

The Social Dilemma

We encourage you to watch *The Social Dilemma* with your daughter. It is available to stream on Netflix or on YouTube.

As a family, use the questions below to guide your discussion of technology use in your home.



Discussion Questions

1. Do you think you could stay off your phone for 24 hours? What notification would compel you to get back on your phone?
2. What can you do to help prevent addiction to social media?
3. Why do you use social media? Is that the only way for you to achieve those things? What did your parents do before social media?
4. After watching the film, do you plan to change any of your privacy settings on social media? Which ones, and why or why not?
5. What is one part of the film that really resonates with you? Connect it to a personal experience.
6. Technology is a tool. Tools wait patiently. Social media is no longer a tool. It's manipulation. In what ways do you think you are being manipulated by social media?
7. As people of faith, who are we called to be? How are we called to act and interact on social media? Where can we look for hope? How can we share love?
8. When using social media, data is being gathered to build models and predict actions, so the tech companies can increase engagement, growth, and advertising. What actions do you think the tech companies can predict about you?
9. What steps can be taken as a family or as individuals to be more deliberate consumers of social media?



Visitation School

Questions courtesy of <https://savvy cyberkids.org> and <https://myersparkpres.org/>