

# DECEMBER MENU

## "Free Student Meals"

USDA Extends FREE Meals to ALL Students for the 2021-22 school year.

**ALERT:** DUE TO THE EXTREME FOOD AND SUPPLY CHAIN SHORTAGES, WE'RE HAVING TO SUB ITEMS AND MAKE CHANGES TO OUR MENUS WHEN NECESSARY.

### Food Service Job Openings Available

2 and 2.5-hr. cook positions. Cook Starting pay \$15 Sub \$14.

The Best job to have while your kiddos are in school. Apply Now at [www.dunlapcusd.net](http://www.dunlapcusd.net)

#### Monday

#### Tuesday

#### Wednesday

#### Thursday

#### Friday

1

DAILY ENTREE - PICK 1  
PG: CHICKEN NUGGETS  
G: WHEAT ROLL  
~OR~  
PG: UNCRUSTABLE  
DAILY SIDES-PICK 2  
V: MASHED POTATOES  
CHICKEN GRAVY  
V: GREEN BEANS  
V: VEGGIE BAR  
F: FRUIT- VARIETY  
D: MILK -FF & 1%  
OR\*  
PGV; GRAB & GO MEAL  
CONDIMENTS:  
\* KETCHUP  
\* BBQ SAUCE  
MARGARINE  
\* RANCH DRESSING

2

DAILY ENTREE - PICK 1  
PG: MINI CORN DOGS\*  
C UNCRUSTABLE  
DAILY SIDES-PICK 2  
V: SWEET FRIES  
V: VEGGIE BAR  
F: Assorted Fruit  
D: MILK -FF & 1%  
OR\*  
PGV; GRAB & GO MEAL  
KETCHUP  
\* RANCH DRESSING

3

DAILY ENTREE - PICK 1  
"MEATLESS"  
P/G: CHEESE PIZZA  
PG: VEGETABLE PIZZA  
UNCRUSTABLE  
DAILY SIDES-PICK 2  
V: CORN  
V: VEGGIE BAR  
F: Assorted Fruit  
G: FRESH BAKED COOKIE  
D: MILK -FF & 1%  
OR\*  
PGV; GRAB & GO MEAL  
\* RANCH DRESSING

6

DAILY ENTREE - PICK 1  
PG: HOT DOG W/BUN\*B  
PG: UNCRUSTABLE  
DAILY SIDES-PICK 2  
V: SWEET FRIES  
V: BROCCOLI  
V: VEGGIE BAR  
F: Assorted Fruit  
D: MILK -FF & 1%  
OR\*  
PGV; GRAB & GO MEAL  
KETCHUP  
\* RANCH DRESSING

7

DAILY ENTREE - PICK 1  
"MEATLESS"  
PG: GRILLED CHEESE  
UNCRUSTABLE  
DAILY SIDES-PICK 2  
V: TOMATO SOUP  
V: VEGGIE BAR  
G: FRESH BAKED COOKIE  
F: Assorted Fruit  
D: MILK -FF & 1%  
OR\*  
PGV; GRAB & GO MEAL  
\* RANCH DRESSING

8

DAILY ENTREE - PICK 1  
PG: CHICKEN TENDERS  
G: WHEAT ROLL  
~OR~  
PG: UNCRUSTABLE  
DAILY SIDES-PICK 2  
V: MASHED POTATOES  
CHICKEN GRAVY  
V: GREEN BEANS  
V: VEGGIE BAR  
F: FRUIT- VARIETY  
D: MILK -FF & 1%  
OR\*  
PGV; GRAB & GO MEAL  
CONDIMENTS:  
\* KETCHUP  
\* BBQ SAUCE  
MARGARINE  
\* RANCH DRESSING

9

DAILY ENTREE - PICK 1  
PG: SPAGHETTI &  
MEAT SAUCE \*B  
G: TWISTED BREADSTICK  
~OR~  
PG: UNCRUSTABLE  
DAILY SIDES-PICK 2  
V: STEAMED CARROTS  
V: VEGGIE BAR  
F: FRUIT- VARIETY  
D: MILK -FF & 1%  
OR\*  
PGV; GRAB & GO MEAL  
\* PARMESAN CHEESE  
\* RANCH DRESSING

10

DAILY ENTREE - PICK 1  
"MEATLESS"  
PG: BOSCO STICKS  
UNCRUSTABLE  
DAILY SIDES-PICK 2  
V: CORN  
V: VEGGIE BAR  
F: Assorted Fruit  
D: MILK -FF & 1%  
OR\*  
PGV; GRAB & GO MEAL  
\* RANCH DRESSING  
V: MARINARA DUNK CUP

13

DAILY ENTREE - PICK 1  
 PG: CHICKEN PATTY  
 PG: UNCRUSTABLE  
 DAILY SIDES-PICK 2  
 V: SCALLOPED POTATOES  
 V: VEGGIE BAR  
 F: FRUIT- VARIETY  
 D: MILK -FF & 1%  
 -OR-  
 PGV; GRAB & GO MEAL  
 CONDIMENTS:  
 \* KETCHUP  
 \* MIRACLE WHIP  
 \* BBQ SAUCE  
 \* RANCH DRESSING

14

DAILY ENTREE - PICK 1  
 PG: CHICKEN/NOODLES  
 G: WHEAT ROLL  
 -OR-  
 UNCRUSTABLE  
 DAILY SIDES-PICK 2  
 V: MIXED VEGETABLES  
 V: VEGGIE BAR  
 F: Assorted Fruit  
 D: MILK -FF & 1%  
 PGV; GRAB & GO MEAL  
 \* RANCH DRESSING  
 MARGARINE

15

DAILY ENTREE - PICK 1  
 PG: CHICKEN NUGGETS  
 G: WHEAT ROLL  
 -OR-  
 PG: UNCRUSTABLE  
 DAILY SIDES-PICK 2  
 V: MASHED POTATOES  
 CHICKEN GRAVY  
 V: GREEN BEANS  
 V: VEGGIE BAR  
 F: FRUIT- VARIETY  
 D: MILK -FF & 1%  
 OR\*  
 PGV; GRAB & GO MEAL  
 CONDIMENTS:  
 \* KETCHUP  
 \* BBQ SAUCE  
 MARGARINE  
 \* RANCH DRESSING

16

PG: FISH SANDWICH  
 -OR-  
 PG: UNCRUSTABLE  
 G: MACARONI & CHEESE  
 V: STEAMED CARROTS  
 F: Assorted Fruit  
 D: MILK -FF & 1%  
 OR\*  
 PGV; GRAB & GO MEAL  
 TARTER SAUCE  
 KETCHUP  
 \* RANCH DRESSING

17

DAILY ENTREE - PICK 1  
 "MEATLESS"  
 P/G: CHEESE PIZZA  
 PG: VEGETABLE PIZZA  
 UNCRUSTABLE  
 DAILY SIDES-PICK 2  
 V: CORN  
 V: VEGGIE BAR  
 F: Assorted Fruit  
 G: FRESH BAKED COOKIE  
 D: MILK -FF & 1%  
 OR\*  
 PGV; GRAB & GO MEAL  
 \* RANCH DRESSING

20

DAILY ENTREE - PICK 1  
 PG: CHSE.BURGER\*B  
 PG: UNCRUSTABLE  
 DAILY SIDES-PICK 2  
 V: EVER-CRISP FRIES  
 V: BAKED BEANS  
 V: VEGGIE BAR  
 F: FRUIT- VARIETY  
 D: MILK -FF & 1%  
 -OR-  
 PGV; GRAB & GO MEAL  
 CONDIMENTS:  
 \* KETCHUP  
 \* MUSTARD  
 \* RANCH DRESSING

21

DAILY ENTREE - PICK 1  
 P: HOMEMADE BEEF CHILI  
 & CRACKERS  
 CINNAMON ROLL  
 -OR-  
 UNCRUSTABLE  
 DAILY SIDES-PICK 2  
 V: VEGGIE BAR  
 V: POTATO SMILES  
 F: Assorted Fruit  
 D: MILK -FF & 1%  
 OR\*  
 PGV; GRAB & GO MEAL  
 KETCHUP  
 \* RANCH DRESSING

22

DAILY ENTREE - PICK 1  
 "MEATLESS"  
 PG: BOSCO STICKS  
 UNCRUSTABLE  
 DAILY SIDES-PICK 2  
 V: CORN  
 V: VEGGIE BAR  
 F: Assorted Fruit  
 D: MILK -FF & 1%  
 OR\*  
 PGV; GRAB & GO MEAL  
 \* RANCH DRESSING  
 V: MARINARA DUNK CUP

23

NO SCHOOL TODAY  
 WINTER BREAK  
 "HAPPY HOLIDAYS"

24

NO SCHOOL TODAY  
 WINTER BREAK  
 "HAPPY HOLIDAYS"

27

NO SCHOOL TODAY  
 WINTER BREAK  
 "HAPPY HOLIDAYS"

28

NO SCHOOL TODAY  
 WINTER BREAK  
 "HAPPY HOLIDAYS"

29

NO SCHOOL TODAY  
 WINTER BREAK  
 "HAPPY HOLIDAYS"

30

NO SCHOOL TODAY  
 WINTER BREAK  
 "HAPPY HOLIDAYS"

31

NO SCHOOL TODAY  
 WINTER BREAK  
 "HAPPY HOLIDAYS"

**Dunlap Middle/Valley Schools**

**The USDA has extended FREE meals to all students for 2021-22 school year. No paperwork or money needed.**

**Come through the lunch line as normal.**

**All extra food and ala carte items will need to be purchased.**

**Lunch money can be added using the Myschoolbucks link below.**

**<https://www.dunlapcusd.net/quicklinks/lunch-menu>**

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**"BUILD YOUR OWN LUNCH TRAY"**

**PICK 3-5 FOOD GROUPS**

- \* FRUIT (MUST TAKE FRUIT OR VEGETABLE)**
  - \* VEGETABLE (MUST TAKE FRUIT OR VEGETABLE)**
  - \* DAIRY, \* GRAIN, \* PROTEIN**
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**2020-21 Household Meal Applications are available for everyone throughout the school year.**

**MyschoolApps link below.**

**<https://www.dunlapcusd.net/quicklinks/lunch-menu>**

**Reminder : A New Application must be filled out every new school year.**

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**Did you know we have a Kitchen Angel Lunch donation account that is used to help struggling families pay for school meals? If you would like to help, need help or want information please contact:**

**Lisa Leitner, Director of Food Services at [lleitner@dunlapcusd.net](mailto:lleitner@dunlapcusd.net)**

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**Welcome Back!**

**Have a Great School Year.**