



**Family Literacy Engagement
Grab & Go: Recipe for Reading**

This activity would be best used by:	
<input type="checkbox"/> Schools	<input checked="" type="checkbox"/> Families

Materials:

- recipe of your choice
- ingredients for the recipe

Steps:

1. Depending on your child's age, help them or let them read the ingredients in the recipe and directions to make the dish.
2. Create a shopping list with your child.
3. Apply literacy across content areas by helping or letting your child read the measurements or amount of each ingredient, find the right tool, identify the measurement, and add the correct amount to the dish.
4. Talk with your child about why accurate measurements and proper ingredients are important. This can foster strong communication and critical thinking skills.
5. Discuss the importance of following directions in sequence.
6. Have your child discuss how they might change the recipe. Who they add or delete an ingredient?
7. Encourage your child to describe the tastes, textures, and smells while cooking and eating the dish.



Lagniappe:

Have your child write or draw the steps of the recipe to create a "how-to" article.

Host a pretend cooking show and let your child read aloud and describe the process of making the dish.

Create a YouTube Kids cooking show video.

Invite family or friends over to enjoy the dish that your child helped prepare.