

## Table Talk: Family Conversations about Current Events

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### **About Table Talk**

Families often want to discuss news stories and other timely societal events. It's a great opportunity to engage children in rich conversation, share important values and encourage lifelong interest in the news. These talks can happen on the way to school, during a walk or over a meal. [Research](#) shows that dinnertime conversation benefits the health, emotional and academic outcomes for children of all ages. Each Table Talk guide below includes a topic summary, questions to start the conversation and dig deeper, ideas to take action and additional resources.

Here are some tips for discussion:

- *Find out what young people know and use the summary information to expand upon their prior knowledge. Ask what else they want to know and research together to learn more.*
  - *When discussing the topic, ask young open ended questions that deepen the conversation. Be mindful not to judge their responses and listen thoughtfully.*
  - *Think together about a child-level action they can take; this can be something they do on their own or something you do together or as a family.*
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## New Table Talk

### TOOLS AND STRATEGIES

#### **Bias and Hate in Online Games**

Talk with your family about the experiences people have while playing multiplayer online games--both the positive social interaction and the hate and harassment. (*Ages 10 and up*)



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