

WEDNESDAY, FEBRUARY 3, 2021

HELD VIRTUALLY FOR 2021

Welcome! Guided by the ASCA national standards for school counseling, a strategic plan that specifically calls for more career-oriented exploration and exposure, and an ongoing mission to prepare the young women of Oakland Catholic High School for the future, we are pleased to offer this **OC Career Symposium** to our Freshmen, Sophomores, and Juniors.

MARY CLAIRE KASUNIC
PRESIDENT

MARISA BRAGG
PRINCIPAL

NICOLE POWELL
ASSISTANT PRINCIPAL

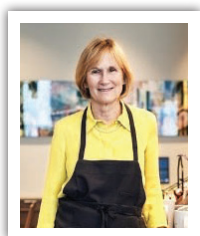
SCHEDULE OF EVENTS

**9:30 AM: PRAYER, WELCOME,
KEYNOTE SPEAKER**

**10:15 AM: SESSION #1
(45 MINUTES)**

**11:15 AM: SESSION #2
(45 MINUTES)**

**12:15 PM: SESSION #3
(45 MINUTES)**



KEYNOTE SPEAKER KATHLEEN FOLEY HUGHES, SHHS'78

Kathleen Foley Hughes is the Founder and Executive Director of Ada's Cafe, a 501(c)(3) non-profit corporation with a mission to hire, train and empower adults with disabilities and others experiencing barriers to employment.

Ada's Cafe has hired and trained over 100 mission-based employees who continue to work at the cafe, in its kitchen and at catering events all over the San Francisco Bay Area. Ada's has 4.5 stars on Yelp and has a loyal and growing following.

Kathleen has over 30 years of experience as an event planner, fundraiser, and professional caterer. She is the founder of two vocational education programs for students with disabilities within the Palo Alto Unified School District.

Kathleen graduated from Sacred Heart High School in 1978 and holds a B.S. in Business Administration from St. Francis University in Loretto, Pennsylvania. Kathleen is a trained chef and loves teaching everything from safe knife skills to souffles!

Her greatest accomplishment is being the mother of her four grown children. In her spare time, Kathleen is a Soul Cycle fanatic, loves walking her dogs, traveling and reading.

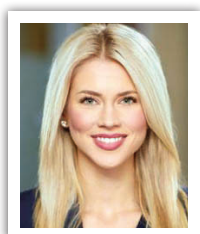
PRESENTERS



JOAN ROZMUS BOWLING, CHS'74

Joan Rozmus Bowling, a CHS'74 graduate, is a top motivational communication and women's leadership trainer, speaker, presentation coach, and author. As owner of Joan Bowling Presents, LLC, her witty style, and easy communication inspire others to make the changes they need to communicate more effectively to engage more fully with customers, clients, and staff.

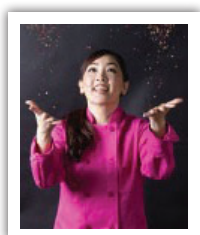
Joan's career began in broadcast sales for nearly two decades, live television hosting for 10 years, and she co-founded a successful Richmond advertising agency. In the Toastmasters 2018 International Speech Competition, Joan was thrilled to place in the top 100 out of 30,000 international competitors from 124 countries. She holds a BA degree from The University of Pittsburgh in English Education.



OLIVIA NICOLE BRINKER, OCHS'11

Olivia Nicole Brinker, is a Senior Portfolio Advisor at Merrill Lynch, working with clients from all industry backgrounds to pursue their financial goals. In addition to her role at Merrill Lynch, she is co-president of the Global Wealth & Investment Management Women's Exchange Western Pennsylvania Chapter and volunteers with the Center for Women's Entrepreneurship at Chatham University, serving on its alumni board and

teaching classes on "Effective Networking" and "Building Your Own Brand." Brinker also serves as a member of the Wesley Family Services junior board. Olivia is a 2011 graduate from Oakland Catholic.

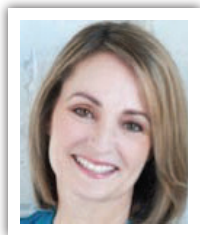


JASMINE M. CHO

Jasmine M. Cho is an artist, author, and cookie activist most known for using portrait cookies to elevate representation for Asian Americans & Pacific Islanders. Her work has been featured internationally on various media outlets that include NPR, HuffPost, CBS This Morning, and The Korea Daily. A TEDx speaker and Food Network Champion ("Christmas Cookie Challenge"), Jasmine hopes to use her platform to expand

the frontiers of research-based bake therapy and make the kitchen a more accessible and empowering space for creativity and healing.

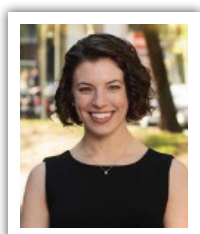
Facebook, Instagram, Twitter: @jasminemcho, @helloyummyholic



CAROLINE COLLINS

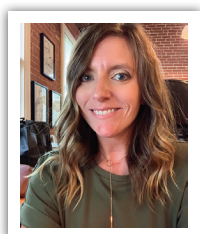
Caroline Collins is an actor, writer, producer, and director. She has appeared in films and television shows such as *Adventureland*, *Outsiders* on WGN America and NBC Universal's *Gone*. She has written and produced several short movies including the award-winning romantic comedy *Lightheaded*, which she also acted in.

Happy Birthday to Me, which she directed, won the 2016 Pittsburgh 48 Hour Film Festival's best film and four other awards. Caroline is president of the production company 13 Films. She is also associate director of Film Pittsburgh where she manages fundraising for the nonprofit and helps to organize four film festivals and other special programming.



SAMANTHA COURY, OCHS'09

Samantha Coury is manager of digital advertising strategy for the PGA TOUR. She previously obtained her B.S. from Elon University and her MBA from ESADE Business School. Her professional experience includes a Chicago marketing agency and Barcelona tech startup. A New Kensington native, she now lives in Jacksonville, Florida. Samantha is a 2009 graduate of Oakland Catholic.



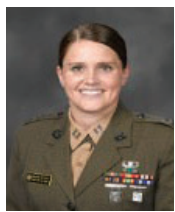
JEN DELMONACO

Jen Delmonaco is a senior graphic designer at CPI Creative, a promotional marketing firm in Pittsburgh, PA. She completed her Bachelor of Science degree at the Art Institute of Pittsburgh in 2006 and began working for CPI immediately after. Jen specializes in print and product design and is responsible for managing a diverse range of client accounts, including Oakland Catholic!



DIANNA DIETRICH, OCHS'04

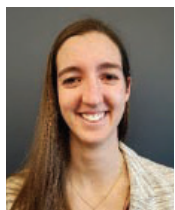
Lieutenant Commander Dianna Dietrich was born and raised in Pittsburgh, PA and graduated from Oakland Catholic High School in 2004 and from the United States Naval Academy in 2008. She holds an advanced degree from Georgetown University, Master of Professional Studies. LCDR Dietrich served seven years on active duty as a Surface Warfare Officer and completed tours on the USS SIMPSON (FFG 56) in Mayport, FL, the USS HIGGINS in San Diego, CA and at the United States Naval Academy in Annapolis, MD. She deployed to the North Arabian Gulf in 2011 in support of Operation Iraqi Freedom. LCDR Dietrich transitioned to the Selected Reserves (SELRES) in 2015 and is currently stationed at the Navy's Human Resources Headquarters in Arlington, VA and will hit 13 years in the Navy in May.



MALLORY DIETRICH, OCHS'06

Captain Mallory Dietrich was born and raised in Pittsburgh, PA and graduated from Oakland Catholic High School in 2006 and from the United States Naval Academy in 2010. She holds advanced degrees from George Washington University, Syracuse University, and University of Nevada-Las Vegas. Captain Dietrich served nine and a half years on active duty as a Marine Corps Logistics Officer.

Captain Dietrich deployed to Afghanistan in support of Operation Enduring Freedom from 2011-2012. Captain Dietrich transitioned to the private sector on December 31, 2019 and is currently working at the United States Naval Academy as the Deputy Director of Protocol for the Superintendent.



BRIDGET FINNEGAN, OCHS'06

Bridget Finnegan, OCHS'06, earned her B.S. in Chemical Engineering with a minor in Environmental Engineering from Penn State and worked for a year as an Environmental Engineer designing water treatment systems before joining the Missionaries of Charity (Mother Teresa's religious order). She lived and worked in the projects of the South Bronx, Mexico City, and San Francisco before following the Lord's call to return home.

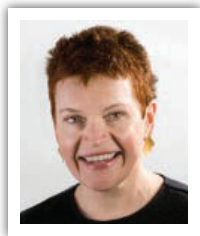
Bridget got her old job back after 4.5 years away, and recently obtained a position as an Environmental Project Manager/Engineer for a consulting company.



KRISTEN FINNEGAN, OCHS'03

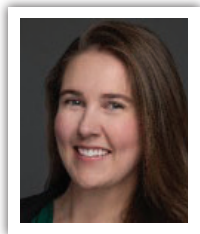
After obtaining a degree in Aerospace Engineering from Penn State, Kristen Finnegan accepted a job working for the US Navy. She works as a Flight Test Engineer supporting helicopter testing aboard US Navy ships. Recently, Kristen also obtained a Master's Degree in Flight Test Engineering and she is a graduate of the US Navy Test Pilot school.

Kristen, who graduated from Oakland Catholic in 2003, recently received the Society of Flight Test Engineers Kelly Johnson Award: Individual Award for Outstanding Achievement in the Field of Flight Test Engineering. She also won in the Individual Category of the Naval Air Warfare Center Atlantic Division Commander's Award which was presented to her by Rear Admiral John Lemmon, United States Navy.



MARY PAT FLAHERTY, SHHS'73

Mary Pat Flaherty is a native of Pittsburgh. Raised in Point Breeze, she attended St. Bede School and Sacred Heart High School and from there went to Northwestern University where she graduated with a degree in journalism. She joined her hometown (now defunct sadly) paper, The Pittsburgh Press where she worked as an investigative reporter for 15 years until its demise in 1992. She then joined The Washington Post as an investigative editor and has worked there ever since moving between roles as a reporter and editor throughout her career. She currently is Deputy Editor of the Rapid Response team on the Investigative Desk. Her work has won numerous awards including the Pulitzer Prize.



SHEILA GRAB, OCHS'06

Sheila Grab is employed as a Clinical and Regulatory Research Specialist after graduating with her PhD in Pharmaceutical Sciences from the University of Pittsburgh. Her graduate work focused on HIV prevention for women using novel drug delivery systems and helped prepare her for her current career. As an independent contractor, Sheila is involved in projects that range from regulatory support for the development of personal protective equipment to clinical trial design input for novel biologic products. Sheila is a 2006 graduate from Oakland Catholic High School.



PREETI GUPTA, OCHS'96

Preeti Gupta is the Head of Corporate Affairs for BMW Group Asia, based in Singapore. She is responsible for Corporate, Brand and Product Communication across the Importer Market region for both BMW and MINI brands, which includes the National Sales Company in Singapore and Importer Markets (Brunei, Bangladesh, Cambodia, Guam, Laos, Myanmar, Nepal, New Caledonia, Philippines, Sri Lanka, Tahiti, Vietnam). Prior to joining BMW Group Asia in April 2016, Preeti worked for public relation's agencies in both the US and India for more than 15 years, working with MNCs and start-ups in the technology, automotive and lifestyle sectors. Preeti graduated from Oakland Catholic in 1996.



GILLIAN HENKER, OCHS'07

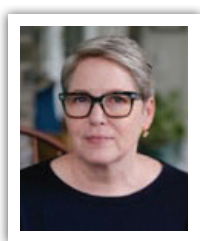
Gillian Henker is the primary inventor of Hemafuse and several other portfolio products. She has directed Hemafuse's development from an idea to commercial launch. Gillian previously founded a medical device design firm for Ghana. She has been published in the International Journal of Gynecology and Obstetrics, has presented at the Midwest Biomedical Engineering Career Conference and Appropriate Healthcare Technologies for Developing Countries Seminar in London, and was named Baltimore Technologist of the Year. Gillian is a 2007 graduate of OCHS.



CLAIRE JACOB, OCHS'15

Claire Jacob graduated from Tulane University School of Public Health and Tropical Medicine in New Orleans, Louisiana. During her time in college, Claire worked on community health projects with a concentration on women and curriculum design for equitable teaching to end systemic racism. At Tulane, Claire re-encountered the person of Christ who changed her entire life, giving it new meaning and a decisive direction.

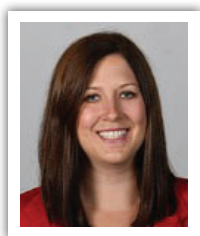
Claire discerned out of graduate school last year to become a missionary with the Fellowship of Catholic University Students (FOCUS). Claire feels a calling in her vocation or job to affirm the beauty, dignity, and necessity of femininity by empowering women with knowledge of their bodies and introducing them to the freedom of a life with Christ. Claire is a 2015 graduate of Oakland Catholic.



DANA JOHNS, SHHS'85

Dana Johns is a Senior Portfolio Manager in the Private Equity Group for the Maryland State Retirement and Pension System. She was included on Trusted Insight's 2020 list of Top 30 Pension Private Equity Investors. Dana is co-President of the Private Equity Women Investor Network (PEWIN), and a member of ILPA's Diversity & Inclusion Advisory Council.

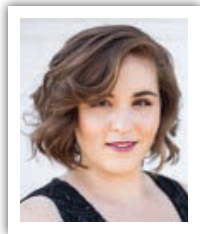
Following her 1985 graduation from Sacred Heart High School, Dana received a B.A. in Comparative Literature from Indiana University and a B.S. in Computer Info Systems, Magna Cum Laude from Stevenson University. She graduated from Loyola University Maryland with a master's in finance.



JESSICA JOHNS, OCHS'07

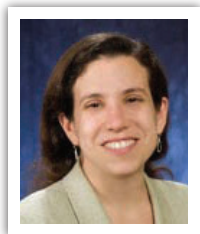
Jessica Johns joined Duquesne University Sports Medicine Staff in July 2018 and works with both the volleyball and rowing programs. Johns completed her Bachelor of Science degree in Athletic Training at Duquesne University in 2011. She went on to complete a graduate assistantship at North Carolina State University, where she graduated with a Master's degree in Adult Education.

Prior to Duquesne, Johns worked at Saint Francis University (SFU) in Loretto, Pennsylvania working primarily with the men's soccer and men's volleyball programs. Johns also helped establish the SFU Mental Health Policy. Johns serves on the Pennsylvania Athletic Trainers' Society Public Relations and Young Professionals Committees. She is certified and is licensed to practice as an athletic trainer in the state of PA by the state Board of Medicine. Jess graduated from Oakland Catholic High School in 2007.



DEVAN MERCURIO, OCHS'11

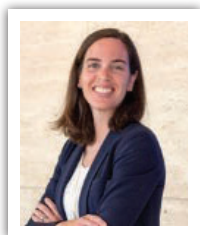
After Devan Mercurio graduated from OCHS in 2011, she attended Duquesne University for vocal performance. After living and experiencing a life as an opera singer, she discovered that her true passion was behind the scenes fundraising for the arts. Currently Devan works at Pittsburgh Opera as the Assistant Manager of Individual Giving, and is thrilled to be back in her opera roots after years working in different Pittsburgh theaters.



CARMEN IEZZI MEZZERA, OCHS'97

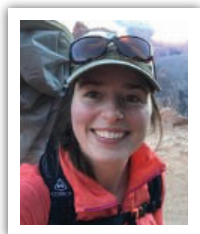
Carmen Iezzi Mezzera, OCHS '97, has been executive director of the Association of Professional Schools of International Affairs since January 2014. Graduating Phi Beta Kappa from the School of International Service (SIS) at American University, Carmen stayed on to complete her master's degree with a focus on international organizations and sustainable development. In the course of her studies, she provided analyses for NATO's

Partnership for Peace in Belgium and at the United Nations Development Program Washington Office. She received the 2008 Rising Star Alumni Award from American University.



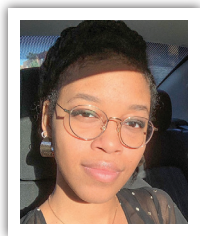
SARAH VAGLEY MIDDLETON, OCHS'97

Sarah Vagley Middleton is President and CEO of Mission Up, a social change consulting firm that works alongside companies, nonprofits and movements. Prior to founding Mission Up, Sarah was the Senior Vice President responsible for global corporate citizenship at PIMCO and Executive Director of the PIMCO Foundation. Sarah holds an MBA from the University of California, Irvine and an undergraduate degree from The Catholic University of America in Washington, D.C. She graduated from Oakland Catholic in 1997.



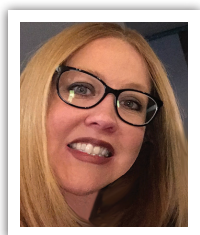
KATIE MIKULLA, OCHS'02

Katie Mikulla graduated from Oakland Catholic in 2002. She has spent the past thirteen years working as a park ranger in different National Parks across the country. She currently works for Denali National Park and Preserve in Alaska, specializing in training and coaching employees to help them explore different creative ways to connect people with the outdoors. In her spare time, she enjoys backpacking, painting, gardening, and playing games with friends.



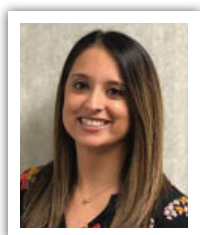
ARIS ROSS

Aris Ross is a graphic designer and illustrator at CPI Creative, a promotional marketing firm in Pittsburgh, PA. She graduated from the Art Institute of Pittsburgh with her Bachelor of Science degree in 2016 and began working for CPI right out of college. Aris specializes in print and product design, with her illustrative capabilities bringing an added flair to the promotional side of CPI.



NICOLE WEBER

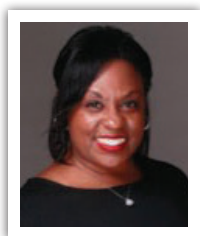
Nicole Weber is the art director at CPI Creative, a promotional marketing firm in Pittsburgh, PA. She graduated from La Roche College with her Bachelor of Science degree in 2000 and also began working for CPI immediately after. Nicole also specializes in print and product design, but her main focus is designing custom products and kits for the promotional side of CPI.



DR. ANNA MANGAN WICKLINE, OCHS'10

Anna Mangan Wickline graduated from Oakland Catholic High School in 2010. She obtained a Bachelor of Science degree in Speech-Language Pathology from the University of Toledo in 2014, a Master of Science degree in Audiology from the University of Pittsburgh in 2017, and a Doctorate of Audiology degree from the University of Pittsburgh in 2018. Dr. Wickline has been working as a clinical audiologist at the Promedica Toledo Hospital/

Russell J. Ebeid Children's Hospital since 2018. When she is not working she enjoys running and spending time with her husband and their puppy, Finn.



HEATHER WORTHY WILSON, OCHS'98

Heather Worthy Wilson, MEd, ATC, CPT, CES, PES graduated from Oakland Catholic High School in 1998. She is currently the Vice President of Operations and Health Strategy at the Y in Central Maryland in Baltimore, Maryland. Throughout her career as an athletic trainer, author, entrepreneur and now a non-profit executive, she has been one of the first and only African American women to hold some of these positions. Because of her

experiences, she is actively involved in Diversity, Equity and Inclusion initiatives and has a passion for serving others. Her presentation, Culture Eats Everything and Leaves Leaders Hungry, will help you navigate the hidden landscape, known as organizational culture, as you pursue your professional endeavors.



DR. CLAIRE CASPER YANTA, OCHS'02

Dr. Claire Casper Yanta, OCHS '02 is an Assistant Professor of Neurology at the University of Pittsburgh School of Medicine (UPSOM) in Pittsburgh, PA, USA. She completed her undergraduate studies at Duke University (AB English '06) and medical education at the University of Chicago Pritzker School of Medicine ('10).

She completed a residency in Neurology and fellowship in Headache Medicine at the University of Pittsburgh Medical Center. She is the Director of the UPSOM MS-1 Neuroscience Course and is the Assistant Director of the UPSOM MS-3/4 Neurology Clerkship. Her clinical focus is on the treatment of headache and facial pain. Her chief clinical site is the UPMC Headache Center, and she also serves as a neurology resident clinic preceptor at the UPMC Neurology Clinic in the Kaufmann Medical Building.

OAKLAND CATHOLIC CONNECT

Oakland Catholic Connect allows you to re-connect with old classmates and enables you to utilize the trusted Oakland Catholic High School environment to expand your professional network.

By fully integrating with social networks, and cultivating a culture of helping and giving back, you will be amazed how vibrant your Oakland Catholic High School community is!

Sign up for Oakland Catholic Connect—an exclusive resource where alumnae can seek career advice, mentor younger alumnae, post jobs and internship opportunities, share photos from reunions and more!



LORD, WATCH OVER US TODAY
AS WE GATHER AS A COMMUNITY FOR
OUR OC CAREER SYMPOSIUM.

HELP US KEEP OPEN HEARTS AND MINDS AS WE
LISTEN TO THE DEDICATED WOMEN WHO HAVE WILLINGLY
COMMITTED TO SHARING THEIR KNOWLEDGE, INSIGHT, AND
EXPERIENCE WITH US. GUIDE US AS WE EXPLORE POSSIBLE
CAREER PATHS, CONSIDER OUR OWN FUTURES, AND BEGIN
THE PROCESS OF DREAMING AND PLANNING.

WITH YOUR ASSISTANCE, WE STRIVE
CONFIDENTLY TO DISCERN WHAT WE ARE CALLED TO
BECOME AND HOW BEST TO SERVE YOU.

WE ASK ALL THIS IN YOUR NAME,
AMEN

SPECIAL THANKS

THANK YOU TO ALL WHO MADE TODAY'S OC CAREER
SYMPOSIUM POSSIBLE. WE ARE GRATEFUL TO THE MANY
WOMEN WHO SO READILY SHARED THEIR EXPERTISE,
INSIGHT, AND ENTHUSIASM WITH OUR STUDENTS. TOGETHER,
WE WILL CONTINUE TO STRIVE TO EMPOWER THE
NEXT GENERATION OF FEMALE LEADERS.



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