

Junior School Sport

Sport is an integral part of life at Kinross Wolaroi Junior School. We offer a range of sports and activities to meet the needs of your child, whatever their level of sporting engagement. The experiences provided by physical activity have a key role in providing skills, values, and attitudes that are fundamental for a healthy lifestyle.

At Kinross Wolaroi Junior School students are encouraged to be physically active and to develop both fine and gross motor skills so participation in games and outdoor pursuits becomes an enjoyable and lifelong habit. Participation in team sports, healthy competition and skills development are essential elements in the development of well-balanced young people. A strong sense of sportsmanship and fair play is fostered amongst the whole School community as all students participate in Sport. Sport is a fun and exciting part of school life, and we aim to develop in our students a love of movement that will sustain their health and friendships throughout their lives.

Parents and carers are asked to support their children by encouraging resilience and good sportsmanship. Our Sports Code of Conduct outlines the School's expectations for behaviour of both students and parents. Please familiarise yourself and your child with the Code of Conduct – it is designed to ensure every member of our community can enjoy their participation in sport, at any level.

Participating in Sport

All students at Kinross Wolaroi Junior School participate in sporting completions hosted through organisations within the local Orange community. Through participation in these competitions students develops their skill level, fitness, game sense, sportsmanship, teamwork and friendships.

Students attend School on sport days in their PE uniform. In winter, students arrive and depart wearing their full tracksuit over their shorts and t shirt.

Sport training is held on a Monday and Wednesday afternoon throughout the year from 3:15 until 4:30pm. Competition games, depending on the sport, are held during the week or on a Saturday morning. All students who have completed after School training are to be collected at the Junior School pick up zone by 4:45pm. If students are not collected before 4.45pm they will be taken to our After School Care provider, GOWRIE and a charge is applied.

In the event of wet weather students remain at School undertaking game and teamwork skills.

Each semester there are several competitive and non-competitive sports on offer to cater for a wide range of skill levels and sporting interests. Students are asked to nominate a preferred sport at the end of Term 4 for the summer season and the beginning of Term 1 for the winter season. Our sports on offer include:

Term 4 and Term 1	Year Group	Term 2 and Term 3	Year Group
Competition		Competition	
Basketball	4-6	Hockey	3-6
Cricket	4-6	Netball	3-6
Touch Football	2-6	Rugby	3-6

Non-Competition Rotation		Soccer	3-6
Basketball T-ball Tennis	2-6	Fitness and Park	3-6
Cricket	2-3	Swimming Squad	
Fitness and Park run Year 2 is Term 4 only	2-6	Swimming squad is a nominated sport for students who train as a member of the KWS team for a minimum of 2 days a week.	
Swimming Squad			

Fitness and Park Run are specifically offered to support a variety of sports by developing gross motor skills through game play, improving hand-eye co-ordination as well as increasing fitness. Students in this program also participate in Orange Parkrun www.parkrun.com.au/orange/. This sport option is for students who:

- are committed to sports not offered by KWS such as dance and gymnastics
- would like to develop their level of fitness
- would like to be involved in more than one sporting activity

Kindergarten Sport

All students in Kindergarten participate in winter sport, non-competitive skill development, in rugby and soccer on a Wednesday afternoon in Term 3.

Year 1 Sport

All students in Year 1 participate in winter sport, non-competitive skill development, in rugby and soccer on a Monday afternoon in Terms 2 and 3.

Year 2 Sport

All students in Year 2 participate in winter sport, non-competitive skill development, in rugby, soccer, netball and hockey on a Monday and Wednesday afternoon in Terms 2 and 3. In Term 4, they have the opportunity to undertake opportunities that will lead into more competitive pathways.

Years 3-6 Sport

All students in Years 3 to 6 have the opportunity to undertake a variety of competitive and non-competitive sports.

Representative Sport

Kinross Wolaroi Junior School is a member of the association of the Independent Primary School Heads of Australia (IPSHA) and the Heads of Independent Co-Educational Schools (HICES). It is within these Associations the students of Kinross Wolaroi Junior School have the opportunity to participate in representative sporting competitions in athletics, cross country and swimming.

The pathway to the athletics, cross country and swimming carnivals is through our Inter-House School carnivals.

Term 1: Swimming is held early in the term

Athletics is held after a 3-week preparation program at the end of the term

Term 2: Cross country is held early in the term

Athletics, cross country, and swimming also form key parts of the K-6 PE program to enable all children to develop physical fitness at the same time as being afforded multiple opportunities to participate in an array of individual and team sports.

To support students who will go onto represent the School at HICES and CIS, training sessions for athletics and cross country will occur at lunchtime in the lead up to the carnivals. Swimming training will continue through the regular squad program on offer through the Swimming Centre.

Further to these carnivals students in Years 5 and 6 who excel in a particular sport/s can nominate to trial for a variety of other sports to represent in teams as part of the Combined Independent Schools (CIS) competition.