creative way, to produce something exciting to watch! It will be presented in the Drama Studio and you will use a range of dramatic elements (physical theatre, puppetry, etc.) to explore a script. You will be given the opportunity to direct, design and perform in it, so why not give it a go?

Year Groups: 7&8

Staff Contact: Mr James Russell

Drama Production - Years 9&10

This production will be the culmination of both scripted and devised work based on the theme of war, and exploring varying perspectives both historically and modern day.

Year Groups: 9&10

Staff Contact: Mrs Anita Sprague



Film Making Club

Film Making Club is designed to give students the opportunity to learn the basics of camerawork, editing and sound production. We will study existing cinematic techniques, attempt to recreate them and use them to create our own short film. We will also look at storyboarding, scriptwriting and post-production.

Year Groups: 7-9

Staff Contact: Mr David Harrison

Film Making & Videography Club

This is a club for budding filmmakers to produce, share and collaborate with other like-minded students. There will be opportunities to learn and use advanced technology or software; produce your own films; and work on real videography briefs from clients around the school. We welcome all skill levels, from beginners looking to try out and improve their skills, to older students considering studying practical film or media at university, and looking to build a portfolio of work.

Year Groups: 10-13

Staff Contact: Mr Robert Cavill

Symphony Orchestra

Open to all students who can play an orchestral instrument. This ensemble will play music from across the orchestral repertoire. Students should be confident sight-readers, and more experienced players should be keen to take on leadership roles within their sections.

Year Groups: 6-13

Time: Tuesdays, 4-5pm

Location: Senior Central Music Area

Staff Contact: Mr Michael Holiday

Chamber Orchestra

An advanced group for students who can play an orchestral instrument to a higher level. By invitation only, to be in this group you must be a member of the Symphony Orchestra.

Year Groups: 7-13

Time: Tuesdays, 7.40-8.15am

Location: Senior Central Music Area

Staff Contact: Mr Richie Baxter

Gamelan

Gamelan is a traditional Indonesian percussion ensemble. No experience is necessary.

Year Groups: 7-13

Time: Thursdays, 3-4pm

Location: Gamelan Room

Staff Contact: Ms Rosemainy Buang



Jazz Band - by Audition

Open to students who enjoy Jazz/Ska/Latin etc., and can play an appropriate instrument or sing.

Year Groups: 7-13

Time: Mondays, 3-4pm

Location: Senior Central Music Area

Staff Contact: Mr Richie Baxter

Jazztet - by Invitation Only

A Jazz combo, made up of two/three lead players, plus a rhythm section. Students will learn Jazz Standards and will be coached on performance skills and improvisation. This group is by invitation only; students must also play in Big Band and will be invited during the ensembles audition process.

Year Groups: 9-13

Time: Tuesdays, 7.40-8.15am

Location: Mus 1

Staff Contact: Mr William Hyland

Big Band

Open to students with experience of playing Jazz and Latin music. Students must be able to sight-read at a high standard and play a wind/brass/rhythm section instrument. Vocalists will be selected from Senior choral ensembles.

Year Groups: 9-13

Time: Thursdays, 3.30-5pm

Location: Senior Central Music Area

Staff Contact: Mr William Hyland

Year 7 Music Ensemble

This new ensemble is for Year 7 students who would ordinarily take part in wind or brass ensembles or sing in choir, but are unable to due to current restrictions. The group will focus on different types of music and ensembles throughout the year.

Year Group: 7

Time: Tuesdays, 1-1.55pm

Location: Senior Central Music Area

Staff Contact: Mrs Helen Owain

Senior Choir

Open to all who enjoy singing.
No previous experience is required.

Year Groups: 7-13

Time: Fridays, 7.40-8.15am

Location: Senior Central Music Area

Staff Contact: Mrs Helen Owain

Close Harmony Choir - by Audition

The choir will sing a mixture of popular and classical repertoire, focusing primarily on **a capella** music.

Year Groups: 12&13

Time: Wednesdays, 7.40-8.15am

Location: Senior Central Music Area

Staff Contact: Mr Michael Holiday

Senior Chamber Choir - by Audition

A choir for students wishing to perform more challenging music. Students who sing in Chamber Choir are required to be members of Senior Choir.

Year Groups: 7-13

Time: Thursdays, 7.30-8.15am

Location: Senior Central Music Area

Staff Contact: Mrs Helen Owain

Senior Guitar Ensemble - by Audition

This group is for students who are interested in playing their guitar in a large group setting. The ensemble performs music of all styles and genres, and there are also places available to bass players and drummers.

Year Groups: 7-13

Time: Wednesdays, 7.40-8.15am

Location: Senior Central Music Area

Staff Contact: Mrs Helen Owain

String Sinfonietta - by Audition

Open to string players (not guitar). This group will focus on repertoire composed for the string orchestra alongside other genres. An audition is required for this ensemble.

Year Groups: 7-9

Time: Wednesdays, 3-4pm

Location: PDC

Staff Contact: Mrs Fiona Knight Lucas

Orion Wind Band

Open to students who play woodwind, brass and percussion instruments. This group will play a standard band repertoire as well as tackling more popular pieces.

Year Groups: 7-9

Time: Wednesdays, 3-4pm

Location: Senior Central Music Area

Staff Contact: Ms Hayley Fry

Senior Piano Group - by Audition

Piano Group provides an opportunity for piano players to play in piano duets and piano ensembles. Students should be playing at approximately Grade 6 level.

Year Groups: 7-13

Time: Tuesdays, 7.40-8.15am

Location: Senior Music

Staff Contact: Ms Jazreel Low



Music Tech Club

Open to all students who are interested in learning about sound technology. Places are subject to availability and via interview.

Year Groups: 7-13

Time: Fridays, 12-12.55pm (Years 10-12) & 1-1.55pm (Years 7-9)

Location: Music Studio

Staff Contacts: Mr Mohd Noh & Mr Muhammad Zakaria

Senior Bands

This group provides an opportunity for existing bands, or students who wish to play in a band, to rehearse and receive advice or technical help.

Year Groups: 7-13

Time: Thursdays Lunchtimes

Location: Senior Music Central Area

Staff Contact: Mrs Helen Owain

DJ Club

Open to all students who are interested in learning DJ skills and techniques. Limited spaces available.

Year Groups: 7-9

Time: Tuesdays, 1-1.50pm

Location: IT Suite

Staff Contact: Mr Nicholas Everett

Percussion Ensembles

All percussionist and drummers are welcome to join the ensembles. Members of the groups will play on tuned and untuned percussion instruments to develop their ensemble playing skills.

Year Groups: 7-13

Times: Mondays, 7.30-8.15am (Years 10-13) & Fridays, 7.30-8.15am (Years 7-9)

Location: Senior Music Central Area

Staff Contacts: Mr Mark DeSouza (Years 10-13) & Mr Tan Chin Boo (Years 7-9)

OUTDOOR EDUCATION

The Duke of Edinburgh's International Award

The award is designed to develop outdoor education skills for student within the framework of the Duke of Edinburgh's International Award. The club is open to Year 9 students from Term 3, with the expectation they will sign up for the award and continue it into Year 10. Students will take part in a carousel of activities to suitably prepare them for their expeditions, the success of which will require them to be self reliant.

Year Groups: 10-13

Staff Contact: Mr Richard Tuck





GENERATIONS
of **EXCELLENCE**

95 Portsdown Road Singapore 139299

t: +65 6778 0771 **f:** +65 6777 5862 **w:** www.tts.edu.sg