

# DECEMBER MENU

## "Free Student Meals"

USDA Extends **FREE** Meals to **ALL** Students for the 2021-22 school year.

**ALERT:** DUE TO THE EXTREME FOOD AND SUPPLY CHAIN SHORTAGES, WE'RE HAVING TO SUB ITEMS AND MAKE CHANGES TO OUR MENUS WHEN NECESSARY.

### Food Service Job Openings Available

2 and 2.5-hr. cook positions. Cook Starting pay \$15 Sub \$14.

The Best job to have while your kiddos are in school. Apply Now at [www.dunlapcusd.net](http://www.dunlapcusd.net)

#### Monday

#### Tuesday

#### Wednesday

#### Thursday

#### Friday

Dec 1

"DAILY HOMESTYLE"  
Choose 1 Meal Option  
PG: BRD. CHICKEN  
DRUMSTICK  
BOLD PRIMO PIZZA  
P/G/V: SUB STATION

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"DAILY SIDES"  
(CHOOSE MIN. 2)  
V: MASHED POTATOES  
CHICKEN GRAVY  
V: STEAMED CARROTS  
V: VEGGIE BAR  
F: FRUIT- VARIETY  
G: HOT WHEAT ROLL  
D: MILK -FF & 1%  
PGV: CHEF SALAD  
PGV:VEGETARIAN GRAIN BOWL  
PGV; GRAB & GO MEAL  
\*SALAD DRESSING  
\*MIRACLE WHIP  
\* KETCHUP  
\* BBQ SAUCE

Dec 2

"DAILY HOMESTYLE"  
Choose 1 Meal Option  
PG: SPAGHETTI &  
MEAT SAUCE \*B  
P/G: STFD CRUST  
PIZZA  
P/G/V: SUB STATION

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"DAILY SIDES"  
(CHOOSE MIN. 2)  
V: GREEN BEANS  
V: VEGGIE BAR  
F: FRUIT- VARIETY  
G:TWISTED BREADSTICK  
D: MILK -FF & 1%  
PGV: CHEF SALAD  
PGV:VEGETARIAN GRAIN BOWL  
PGV; GRAB & GO MEAL  
\*SALAD DRESSING  
\*MIRACLE WHIP  
\* KETCHUP  
\* BBQ SAUCE

Dec 3

"DAILY HOMESTYLE"  
Choose 1 Meal Option  
"BUILD A TACO"  
PGV: BEEF OR CHICKEN  
BOLD PRIMO PIZZA  
P/G/V: SUB STATION

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"DAILY SIDES"  
(CHOOSE MIN. 2)  
G: SCOOP TORTILLA CHIPS  
V: VEGGIE BAR  
F: FRUIT- VARIETY  
D: MILK -FF & 1%  
PGV: CHEF SALAD  
PGV:VEGETARIAN GRAIN BOWL  
PGV; GRAB & GO MEAL  
\*SALAD DRESSING  
\*MIRACLE WHIP  
\* KETCHUP  
\* BBQ SAUCE  
SALSA  
\* SOUR CREAM

Dec 6

"DAILY HOMESTYLE"  
Choose 1 Meal Option  
PG: HOT DOG OR CHILI DOG  
BOLD PRIMO PIZZA  
P/G/V: SUB STATION

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"DAILY SIDES"  
(CHOOSE MIN. 2)  
V: EVER-CRISP FRIES  
V: CORN  
V: VEGGIE BAR  
F: FRUIT- VARIETY  
D: MILK -FF & 1%  
PGV: CHEF SALAD  
PGV:VEGETARIAN GRAIN BOWL  
PGV; GRAB & GO MEAL  
\*SALAD DRESSING  
\*MIRACLE WHIP  
\* KETCHUP  
\* BBQ SAUCE

Dec 7

"DAILY HOMESTYLE"  
Choose 1 Meal Option  
P/G: BOSCO STICKS  
W/ MARINARA  
P/G: STFD CRUST  
PIZZA  
P/G/V: SUB STATION

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"DAILY SIDES"  
(CHOOSE MIN. 2)  
V: GREEN BEANS  
V: VEGGIE BAR  
F: FRUIT- VARIETY  
D: MILK -FF & 1%  
PGV: CHEF SALAD  
PGV:VEGETARIAN GRAIN BOWL  
PGV; GRAB & GO MEAL  
\*SALAD DRESSING  
\*MIRACLE WHIP  
\* KETCHUP  
SALSA  
\* SOUR CREAM

Dec 8

"DAILY HOMESTYLE"  
Choose 1 Meal Option  
PG: CHICKEN TENDERS  
BOLD PRIMO PIZZA  
P/G/V: SUB STATION

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"DAILY SIDES"  
(CHOOSE MIN. 2)  
V: MASHED POTATOES  
CHICKEN GRAVY  
V: VEGGIE BAR  
F: FRUIT- VARIETY  
G: HOT WHEAT ROLL  
D: MILK -FF & 1%  
PGV: CHEF SALAD  
PGV:VEGETARIAN GRAIN BOWL  
PGV; GRAB & GO MEAL  
\*SALAD DRESSING  
\*MIRACLE WHIP  
\* KETCHUP  
\* BBQ SAUCE

Dec 9

"DAILY HOMESTYLE"  
Choose 1 Meal Option  
P: HOMEMADE BEEF CHILI  
& CRACKERS  
P/G: STFD CRUST  
PIZZA  
P/G/V: SUB STATION

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"DAILY SIDES"  
(CHOOSE MIN. 2)  
V: POTATO SMILES  
V: VEGGIE BAR  
CINNAMON ROLL  
F: FRUIT- VARIETY  
D: MILK -FF & 1%  
PGV: CHEF SALAD  
PGV:VEGETARIAN GRAIN BOWL  
PGV; GRAB & GO MEAL  
\*SALAD DRESSING  
\*MIRACLE WHIP  
KETCHUP

Dec 10

"DAILY HOMESTYLE"  
Choose 1 Meal Option  
PG:CHEESY CHICKEN  
ENCHILADA NACHOS  
BOLD PRIMO PIZZA  
P/G/V: SUB STATION

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"DAILY SIDES"  
(CHOOSE MIN. 2)  
V: MIXED VEGETABLES  
V: VEGGIE BAR  
F: FRUIT- VARIETY  
CHURRO  
D: MILK -FF & 1%  
PGV: CHEF SALAD  
PGV; GRAB & GO MEAL  
PGV:VEGETARIAN GRAIN BOWL  
\*SALAD DRESSING  
\*MIRACLE WHIP  
\* KETCHUP  
\* BBQ SAUCE  
SALSA  
\* SOUR CREAM

Dec 13

"DAILY HOMESTYLE"

Choose 1 Meal Option  
PG: CHSE.BURGER\*B  
BOLD PRIMO PIZZA  
P/G/V: SUB STATION  
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"DAILY SIDES"  
(CHOOSE MIN. 2)  
V: EVER-CRISP FRIES  
V: CORN  
V: VEGGIE BAR  
F: FRUIT- VARIETY  
D: MILK -FF & 1%  
PGV: CHEF SALAD  
PGV:VEGETARIAN GRAIN BOWL  
PGV: GRAB & GO MEAL  
\*SALAD DRESSING  
\* MIRACLE WHIP  
\* KETCHUP  
\* BBQ SAUCE

Dec 14

"DAILY HOMESTYLE"

Choose 1 Meal Option  
PG: "WILD MIKES"  
CHEESE BITES  
P/G: STFD CRUST  
PIZZA  
P/G/V: SUB STATION  
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"DAILY SIDES"  
(CHOOSE MIN. 2)  
V: TOMATO SOUP  
V: VEGGIE BAR  
F: FRUIT- VARIETY  
D: MILK -FF & 1%  
PGV: CHEF SALAD  
PGV:VEGETARIAN GRAIN BOWL  
PGV: GRAB & GO MEAL  
\*SALAD DRESSING  
\* MIRACLE WHIP  
\* KETCHUP  
\* BBQ SAUCE

Dec 15

"DAILY HOMESTYLE"

Choose 1 Meal Option  
PG: COUNTRY FRIED STEAK\*B  
BOLD PRIMO PIZZA  
P/G/V: SUB STATION  
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"DAILY SIDES"  
(CHOOSE MIN. 2)  
V: MASHED POTATOES  
COUNTRY GRAVY  
V: STEAMED CARROTS  
V: VEGGIE BAR  
F: FRUIT- VARIETY  
G: HOT WHEAT ROLL  
D: MILK -FF & 1%  
PGV: CHEF SALAD  
PGV:VEGETARIAN GRAIN BOWL  
PGV: GRAB & GO MEAL  
\*SALAD DRESSING  
\* MIRACLE WHIP  
\* KETCHUP  
\* BBQ SAUCE

Dec 16

"DAILY HOMESTYLE"

Choose 1 Meal Option  
PG:CHICKEN/NOODLES  
P/G: STFD CRUST  
PIZZA  
P/G/V: SUB STATION  
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"DAILY SIDES"  
(CHOOSE MIN. 2)  
V: STEAMED CARROTS  
F: FRUIT- VARIETY  
V: VEGGIE BAR  
G: BREADSTICK  
D: MILK -FF & 1%  
PGV: CHEF SALAD  
PGV:VEGETARIAN GRAIN BOWL  
PGV: GRAB & GO MEAL  
\*SALAD DRESSING  
\* MIRACLE WHIP

Dec 17

"DAILY HOMESTYLE"

Choose 1 Meal Option  
"BUILD A TACO"  
PGV: BEEF OR CHICKEN  
BOLD PRIMO PIZZA  
P/G/V: SUB STATION  
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"DAILY SIDES"  
(CHOOSE MIN. 2)  
G: SCOOP TORTILLA CHIPS  
V: VEGGIE BAR  
F: FRUIT- VARIETY  
D: MILK -FF & 1%  
PGV: CHEF SALAD  
PGV:VEGETARIAN GRAIN BOWL  
PGV: GRAB & GO MEAL  
\*SALAD DRESSING  
\* MIRACLE WHIP  
\* KETCHUP  
\* BBQ SAUCE  
SALSA  
\* SOUR CREAM

Dec 20

"FINALS"

"DAILY HOMESTYLE"  
Choose 1 Meal Option  
PG:CHICKEN PATTY  
BOLD PRIMO PIZZA  
P/G/V: SUB STATION  
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"DAILY SIDES"  
(CHOOSE MIN. 2)  
V: EVER-CRISP FRIES  
V: VEGGIE BAR  
F: FRUIT- VARIETY  
D: MILK -FF & 1%  
PGV: CHEF SALAD  
PGV:VEGETARIAN GRAIN BOWL  
PGV: GRAB & GO MEAL  
\*SALAD DRESSING  
\* MIRACLE WHIP  
\* KETCHUP  
\* BBQ SAUCE

Dec 21

"DAILY HOMESTYLE"

Choose 1 Meal Option  
P/G: STFD CRUST  
PIZZA  
P/G/V: SUB STATION  
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"DAILY SIDES"  
(CHOOSE MIN. 2)  
V: VEGGIE BAR  
F: FRUIT- VARIETY  
D: MILK -FF & 1%  
PGV: CHEF SALAD  
PGV: GRAB & GO MEAL  
\*SALAD DRESSING  
\* MIRACLE WHIP  
\* KETCHUP  
\* BBQ SAUCE

Dec 22

"FINALS"

MENU-TBD  
PGV: GRAB & GO MEAL  
D: MILK -FF & 1%

Dec 23

NO SCHOOL TODAY  
WINTER BREAK  
"HAPPY HOLIDAYS"

Dec 24

NO SCHOOL TODAY  
WINTER BREAK  
"HAPPY HOLIDAYS"

Dec 27

NO SCHOOL TODAY  
WINTER BREAK  
"HAPPY HOLIDAYS"

Dec 28

NO SCHOOL TODAY  
WINTER BREAK  
"HAPPY HOLIDAYS"

Dec 29

NO SCHOOL TODAY  
WINTER BREAK  
"HAPPY HOLIDAYS"

Dec 30

NO SCHOOL TODAY  
WINTER BREAK  
"HAPPY HOLIDAYS"

Dec 31

NO SCHOOL TODAY  
WINTER BREAK  
"HAPPY HOLIDAYS"

## Dunlap High School

The USDA has extended FREE meals to all students for the 2021-22 school year. No paperwork needed to qualify.

Extra milk and Ala Carte food items will need to be purchased they are not free. Use the Myschoolbucks link to add lunch money.

<https://www.dunlapcusd.net/quicklinks/lunch-menu>

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**Dunlap High School Lunch Price - FREE (school year 21-22)**

**Reduced Lunch Price- FREE (school year 21-22)**

**Milk only - .45 ea.**

**Adult/Guest Meal Price - \$3.75**

**"BUILD YOUR OWN LUNCH TRAY"**

**PICK 3-5 FOOD GROUPS**

- \* FRUIT (MUST TAKE FRUIT OR VEGETABLE)**
- \* VEGETABLE (MUST TAKE FRUIT OR VEGETABLE)**
- \* DAIRY, \* GRAIN, \* PROTEIN**

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**2021-22 Household Meal Applications are available for everyone throughout the school year.**

**MyschoolApps link** <https://www.dunlapcusd.net/quicklinks/lunch-menu>

**Reminder : A New Application must be filled out every new school year.**

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**Did you know we have a Kitchen Angel Lunch donation account that is used to help struggling families pay for school meals? If you would like to help, need help or want information please contact:**

**Lisa Leitner, Director of Food Services at [lleitner@dunlapcusd.net](mailto:lleitner@dunlapcusd.net)**

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**Welcome Back We Missed You!**

**Have a Safe and Wonderful School Year!**