

# 2022 WINTER/SPRING ACTIVITY GUIDE

Bringing Family & Community Together Through Recreation Since 1934! wawmrec.com



Spend the Winter & Spring Season with the RCS Department!



# **Registration Information**

# **Registration Begins** Residents: Monday, November 29, 2021 - 8am Non-Residents: Monday, December 13, 2021 - 8am

# How to Register:



Online wawmrec.com



**Phone-In** 414-604-4900

# In-Person

Office Hours M-TH: 8am-5pm | F: 8am-4pm

Mail/24-Hour Dropbox 2450 S. 68th Street West Allis, WI 53219

- Online: Go to wawmrec.com, click on "Register" or "My Account" and enter your login information. If you are not already a member, click "Create An Account" and complete the household and family member information. When finished, click "Done" to submit your request. We will process your request and email your login information. If you do not have an account set up with us and want to register right away on November 29, please establish an account with us early. Accounts are reviewed for accuracy and residency only during office hours and can take up to one business day to approve.
- Phone-In: Call 414-604-4900, press "0" to speak to an Office Operations Specialist and charge by phone using a Visa, Mastercard or Discover.
- Secure Dropbox: A 24-hour dropbox is located on the northeast side of the building by the main entrance.
- US Mail: Send the registration form with your check or money order to the WAWM RCS Department.

# **Additional Information:**



Like us on Facebook and Instagram - @wawmrcs



Find this icon throughout the guide for new and exciting classes



Visit us at wawmrec.com

Our office will be closed 11/25, 11/26, 12/23, 12/24, 12/31, 4/15, 5/30

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#### **Recreation and Community Services Leadership Team**

Shelly Strasser, Director	414-604-4937
Beau Benner	414-604-4951
Adaptive Recreation, Aquatics, Young at Heart	
Bobby Foreman	414-604-4968
Action Programs, Non School Day Camps	
Linda Gritzmacher	414-604-4911
Adult Fitness, Early Childhood, Walking Track	
Amanda Schwichtenberg	414-604-4963
Dance, Enrichment, Events, Trips	
Sam Sujecki	414-604-4959
Intermediate School Athletics, Youth Sports, Jr. Prog	rams
Ben Versnik	414-604-4938
Adult Sports, Facility Rentals, Fine Arts, Open Gyms	

### **Office Operations & Facilities Team**

Cassie Stanton, Office Manager	414-604-4925
Tami Francis, Office Operations Specialist	414-604-4910
Katie Lindgren, Office Operations Specialist	414-604-4943
Cassy Ramirez, Office Operations Specialist	414-604-4930
Jill Ponzi, Facility Scheduling	414-604-4940
Joel Irizarry, Head Custodian	
Michael Bruckner, Building Cleaner	
Shawn Wirth Building Cleaner	



# Are you new to the area?

We invite you to stop in our office or give us a call! We would love the opportunity to meet you and let you know what we offer. We have many classes, activities, programs and leagues for all ages. Welcome to the neighborhood and we look forward to meeting you!

# Winter/Spring Welcome from Shelly Strasser Director of Recreation & Community Services

Hello West Allis and West Milwaukee! Welcome to your 2022 Winter-Spring Activity Guide. As we look ahead to a new year, it is important to take time to reflect on the last year and where we have been, to help set our goals and create plans to better serve you.

Looking back on winter-spring 2021, smiles come to our faces as we celebrate the success of our 1st ever "Egged" event, where the Easter Bunny visited over 50 homes in our community spreading joy (see page 21 for Egged 2022). We hold our heads high and even puff our chests out a little bit, as we remember how our community came together for the entire month of March for the statewide Be Active Wisconsin Community Challenge, where WAWM took first place in both the most participation AND the most active minutes categories. Woohoo!! Construction began and finished on the new garage at the Recreation Center. This garage will house our department's five service vehicles, allowing us to continue fiscal responsibility by maintaining long term integrity of department vehicles. 2021 also saw the implementation of a new software program, CampDoc, which enabled us to increase efficiency and effectiveness in processing registration, enhanced communication and streamlining practices in our before and after school care Action programs. Despite still operating in a pandemic, it was a busy, fun and productive year!

As we look forward to the start of 2022, we are excited, how about you? Plans are in motion to install a new, inclusive playground at the Recreation Center with increased accessibility for all. We have several new programs planned that we hope you will give a try; Silent Disco Party and Make & Take Art in our Adaptive Recreation Department, trip to the Chicago Botanic Gardens and 65+ Softball from our Active Adults Department, and Chocolate Tasting (and who doesn't love chocolate?) from our Special Events Department! Hoping your new year, new winter, new spring is a time of new or renewed experiences that help contribute to your personal wellness and being your best you! We look forward to seeing you and your family at a program!

Your WAWM RCS Leadership Team!

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# **KNOW BEFORE YOU GO!**

- All children must be at least 4 years of age to attend lessons on their own and MUST meet the height requirement for each specific pool from the bottom of your child's feet to their chin in the shallow end. Parent & Child classes are exempt from the height requirement.
  - Nathan Hale High School 38 inches chin to toes Frank Lloyd Wright Intermediate 36 inches chin to toes
- Participants must pass all skills to move to the next level.
- Class length: Parent & Child and Level 1: 30 minutes; Level 2-7: 50 minutes; Level 8: 1 hour.
- Swim goggles are recommended for Levels 3-8.
- If you have any questions regarding swim level classification, contact Beau Benner at 414-604-4951 or bennerb@wawmsd.org.
- The WAWM RCS Department reserves the right to move your child out of a level for their own safety.
- Water and air temperature is regulated by the District's Facilities & Operations Department, not the WAWM RCS Department. They make every attempt to maintain a pool temperature of 82 degrees.

# **SAFETY FIRST - POOL REGULATIONS**

- Per state code, all swimmers must thoroughly rinse off in the shower before entering the pool.
- Swim caps are required of all swimmers whose hair is long or controlled by hair spray or oil. Caps are sold at the pool for \$2.
- Do not bring valuables to the pool. The WAWM RCS Department is not responsible for lost, stolen or damaged items.
- Any swimmer who has entered kindergarten must use their respective male/female locker room. Locker room attendants are available to assist.
- Per state law, use of cell phones and electronic devices are prohibited in locker rooms.
- Street shoes are not allowed in the pool area. Shoes must be removed. Clean sandals or slippers may be worn.
- For safety purposes, parents/guardians are not allowed on the pool deck during lessons unless approved by the Program Manager.
- An Observation Day will be held where parents will have the chance to watch a lesson. Information and date will be shared at class.



# New Berlin Swim Club

The New Berlin Swim Club (NBSC) is dedicated to promoting a positive experience with competitive swimming. Multiple training levels are offered from beginner to accomplished swimmers. NBSC strives to teach skills that are safe, healthy and fun. NBSC's competitive swim program is a rewarding experience, helping swimmers reach their full potential. Any swimmer able to complete one length of the pool (25 yards) is encouraged to join us for a skills evaluation. Swimmers 5 years old through high school age are eligible.

If you have questions about NBSC please contact us at nbswim.org or nbscswim@hotmail.com



# **American Red Cross "Learn to Swim" Lessons**

# Parent & Child Classes 2+yrs

Parents and children learn together to increase a child's comfort level in the water and build a foundation of basic skills, such as getting face wet in the pool, blowing bubbles, front and back floats and glides. This level is fun-filled to help introduce water safety concepts and encourage a healthy recreational habit. One adult per child is required.

# **Level 1: Little Beginners**

Little Beginners orients first-time swimmers to the aquatic environment and helps them gain basic aquatic skills that are the foundation for later levels. Front and back floats, blowing bubbles and leg and arm actions are introduced.

# Level 2: Introduction of Water Skills

Level 2 teaches basic personal water safety skills to help children feel comfortable in the water while improving elementary aquatic skills such as bobbing in the water, front and back glides and combined arm and leg action with assistance.

# Level 3: Fundamental Aquatic Skills

Level 3 leads participants to success with fundamental skills such as floating and recovering to a vertical position. Participants continue to increase their independence with treading and swimming on their front and back.







# Level 4: Stroke Development

Level 4 will teach swimmers to do front crawl, rotary breathing and elementary backstroke the width of the pool. They will be introduced to deep water entries and simple dives, while continuing to improve their deep water treading skills.

# **Level 5: Stroke Refinement**

Level 5 will help the swimmer develop confidence and distance in previously learned strokes while introducing new strokes. Swimmers will begin to develop scissor and frog kicks, underwater swimming skills and new deep water dives.

# Level 6: Swimming and Skill Proficiency

Swimmers will practice their front crawl and elementary backstroke for 50 yards, backstroke for 25 yards and butterfly for 15 yards. Participants will continue to strengthen their frog and scissor kicks. Open turns are introduced and deep water skills are refined.

## Level 7: Fitness Swimmer

Level 7 helps swimmers refine their strokes and skills so participants swim with ease, efficiency and power over greater distances. Participants will begin to incorporate flip turns into their front crawl.

# Level 8: Intro to Competitive Swimming

Level 8 will introduce swimmers to what to expect in competitive swimming. Swimmers will learn to do starts from blocks, use equipment such as paddles and pull buoys and understand the terminology and format of competitive swimming. This is a higher level program that will build endurance.

## American Red Cross "Learn to Swim" - Nathan Hale High School

Session	Code	Class	Day	Date	Time	RES/NR
Winter	101000.01	Parent/Child	М	1/10-3/14	6-6:30pm	\$27/\$41
Winter	101001.02	Level 1	М	1/10-3/14	6:30-7pm	\$27/\$41
Winter	101002.02	Level 2	М	1/10-3/14	7-7:50pm	\$35/\$53
Winter	101002.03	Level 2	TH	1/13-3/17	6-6:50pm	\$35/\$53
Winter	101003.03	Level 3	TH	1/13-3/17	7-7:50pm	\$35/\$53
Winter	101004.01	Level 4	Т	1/11-3/15	6-6:50pm	\$35/\$53
Winter	101005.01	Level 5	Т	1/11-3/15	7-7:50pm	\$35/\$53
Winter	101006.01	Level 6	Т	1/11-3/15	8-8:50pm	\$35/\$53
Winter	101008.01	Level 8	W	1/12-3/16	8-9pm	\$40/\$60

# American Red Cross "Learn to Swim" - Nathan Hale High School

Session	Code	Class	Day	Date	Time	RES/NR
Spring	101000.04	Parent/Child	М	3/28-6/6	6-6:30pm	\$27/\$41
Spring	101001.06	Level 1	М	3/28-6/6	6:30-7pm	\$27/\$41
Spring	101002.06	Level 2	М	3/28-6/6	7-7:50pm	\$35/\$53
Spring	101002.07	Level 2	TH	3/31-6/2	6-6:50pm	\$35/\$53
Spring	101003.06	Level 3	TH	3/31-6/2	7-7:50pm	\$35/\$53
Spring	101004.05	Level 4	Т	3/29-5/31	6-6:50pm	\$35/\$53
Spring	101005.04	Level 5	Т	3/29-5/31	7-7:50pm	\$35/\$53
Spring	101006.04	Level 6	Т	3/29-5/31	8-8:50pm	\$35/\$53
Spring	101008.02	Level 8	W	3/30-6/1	8-9pm	\$40/\$60

# American Red Cross "Learn to Swim" - Frank Lloyd Wright Intermediate

Session	Code	Class	Day	Date	Time	RES/NR
Winter	101000.02	Parent/Child	TH	1/13-3/17	6:30-7pm	\$27/\$41
Winter	101000.03	Parent/Child	SAT	1/15-3/19	9-9:30am	\$27/\$41
Winter	101001.01	Level 1	М	1/10-3/14	5:30-6pm	\$27/\$41
Winter	101001.03	Level 1	Т	1/11-3/15	6:30-7pm	\$27/\$41
Winter	101001.04	Level 1	SAT	1/15-3/19	9:30-10am	\$27/\$41
Winter	101002.01	Level 2	М	1/10-3/14	6-6:50pm	\$35/\$53
Winter	101002.04	Level 2	SAT	1/15-3/19	10-10:50am	\$35/\$53
Winter	101003.01	Level 3	М	1/10-3/14	7-7:50pm	\$35/\$53
Winter	101003.02	Level 3	TH	1/13-3/17	7-7:50pm	\$35/\$53
Winter	101003.04	Level 3	SAT	1/15-3/19	11-11:50am	\$35/\$53
Winter	101004.02	Level 4	Т	1/11-3/15	7-7:50pm	\$35/\$53
Winter	101004.03	Level 4	W	1/12-3/16	6-6:50pm	\$35/\$53
Winter	101004.04	Level 4	SAT	1/15-3/19	1-1:50pm	\$35/\$53
Winter	101005.02	Level 5	W	1/12-3/16	7-7:50pm	\$35/\$53
Winter	101005.03	Level 5	SAT	1/15-3/19	2-2:50pm	\$35/\$53
Winter	101006.02	Level 6	W	1/12-3/16	8-8:50pm	\$35/\$53
Winter	101006.03	Level 6	SAT	1/15-3/19	3-3:50pm	\$35/\$53
Winter	101007.01	Level 7	TH	1/13-3/17	8-8:50pm	\$35/\$53
Spring	101000.05	Parent/Child	TH	3/31-6/2	6:30-7pm	\$27/\$41
Spring	101000.06	Parent/Child	SAT	4/2-6/4	9-9:30am	\$27/\$41
Spring	101001.05	Level 1	М	3/28-6/6	5:30-6pm	\$27/\$41
Spring	101001.07	Level 1	Т	3/29-5/31	6:30-7pm	\$27/\$41
Spring	101001.08	Level 1	SAT	4/2-6/4	9:30-10am	\$27/\$41
Spring	101002.05	Level 2	М	3/28-6/6	6-6:50pm	\$35/\$53
Spring	101002.08	Level 2	SAT	4/2-6/4	10-10:50am	\$35/\$53
Spring	101003.05	Level 3	М	3/28-6/6	7-7:50pm	\$35/\$53
Spring	101003.07	Level 3	TH	3/31-6/2	7-7:50pm	\$35/\$53
Spring	101003.08	Level 3	SAT	4/2-6/4	11-11:50am	\$35/\$53
Spring	101004.06	Level 4	Т	3/29-5/31	7-7:50pm	\$35/\$53
Spring	101004.07	Level 4	W	3/30-6/1	6-6:50pm	\$35/\$53
Spring	101004.08	Level 4	SAT	4/2-6/4	1-1:50pm	\$35/\$53
Spring	101005.05	Level 5	W	3/30-6/1	7-7:50pm	\$35/\$53
Spring	101005.06	Level 5	SAT	4/2-6/4	2-2:50pm	\$35/\$53
Spring	101006.05	Level 6	W	3/30-6/1	8-8:50pm	\$35/\$53
Spring	101006.06	Level 6	SAT	4/2-6/4	3-3:50pm	\$35/\$53
Spring	101007.02	Level 7	TH	3/31-6/2	8-8:50pm	\$35/\$53

West Allis-West Milwaukee Recreation & Community Services Department Winter/Spring 2022

# **Open Swim**

#### Nathan Hale High School

Looking for an opportunity to get some extra swimming in? Are you training and need a water workout? Want to get some exercise? We have open swim options for you to do just that!

Age	Day	Date	Time
All Ages	TH	1/13-6/2	8-9pm

# Winter Break Open Swim

#### Frank Lloyd Wright Intermediate

Have fun with family and friends splashing around! You can also practice for your upcoming swim lessons.

Age	Day	Date	Time
5th Grade and Under	M-W	12/27-12/29	11am-1pm
6th Grade and Up	M-W	12/27-12/29	1-3pm

#### ADMISSION AT THE DOOR: CASH ONLY

- 18 and Under: \$1 RES/\$2 NR Seniors (55+): \$1 RES/\$2 NR
- Adults: \$2 RES/\$3 NR

# **Adult Water Exercise**

#### Mary Ann Batchelor - Frank Lloyd Wright Intermediate

Get an energetic water exercise workout with the instructor joining you in the water. Exercises will include routines, dance moves and stretching all done to music at varied intensities according to your ability. This class is for the swimmer and non-swimmer looking for both an upper and lower body workout. Weights and noodles will be used.

Code	Day	Date	Time	<b>RES/NR</b>
102002.01	Т	1/11-3/15	5:30-6:20pm	\$35/\$53
102002.02	TH	1/13-3/17	5:30-6:20pm	\$35/\$53
102002.03	Т	3/29-5/31	5:30-6:20pm	\$35/\$53
102002.04	TH	3/31-6/2	5:30-6:20pm	\$35/\$53

# Aqua Zumba

#### Dina Sharafinski - Nathan Hale High School

Perfect for those looking to add a low-impact, high-energy aquatic exercise to their fitness routine. Aqua Zumba blends the Zumba philosophy with water resistance, for one pool party you won't want to miss! Easy on your joints but don't be fooled...this is a great workout!

Code	Day	Date	Time	RES/NR
102001.01	W	1/12-3/16	5:30-6:20pm	\$35/\$53
102001.02	W	3/30-6/1	5:30-6:20pm	\$35/\$53



# Springboard Diving 8-18yrs

#### Sandy Sikich - Nathan Hale High School

Do you enjoy parkour or gymnastics? Do you like to swim and be in the water? If you want to learn how to jump, spin or flip through the air, then springboard diving is for you! Learn the basics of springboard diving (a correct approach, take-off and entry) and develop your skills. Instruction will be provided for divers from beginners to advanced. Join Sandy Sikich and other area high school coaches with a combination of over 50 years of coaching and dive instruction. Divers may sign up for one or both days, but both days are recommended. **No class 3/21, 3/23, 4/18, 4/20**.

#### Beginner - little or no experience necessary

Code	Day	Date	Time	RES/NR
101020.01	М	2/28-5/2	4:30-5:15pm	\$40/\$60
101020.02	W	3/2-5/4	4:30-5:15pm	\$40/\$60
101020.03	M/W	2/28-5/4	4:30-5:15pm	\$60/\$90

#### Advanced - previous dive experience necessary

Code	Day	Date	Time	RES/NR
101020.04	М	2/28-5/2	5:15-6:30pm	\$60/\$90
101020.05	W	3/2-5/4	5:15-6:30pm	\$60/\$90
101020.06	M/W	2/28-5/4	5:15-6:30pm	\$100/\$150

# **Adult Swim Lessons Level 1**

#### Frank Lloyd Wright Intermediate

The goal of this beginner level class is to build confidence in the water, develop basic swimming skills and improve on your strokes. Our adult swim lessons will work on a variety of aspects important to swimming to help you feel more comfortable in the water.

Code	Day	Date	Time	<b>RES/NR</b>
102004.01	Т	1/11-3/15	8-8:50pm	\$32/\$48
102004.02	Т	3/29-5/31	8-8:50pm	\$32/\$48

# **Adult Swim Lessons Level 2**

#### Nathan Hale High School

This intermediate level class builds upon the skills learned in the Level 1 class. The goal of this class is to improve strokes, work on endurance in the water and become an overall stronger swimmer.

Code	Day	Date	Time	<b>RES/NR</b>
102004.03	W	1/12-3/16	7-7:50pm	\$32/\$48
102004.04	W	3/30-6/1	7-7:50pm	\$32/\$48

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#### Music Maker and More 9mo-4yrs w/adult Music Maker & More Staff - Recreation Center

This sing-along musical activity group is designed for children and their parents or caregivers. The class incorporates traditional children's songs, finger plays, rhythm instruments and dance movements as well as puppets that help tell a story within the songs. Our goal is to give children an interest and love for all types of music. Bring your dancing feet and join us for a fun family class. **No class 4/14.** 

Code	Day	Date	Time	RES/NR
103160.01	TH	1/13-2/10	9-9:30am	\$40/\$60
103160.02	TH	2/17-3/17	9-9:30am	\$40/\$60
103160.03	TH	3/31-5/5	9-9:30am	\$40/\$60

# Animal Expedition 2-4yrs w/adult

#### Kim Blanton - Irving Fieldhouse

Kids love animals! Come explore a new animal each class with stories, crafts and other fun activities geared toward the animal of the day!

Code	Day	Date	Time	<b>RES/NR</b>
103520.01	М	1/24-2/14	9:30-10:15am	\$15/\$23
103520.02	W	4/27-5/18	6:15-7pm	\$15/\$23

# EARLY CHILDHOOD EDUCATORS NEEDED!

Do you love to be a part of learning and growth for young children and have a passion for helping children and parents spend quality time together? Do you have energy, enthusiasm and ideas that you want to share with children ages 4 and younger? Then we have the position for you! We are looking for an instructor to teach a variety of physical, social and learning based classes for children. For more information, contact Linda Gritzmacher at gritl@wawmsd.org or send her your resume today! Teach, share, care!





# Mushy Gushy Sticky Fun 2-4yrs w/adult

#### Irving Fieldhouse

Messy fun for your child that you don't have to clean up! Children will play with shaving cream, pudding, dirt and more. Explore your sense of touch with many fun activities. **No class 4/15.** 

#### Kim Blanton

Code	Day	Date	Time	<b>RES/NR</b>
103150.02	W	1/26-2/16	6:15-7pm	\$15/\$23
103150.04	М	2/21-3/14	9:30-10:15am	\$15/\$23

#### Natasha Ergen

Code	Day	Date	Time	<b>RES/NR</b>
103150.01	F	1/14-2/11	10-10:45am	\$19/\$29
103150.03	F	2/18-3/18	10-10:45am	\$19/\$29
103150.05	F	4/1-5/6	10-10:45am	\$19/\$29

# Pint-Size Picassos 2-4yrs w/adult

#### Kim Blanton - Irving Fieldhouse

Art is an essential part of expressing ideas and feelings in a visual form. Children will get to paint on different materials such as canvas, cement, tile and more. Let your child's artistic talent shine.

Code	Day	Date	Time	<b>RES/NR</b>
103152.01	W	2/23-3/16	6:15-7pm	\$15/\$23
103152.02	М	4/25-5/16	9:30-10:15am	\$15/\$23

# LOOK WHAT'S NEW

The WAWM RCS Department works hard to make sure we provide the community with **NEW AND EXCITING** classes from season to season! Take a look throughout the guide to find our **BRAND NEW** classes this winter/spring!



#### **Tumble Bugs** 2-4yrs w/adult Natasha Ergen - Irving Fieldhouse

Does your child love jumping, rolling and doing somersaults? Join us in warm-up songs, simple tumbling techniques and play with fun equipment and props. Children will develop large motor skills including balance and coordination. **No class 4/14.** 

Code	Day	Date	Time	<b>RES/NR</b>
103205.01	TH	1/13-2/10	6:15-7pm	\$19/\$29
103205.02	TH	2/17-3/17	6:15-7pm	\$19/\$29
103205.03	TH	3/31-5/5	6:15-7pm	\$19/\$29

#### **Dance Ballerinas** 3-4yrs w/adult Mariela Martinez - Recreation Center

It's ballet time! If your child loves to dance, walk on their tip toes and twirl around, this is the class for them. **No class 4/18.** 

#### 3-4yrs (first time taking ballet class)

Code	Day	Date	Time	RES/NR
103300.01	М	1/10-2/7	5:30-6pm	\$13/\$20
103300.02	М	2/14-3/14	5:30-6pm	\$13/\$20
103300.03	М	3/28-5/2	5:30-6pm	\$13/\$20

#### 3-4yrs (previous ballet class taken)

Code	Day	Date	Time	RES/NR
103300.04	М	1/10-2/7	6:15-6:45pm	\$13/\$20
103300.05	М	2/14-3/14	6:15-6:45pm	\$13/\$20
103300.06	М	3/28-5/2	6:15-6:45pm	\$13/\$20





Let's Get Moving 1-4yrs w/adult Kim Blanton - Recreation Center

Kids are constantly moving around and finding things to do. Here is a class where kids will be able to move around to music and follow instructions from the teacher using different types of fun equipment and more.

#### Ages 1-2

Code	Day	Date	Time	<b>RES/NR</b>
103200.01	W	1/26-2/16	9:30-10am	\$10/\$15
103200.02	W	2/23-3/16	9:30-10am	\$10/\$15
103200.03	W	4/27-5/18	9:30-10am	\$10/\$15
Ages 2-4				
Code	Day	Date	Time	<b>RES/NR</b>
103200.04	Т	1/25-2/15	6:15-7pm	\$15/\$23
107000 05	Т	2/22-3/15	6:15-7pm	\$15/\$23
103200.05		_/ 0/ .0	•···• · [•···	



Has your child turned 3 and you are interested in getting them in preschool? Our preschool program meets on Monday/Wednesday or Tuesday/Thursday from 9-11:30am. Preschool includes both small and large group instruction along with 1:1 academic instruction revolving around a weekly theme. Pre-reading activities include ABC's and the Letter People. Pre-math activities will include sorting colors, patterns, shapes, graphing and numbers. We also offer play-based learning centers for reading, math, science, dramatic play, creative art, structured large muscle movement activities and instruction with emergent reader books.

# For more information, visit our website at wawmrec.com or contact Program Manager, Linda Gritzmacher at 414-604-4911.

# Trixters Gymnastics 4+yrs

#### Nathan Hale High School

Improve your child's flexibility, strength, coordination and self-confidence. Your gymnast will work on their skills in the areas of the floor, uneven bars and balance beam. The gymnasts will be placed into groups with similar skill levels. Due to space limitations, classes are closed sessions. There will be a showcase at the end of the season to highlight skills the gymnasts have learned over the course of the session. There will be an additional fee to purchase leotards. More information regarding the Showcase will be sent home after classes begin. **No class 2/15, 3/22, 3/24.** 

#### Rehearsal: Friday, April 29th from 5:30-7:30pm Showcase: Saturday, April 30th at 9:30am

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Code	Day	Date	Time	<b>RES/NR</b>
105125.01	T/TH	1/25-4/28	5:30-6:10pm	\$60/\$90

#### 6-7yrs

Code	Day	Date	Time	<b>RES/NR</b>
105125.02	T/TH	1/25-4/28	6:15-6:55pm	\$60/\$90

#### 8-9yrs

Code	Day	Date	Time	<b>RES/NR</b>
105125.03	T/TH	1/25-4/28	7-7:40pm	\$60/\$90

#### 10+yrs

8

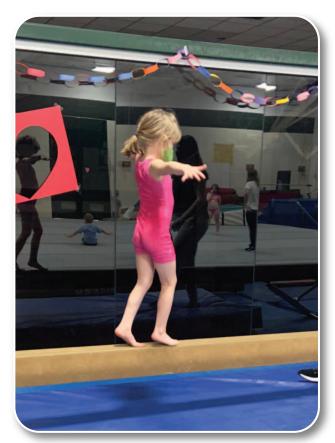
Code	Day	Date	Time	<b>RES/NR</b>
105125.04	T/TH	1/25-4/28	7:45-8:35pm	\$60/\$90

# Tiny Track Meet 4-7yrs

#### *Marissa Meier - Frank Lloyd Wright Intermediate* Time for our Saturday morning track meet! The little athletes will compete in the 100m dash, long jump, hurdles, shot put and discus. Everyone will receive an award at the end of the meet!

Code	Day	Date	Time	<b>RES/NR</b>
105005.01	SAT	5/21	9-11am	\$10/\$15





# Junior Golf Lessons 6-15yrs

Jim Rewolinski - Deer Haven Golf Club: 19180 W. Cleveland Ave.

Looking to expand your child's knowledge of golf past the usual mini golf course? Our professional golf instructor will guide your child through the basics of golf. During the lessons, your child will work on their golf skills at the golf range, practice green and at the 3 practice holes. Participants will be responsible to purchase practice balls and pay additional green fees. Costs may vary depending on basket sizes. Please have your child bring their own clubs to the lessons. Just think, the sooner your child builds up their golf skills, the sooner they can join you on the links. For weather cancellations, please call Jim Rewolinski at 414-427-9650.

Code	Age	Day	Date	Time	<b>RES/NR</b>
105600.01	6-10	SAT	4/16-5/21	10-11am	\$35/\$53
105600.02	11-15	SAT	4/16-5/21	11am-12pm	\$35/\$53

# Glow Run 2-8yrs w/adult

#### Marissa Meier - Frank Lloyd Wright Intermediate

Join us for a fun Glow Run designed for you and your child that is filled with glow sticks! Ages 2-4yrs will start a .5K or 1K at 7:15pm and ages 5 and up will start a 1K or 2K at 7:30pm.

Code	Day	Date	Time	<b>RES/NR</b>
103210.01	F	5/13	7pm	\$5/\$8

# LEAGUE STRUCTURE!

For all youth sports leagues, the WAWM RCS Department will hire a League Director. The League Director is an experienced and knowledgeable staff member responsible for delivering age appropriate instruction, preparing all practice plans, leading all practices and ensuring a consistent, quality experience for all players.

#### Teams are coached by volunteers.

#### If a team does not have a volunteer coach, RCS staff will serve as the coach.

- 1. For every practice, the League Director will prepare the practice plan and set up all required equipment.
- 2. The League Director will explain and demonstrate each drill to the coaches.
- 3. Coaches will run the drill as explained by the League Director.
- All teams will follow the same practice plans.

# **INTERESTED IN BEING A VOLUNTEER COACH?**

Volunteers follow the lead and direction from the League Director and run the pre-planned drills with their team. On game days, volunteers are responsible for player substitutions and providing a positive and fun learning environment. Volunteer coaches must model and exhibit our core values of inclusion, balance, skill development and lifelong enjoyment.



# TIME COMMITMENT

4K-1st Grade: 1 hour a week (they meet once a week for 55 minutes) 2nd-8th Grade: 2 hours a week (they meet twice a week an hour each time)

If you are interested in volunteer coaching, please indicate that at the time of enrollment or contact Sam Sujecki at sujeckis1@wawmsd.org or 414-604-4959 All volunteer coaches are subject a confidential background check.



# INTERESTED

in getting involved in the rewarding field of

youth sports? If so, the WAWM RCS Department is looking for highly energetic, outgoing and dependable staff as officials for soccer, flag football, volleyball and basketball. Apply online at wawmrec.com. You must be 14 years of age. For more information, contact Youth Sports Manager, Sam Sujecki at 414-604-4959 or sujeckis1@wawmsd.org

# COMING SOON

# In the Summer Activity Guide

Girls softball clinic (3-8 grade) and registration for soccer, flag football and volleyball



# WAWM RCS YOUTH SPORTS PHILOSOPHY

# All of our youth sports leagues are driven by a clear set of core values:

INCLUSION

Regardless of a child's level of skill or background, there is a place for them here.

BALANCE

Every program we offer features reasonable time commitments.

**SKILL DEVELOPMENT** 

We will provide structured, progressive lesson planning.

LIFELONG ENJOYMENT

Our positive league experience will lead to sport participation for life.



# YOUTH SPORTS LEAGUE GENERAL INFORMATION

- Players register as individuals and will be placed on teams. Every effort will be made to group players by school.
- Participants should be signed up for leagues based on their grade in the 2021-2022 school year. There are no exceptions to this rule.
- An email will be sent before the start of the program with first day practice time.
- At the first practice, team assignment and season schedule will be handed out.
- The WAWM RCS reserves the right to combine teams for the benefit of the program.
- Due to changes and updates, locations are subject to change.
- In case of inclement weather, please call 414-604-4900, Option 2.

# For more information, contact Youth Sports Manager, Sam Sujecki at 414-604-4959 or sujeckis1@wawmsd.org

# **Youth Sports League Timeline**

**4K-1st Grade Leagues:** Teams meet once a week. Practice/gameplay split between one hour. Season is 8 weeks. **2nd-8th Grade Leagues:** Teams meet twice a week. One day each for a practice and game. Season is 9 or 10 weeks.

Sport	Grades	Registration Period	Program Dates
Indoor Soccer	4K-8th	End of November - Mid-February	Mid-March - Late April
T-Ball	4K-5K	First week of March - Mid-May	Early June - Early August
Rookies Baseball	1st-2nd	First week of March - Mid-May	Early June - Early August
Summer Soccer	4K-8th	First week of March - Mid-May	Early June - Early August
Flag Football	4K-8th	First week of June - First week of August	Mid-August - Mid-October
Fall Soccer	4K-8th	First week of June - First week of August	Mid-August - Mid-October
Girls Volleyball	4K-8th	First week of June - First week of August	Mid-August - Mid-October
Basketball	4K-1st	First week of September - Mid-December	Early January - Late February
Basketball	2nd-8th	First week of September - Late November	Early December - Late February

# **YOUTH BASKETBALL**

Youth basketball registration is OPEN! Deadline to register is Monday, November 22 for 2-8 grade and Wednesday, December 22 for 4K-1 grade. For more information, please visit wawmrec.com. Register today!

# **Indoor Soccer**

Don't miss out on an awesome instructional soccer league for 4K-4th graders. Leagues will focus on participation, skill development, teamwork, sportsmanship and fun. Indoor soccer will only take place on Saturdays. Team sizes will consist of a maximum of 8 players.

#### No soccer 3/26, 4/16.

#### Cost for Indoor Soccer: \$30/\$45 NR (After the 2/11 deadline: \$40/\$55 NR)

West Milwaukee Intermediate

## Mini-Strikers 4K Co-Ed

Code	Day	Date	Time
105702.01	SAT	3/5-5/7	9am & 10am*

### Strikers 5K Co-Ed

Code	Day	Date	Time
105702.02	SAT	3/5-5/7	11am & 12pm*

\*If more than 4 teams are formed at either age group, 1pm & 2pm times will be added. \*If 4K and 5K have to be combined, times will be 9 & 10am.

#### Horace Mann Elementary Big Strikers 1st Grade Co-Ed

Code	Day	Date	Time
105702.03	SAT	3/5-5/7	9am & 10am*

# Champions 2nd-3rd Grade Co-Ed

Code	Day	Date	Time
105702.04	SAT	3/5-5/7	11am & 12pm*

\*If more than 4 teams are formed at either age group, 1pm and 2pm times will be added.

# **JOIN OUR TEAM!**

We are currently hiring for our winter and spring seasons! Positions are available in our Before and After School Programs, Youth Sports, Aquatics and MORE!

Come be a part of our team and see what all the fun is about!

Apply now: wawmrec.com/employment or scan the QR codes to the right



# Indoor Futsal

#### Lane Intermediate

This league is a progression of your soccer skills incorporating boundaries and game strategy. We will focus on footwork, controlling the ball, passing, teamwork, participation, sportsmanship and fun! All abilities and skill levels are encouraged to get involved. Indoor futsal will take place only on Saturdays. **No soccer 3/26, 4/16.** 

#### Cost for Indoor Futsal: \$30/\$45 NR (After the 2/11 deadline: \$40/\$55 NR) Premier 4th-5th Grade Boys

Code	Day	Date	Time
105702.05	SAT	3/5-5/7	9am & 10am*

\*If more than 4 teams are formed at either age group, 1pm and 2pm times will be added.

### Premier 4th-5th Grade Girls

Code	Day	Date	Time
105702.06	SAT	3/5-5/7	11am & 12pm*

\*If more than 4 teams are formed at either age group, 1pm and 2pm times will be added.

# World Cup 6th-8th Grade Co-Ed

There will be a mandatory skills assessment led by RCS staff on Saturday, March 5 at 1pm at Lane Intermediate. The coaches meeting will take place following the skills assessment. They will form teams and contact players with team assignments and practice information. There will be a tournament at the end of the season.

Code	Day	Date	Time
105702.07	SAT	3/5-5/7	1pm & 2pm



Before & After School Action Employment Application

General Employment Application





T-Ball and Rookies Baseball registration opens Monday, February 28 and closes Friday, May 13 - 4pm. All T-Ball & Rookies will be held at Klentz Park.

# **T-Ball & Rookies Baseball**

• Players will be separated into teams by grade (based on the grade completed in the 2021-2022 school year) or any player 4 yrs old before the start date.

• No games on 7/4.

# **SPECIAL THANKS!**



WAWM RCS Department gives special thanks to Heiser Chevrolet West Allis for their ongoing sponsorship and support of our youth baseball and softball programs.

# T-Ball 4K & 5K Co-Ed

Players will be introduced to the mechanics of swinging the bat, throwing and running the bases. These basic skills will give players a strong foundation to advance into Rookies coach pitch in 1st grade. This is an 8-week season in which teams will practice for the first three weeks followed by five weeks of an introduction to gameplay.

## **Cost for T-Ball:** \$30/\$45 NR (After the 5/13 deadline: \$40/\$55 NR)

## 4K Co-Ed

Code	Day	Date	Time
205200.01	М	6/6-8/1	5:30 or 6:45pm

#### 5K Co-Ed

12

Code	Day	Date	Time
205201.01	W	6/8-7/27	5:30 or 6:45pm

# **TAKE A LOOK!**

Please be sure to review your receipt. We put important information pertaining to your activities on there! Also, please review your address, email and phone number for accuracy.

Has your address, phone number and/or email changed recently? Give us a call at 414-604-4900 or email us at wawmrec@wawmsd.org and we can get your account updated.

# Rookies 1st-2nd Grade Co-Ed

Players will face live pitching from their coach! Coaches will throw hittable pitches to players so they get used to hitting a ball in motion. Teams will practice and play a game each week. For the first three weeks teams will practice twice a week. Starting week 4, teams will practice on Tuesdays and play games on Thursdays.

#### Cost for Rookies: \$35/\$53 NR (After the 5/13 deadline: \$45/\$63 NR)

Code	Day	Date	Time
205202.01	T/TH	6/7-7/28	5:30 or 6:45pm



Summer soccer registration opens Monday, February 28 and closes Friday, May 20 - 4pm. All summer soccer will be held at Frank Lloyd Wright Intermediate.

## **Summer Soccer**

• Players will be separated into teams by grade (based on the grade completed in the 2021-2022 school year) or any player 4 yrs old before the start date.

• No practices on 7/4.



# **4K-1st Grade Instructional Soccer**

This program encourages individual skill development. Players will focus on developing their individual ball skills, spacing and learning the basics of defense. At 1st grade, an emphasis will be placed on team play and passing (sharing the ball). All practice sessions will be led by Coach Mark Dombrowski. This is an 8-week season in which teams will practice for the first three weeks, followed by five weeks of an introduction to gameplay.

#### Cost for 4K-1st Grade Soccer: \$30/\$45 NR (After the 5/20 deadline: \$40/\$55 NR)

### Mini-Strikers 4K Co-Ed

Code	Day	Date	Time
205700.01	W	6/15-8/3	5-5:55pm

## Strikers 5K Co-Ed

Code	Day	Date	Time
205700.02	W	6/15-8/3	6-6:55pm

### Big Strikers 1st Grade Co-Ed

Code	Day	Date	Time
205700.03	W	6/15-8/3	7-7:55pm

# **2nd-8th Grade Soccer Leagues**

The emphasis of our 2nd-8th grade league play shifts to team play and gameplay strategies. Players will focus on spacing, passing and team concepts. As players advance through each league, the number of players on the field, goal size and field size will be appropriately adjusted.

#### Cost for 2nd-8th Grade Soccer: \$35/\$53 NR (After 5/20 deadline: \$45/\$63 NR)

# Champions 2nd-3rd Grade

Practice starts Tuesday, June 14. The first 4 meeting dates will be practice. After that, Tuesdays will be practices and Thursdays will be games. The first game will be Thursday, June 23.

Code		Day	Date	Time
205702.01	Boys	T/TH	6/14-8/4	5:30 or 6:45pm
205702.02	Girls	T/TH	6/14-8/4	5:30 or 6:45pm

# Premier 4th-5th Grade

Practice starts Monday, June 13. The first 4 meeting dates will be practice. After that, Mondays will be practices and Wednesdays will be games. The first game will be Wednesday, June 22.

Code		Day	Date	Time
205702.03	Boys	M/W	6/13-8/3	5:30 or 6:45pm
205702.04	Girls	M/W	6/13-8/3	5:30 or 6:45pm

# World Cup 6th-8th Grade Co-Ed

There will be a mandatory skills assessment on Tuesday, June 14 at 5:30pm at Frank Lloyd Wright Intermediate. Players will be divided into teams by RCS Staff and contacted by a coach with practice information following the skills assessment. Practice starts Thursday, June 16.

Code	Day	Date	Time
205702.05	T/TH	6/14-8/4	5:30 or 6:45pm



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# FREE FOR ALL AGES WAWM RCS Annual Free Throw Contest

#### Central High School

Come join us for our very popular Annual Free Throw Contest. Winners in the boys and girls 3rd-8th grade divisions qualify for the Wisconsin Park and Recreation Association (WPRA) Region 4 Free Throw Tournament on Saturday, March 19, 2022. There will be winners in other age groups as well. This truly is a fun event for all! **EVERYONE IS ENCOURAGED TO PARTICIPATE!** 

Day	Date	Time	Cost
W	3/2	7-8:30pm	FREE

# High School Intramural Basketball 9th-12th Grade

#### Recreation Center

Are you interested in playing basketball but not at a highly competitive level? Join our fun and relaxed high school basketball league. Watch for information at your school or visit our website at wawmrec.com. You are not eligible to play if you are a member of a WIAA basketball team. For more information, contact Ben Versnik at 414-604-4938 or versnikb@wawmsd.org.



# 2021-2022 WAWM Intermediate School Interscholastic Sports



## 6th-8th Grade

Athletic opportunities are open to all 6th-8th grade school district residents including those who attend a parochial school, private school, home school or public school outside the district that does not offer sports. Student-athletes will work on building their fundamentals, teamwork and leadership skills while representing their school against other local schools based on the conference their sport competes in. All participants must register with their attendance area school. All student-athletes will need a physical and concussion form on file before participating in either the first day of tryouts or the first practice. If tryouts are required, participation fees will be due after the teams are announced.

• For girls and boys basketball and girls volleyball ONLY, Frank Lloyd Wright, Lane and West Milwaukee Intermediate will compete in the Jr. Parkland Conference.

• For 6th grade boys and girls basketball and 6th grade girls volleyball, student-athletes will have the opportunity to participate in recreation leagues. This aligns with the conferences we participate in for these sports, which do not include 6th grade interscholastic athletics. This creates a more inclusive opportunity for all interested athletes during their intermediate transition year as there is not a tryout process.

- Practices take place at the school you are registered at and scheduled in season between the hours of 3-5pm.
- Bus transportation will be provided for student-athletes to all away competitions.

Sport	Season
Boys Basketball (Tryouts required)	November - Mid-January
Wrestling	Mid-January - Early March
Girls Volleyball (Tryouts required)	Late January - Mid-March
Co-Ed Track	Late April - End May
Poms (Tryouts Required)	August - Early March
Co-Ed Cross Country	September - Early October
Girls Basketball (Tryouts required)	September - End of October

On our registration page, enter "IS" in "keyword search" to bring up Intermediate Sports Cost: \$45 per sport (Except 6th grade track \$20)

#### For more information: Sam Sujecki • 414-604-4959 • sujeckis1@wawmsd.org



# West Allis-West Milwaukee High School Athletics





# **Dance Program**

#### Mitchell Elementary

Let's start the new year off on the right foot..Dancing! Dance is a great outlet to express creativity and increase their strength, coordination, flexibility, endurance and physical fitness. Our winter/spring classes will focus on continuing to build on the dancer's foundation of dance put together into a routine. Our new 2022 Dance Showcase will include a one-time performance at Nathan Hale High School and a WAWM RCS Dance t-shirt. More information regarding the Showcase will be shared once the season starts. **Program dates: January 20 - March 12. The Showcase performance will be the week of March 14th. Classes begin: Thursday lessons: 1/20** Saturday lessons: 1/22

\*Dancers may be moved up or down a level based on the instructor's recommendation. Teen/Adult classes are for participants ages 14+.

# Cost for Dance Classes

\$40/\$60 NR (Per class for the entire session January - March)





	6-6:50p	m		7-7:50pm			8-8:50pm		
<b>XVS</b>	<b>Tap</b> <i>Teen/Adult</i> 415700.05		Be	<b>Beginner Tap</b> <i>Teen/Adult</i> 415700.06			<b>ZZ</b> Teen/Adult 415700.08		
THURSDAYS	Intro to Ballet 4-6yrs 415400.05		<b>Ballet</b> <i>Teen/Adult</i> 415700.07						
	<b>Hawaiian</b> <i>7-13yrs</i> 415500.06		Intro to Hawaiian 4-6yrs 415400.06			<b>Hawaiian</b> Teen/Adult 415700.09			
	9-9:50am	10-10:5	0am	11-11:50am	12-12:5	50pm	1-1:50pm		
۸۷S	<b>Tap</b> 7-9yrs 415500.07	<b>Intro to Tap</b> 4-6yrs 415400.08		<b>Tap</b> <i>10-13yrs</i> 415600.08	<b>Poms</b> <i>10-13yrs</i> 415600.09		<b>Poms</b> 7-9yrs 415500.11		
SATURDAYS	<b>Ballet</b> 10-13yrs 415600.06	<b>Ballet</b> 7-9yrs 415500.08		<b>Intro to Poms</b> 4-6yrs 415400.09	<b>Jazz</b> 7 41550	-	<b>Jazz</b> 10-13yrs 415600.10		
S	Intro to Acro 4-6yrs 415400.07	<b>Acro</b> <i>10-13</i> 415600.0	-	<b>Acro</b> <i>7-9yrs</i> 415500.09					

# Youth Baton Classes 4+yrs

#### Program Director: Kathy Kugi-Tom Frank Lloyd Wright Intermediate

Has your child ever been amazed by a baton throw that they saw in a parade? Now is the time for your child to step out from the crowd and take center stage! Your child will learn a variety of twirls and many other skills for baton. Both boys and girls are welcome to join. Classes are divided by age but pending the participant's ability and the program director's approval, a participant may be moved to a different level. A baton is required for the classes and it is advised to contact the program director prior to purchasing.

# Intro to Baton 4-6yrs

#### Little to no experience

Code	Day	Date	Time	<b>RES/NR</b>
115205.0	I SAT	1/8-3/26	11-11:40am	\$50/\$75

# Intro to Half Time Mini Show 4-8yrs

Variety of Baton/Dance/Props/Poms

Code	Day	Date	Time	<b>RES/NR</b>
115205.02	SAT	1/8-3/26	11:30am-12:10pm	\$50/\$75

# Level 2 5-7yrs

Some Experience

Code	Day	Date	Time	<b>RES/NR</b>
115205.03	SAT	1/8-3/26	12:30-1:15pm	\$50/\$75

# Level 3 8-10yrs

Code	Day	Date	Time	<b>RES/NR</b>
115205.04	SAT	1/8-3/26	12:30-1:15pm	\$50/\$75

# Level 4/5 11+yrs

Code	Day	Date	Time	<b>RES/NR</b>
115205.05	SAT	1/8-3/26	11-11:40am	\$50/\$75



# **Diamond Twirlers Baton Competitive Teams** 4+yrs

#### Frank Lloyd Wright Intermediate

Diamond Twirlers is a club sport activity under the auspices of the WAWM RCS Department. Our State/Regional Champion Competitive Teams attend dance and baton competitions. Members of the group have used their baton/dance skills to compete not only in dance/baton contests but also in scholarship programs, pageants and community service roles. The goals of the group are to develop ability within the sport, promote teamwork and leadership skills and to have fun. The Director is National Baton Twirling Association Registered Judge/Coach, Kathy Kugi-Tom. Team placement is based on tryout scores and students will be assigned levels prior to the start of the season. If you want to challenge up a level, see Coach Kathy for tryout information. The Senior Team will need to retry for their positions. Placement is at the sole discretion of the Director. Schedules will be confirmed once teams are selected and additional practices could be added as needed. No practice 4/16, 5/28, 7/2.

# Preschool Dance Team 4-5yrs

Code	Day	Date	Time	Fee
115205.12	SAT	1/8-7/23	10-10:15am	\$80

# Tiny Tot Baton Team 4-8yrs

Code	Day	Date	Time	Fee
115205.06	SAT	1/8-7/23	12:30-1:15pm	\$80

# Tiny Tot Dance Team 6-8yrs

Code	Day	Date	Time	Fee
115205.11	SAT	1/8-7/23	10-10:15am	\$80

# Juvenile Baton Team 7-11yrs

Code	Day	Date	Time	Fee
115205.07	SAT	1/8-7/23	1-1:40pm	\$80

# Half Time Dance Team 8-17yrs

Code	Day	Date	Time	Fee
115205.10	SAT	1/8-7/23	12-12:45pm	\$80

# Senior Baton Team 13+yrs

Members must tryout for a spot or be pre-approved by the Program Director.

Code	Day	Date	Time	Fee
115205.08	SAT	1/8-7/23	2:30-3:10pm	\$80

# Junior Baton Team 10+yrs

Code	Day	Date	Time	Fee
115205.09	SAT	1/8-7/23	1:45-2:30pm	\$80

# Kids Cuisine 5K-8th Grade

#### Recreation Center

Help your child learn to navigate their way around the kitchen. Each week a new cooking experience will be presented demonstrating tasty and healthy eats. Our chefs will prepare and eat what they create, giving them a feeling of satisfaction and accomplishment. We will also cover cooking terms, measuring, manners, place settings and kitchen safety.

## 5K-2nd Grade

Code	Day	Date	Time	<b>RES/NR</b>
104301.01	М	1/17-2/7	5:45-6:30pm	\$25/\$38

### 3rd-5th Grade

Code	Day	Date	Time	<b>RES/NR</b>
104301.02	М	2/21-3/14	5:45-6:30pm	\$25/\$38

# 6th-8th Grade

Code	Day	Date	Time	<b>RES/NR</b>
104301.03	М	4/25-5/16	5:45-6:30pm	\$25/\$38

# Little Jragons Martial Arts 3-17yrs

#### Jason "Jragon" Jordan - Recreation Center

Children will learn traditional martial arts, kickboxing and basic jiu-jitsu. Martial arts can help build character qualities such as confidence, leadership, respect and discipline. Classes are designed to improve large and fine motor skills while enhancing their ability to focus and follow directions. **No class 2/15.** 

#### **3yrs**

Code	Day	Date	Time	<b>RES/NR</b>
104101.01	Т	1/11-3/1	5:30-6pm	\$49/\$74
104101.02	Т	3/29-5/10	5:30-6pm	\$49/\$74

#### 4yrs

Code	Day	Date	Time	<b>RES/NR</b>
104101.03	Т	1/11-3/1	6-6:30pm	\$49/\$74
104101.04	Т	3/29-5/10	6-6:30pm	\$49/\$74

### 5-6yrs

Code	Day	Date	Time	RES/NR
104101.05	Т	1/11-3/1	6:30-7pm	\$49/\$74
104101.06	Т	3/29-5/10	6:30-7pm	\$49/\$74

### 7-17yrs

Code	Day	Date	Time	RES/NR
104101.07	Т	1/11-3/1	7-8pm	\$59/\$89
104101.08	Т	3/29-5/10	7-8pm	\$59/\$89



# *Let's Celebrate* BIRTHDAY PARTY PACKAGES!

# A party package is \$150 RES / \$225 NR

It's time to celebrate! The WAWM RCS Department is here to host and help celebrate your child's special day. We offer a variety of Birthday Party Packages that include a party host/hostess, decorations, a cake and goodie bags for the guest of honor and their guests.

Birthday parties are 2 hours long and are planned for 10 guests including the guest of honor. Additional guests can be added for \$10 per child. Parties can be held on Friday evenings, Saturdays and Sundays at a variety of locations pending availability and package theme.

Reservations must be made at least two weeks in advance with a completed Birthday Party Form. Forms are available online at wawmrec.com. Once the reservation is confirmed, a \$25 non-refundable deposit is required and will be applied towards the total cost of the package. The remaining balance will be due the Monday prior to the party.

### PACKAGES:

 Rockin' Party Package: Add excitement to your party by climbing our Traverse Rock Wall and playing team games.
 Artsy Party Package: Let the creative juices flow. The guest of honor will have the choice of craft projects throughout the party.
 Princess Package: Be our guest for your royal party. We will have crafts and fun games fit for your princesses!

 Jammin' Package: Let's play! We will be playing gym games and assorted team games.

Contact Amanda Schwichtenberg for more details: schwictenberga@wawmsd.org 414-604-4963

# **YOUTH ENRICHMENI**

# **NEW** The Seven Science Series 8-13yrs

#### Stacy Madson - Recreation Center

Ignite your imagination! Have questions about the world around you? In The Seven Science Series, your curious mind will develop and be challenged to look at the world through one of these principles to find answers. Sign up for just one principle or join us for all seven. No experience in either principle required. Come join us for the answers you have been searching for.

# **Bacteriology Principle**

How do viruses spread and what can we do to combat their effects? We'll make our own virus model and get our hands messy while finding out.

Code	Day	Date	Time	<b>RES/NR</b>
104705.01	SAT	4/2	10-11:30am	\$10/\$15

# **Seismology Principle**

What causes earthquakes and how do we measure them? We'll each make and test our own seismographs and analyze the results.

Code	Day	Date	Time	<b>RES/NR</b>
104705.02	SAT	4/9	10-11:30am	\$10/\$15

# **Chemistry Principle**

How do chemical reactions work and can we make one before our very eyes? Together we will turn milk into plastic and find out!

Code	Day	Date	Time	<b>RES/NR</b>
104705.03	SAT	4/23	10-11:30am	\$10/\$15

# **Potential and Kinetic Energy Principle**

How does one action cause another reaction? We'll affect change together as we set a popsicle stick chain and cause it to explode!

Code	Day	Date	Time	<b>RES/NR</b>
104705.04	SAT	4/30	10-11:30am	\$10/\$15



# **Physics Principle**

How does friction and a change in angle affect movement? We'll each make our own marble run and find out. Bring as many toilet paper and paper towel tubes as you can; the more we have the better!

Code	Day	Date	Time	<b>RES/NR</b>
104705.05	SAT	5/7	10-11:30am	\$10/\$15

# **Biology Principle**

Do we all taste and smell the same things? We'll conduct a fun taste and smell threshold test to see.

C	Code	Day	Date	Time	<b>RES/NR</b>
1	04705.06	SAT	5/14	10-11:30am	\$10/\$15

# **Engineering Principle**

How does a boat work and how much does the design matter? We'll make and test out our very own boats' abilities to see if they will sink or float.

Code	Day	Date	Time	<b>RES/NR</b>
104705.07	SAT	5/21	10-11:30am	\$10/\$15

# Now We're Cooking! 4-6yrs

#### Kathleen Mohr - Recreation Center

Let's go to our pretend kitchen and play! We will act out stories pretending to be food, we'll play drama games and more. This acting class is like no other as we focus on your child's imagination, problem-solving and communication skills. It's not too hot in this kitchen, so come and act with us!

Code	Day	Date	Time	<b>RES/NR</b>
112006.01	М	3/7-4/11	5-5:45pm	\$45/\$68



# **Comedy in Theatre** 7-10yrs Kathleen Mohr - Recreation Center

It's alright to laugh in this theatre class! We will be acting out Very Mixed-Up Fairy Tales and Strange Storytelling through energetic theatre exercises. Your child's side will be hurting from all the belly laughs we have planned for them.

Code	Day	Date	Time	<b>RES/NR</b>
112006.02	М	3/7-4/11	6-7pm	\$50/\$75

#### VIRTUAL IN PERSON Private Music Lessons 3rd Grade and Up

Bob Halat - Frank Lloyd Wright Intermediate or Zoom

Individual lessons are designed to help you improve your skills and performance. Lesson times range between 3:15-6:45pm and each lesson is 30 minutes. If you are a first-time musician, trying to get back in tune or are looking to further your musical skills, this is a great opportunity for you. Lessons are for all band instruments, guitar and piano. Bob will contact you prior to your first lesson to schedule a time. **No lessons 3/21, 3/22, 3/23, 3/24, 3/25, 4/15, 4/18.** 

Code	Day	Date	Time	<b>RES/NR</b>	
117100.01	М	1/3-2/7	3:15-6:45pm	\$100/\$150	
117100.02	М	2/14-3/28	3:15-6:45pm	\$100/\$150	
117100.03	М	4/4-5/16	3:15-6:45pm	\$100/\$150	
117100.04	Т	1/4-2/8	3:15-6:45pm	\$100/\$150	
117100.05	Т	2/15-3/29	3:15-6:45pm	\$100/\$150	
117100.06	Т	4/5-5/10	3:15-6:45pm	\$100/\$150	
117100.07	W	1/5-2/9	3:15-6:45pm	\$100/\$150	
117100.08	W	2/16-3/30	3:15-6:45pm	\$100/\$150	
117100.09	W	4/6-5/11	3:15-6:45pm	\$100/\$150	
117100.10	TH	1/6-2/10	3:15-6:45pm	\$100/\$150	
117100.11	TH	2/17-3/31	3:15-6:45pm	\$100/\$150	
117100.12	TH	4/7-5/12	3:15-6:45pm	\$100/\$150	
117100.13	F	1/7-2/11	3:15-5:45pm	\$100/\$150	
117100.14	F	2/18-4/1	3:15-5:45pm	\$100/\$150	
117100.15	F	4/8-5/20	3:15-5:45pm	\$100/\$150	

#### NEW VIRTUAL

Esports League 8-17yrs

Gamers of all skill levels can enjoy a safe and friendly online competition in popular video games from the comfort of their own home. In our Esports Leagues, you can connect with friends to compete and have fun! The WAWM RCS Department utilizes Mission Control App to monitor our Esports community. Only registered players can play and Mission Control monitors our message boards to ensure safety. Visit our "Esports" page for league specific information prior to registering.

## Fortnite Solo

Code	Day	Date	Time	<b>RES/NR</b>	
104515.01	М	1/17-3/7	7pm	\$30/\$45	
Overwatch 3v3 (PC Only)					
Code	Day	Date	Time	<b>RES/NR</b>	
104515.02	Т	1/18-3/8	7pm	\$30/\$45	
Super N	1ario	Kart 8 I	Deluxe		
Code	Day	Date	Time	<b>RES/NR</b>	
104515.03	W	1/19-3/9	7pm	\$30/\$45	
Clash Royale 2v2 (Android/iOs)					
Code	Dav	Date	Timo	DES/ND	

Code	Day	Date	Time	<b>RES/NR</b>
104515.04	TH	1/20-3/10	7pm	\$30/\$45



# American Red Cross Babysitting 10+yrs

Recreation Center

Babysitting is one of the most important jobs a young person will ever have. Babysitting can be a lot of fun but the responsibility of it should never be taken lightly. This program is based on these essential themes: Leadership, Safety and Safe Play, Basic Care and First Aid (including rescue breathing).

Code	Day	Date	Time	<b>RES/NR</b>
104602.01	М	1/24	8:30am-3pm	\$55/\$83
104602.02	Т	2/15	8:30am-3pm	\$55/\$83
104602.03	М	3/21	8:30am-3pm	\$55/\$83



#### 

Let your loved one know someone cares for them by sending them a care package! The WAWM RCS Department will deliver a care package filled with candy and other heart-warming small gifts to your loved one. Send your care package anonymously or include a special note. Care packages will be delivered by WAWM RCS staff in the evenings from February 9th through February 11th. Who's ready to spread the love? This is for WAWM residents only.

#### Child Package

Code		Day	Date	Time	Fee
118006	.01	W, TH, F	2/9-2/11	6-10pm	\$20

#### Adult Package

Code	Day	Date	Time	Fee
118006.02	W, TH, F	2/9-2/11	6-10pm	\$20

# Mini Prom 4+yrs w/adult

#### Recreation Center

Come dressed in your formal wear for a night full of music and laughter. Enjoy a sit-down dinner prior to dancing the night away. This will be a night that you and your special little someone can look back on and share the memories together!

Code	Day	Date	Time	RES/NR
118001.01	SAT	2/12	6-8pm	\$20/\$30*

\*Per couple. \$10 for an additional child/adult.

# **NEW** Chocolate Tasting

#### Stacy Madson - Recreation Center

Who doesn't love chocolate? Even better, you can enjoy a delicious treat with your family and spend time discussing your favorites with them. Prior to delving into your chocolates, we will discuss each chocolates origin, processing and how it's been finessed into the treat we all love today. Then as a group, we'll taste test different chocolates from around the world, mindfully examining them according to the facets used by experts and compare our tastes.

Code	Day	Date	Time	RES/NR
118005.01	SUN	2/13	2-4pm	\$30/\$45*

\*Per family of 4. \$5 per additional family member

# Mother/Daughter Tea Party 4+yrs

#### Recreation Center

Come dressed in your favorite party dress and have a spot of tea with your favorite little lady. Tea time will be filled with sweets, snacks and finger sandwiches. Doesn't that sound tasty? While spending quality time together, enjoy the musical stylings of the WAWM School District's very own, Shining Strings Orchestra and other special guest appearances. Don't be late for this very important date!

Code	Day	Date	Time	RES/NR
118003.0	I SAT	5/7	10am-12pm	\$16/\$24*

\*Per couple. \$8 for an additional child/adult



# Egged 4+yrs

The Easter Bunny has sent the WAWM RCS Department an S.O.S. and we are here to help with Easter egg hunts at your home. That is right, the WAWM RCS Department will help your family have their very own Easter egg hunt in your front yard. Families must reside within the West Allis-West Milwaukee community. Egged begins Wednesday, April 13 and runs through Saturday, April 16. Families pick the evening that they would like the WAWM RCS Department to hide the candy and toy-filled eggs in your front yard so the next morning your family can enjoy your very own Easter egg hunt! Who's ready to go hunting for Easter eggs? Please enroll under the parent/guardian's name. This is for WAWM residents only.

	Code	Day	Date	Time	Eggs	<b>RES/NR</b>
	118004.01	W	4/13	7-10pm	25 Eggs	\$15
	118004.02	W	4/13	7-10pm	50 Eggs	\$30
	118004.03	TH	4/14	7-10pm	25 Eggs	\$15
	118004.04	TH	4/14	7-10pm	50 Eggs	\$30
٢	118004.05	F	4/15	7-10pm	25 Eggs	\$15
	118004.06	F	4/15	7-10pm	50 Eggs	\$30
	118004.07	SAT	4/16	7-10pm	25 Eggs	\$15
	118004.08	SAT	4/16	7-10pm	50 Eggs	\$30







# AM ACTION - ELEMENTARY SCHOOLS

AM Action is centered around 3 main ideas: fitness, literacy and fun. AM Action will focus on keeping your child active through fun, physical activities along with the educational value of taking time each morning to improve literacy. This program is held at all 11 elementary schools from 7-8:30am.





# ACTION 330 - ELEMENTARY SCHOOLS

The goal of Action 330 is to help children learn and grow through structured play and activities in a fun, inclusive, caring and safe environment. We aim to accomplish this goal daily by offering a wide range of activities, games, social interaction and academics for each child. Students will be placed into groups by grade/age and will stay with that group each afternoon though rotations. We encourage all students to stay for the duration of Action 330 so that they are able to take part in all rotations. This program is held at all 11 elementary schools from 3:30-5:30pm.

# 2021-2022 School Year Action Program Payment Options

You may elect to make quarterly payments throughout the school year to cover the program fee. This option provides you the flexibility to enroll for a quarter at a time, however does not guarantee a spot in the program for future quarters.

Payments	Program	Cost per Quarter	<b>3rd Quarter Due</b>	4th Quarter Due
Quarterly	AM Action	\$71.75	1/21-4pm	4/5-5pm
Quarterly	Action 330	\$95.75	1/21-4pm	4/5-5pm

• Failure to meet payment deadlines will result in your child being unenrolled from the program.

• Late payments (after the listed payment due dates) will result in a one day waiting period for your child to attend the program again if spots are available.

- Once a quarter begins, no refunds will be given.
- Payment for future quarters may be done at any time.
- All Action programs are open to all school district residents including those students who attend a parochial school, private school, home school or public school outside of the district.
- Please see the Parent Handbook found online at wawmrec.com for any questions regarding program structure, policy and procedure.

#### **Questions? Contact Bobby Foreman at foremanr@wawmsd.org or 414-604-4968**

# NON SCHOOL DAY CAMPS 4K-5th Grade

Does your child spend days off school playing video games or bored around the house with nothing to entertain them? The WAWM RCS Department will offer a series of day camps when school is not in session for all students in 4K-5th grade. Camp hours are 7am-5:30pm. These camps are packed full of fun engaging activities, games and crafts to make sure that the day is not wasted, but rather days that your children look forward to! Registration is on a first come, first served basis and most camps do reach capacity, so early registration is recommended! Fee is \$30 RES/\$45 NR per day.

Code	Date	Theme	Location
365085.03	12/1	Holiday Hooray	Mitchell Elementary
365109.01	12/22	Seasons Greetings	Frank Lloyd Wright Intermediate
365109.02	12/23	Winter Wonderland	Frank Lloyd Wright Intermediate
365109.03	12/28	Snow Place Like Camp	Frank Lloyd Wright Intermediate
365109.04	12/29	New Year's Eve Bash	Frank Lloyd Wright Intermediate
165229.01	1/17	Buggin Out	Frank Lloyd Wright Intermediate
165229.02	1/24	Camp Tailgate	Frank Lloyd Wright Intermediate
165089.01	2/14	Love is in the Air	Frank Lloyd Wright Intermediate
165089.02	2/15	Lego Extreme	Frank Lloyd Wright Intermediate
165151.01	3/2	Dr. Seuss Day	Mitchell Elementary
165151.02	3/7	Lucky at Camp	Frank Lloyd Wright Intermediate
165233.01	3/21	Paint Fun	Frank Lloyd Wright Intermediate
165233.02	3/22	Ice Ice Baby	Frank Lloyd Wright Intermediate
165233.03	3/23	Candy Crush	Frank Lloyd Wright Intermediate
165233.04	3/24	Pizza Party	Frank Lloyd Wright Intermediate
165233.05	3/25	Sock Hop	Frank Lloyd Wright Intermediate
165233.06	4/18	Spring Fling	Frank Lloyd Wright Intermediate

# Snow Fun Experience 3rd-8th Grade

#### Recreation Center

Looking for a new way to experience the cold winter day? Join us as we spend a non school day on the snowy slopes at Sunburst Winter Park, located in Kewaskum, Wisconsin. There is no reason to be scared, participation includes FREE ski or snowboard lessons by Sunburst Staff on their instructional slopes. It is important to dress according to the weather; layered clothing is recommended for added warmth. Participants will need to bring a bag lunch labeled with their name. Locker rentals and concessions will be available for purchase during the trip. Spend this snowy non school day on the slopes!

Code	Day	Date	Time	Fee
119000.01	М	2/14	8:30am-5pm	\$65*
119000.02	М	2/14	8:30am-5pm	\$55**

\*With Equipment Rental \*\*Without Equipment Rental



#### If interested in volunteering or have questions, please contact Beau Benner at 414-604-4951 or bennerb@wawmsd.org

# Recreational Adult Day Program (RAD) 18+yrs

#### **Recreation Center**

**NDAPTIV** RECREATION

New name, same quality program! Enroll now in the RAD Program which serves adults, ages 18 and older with disabilities. This program aims to help participants learn and grow in the areas of daily living, personal, social, vocational, leisure and recreation skills. We meet Monday-Wednesday and Friday from 9am-2pm at the Recreation Center. Thursdays we meet at AMF West Bowling Lanes from 9am-2pm for a day of fun on the lanes. All participants must provide their own transportation to and from the program, be independent in personal care and able to work in a group setting. Fees are based on the amount of activities and days the participant attends. For more information, please call Beau Benner at 414-604-4951 or bennerb@wawmsd.org.





# Snowball Dinner & Dance 14+yrs

Nathan Hale High School

Friday, February 18 | Dinner 6pm | Dance 6:30-8:30pm Registration ONLY: 113020.02

#### Registration + \$5 Donation: 113020.03

The WAWM School District and WAWM RCS Department presents the Snowball Dinner and Dance! The dance is for all high school students in special education, all participants of the Recreation Adult Day (RAD) Program and any graduates or friends. Please dress in semi-formal attire. Donations at the door are greatly appreciated! Volunteers are also needed for the dance.

# NEW Make and Take Art 14+yrs

#### Recreation Center

Join us as we work to create special art projects that you can take home the very same day. These are more than your basic craft projects as we will look to create beautiful pieces that you will be proud to display at your home. We will let you know what the projects will be before the class via email. All supplies will be provided!

Code	Day	Date	Time	RES/NR
113200.01	М	1/31	6-7:30pm	\$20/\$30
113200.02	М	3/28	6-7:30pm	\$20/\$30
113200.03	М	5/23	6-7:30pm	\$20/\$30

# NEW Milwaukee Admirals Game & Fundraiser 8+yrs

#### Departs from Recreation Center

Winter season is hockey season! For this outing we will be meeting at the Recreation Center, boarding the bus, then driving over to watch the Milwaukee Admirals take on Chicago! This trip helps generate much needed funding for our RAD program.

Code	Day	Date	Time	Fee
113025.01	F	2/4	5:30-10:30pm	\$20

# NEW Silent Disco 8+yrs

#### Recreation Center

Dance like nobody's listening? You heard that right! At a Silent Disco, everyone will be given headphones to listen to the music. You can listen to music, dance and have a great time with friends. Refreshments will be provided.

Code	Day	Date	Time	RES/NR
113020.01	F	3/4	6-8pm	\$25/\$38

# West Allis Special Olympics

Get involved with the West Allis Special Olympics! Special Olympics provides year round opportunities for exercise, sports training and athletic competitions for participants 8 years and older with cognitive disabilities. For more information regarding sports available or to become a coach or volunteer, contact Claudia Derringer at 414-257-4610.

# **Plant Based Kickstart**

Amberlea Childs - Recreation Center

Curious about plant based eating? Then this class is for you! We'll demonstrate the power of a plant based diet in disease prevention and optimal health with how-to steps for you to put into action. We'll discuss one pot meals, watch cooking demonstrations and eat delicious food. Class will demonstrate and then eat: Pumpkin Soup, Blue Corn and Kale Salad and Mushroom Biryani. Class is taught by cancer survivor Amberlea Childs.

Code	Day	Date	Time	RES/NR
130300.01	TH	1/27	10am-12pm	\$35/\$53

#### **Women's Health, Food and Flashes** *Amberlea Childs - Recreation Center*

Dietary choices have a surprisingly powerful effect on hormones and the problems they cause. This class will dive into the latest research on hormones, hot flashes, womanhood and how to approach this delicate phase of life with food, yes food! Join us for a cooking demo, dinner and great conversation. We're making: Tofu Lettuce Tacos, Baked Tofu Stir Fry and Chocolate Mousse.

Code	Day	Date	Time	<b>RES/NR</b>
130300.02	TH	2/24	6-8pm	\$35/\$53



#### 55+ Cornhole League Recreation Center

Cornhole is indoors for winter and spring! Cornhole is a great way to get active and have fun doing it! Teams will get the opportunity to play 2 games each day. This is a great game for everyone to play. Meet new people and get exercise at the same time!

Code	Day	Date	Time	RES/NR
130501.01	W	1/12-3/23	10:30am-12pm	\$25/\$38
130501.02	W	4/6-6/8	10:30am-12pm	\$25/\$38

# **Cancer Stinks - Fight Back with Food**

Amberlea Childs - Recreation Center

Yes, foods can fight cancer! Certain diet patterns have a major effect in preventing cancer or helping cancer survivors live longer, healthier lives. This class will discuss preventative foods that can fight disease. We'll share the science on food and cancer followed by a cooking demo of 3 plant-based cancer fighting recipes: Rainbow Bean Salad, Smoky Bean Chili and Sweet Potato Pudding. Join the discussion not happening at your doctor's office...FOOD!

Code	Day	Date	Time	<b>RES/NR</b>
130300.03	TH	3/24	10am-12pm	\$35/\$53

### **NEW** Chicago Botanic Gardens Day Trip Departs from Recreation Center

Spend a relaxing day adventuring through the 385 acres and 26 gardens of the Chicago Botanic Gardens. We start our trip off with a narrated Grand Tram tour showing the entire garden grounds including 81 acres of lakes and 9 garden islands. After that, set out to explore the parts of the garden you want to see most, purchase lunch at the Garden Cafe and shop at the Garden Gift Shop. The bus will depart from the Recreation Center at 9am and return to the Recreation Center at approximately 4:30pm.

Code	Day	Date	Time	<b>RES/NR</b>
130600.01	TH	5/5	9am-4:30pm	\$52/\$62

# LOOKING FOR

### LOW IMPACT/NON AEROBIC FITNESS OPPORTUNITIES

this winter and spring? Head over to page 29 for some fitness classes that will help keep you in shape and provide a great chance to meet new people!

Are you an adult age 55+ looking for some opportunities to meet some new people in a fun setting? Our Young at Heart programs are for you! These programs are geared towards active adults in our community and offer social and fitness options. If you have any feedback on programs or potential new programs that you would like to participate in, please contact Beau Benner at 414-604-4951 or bennerb@wawmsd.org.

## LETTER FROM THE MAYOR

#### Dear Potential Sponsors,



What makes a community? A community is about people; those who live within its boundaries, raise their families here, who choose to open and build their businesses and who come from outside to visit and create lifelong memories.

We invite you to be our partner as we share these events together and continue to show the world #thatswhywestallis. Sincerely,

Van Verme Mayor Dan Devine

#### Sponsorships available for:

Events, Farmers Market, and Parks www.westalliswi.gov/sponsorships





**2022 WESTALLIS** Sponsorship Opportunities For information and to sponsor, please email Jon Matte, Communications Director, at jmatte@westalliswi.gov



#### 4755 W. BELOIT ROAD WEST MILWAUKEE, WI 53214 TELEPHONE (414) 645-1530 FAX (414) 671-8089

www.westmilwaukee.org www.visitwestmilwaukee.org





THE VILLAGE OF WEST MILWAUKEE SUPPORTS OUR WA/WM RECREATION DEPARTMENT



# WALK THIS WAY!

There are many perks of walking/running at the Recreation Center

Controlled Temperature • Smooth Walking Surface • Convenient Hours • A Safe Place to Get Your Steps In • Bathrooms Available • Water Bottle Filling Station • Walk With Friends or Walk Alone

# For current track hours and closures, please visit our website at wawmrec.com.

PASSES	Ages 5-14, Seniors 60+, Military	Ages 15-59	<b>Non-Residents</b>
Daily Pass	\$2	\$3	\$6
30 Visit Pass	\$40	\$60	\$120
Yearly Pass	\$125	\$150	\$300

To purchase a daily pass, 30 Visit Pass and Yearly Pass Memberships, you will need to provide an acceptable form of residency verification. This includes: mortgage statement or property deed statement, closing statement for purchase of a home, signed lease, current utility bill (gas, water/sewer, electric), auto or health insurance statement, homeowners or renters insurance statement.

# New walking track perks just added!

Stationary Bike • TRX Bands • Weights • Kettlebells



FOR QUESTIONS: wawmrec.com/414-604-4900/wawmrec@wawmsd.org

REGISTER NOW wawmrec.com or 414-604-4900



# The WAWM RCS Department is currently offering pickleball, volleyball and basketball open gyms.

Price change effective Monday, November 22

FEES (CASH ONLY)	RESIDENTS	NON-RESIDENTS
Youth (Residents Only)	\$2	-
Adults (19-59)	\$3	\$5
Seniors (60+)	\$2	\$4
Police, Fire & Military (Current or Former)	) \$1	\$1

\*Punch cards are available for purchase Monday-Thursday between 8am-5pm and Friday between 8am-4pm. Punch card purchases can be made with credit/debit card.\*

# **General Rules**

- Open gym attire and clean tennis shoes are required.
- Participants may be asked to leave if they display inappropriate behavior.
- Participants must bring their own volleyballs.
- Pickleball equipment will be provided.

# **Open Basketball Rules**

- 6-10yrs, 11-14yrs and high school open gyms are reserved for residents only.
- Participants must bring their own basketballs.

# TO VIEW OUR CURRENT OPEN GYM SCHEDULE, PLEASE VISIT OUR WEBSITE AT WAWMREC.COM AND CLICK ON "OPEN GYM."

# **Senior Morning Stretch**

#### Betty Marr - Recreation Center

Stretch out and learn to keep your muscles toned without aerobic exercise. Start your day off with a fun class, great music and a total body stretch. **No class 4/15, 4/18.** 

Code	Day	Date	Time	RES/NR
108008.01	М	1/10-3/14	9-9:45am	\$30/\$45
108008.03	М	3/28-5/23	9-9:45am	\$24/\$36
108008.02	F	1/14-3/18	9-9:45am	\$30/\$45
108008.04	F	4/1-5/27	9-9:45am	\$24/\$36

# **Chair Yoga For Seniors**

#### Betty Marr - Recreation Center

Chair Yoga is designed to meet the specific needs of seniors and is structured to benefit everyone at any level of health and fitness. Class will include a combination of stretching and breathing exercises designed to relieve stress, calm the mind and increase mobility, balance and body awareness. The yoga poses used are adapted for seniors and are done either standing or seated. **No class 4/13.** 

Code	Day	Date	Time	RES/NR
108001.01	W	1/12-3/16	9-9:45am	\$30/\$45
108001.02	W	3/30-5/25	9-9:45am	\$24/\$36

# **Crunch Time**

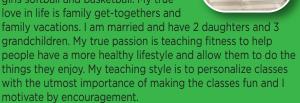
Betty Marr - Lane Intermediate

Trim your midsection and increase your strength. Come work one  $\frac{1}{2}$  hour on your core. Power packed exercises in just 30 minutes! **No class 4/18, 4/20.** 

Code	Day	Date	Time	RES/NR
108805.01	М	1/10-3/14	5:30-6pm	\$20/\$30
108805.03	М	3/28-5/23	5:30-6pm	\$16/\$24
108805.02	W	1/12-3/16	5:30-6pm	\$20/\$30
108805.04	W	3/30-5/25	5:30-6pm	\$16/\$24

# Meet Jim!

I have been a fitness instructor for the past 28 years. My specialty is teaching Yoga. I was also involved with coaching girls softball and basketball. My true love in life is family get-togethers and



# Zumba<sup>®</sup> Gold Toning

#### Lloyd Pickart - Recreation Center

Tailored for active older adults who want to focus on muscle conditioning and light weight activity. How it works: Zumba® Gold-Toning blends the Zumba® party you love at a slower pace with a redefining total body workout using Zumba® Toning Sticks to shake up those muscles! Benefits: Low to moderate intensity strength training exercises are essential to prevent a dramatic reduction in muscle mass, muscle strength, atrophy and sarcopenia (loss of skeletal muscle mass). **No class 4/14.** 

Code	Day	Date	Time	RES/NR
108104.01	TH	1/13-3/17	9-9:45am	\$30/\$45
108104.02	TH	3/31-5/26	9-9:45am	\$24/\$36



# **NEW** Energizing Morning & Late Afternoon Yoga

#### Jim Neiman - Recreation Center

The focus of these classes is to reduce stress, increase your strength, balance and flexibility at the beginning of your day or right after work. Yoga will help improve the things you enjoy - be it walking, running, sports, dancing or exercise classes. Please give it a try and you will notice a positive difference in your health and well-being. **No class 3/22, 3/24.** 

Code	Day	Date	Time	RES/NR
108110.09	Т	1/11-2/15	9:15-10am	\$30/\$45
108110.10	Т	3/1-4/12	9:15-10am	\$30/\$45
108110.11	Т	4/26-5/31	9:15-10am	\$30/\$45
108110.12	TH	1/13-2/17	4:15-5pm	\$30/\$45
108110.13	TH	3/3-4/14	4:15-5pm	\$30/\$45
108110.14	TH	4/28-6/2	4:15-5pm	\$30/\$45

# **Beginner Yoga**

#### Betty Marr - Lane Intermediate

This beginner yoga class is not only for beginners but anyone seeking to deepen their knowledge of yoga postures and breathing techniques. **No class 4/18, 4/20.** 

Code	Day	Date	Time	RES/NR
108110.01	М	1/10-3/14	6:15-7pm	\$30/\$45
108110.03	М	3/28-5/23	6:15-7pm	\$24/\$36
108110.02	W	1/12-3/16	6:15-7pm	\$30/\$45
108110.04	W	3/30-5/25	6:15-7pm	\$24/\$36



# Hatha Yoga

Relax and refresh your body, mind and spirit while practicing Hatha style yoga. With an emphasis on proper alignment, you will be able to safely build a stronger core and increase flexibility and balance. All levels of experience are welcome! **No class 3/1. 4/18.** 

#### Crystal Perry - Lane Intermediate

Code	Day	Date	Time	RES/NR
108110.05	Т	1/11-3/15	6-7:15pm	\$45/\$68
108110.07	Т	3/29-5/17	6-7:15pm	\$40/\$60

#### Richard Tarney - Recreation Center

Code	Day	Date	Time	RES/NR
108110.06	М	3/28-5/23	5:30-6:30pm	\$32/\$48
108110.08	TH	3/31-5/26	5:30-6:30pm	\$36/\$54

# **Body Ball/Pilates**

#### Mary Bockhorst - Recreation Center

Develop long, lean muscles without building bulk by focusing on the body's core to assist in the distribution of strength. The use of a body ball will increase strength and flexibility, improve posture and decrease stress. **No class 4/19.** 

Code	Day	Date	Time	RES/NR
108300.01	Т	1/18-3/8	6-7pm	\$32/\$48
108300.02	Т	3/22-5/17	6-7pm	\$32/\$48

# **POUND**<sup>®</sup>

POUND® is a full-body cardio jam session, combining light resistance with constant simulated drumming. The workout fuses cardio, Pilates, strength movements, plyometrics and isometric poses. Through continual upper body motion using lightly weighted exercise drumsticks called Ripstix, you'll turn into a calorie-torching drummer, POUNDing off pounds as each song flies by! **No class 4/18**.

#### Becca Whiting - Recreation Center

Code	Day	Date	Time	RES/NR
108602.01	М	1/10-3/14	6:30-7:30pm	\$36/\$54
108602.03	М	3/28-5/23	6:30-7:30pm	\$32/\$48

#### Shawna Jesse - Recreation Center

Code	Day	Date	Time	RES/NR
108602.02	W	1/12-2/16	6-6:45pm	\$24/\$36
108602.04	W	2/23-3/30	6-6:45pm	\$24/\$36

# **Fitness Blend**

#### Vicki Francolucci & Betty Marr - Lane Intermediate

A low-impact workout starting with a warm-up and stretch, then using light weights and bands to get the muscles moving and heart pumping. Finish up with a cool down and stretches. No floor exercises will be done.

Code	Day	Date	Time	RES/NR
108505.01	TH	1/13-3/17	6-7pm	\$40/\$60
108505.02	TH	3/31-5/26	6-7pm	\$36/\$54



# **Line Dance Fitness**

#### Vicki Francolucci - Lane Intermediate

Come join us for some fun exercise and learn awesome line dances. You can Wobble, Slide, Hustle, Cha Cha and Tush Push those calories away! No dance experience needed. You will learn these dances as we go. Come prepared to have a good time, laugh and love every minute of this cardio class.

Code	Day	Date	Time	RES/NR
108230.01	Т	1/11-3/15	6-7pm	\$40/\$60
108230.02	Т	3/29-5/24	6-7pm	\$36/\$54



#### Melissa Miller- Recreation Center

WERQ® is the fiercely fun dance fitness workout class based on pop, rock and hip hop music taught by Certified Fitness professionals. The WERQ® warm up previews the dance steps used in class and the WERQ® cool down includes balance and yoga-inspired poses. **No class 4/16.** 

Code	Day	Date	Time	<b>RES/NR</b>
108211.01	SAT	1/15-3/19	11am-12pm	\$40/\$60
108211.02	SAT	4/2-5/21	11am-12pm	\$28/\$42



## IN PERSON VIRTUAL

Perfect for everybody and every body! Each Zumba® class is designed to bring people together to sweat it out. We take the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and world rhythms take over, you'll see why Zumba® Fitness classes are often called exercise in disguise. A total workout combining elements of fitness – cardio, muscle conditioning, balance, flexibility and boosted energy. **No class 2/14, 4/18.** 

#### Lloyd Pickart - Lane Intermediate

Code	Day	Date	Time	<b>RES/NR</b>
108100.01	М	1/10-3/14	6-7pm	\$36/\$54

#### Jill Farina - Zoom

Code	Day	Date	Time	<b>RES/NR</b>
108100.02	М	1/10-3/14	6-7pm	\$36/\$54

#### Jill Farina & Lloyd Pickart - Lane Intermediate

Code	Day	Date	Time	<b>RES/NR</b>
108100.03	М	3/28-5/16	6-7pm	\$28/\$42

# **NEW** Aerobics

#### Curtis Klamann - Recreation Center

This class combines rhythmic aerobic exercise with stretching and strength training routines with the goal of improving all elements of fitness. **No class 3/22, 4/12.** 

Code	Day	Date	Time	<b>RES/NR</b>
108134.01	Т	2/8-3/29	6:15-7:15pm	\$28/\$42
108134.02	Т	4/5-5/24	6:15-7:15pm	\$28/\$42

# **NEW Step Aerobics**

#### Curtis Klamann - Recreation Center

Come back to the basics of aerobics using a portable step that involves stepping up and down to great music. The goal is to workout within your target heart range to achieve the maximum cardiovascular benefit. **No class 3/24, 4/14.** 

Code	Day	Date	Time	<b>RES/NR</b>
108901.01	TH	2/10-3/31	6:15-7:15pm	\$28/\$42
108901.02	ΤН	4/7-5/26	6:15-7:15pm	\$28/\$42

# **Group Cycling**

#### Recreation Center

Spin your way into fitness! Group cycling will help you burn calories, build strength and gain endurance. Your instructors will take you on a ride using varying pedaling speed and resistance through hills, sprints and drills all while listening to fun music. These indoor cycling classes are designed for all fitness levels. **No class 3/21, 3/22, 3/23, 3/24, 4/14, 4/16, 4/18.** 

#### Melissa Olenchek

Code	Day	Date	Time	<b>RES/NR</b>
108400.02	М	1/10-5/16	5:45-6:30pm	\$54/\$81
108400.01	SAT	1/8 -5/14	9-9:45am	\$54/\$81

Mike Hanrahan - Advanced strength and endurance workout

Code	Day	Date	Time	<b>RES/NR</b>
108400.03	W	1/12-5/25	6-7pm	\$76/\$114

#### Curtis Klamann

Code	Day	Date	Time	<b>RES/NR</b>
108400.04	TH	2/10-3/31	5-6pm	\$28/\$42
108400.05	ΤН	4/7-5/26	5-6pm	\$28/\$42



# **NEW Fitness Kickboxing**

#### Jason Jordan - Recreation Center

Knock out boredom and blast fat all over with a muscle-sculpting kickboxing workout. This is a full body workout that burns between 500 and 800 calories per hour while improving self-defense. Other benefits include: weight loss, heart health, stress reduction, increased flexibility, improved posture and more confidence. Workouts will be safe and include combination strikes with hands, elbows, knees and legs. Bring your own boxing gloves. **No class 4/13.** 

Code	Day	Date	Time	<b>RES/NR</b>
108132.01	W	1/12-3/16	7:30-8:15pm	\$24/\$36
108132.02	W	3/30-5/18	7:30-8:15pm	\$24/\$36

# NEW SOULfusion®

#### Shawna Jesse - Irving Elementary

SOULfusion® is a creative blend of yoga-inspired flows, short cardio bursts, balance sequences and strength training exercises all set to crazy fun music. It offers modifications for all levels in the group exercise environment. SOULfusion® improves strength, balance, flexibility and can help improve overall fitness levels. It is driven by music, movement and motivation. SOULfusion® is all of your favorite workouts wrapped into one!

Code	Day	Date	Time	RES/NR
108301.01	Т	1/11-2/15	5:45-6:30pm	\$24/\$36
108301.02	Т	2/22-3/29	5:45-6:30pm	\$24/\$36

# **Total Body Intervals (TBI)**

#### Erika Drilling - Recreation Center

Come improve your body composition, strength, endurance, flexibility and balance. A warm up, cool down and flex will provide the bookends to the hour. Upbeat motivating music will keep the pace of this class moving in the right direction! **No class 4/13.** 

Code	Day	Date	Time	RES/NR
108131.01	W	1/12-3/16	6-7pm	\$40/\$60
108131.02	W	3/30-5/18	6-7pm	\$28/\$42



# WAWM RCS Department - - 47th Annual - -Basketball & Volleyball Tournaments



Calling all graduates from West Allis Central, Nathan Hale, West Milwaukee or James E. Dottke High School! Get your team together and enter the 2021 Alumni Men's Basketball or Co-Ed Volleyball Tournaments. You do not have to be a former player on your high school team. All graduates are invited to play. This year's basketball tournament will be held on December 20th and 21st at Lane Intermediate and the volleyball tournament will be held at Frank Lloyd Wright Intermediate. If you are interested, please contact Ben Versnik at versnikb@wawmsd.org or visit the adult sports league page at wawmrec.com to complete an online registration form.



# Basketball (Division I & II) and Volleyball - \$75/Team

# Basketball (Division III) - \$45/Team

#### **3 Divisions of Men's Basketball Tournament**

- **Division I** will be made up of teams graduating from the same high school and year from 2010-present.
- Division II will be made up of teams graduating from 2009-2000. Teams must be formed from the same high school and may combine years in the 2000-2009 graduating classes.
  - Division III, 1999 and earlier, teams may combine as many years and schools as needed and will play a half-court 3 v 3 format.
    - **Co-Ed Volleyball** teams can combine high schools and years as needed to form a team.

**ADULT SPORTS** 

Contact Ben Versnik at 414-604-4938 or versnikb@wawmsd.org. Online registration forms for all Adult Sports Leagues can be found on our Adult Sports web page at wawmrec.com.

# **Adult Golf Lessons**

#### Jim Rewolinski - Deer Haven Golf Club: 19180 W. Cleveland Ave.

Fore! Is that a common phrase in your golf game? No worries, professional golf instructor, Jim Rewolinski, will cover the fundamentals and then some to help you shape your golf game for the next upcoming season. Please bring your own clubs. The lesson plan consists of 2 trips to the golf range, 1 trip to the practice green and 1 trip to three practice holes at Deer Haven Golf Club. Participants will be responsible to purchase practice balls and pay practice green fees during lessons. Additional costs may vary depending on basket sizes. Minimize your "duff" shots by joining us! For weather cancellations, please call Jim Rewolinski at 414-427-9650.

#### Beginners

Code	Day	Date	Time	<b>RES/NR</b>
107600.01	М	4/11-5/16	5:30-6:30pm	\$35/\$50
107600.02	W	4/13-5/18	5:30-6:30pm	\$35/\$50

#### Experienced

Code		Day	Date	Time	<b>RES/NR</b>
107600	.03	М	4/11-5/16	6:30-7:30pm	\$35/\$50
107600	.04	W	4/13-5/18	6:30-7:30pm	\$35/\$50

# **Adult Volleyball Leagues**

#### Frank Lloyd Wright Intermediate - 10 week league

Bump...Set...Spike! Are you looking to get back on the volleyball court? If so, get a team together and let's have some fun. The WAWM RCS Department has Women's, Co-Ed, and Men's leagues at competitive and non-competitive levels. The 2022 Winter/Spring Volleyball Leagues will start the week of January 10th. Registration is now open.

#### Co-Ed Competitive & Recreational Leagues

Day	Date	Time	RES/NR
М	1/10-3/14	6:15-10:15pm	\$265/\$315

#### Women's Competitive and Recreational Leagues

Day	Date	Time	RES/NR
W	1/12-3/16	6:15-10:15pm	\$265/\$315

#### Men's League

Day	Date	Time	RES/NR
TH	1/13-3/17	6:15-10:15pm	\$265/\$315

# **Men's Winter Basketball Leagues**

Dottke High School - 12 week league Registration is now open.

Day	Date	Time	RES/NR
M, T, W, or TH	12/6-3/10	6:15-9:15pm	\$515/\$565

# **Men's Spring Basketball Leagues**

Frank Lloyd Wright Intermediate - 6 week league

Returning team deadline: February 18 New team registration begins: February 21

Day	Date	Time	RES/NR
M or W	4/4-5/18	6:15-9:15pm	\$260/\$310



# Adult Co-Ed Kickball League

WA Athletic Complex - 6 week league

Kickball is played on a baseball diamond and game play consists of 10 players on the field (a minimum of five of each gender is required).

#### Returning team priority registration: March 11 New team registration begins: March 14

Day	Date	Time	<b>RES/NR</b>
ТН	5/19-6/23	6:15-9:15pm	\$200/\$250

# **Men's Spring Softball League**

Liberty Heights Park - 10 week league

#### Returning team deadline: February 18 New team registration begins: February 21

Day	Date	Time	<b>RES/NR</b>	
T or TH	4/12-6/16	6:15-9:15pm	\$375/\$425	

# Men's Summer Softball League

WA Athletic Complex - 8 week league

#### Returning team deadline: April 22

#### New team registration begins: April 25

Day	Date	Time	RES/NR
M or W	6/6-8/1	6:15-9:15pm	\$300/\$350

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# **Adult Sports FREE AGENTS**

Free agents are individuals who have not been able to form a team of their own but are looking to participate. On occasion there are teams that are a person or two short, or there are individuals looking for a team to play on. That's where our free agent program comes in! If you are an individual looking for a team, contact Ben Versnik at 414-604-4938 or versnikb@wawmsd.org to register. Your contact information may be provided to teams that request it and it will also be made available at the manager's meeting prior to the season. Joining the free agent list does not guarantee placement on a team.

# 55+ Softball Spring Training

Lane Intermediate

Anyone over the age of 55 is eligible to register for Spring Training so you can get ready for the upcoming season! Players will be able to use the gym to throw, catch, field ground balls and take some swings in this open gym format. Participants must register ahead of time in order to take part. No walk-ins allowed. Players are encouraged to also sign up for the WAWM RCS Department's 55+ or 65+ softball leagues! **No open** gym 3/23.

Code	Day	Date	Time	RES/NR
107801.01	W	3/2-4/6	6-7:30pm	\$15/\$23

#### 55+ & 65+ Summer Softball WA Athletic Complex

The WAWM RCS Department is proud to announce another 55+ and a brand new season of 65+ summer slowpitch softball league. Anyone over the age of 55 is eligible to play in these fun and recreational leagues. The season runs from May-August. The price includes a team jersey. **Registration will open February 1st.** 

Day	League	<b>RES/NR</b>
М	Co-Ed	\$30/\$50
Т	65+ Men's & 55+ Women's League	\$30/\$50
F	55+ Co-Ed	\$30/\$50



# **RENTALS** AVAILABLE

Are you looking for the perfect space for your athletic event, theatre performance, birthday party, shower, meeting or special event? Our district offers state of the art facilities along with professional customer service to suit most events. Contact Ben Versnik at

versnikb@wawmsd.org / 414-604-4938 for availability and pricing. You can also download a facility usage request form and our district facility use guidelines by visiting wawmrec.com



# Beginner Pickleball Lessons 18+yrs

Jim Hahn USA Pickleball Ambassador -Recreation Center

Pickleball is one of the fastest growing sports in the country! Take advantage of the opportunity to learn the game from Milwaukee's USA Pickleball Ambassador, Jim Hahn. In this beginners class, you will learn rules, serving, scoring and all the fundamentals needed to surprise your friends with your on-court skills. Drills, instruction, and game play will have you immersed in the nation's fastest growing sport in a safe, friendly and fun atmosphere. No equipment needed, just bring a water bottle, tennis shoes and a smile.

Code	Day	Date	Time	RES/NR
107105.01	W	1/5-3/9	7-8:30pm	\$40/\$60

## **Open Badminton & Pickleball** Lane Intermediate

All ages and abilities are welcome to participate. Equipment will be provided for those who need it. Please be advised that cancellations may occur without notice due to school events. **No open play 12/27, 3/21, 4/18. \*Cash Only** 

Day	Date	Time	Fee per Night
М	11/15-5/23	7-9:30pm	\$3 RES/\$5 NR*

erformance ()pportunities

We are proud of all the fine arts performance opportunities that exist in our district. Please join us in supporting all of our fine performers by attending an event. Check these websites for more information as it becomes available - wawmsd.org and wawmrec.com

- Musical at Nathan Hale High School: Performances: November 12-14
- West Milwaukee Intermediate Musical: Performances: December 2-4
- High School Play at Central High School: Performances: January 27-30
- Lane Intermediate Musical: Performances: February 3-5 at Nathan Hale High School
- Musical at Central High School: Performances: April 22-30
- Horace Mann Musical: Performance: May 18 at 6:30
- West Allis-West Milwaukee Sinfonia: Performances: December 17 & May 13 at West Milwaukee Intermediate
- Suburban Concert Band: Performances: December 3, March 4 & May 6 at Nathan Hale High School
- Suburban Singers: Performances: December 17 & May 6 at Central High School
- West Allis Players: Performances: Early May at Central High School



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# Cooking with Staci Joers 14+yrs

Instructor Staci Joers has an Associate's Degree from MATC in Restaurant and Hotel Cooking. She has had the privilege of working with many great chefs. Staci will demonstrate how to prepare these recipes while you will observe and sample. Please note, this is not a hands-on cooking series. **Staci Joers cooking classes are held at the Recreation Center.** 



# **Chinese Take-Out Favorites**

China is one of the great food countries of the world. "Chop Suey," one of the most famous Chinese restaurant dishes, isn't actually Chinese. It was invented in America to suit our American tastes. Our menu will explore Chinese cuisine that includes: Hot and Sour Soup, Cashew Chicken with Garlic Sauce, Sesame Roasted Broccoli and Mango Lassi served with a Chinese Almond Cookie.

Code	Day	Date	Time	RES/NR
106000.01	Т	1/18	6:30-8:30pm	\$28/\$42

# Late Winter Comfort Foods

We're all just trying to make it through until spring, so why not warm those winter nights with some comforting flavors. The menu that will warm your soul includes: Captain's Steak Joynt-style Beer Cheese Fondue with Captain's "Chips," Bacon-Wrapped Jalapeno and Cheese Meatloaf with Loaded Smashed Potatoes, Toasted Coconut and Banana Parfaits made with fresh Pastry Cream.

Code	Day	Date	Time	<b>RES/NR</b>
106000.02	Т	2/8	6:30-8:30pm	\$28/\$42

# **Fusion Frenzy**

There are so many places where you can enjoy a good meal, it can be overwhelming to try new foods and flavors. One way to break down the options is to select a specific food that you want to try. To get the best of both worlds, you can always look into trying food fusions. Food fusions is currently one of the trendiest forms of cooking. Combining culinary traditions from at least two different countries or regions into one dish, fusion foods put a new twist on favorite food staples. Staci created a few fusion recipes and is ready to share with you. You will sample: Korean Bulgogi Tacos, Thai Red Curry Risotto and Spanakopita Quesadilla with Tzatziki.

Code	Day	Date	Time	<b>RES/NR</b>
106000.03	Т	3/8	6:30-8:30pm	\$28/\$42

# Latin Comfort

There are some days when you get home from work, all you want to do is curl up with a warm bowl of soup under a blanket while turning on Netflix. There's really nothing better about this time of year than being able to indulge in comforting dishes but there is a way to make that experience superior, by trying a few Latin-inspired recipes that will not only warm your body but also your soul. The tasting menu includes: Poblano-Corn Chowder with Pico, Latin Chopped Salad with Heart of Palm, Jicama and Avocado with a Creamy Avocado-Lime Dressing, Bolilo Rolls using make-ahead dough and Mexican Hot Chocolate with Guajilo Chile.

Code	Day	Date	Time	<b>RES/NR</b>
106000.04	Т	4/5	6:30-8:30pm	\$28/\$42

# **Steak Part 2**

May is National Beef Month so Staci is ready to prepare more steak recipes. The most popular cut of steak is tenderloin! This steakhouse menu includes: Hearts of Palm Salad with White Balsamic Vinaigrette, Seared Beef Tenderloin with Chimichurri Sauce, Bacon and Potato Hash and Strawberry-Rhubarb Tart.

Code	Day	Date	Time	<b>RES/NR</b>
106000.05	Т	5/3	6:30-8:30pm	\$28/\$42

# NEW Chocolate Tasting 16+yrs

Stacy Madson - Recreation Center

Looking for a fun date night idea? Come with friends or your significant other and try some chocolates! Prior to delving into your chocolates, we will discuss each chocolates origin, processing and how it's been finessed into the treat we all love today. Then as a group, we'll taste test different chocolates from around the world, mindfully examining them according to the facets used by experts and compare our tastes.

# Dark Chocolate

Code	Day	Date	Time	<b>RES/NR</b>
106505.01	Т	2/1	6:30-8pm	\$20/\$30

### Milk Chocolate

Code	Day	Date	Time	<b>RES/NR</b>
106505.02	Т	2/15	6:30-8pm	\$20/\$30



# ADULT ENRICHMENT

# Watercolor Workshop

Joyce Eesley - Recreation Center

Have you ever wanted to try watercolor painting but didn't know where to begin? Explore the beauty of this incredible medium. You will develop skills starting with basic color mixing, learn about color theory and the art elements. This class will include demonstrations and individual guidance.

Code	Day	Date	Time	RES/NR
106601.01	М	3/7-4/11	1-3:30pm	\$55/\$83

# Watercolor Advanced Workshop

Joyce Eesley - Recreation Center

Experience watercolor through a variety of materials, techniques and demonstrations that you can apply to your very own paintings.

Code	Day	Date	Time	RES/NR
106601.02	М	4/18-5/23	1-3:30pm	\$55/\$83

# Drawing

Joyce Eesley - Recreation Center

Grab your sketchbook and a pencil and let's start drawing. Using step-by-step instruction we will create drawings that will inspire you to continue drawing at home. Anyone can learn to draw so don't miss out.

Code	Day	Date	Time	RES/NR
106620.01	F	3/4-4/8	1-3:30pm	\$55/\$83



# **NEW** Paper Quilling Card Workshop 14+yrs

Stacy Madson - Recreation Center

Want to relax and try a new skill you may have never considered? Paper quilling (rolling paper into different ornamental shapes) is easy and fun! You will be guided through how to create your very own masterpiece that you can either keep for yourself or share it with a loved one. All supplies are included.

Code	Day	Date	Time	<b>RES/NR</b>
106610.01	W	3/9	6-7:30pm	\$15/\$23

# Wisteria Flower Mobile Workshop

# Stacy Madson - Recreation Center

Looking for the perfect Mother's Day gift? There's nothing better than a handmade card and this Wisteria Flower Mobile to gift to your mother this holiday season. The mobile looks harder than it actually is and Stacy is ready to walk you through the steps. Who's ready to create your next gift?

Code	Day	Date	Time	<b>RES/NR</b>
106502.01	W	4/27 & 5/4	6-9pm	\$30/\$45



# NEW Q&A About Homeschooling

Stacy Madson - Recreation Center

Discover the pros and cons of homeschooling from someone who has thrived homeschooling her own children. With our ever-changing world are you pondering questions about your child's education? Have you ever wondered what homeschooling is all about and how it might work? Bring your questions and let's explore your educational options in Wisconsin.

Code	Day	Date	Time	<b>RES/NR</b>
106701.01	W	1/26	6:30-7:45pm	\$5/\$8



# NEW The Seven Science Series 14+yrs

### Stacy Madson - Recreation Center

Ignite your imagination! Have questions about the world around you? In The Seven Science Series, your curious mind will develop and be challenged to look at the world through one of these principles to find answers. Sign up for just one principle or join us for all seven. No experience in either principle required. Come join us for the answers you have been searching for all these years.

# **Bacteriology Principle**

How do viruses spread and what can we do to combat their effects? We'll make our own virus model and get our hands messy while finding out.

Code	Day	Date	Time	<b>RES/NR</b>
106705.01	SAT	4/2	12:30-2pm	\$10/\$15

# **Seismology Principle**

What causes earthquakes and how do we measure them? We'll each make and test our own seismographs and analyze the results.

Code	Day	Date	Time	<b>RES/NR</b>
106705.02	SAT	4/9	12:30-2pm	\$10/\$15

# **Chemistry Principle**

How do chemical reactions work and can we make one before our very eyes? Together we will turn milk into plastic and find out!

Code	Day	Date	Time	<b>RES/NR</b>
106705.03	SAT	4/23	12:30-2pm	\$10/\$15

# **Potential and Kinetic Energy Principle**

How does one action cause another reaction? We'll affect change together as we set a popsicle stick chain and cause it to explode!

Code	Day	Date	Time	<b>RES/NR</b>
106705.04	SAT	4/30	12:30-2pm	\$10/\$15

# **Physics Principle**

How does friction and a change in angle affect movement? We'll each make our own marble run and find out. Bring as many toilet paper and paper towel tubes as you can; the more we have the better!

Code	Day	Date	Time	<b>RES/NR</b>
106705.05	SAT	5/7	12:30-2pm	\$10/\$15

# **Biology Principle**

Do we all taste and smell the same things? We'll run a fun taste and smell threshold test to see.

Code	Day	Date	Time	<b>RES/NR</b>
106705.06	SAT	5/14	12:30-2pm	\$10/\$15

# **Engineering Principle**

How does a boat work and how much does the design matter? We'll make and test out our very own boats' abilities to see if they will sink or float.

Code	Day	Date	Time	<b>RES/NR</b>
106705.07	SAT	5/21	12:30-2pm	\$10/\$15



# **Salsa and Bachata Dance**

Jason Jordan - Recreation Center

Find the rhythm and timing of the music! Introductory techniques, footwork and dance positions of salsa and bachata will be taught. Enjoy the fun and easy dance patterns that include single right/left turns, cross body leads, back breaks and turns. Partners are not required.

Code	Day	Date	Time	<b>RES/NR</b>
106910.01	W	1/12-2/23	6:30-7:30pm	\$49/\$74
106910.02	W	3/30-5/11	6:30-7:30pm	\$49/\$74

# **Essential Oils**

Ann Marr - Recreation Center

If you are looking for some great natural solutions to your health, come join us for an evening of essential oil exploration. Learn how essential oils can help your health through your journey of life from the beginning to your later years. The class includes a roller of essential oils to take home with you. Who's ready to ditch the over-the-counter drugs and find bliss with essential oils?

Code	Day	Date	Time	<b>RES/NR</b>
106004.01	М	2/7	6:30-8pm	\$20/\$30
106004.02	М	4/11	6:30-8pm	\$20/\$30



# BE ACTIVE WI IS COMING BACK IN MARCH!

Last year, the WAWM RCS Department along with 41 other communities participated in the 1st ever Be Active Wisconsin Challenge. Be Active Wisconsin Community Challenge is a virtual event that promotes active lifestyles by getting you moving while engaging in a friendly competition with other communities in Wisconsin. The WAWM community was the proud winner of Be Active Wisconsin 2021 where we were first place in the most participation and the most active minutes categories. Thank you for helping to bring home the trophy! Let's make the WAWM community the champions once again! Look out for more information on our Facebook and website. Be a part of an award winning team, help the WAWM RCS secure a back-to-back victory and BE ACTIVE for you!

# IN PERSON Private Music Lessons

VIRTUAL Bob Halat - Frank Lloyd Wright Intermediate or Zoom

Individual lessons are designed to help you achieve your musical needs and ambitions. Lesson times range between 3:15-6:45pm, and are 30 mintues in length. If you are a first-time musician, trying to get back in tune or are looking to further your musical ability, this is a great opportunity for you. Lessons are for all band instruments, guitar and piano. Bob will contact you prior to your first session to schedule a time. **No lessons 3/21, 3/22, 3/24, 3/25, 4/15, 4/18.** 

Code	Day	Date	Time	<b>RES/NR</b>
117100.01	М	1/3-2/7	3:15-6:45pm	\$100/\$150
117100.02	М	2/14-3/28	3:15-6:45pm	\$100/\$150
117100.03	М	4/4-5/16	3:15-6:45pm	\$100/\$150
117100.04	Т	1/4-2/8	3:15-6:45pm	\$100/\$150
117100.05	Т	2/15-3/29	3:15-6:45pm	\$100/\$150
117100.06	Т	4/5-5/10	3:15-6:45pm	\$100/\$150
117100.07	W	1/5-2/9	3:15-6:45pm	\$100/\$150
117100.08	W	2/16-3/30	3:15-6:45pm	\$100/\$150
117100.09	W	4/6-5/11	3:15-6:45pm	\$100/\$150
117100.10	TH	1/6-2/10	3:15-6:45pm	\$100/\$150
117100.11	TH	2/17-3/31	3:15-6:45pm	\$100/\$150
117100.12	TH	4/7-5/12	3:15-6:45pm	\$100/\$150
117100.13	F	1/7-2/11	3:15-5:45pm	\$100/\$150
117100.14	F	2/18-4/1	3:15-5:45pm	\$100/\$150
117100.15	F	4/8-5/20	3:15-5:45pm	\$100/\$150



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# IN PERSONMove Your Couch,VIRTUALChange Your Life

## DeAnna Radaj - Recreation Center or Zoom

It's amazing how if you change the place you sit, the rest of your world comes together. Feng shui is derived from the ancient Chinese understanding of the Nine Life Areas -Career, Knowledge, Family, Abundance, Success,

Relationships, Creativity, Helpful People/Travel and Health. Learn how to identify these Life Areas in your space and how to improve upon them. Avoid the "evils" of clutter and learn how to purge the excess baggage through DeAnna's top ten feng shui tips for your home.

Code	Day	Date	Time	<b>RES/NR</b>
106506.01	TH	1/20	6-7:30pm	\$32/\$48

# IN PERSON Top 10 Design Tips for VIRTUAL Everyone & Every Space

### DeAnna Radaj - Recreation Center or Zoom

Use feng shui and sustainable design tips to create a healthy, balanced space for you! Clutter, detoxing your space and creating personal sanctuaries are all discussed plus much more.

Code	Day	Date	Time	<b>RES/NR</b>
106506.03	М	2/21	6-7:30pm	\$32/\$48

# IN PERSON Organizing Your VIRTUAL Inner Pack Rat

# DeAnna Radaj - Recreation Center or Zoom

Did you know that your stuff is a physical manifestation of your emotional baggage? What do your collections say about who you are currently and where you want to go in your life? We will discuss the psychology of clutter, how to purge and what to do with all that stuff. Learn what to do with out-dated clothes, paper clutter, toys, etc. and how to distinguish between a collection and junk.

Code	Day	Date	Time	<b>RES/NR</b>
106506.04	TH	3/10	6-7:30pm	\$32/\$48

# IN PERSON VIRTUAL Personal Mission Statement

# DeAnna Radaj - Recreation Center or Zoom

Mission statements aren't just for big corporations anymore! Everyone should have a personal statement that describes their life's purpose to move forward and help with goal setting and sticking to them. We discuss how to write your personal mission statement and how to use it in marketing ourselves.

Code	Day	Date	Time	<b>RES/NR</b>
106506.02	TH	2/10	6-7:30pm	\$32/\$48

# IN PERSON VIRTUAL Leadership 101

# DeAnna Radaj - Recreation Center or Zoom

Ever wonder why some managers have no turnover, happy staff members and accomplish their projects on time? Learn what constitutes a good leader and how you can develop these skills yourself. We look at the dos and dont's of leadership. We're taking a page from Napoleon Hill as to what is a successful leader and how you can mentor and develop leadership skills in your staff.

Code	Day	Date	Time	<b>RES/NR</b>
106506.05	М	4/11	6-7:30pm	\$32/\$48



# VIRTUAL Get To Know Your Canon Camera

Lauri Piton - Zoom

Did you purchase a really nice expensive camera, but didn't read the instructions or really know how to use it? Lauri is ready to share with you the joys of your Canon camera and how you can use it to capture the best memories. Learn to custom configure your camera for the best images. We will go through all the functions, discover your aperture, shutter speeds, ISO and then take pictures in manual mode. It's time to move away from the auto mode and discover your inner photographer.

Code	Day	Date	Time	<b>RES/NR</b>
106150.01	Т	1/11-2/8	8-9pm	\$60/\$90



# VIRTUAL Photo Oops

There is no such thing as a bad picture in this class. Learn to edit your own pictures to create a stunning photo you would love to hang in your home. Using Adobe Photoshop, we will cover color correction, brightness and contrast, and the basic photo settings. Then we will also cover more advanced techniques like correcting a blurry area in a photo, replacing one part of the photo and correcting improper white balance. Participants will need to have Adobe Photoshop Elements for this class.

Code	Day	Date	Time	<b>RES/NR</b>
106150.02	W	1/12-2/9	8-9pm	\$60/\$90

# VIRTUAL Nikon Who? Lauri Piton - Zoom

Purchase a Nikon camera recently? Don't let it get dusty on the shelf because you're intimidated by its greatness. Join us as we discuss the many features your Nikon camera has to offer to help you capture the best shot! We will go through the functions of your Nikon camera, learn your aperture, shutter speed, ISO and then take pictures in manual mode. It's time to come out of your comfort zone of auto mode and jump into taking pictures in your custom modes. Smile!

Code	Day	Date	Time	<b>RES/NR</b>
106150.03	Т	2/15-3/15	8-9pm	\$60/\$90



# VIRTUAL Welcome to the Lightroom Lauri Piton - Zoom

Looking to enhance photos you have already taken? In this introductory class, we will share techniques that will help you fix basic issues in photos such as exposure, white balance and crop. Organize your photos in Lightroom so that you can easily find them later. Edit just parts of the photo with brushes and filters and learn about presets that are already in Lightroom. Participants need to have Adobe Lightroom prior to the first class starting.

Code	Day	Date	Time	<b>RES/NR</b>
106150.04	W	2/16-3/16	8-9pm	\$60/\$90



# VIRTUAL Have You Met Sony?

A popular brand of camera is a Sony, which is very dependable. It's time to learn more about your camera's shutter speed, aperture and the many other functions that your camera has that helps you capture your favorite moments in life. It's time to take off the training wheels known as auto mode and try to set your favorite custom modes.

Code	Day	Date	Time	<b>RES/NR</b>
106150.05	Т	3/22-4/19	8-9pm	\$60/\$90

# **Exploring New Places** and Meeting New Faces!

A parent/guardian must accompany anyone under 18 years of age. Reservations are transferable and may be given to another person if you cannot attend the trip. **All adult trips depart from the Recreation Center.** 





# **Mystery Trip**

Are you up for an adventure? Allow us to plan your trip! The details are in the surprise. Travel itinerary and the experience will all be planned for you. What could the mystery be? Could it be a city? A festival? A museum? A tour? Who knows, but it will be a good time! We will travel by bus to where the mystery is located. Are you ready for a mystery?

Code	Day	Date	Time	<b>RES/NR</b>
120007.01	SAT	4/2	9am-????	\$35/\$45



# **Deluxe Mystery Trip**

What do you get when you add a little "spice" to our Mystery Trips? You get our Deluxe Mystery Trip! Travelers will have the same experience as a Mystery Trip, not knowing where we are going, but enjoy a new expanded opportunity that may include a trip far away or an extravagant dinner and show. Each trip is sure to be memorable and worth the anticipation. Are you ready to trust the WAWM RCS Department and join us for our next trip? Oh the places we will go!

Code	Day	Date	Time	RES/NR
120007.02	SAT	5/21	5pm - ???	\$70/\$80



# West Allis-West Milwaukee Sinfonia

### Frank Lloyd Wright Intermediate/West Milwaukee Intermediate

West Allis-West Milwaukee Sinfonia is an orchestra for string players in high school, college and beyond, who have prior experience playing violin, viola, cello or bass. The ensemble will rehearse at Frank Lloyd Wright Intermediate on Thursdays, December 2-May 26 at 7:30-9:30pm. There will be one formal concert per semester in Liberace Auditorium at West Milwaukee Intermediate with additional community events scheduled as needed. A variety of music from classical to pop/modern will be performed. Membership fees for the 2021-2022 Winter/Spring season are \$35/\$53NR. We welcome string players from all communities in southeastern Wisconsin, Email WAWM Sinfonia Director, Mary Pat Michels, michm@wawmsd.org for additional information or to help recruit new members. Musicians should email Mary Pat with their name, instrument and contact information when they join so music is ready for them at the first rehearsal.

# **Suburban Concert Band**

### Nathan Hale High School

The Suburban Concert Band is a community band composed of both professional and amateur musicians from West Allis and the surrounding greater Milwaukee area. We rehearse at Nathan Hale High School on Thursday evenings from January 13-May 5 at 7-8:30pm. The band performs 4 formal concerts throughout the year. We welcome high school, college and adult musicians of all ages and from all communities throughout southeastern Wisconsin. Haven't played in awhile? There is no need to worry about an audition. Just dust off that instrument and join us for a night of good music. Please visit our website at suburbanbands.com for our schedule or call Pat (President) at 414-315-3788 for more information.

# Suburban Singers

# Central High School

We're gearing up to start a new year and are looking for former and new-to-us singers. Ask any of your friends who love to sing and have Tuesday evenings free. Suburban Singers is a co-ed choral group who perform formal concerts in December and May. It is open to all singers who can learn and sing a choral part. We will begin November 30 - just in time to gear up for the holidays - and perform a Holiday Community Sing on Friday, December 17. The spring session will run from January to May. Membership options are \$15 for Christmas, \$40 for the spring and \$50 for both sessions. Rehearsals are held on Tuesdays from 7-9pm at Central High School. All voice parts are needed.

# West Allis Players

## Central High School

The West Allis Players will be putting on the performance of "RUMORS" by Neil Simon. Performances will take place at the end of April or early May. Once exact dates are determined, it will be made available on their website at westallisplayers.org. "RUMORS" by Neil Simon is a comedy that first premiered in 1988. Four couples arrive at the townhouse of a deputy New York City mayor and his wife to attend a party celebrating their tenth wedding anniversary. However, the four couples soon discover that there are no servants, the hostess is missing and the deputy mayor has been injured. Comic complications arise when, given everyone's upper-class status, they decide to do everything possible to conceal the evening's events from the local police and the media. Please check the West Allis Players website for audition and rehearsal information.

# Weather Cancellations

For weather related cancellations, please call our weather hotline at 414-604-4900, option 2. You can follow us on Facebook for weather updates @wawmrcs. If news media posts the WAWM School District is closed due to inclement weather, all WAWM RCS Department programs are cancelled as well.

# No Smoking/Alcohol or Facsimiles

The use of all tobacco products and facsimiles or drinking alcoholic beverages on premises owned by the West Allis-West Milwaukee School District is prohibited per state law or as dictated by city ordinance for programs in city parks. Your cooperation in adhering to this law is required.

# Accident Insurance

The WAWM RCS Department does not provide hospital/medical insurance for people participating in sponsored activities. The Board of Education, School District of West Allis-West Milwaukee, et al does not provide hospital/medical coverage for WAWM RCS Department activities. Participants are encouraged to obtain their own medical insurance.

# Resident/Non-Resident Fee Policy

Resident status is for individuals living in the West Allis-West Milwaukee School District and all students enrolled in a West Allis-West Milwaukee public school. Residency is determined by where the participant resides, not where the person paying resides.

# Be Our Guest Senior Citizen Pass

Senior passes are available for West Allis-West Milwaukee School District residents who are at least 60 years of age. This pass is a small "Thank You" to our senior citizens who have provided tremendous support for our schools. The pass entitles the holder and a companion to be admitted, without charge, to all athletic events (except WIAA tournament games) and school drama productions. Get your pass at the WAWM RCS Department today!

# Class Sizes

All programs have a minimum/maximum enrollment number. If we do not meet our minimum requirement 5 days before the start of a class, classes will be cancelled with reimbursements issued or you may transfer to a different class. If a program is full, you can be added to the waitlist and in the event of a participant cancellation or new class creation, you will be contacted.

# Waiting Lists

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The WAWM RCS Department will make every effort to accommodate individuals on waiting lists. The waitlist helps us determine the need to add additional class offerings. Please note, being added to a waitlist is not an enrollment in a class. If an opening becomes available you will be contacted by phone.

# Photography Policy

The WAWM RCS Department uses photos of participants for promotional purposes. By registering and/or participating in a WAWM RCS Department program, you have granted us permission to use your photo for promotional purposes, unless you notify our department otherwise.

# Child Care

Child care is not provided for adult programs. Children are not permitted to attend adult programs without supervision of another adult who is not actively participating in the program.

# Confirmation Notices

Your receipt is your confirmation. Please review your receipt to make sure your household information is accurate and the activities you are enrolled in are correct. If your phone number, home address or email address are incorrect or if you were enrolled in the wrong activity, please contact our office. Important program notes, information and reminders will be printed on your receipts.

# Activity Guide

Activity Guides can be viewed at wawmrec.com, at each of the WAWM district schools' office, WA Health Department, WA Library, City Hall and West Milwaukee Village Hall. The WAWM RCS Department publishes 3 activity guides per year which are mailed to WAWM District residents. The Fall Activity Guide is mailed at the end of July, the Winter/Spring Activity Guide is mailed at the end of November and the Summer Activity Guide is mailed at the end of March.

# **Reimbursement Policy:**

The policy of the WAWM RCS Department is to reimburse registration fees only under the following circumstances:

 A reimbursement request form must be completed.
 2 business days or more prior to the start of a class/activity, a full refund will be given minus 10% service fee for a refund check or

refund win be given minds to a service receipt a refund encert of refund back to your credit/debit card. To avoid a service fee, class/activity fee can be credited to your WAWM RCS Department's account for future use.

3. Less than 2 business days prior to the start of a class/activity, but prior to the start of the second half, 50% refund or credit will be given.

4. After the first half of the class has passed, no refund or credit will be given.

5. A full refund or credit will be given when the WAWM RCS Department cancels a class.

6. Separate reimbursement policies apply below. Please call 414-604-4900 for further information.

6a. Adult sports: 50% refund will be given prior to the schedules being printed. No refunds will be given after that occurs.

6b. Trips: Refunds will be given only if a participant on the waitlist fills your sport. Reservations are transferable and may be given to another person if you cannot attend the trip.

6c. Non-School Day Camps: Cancellations made in advance of 7am on day of camp will receive a refund/credit to your WAWM RCS Department account. Refund/credits will not be available after 7am day of the camp.

6d. Action Programs: After a quarter has started, no refunds will be issued. Future quarters that have not started yet may be refunded. Please see 2 and 3 for information about service fees.

# Stop the spread of germs that can make you and others sick!



Wash your hands often



Wear a mask



Cover your coughs and sneezes

cdc.gov/coronavirus



Keep **6 feet** of space between you and your friends





# HAVE YOUR BUSINESS STAND OUT

We invite you to advertise your business in our activity guide. Our activity guide is sent out three times per year to over 47,000 homes in West Allis, West Milwaukee and surrounding communities. We also reach many others via online access to our activity guide. Prices per issue are listed below:

• Quarter Page: \$75 • Half Page: \$100 • Full Page: \$200

For more information, contact Shelly Strasser, stram@wawmsd.org or 414-604-4937



Superintendent of Schools - Dr. Marty Lexmond Board of Education - Brendan Burns, Jane Carr, Amy Deal, Heather Justham, Brian Keller, Kristen Keyser, Noah Leigh, Jeff Sikich, Bill Ustruck

REGISTER NOW **wawmrec.com** or **414-604-4900 45** 

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# GREAT GIFT IDEA

Give the gift of fun, fitness, adventure, learning and so much more! Gift certificates can be purchased at the WAWM RCS Department for any denomination. They don't expire and can be redeemed at our office or online. Please note, purchases only accepted with cash or credit card.



# WANT TO REGISTER ONLINE

but don't have a WAWM RCS account? Head over to our website wawmrec.com for easy-to-follow directions to get you set up with an account! Online registrations are fast, easy, can be done at any time of day and there are no service fees! If you have any questions, contact us at 414-604-4900.

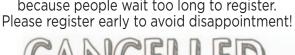


414-604-4900 wawmrec@wawmsd.org

# **Location Sites/Fields**

Central High School	8516 W. Lincoln Ave.
Dottke High School	7815 W. Lapham St.
Frank Lloyd Wright Intermediate	9501 W. Cleveland Ave.
Franklin Elementary	2060 S. 86th St.
Franklin Fieldhouse	1964 S. 86th St.
Horace Mann Elementary	6213 W. Lapham St.
Hoover Elementary	12705 W. Euclid Ave.
Irving Elementary	10230 W. Grant St.
Jefferson Elementary	7229 W. Becher St.
Klentz Park	2601 S. 72nd St.
Lane Intermediate	1300 S. 109th St.
Liberty Heights Park	1540 S. 62nd St.
Longfellow Elementary	2211 S. 60th St.
Madison Elementary	1117 S. 104th St.
Mitchell Elementary	10125 W. Montana Ave.
Nathan Hale High School	11601 W. Lincoln Ave.
Pershing Elementary	1330 S. 47th St.
Recreation Center	2450 S. 68th St.
Reservoir Park	9621 W. Lapham St.
Walker Elementary	900 S. 119th St.
West Allis Athletic Complex (WAAC)	2606 S. 117th St.
West Milwaukee Intermediate	5104 W. Greenfield Ave.
Wilson Elementary	8710 W. Orchard St.





WAWM RCS Department Office: 2450 S. 68th Street • West Allis, WI 53219 414-604-4900 • wawmrec.com

# We strive to deliver high quality programs. If you are not satisfied, we want to hear from you!

Email: wawmrec@wawmsd.org • Call: 414-604-4900

Please print clearly	egistra		
Please indicate your relationship to registrant/s			
◯ Self ◯ Spouse ◯ Pa	arent/Guar	dian 🛛 Other:	
Name of Person Paying			
Address			
Cell Phone Work Phone			
Email			
School Child Attends (Required)			
$\bigcirc$ YES, Please sign me up for the monthly E-Newslette			
Emergency Name & Phone			
Relationship to Registrant/s			
Liability Statement: An adult must sign below. The signature of a parent/guar named below, do hereby agree to indemnify and hold harmless the West Allis all liability resulting from participation in the activities listed below. I understa for which I agree to assume the liability. Furthermore, the individuals named h I understand that the West Allis-West Milwaukee School District does not pro	West Milwauke and that the pro- nerein are in goo wide accident in	e School District and its employees, officers and ag gram(s) in which I am enrolling, like all activity prog ad physical health appropriate for the activities in w surance.	ents from and against any an rams, has some inherent risk, hich they will be participating
Signature (Participating adult or parent/guardian of mind	ors listed be		
○ YES, I'm interested in coaching youth sports		Require	d
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Participants Name (First, Last)	<i>M/F</i>	Birthdate M/D/Y	<i>'21-'22 Grade</i>
Class Namo		Pagistration Number	
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1st Choice: Alternate Choice: T-Shirt Size (If applicable) Youth: O 6-8 O 10-12		Adult: O S O M O L O ,	XLO XXL
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\*Online, In-Person or Phone-In (Visa, Mastercard, Discover)

# YOUR DONATION CAN HELP

According to the National Recreation and Park Association, in the past decade, participation in youth sports has decreased by 8% and the gap is growing, especially for lower income families. Kardys, Jack (2019, October) Leveling the Playing Field for Youth Sports, Parks & Recreation Volume 54 (10). Recent research published by the Rand Corporation confirmed that children from lower income families are less likely to participate in sports. Do you know that over 50% of the students in our district qualify for free and/or reduced meals? This means that their family is living at or below the federal poverty threshold. For a family of four that is an annual income of \$25,750 or less. This leaves little to no discretionary income for a family to enroll their child in youth sports programs or provide safe alternatives for after school activities. In the West Allis-West Milwaukee School District this means that potentially 2,300 students in 4K-8th grade may never have the opportunity to participate in a youth sports program or be actively engaged in an after school Action program.

Your donation will ensure that students in our community can reap all the benefits that youth sports has to offer or you can ensure that students have a safe place to play and be active during after school hours, providing a parent with peace of mind while at school or work that their child is safe and well cared for. No donation is too small and every dollar goes directly toward ensuring that every child has a chance. Prefer to donate online? Go to wawmrec.com, click on "register" and then on the "donate" tab.



# **O** Yes, I would like to donate to the WAWM RCS Department Champion for a Child Scholarship Fund

Name:			
Address:		Thank you for your donation!	
Phone Number:	Y	ou are a CHAMPION!	
Donation Amount: O Youth Sports \$	OAction Program \$	Other \$	
Sport you would like to sponsor:	(Baseball, Flag Football, Softball, Swimming, Soccer, To	ennis, Volleyball) 🔵 No preference	
School you would like to sponsor an at	nlete/student at:	ONo preference	

Checks payable to WAWM RCS Department or call 414-604-4900 to make your donation.

All donations are tax deductible. Mail to: 2450 S. 68th St. West Allis, WI 53219

# SPONSORSHIP GET YOUR BUSINESS NOTICED!

# **Support Youth Sports Programs in Your Community.**

Demonstrate your commitment to community stewardship by supporting recreation sport opportunities for children in the West Allis-West Milwaukee School District. By doing so, your business will gain valuable advertising exposure while making a difference.

# **BRONZE LEVEL \$125**

- Business Name/Logo on league schedules distributed to all players
- Business Name/Logo in following season activity guide distributed to 47,000+ homes

# SILVER LEVEL \$250

- Business Name/Logo on league schedules distrubuted to all players.
- Business Name/Logo in following season activity guide distributed to 47,000+ homes.
- Business Name/Logo on social media (Facebook, E-Newsletter, Website)

# **GOLD LEVEL \$500**

- Business Name/Logo on league schedules distributed to all players
- Business Name/Logo in following season activity guide distributed to 47,000+ homes
- Business Name/Logo on social media venues (Facebook, E-Newsletter, Website)
- Business Name/Logo on youth sports
   league t-shirts



School District of West Allis - West Milwaukee ET AL



West Allis, WI 53219 wawmrec@wawmsd.org Office Hours: M-TH • 8am-5pm F • 8am-4pm

**Dated Material** 



# FOR MORE INFORMATION: 414-604-4900



# **Mission Statement**

The West Allis-West Milwaukee Recreation and Community Services Department provides recreation experiences and learning opportunities that serve our community.