



# The CRANDALL ISD Social and Emotional Learning (SEL)



Social and Emotional Learning

## Our Belief

We believe that by implementing Social and Emotional Learning (SEL), students will internalize and actualize the SEL skills needed to succeed in school and life. In addition, these skills will build and strengthen positive relationships among students and staff.



## Our Approach

We will address Crandall ISD's students' social and emotional needs by implementing the 7 Mindsets of Social and Emotional Learning through Web-based Curriculum.

## 7 Mindsets 10 SEL Competencies

The 7 Mindsets targets 10 Social and Emotional Learning Competencies for students. The program is designed to develop:

### The 7 Mindsets

- \* Everything is Possible
- \* Passion First
- \* We are Connected
- \* 100% Accountable
- \* Attitude of Gratitude
- \* Live to Give
- \* The Time is Now

### 10 SEL Competencies

- \*Self-awareness
- \*Self-management
- \*Relationship skills
- \*Decision-making
- \*Resilience
- \*Growth mindset
- \*Empathy
- \*Cultural competence
- \*Hope

Intentional collaboration between the classroom, the school, and home is needed to successfully implement an effective SEL program.

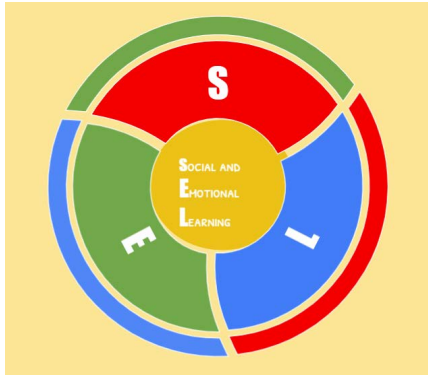


## The Impact of Social and Emotional Learning (SEL)

Social and Emotional Learning (SEL) builds the skills, knowledge, and attitudes that students need to be impactful in school and life.

Questions?

Contact SEL Coordinator @  
kspottsville@crandall-isd.net



## Social and Emotional Learning Department

The SEL Department provides strategic planning support, coaching, and professional learning opportunities to Crandall ISD campuses to implement comprehensive SEL, which includes:

- \*SEL skills and instruction for students
- \*Content integration
- \*Adult SEL for staff
- \*Family engagement

The District's SEL Coordinator provides support to campuses by helping them identify SEL goals, progress towards those goals, and guiding SEL teams for continuous improvement efforts.

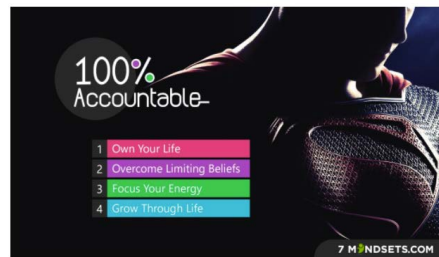
## The 7 Mindsets



**Everything is Possible**

- 1 Dream Big
- 2 Embrace Creativity
- 3 Think Positive
- 4 Act and Adjust

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**100% Accountable**

- 1 Own Your Life
- 2 Overcome Limiting Beliefs
- 3 Focus Your Energy
- 4 Grow Through Life

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SEL lessons will be implemented each week in every classroom for students in grades PreK-12.



**Passion First**

- 1 Focus on Strengths
- 2 Explore Your Interests
- 3 Take a Stand
- 4 Be Authentic

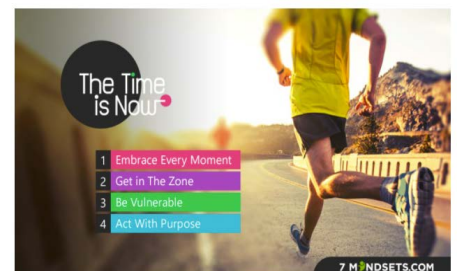
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**Attitude of Gratitude**

- 1 Treasure Yourself
- 2 Be More Grateful
- 3 Thank it Forward
- 4 Elevate Your Perspective

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**The Time is Now**

- 1 Embrace Every Moment
- 2 Get In The Zone
- 3 Be Vulnerable
- 4 Act With Purpose

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**We Are Connected**

- 1 Embrace Everyone
- 2 Maximize Positive Relationships
- 3 Build Your Dream Team
- 4 Lead With Value

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**Live to Give**

- 1 Stretch Yourself
- 2 Make a Difference
- 3 Receive Gracefully
- 4 Create a Legacy

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