

November 2021						
BREAKFAST MENU					Menu subject to change without notice	
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
W E E K	1 Chicken Biscuit PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	2 Kolache Yogurt Parfait PB&J Cereal Pop Tart Muffins Fresh fruit Orange Juice Milk Choice	3 Pancake on a Stick PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	4 Beef Tamales Yogurt Parfait PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	5 Breakfast Pizza PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	BREAKFAST MEAL PRICES: REDUCED \$.30 FULL PRICE \$1.65 A LA CARTE ENTREE \$2.00 EXTRA MILK \$.50 EXTRA FRUIT \$.50 MILK CHOICES: % Low Fat Milk Fat Free Chocolate Milk
	W E E K	8 Sausage Egg & Cheese Biscuit PB&J Cereal Pop Tart Muffins Fresh fruit Orange Juice Milk choice	9 Breakfast Bar w/Mini loaf Yogurt Parfait PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	10 Sausage & Cheese Croissant PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	11 Barbacoa Taco Yogurt Parfait PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	
W E E K	15 Chicken Biscuit PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	16 Kolache Yogurt Parfait PB&J Cereal Pop Tart Muffins Fresh fruit Orange Juice Milk Choice	17 Pancake on a Stick PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	18 Beef Tamales Yogurt Parfait PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	19 NO SCHOOL	
W E E K	22	23	24	25	26	
	THANKSGIVING BREAK					
W E E K	29 Chicken Biscuit PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	30 Kolache Yogurt Parfait PB&J Cereal Pop Tart Muffins Fresh fruit Orange Juice Milk Choice				STISD Child Nutrition Dept. (956)514-4230

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LUNCH MENU

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
W E E K 1	1 Spaghetti & Meatballs Garlic Stick Cooked Carrots Romaine Salad Fresh apple Peach Slices	2 Chicken Fried Steak Mashed Potatoes Baby Carrots Fresh Fruit Fruit Cocktail	3 Street Tacos Pinto Beans Baby Carrots Rice Banana Fruit Cocktail	4 Beef & Cheese Lasagna Twisted Cheese Breadstick Green Beans Romaine Salad Fresh Fruit Diced Pears	5 Chicken Fajita Wrap Corn French Fries Fresh Fruit Pineapple Tidbits	<u>LUNCH MEAL PRICES:</u> REDUCED \$.40 FULL PRICE \$3.35 <u>A LA CARTE</u> ENTREE \$2.00 SIDE DISH \$0.50 EXTRA MILK \$0.50 <u>MILK CHOICES:</u> 1% Low Fat Milk Fat Free Chocolate Milk
W E E K 2	8 Oven Baked Chicken Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh fruit	9 Cheeseburger Chips Roamaine Salad Baby Carrots Fresh Fruit Fruit Cocktail	10 Cheese Enchiladas Pinto Beans Spanish Rice Romaine Salad Fresh Fruit Diced Pears	11 Chicken Fried Chicken Mashed Potatoes Green Beans Fresh Fruit Applesauce	12 Nachos Corn French Fries Fresh Fruit	
W E E K 1	15 Spaghetti & Meatballs Garlic Stick Cooked Carrots Romaine Salad Fresh apple Peach Slices	16 Chicken Fried Steak Mashed Potatoes Baby Carrots Fresh Fruit Fruit Cocktail	17 Street Tacos Pinto Beans Baby Carrots Rice Banana Fruit Cocktail	18 Beef & Cheese Lasagna Twisted Cheese Breadstick Green Beans Romaine Salad Fresh Fruit Diced Pears	NO SCHOOL	
W E E K 2	22	23	24	25	26	
	THANKSGIVING BREAK					
	29 Spaghetti & Meatballs Garlic Stick Cooked Carrots Romaine Salad Fresh apple Peach Slices	30 Chicken Fried Steak Mashed Potatoes Baby Carrots Fresh Fruit Fruit Cocktail				STISD Child Nutrition Dept. (956)514-4230

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PIZZA & MORE MENU

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MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY			
1	Chicken Tenders Burritos Chef Salad Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh Fruit Peach Slices	2	Hoagie Sandwich Pizza Chef Salad Romaine Salad Baby Carrots Fresh Fruit Fruit Cocktail	3	Sausage Taco Pizza Chef Salad Pinto Beans Romaine Salad Fresh Fruit Diced Pears	4	Spicy Chicken Sandwich Cheesesticks Chef Salad Green Beans Baby Carrots Fresh Fruit Applesauce	5	Pizza Sloppy Joe Sandwich Chef Salad Corn French Fries Fresh Fruit Pineapple Tidbits	<p style="text-align: center;"><u>MEAL PRICES:</u></p> <p style="text-align: center;">REDUCED \$.40 FULL PRICE \$3.35</p> <p style="text-align: center;"><u>A LA CARTE</u></p> <p style="text-align: center;">ENTREE \$2.00 SIDE DISH \$0.50 EXTRA MILK \$0.50</p> <p style="text-align: center;"><u>MILK CHOICES:</u></p> <p style="text-align: center;">1% Low Fat Milk Fat Free Chocolate</p> <p style="text-align: center;"><u>CONDIMENTS:</u></p> <p style="text-align: center;">Ranch Dressing Parmesan Cheese Ketchup Jalapenos Mustard Mayo</p> <p style="text-align: center;">STISD Child Nutrition Dept. (956)514-4230</p>	
8	Chicken Tenders Burritos Chef Salad Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh Fruit Peach Slices	9	Hoagie Sandwich Pizza Chef Salad Romaine Salad Baby Carrots Fresh Fruit Fruit Cocktail	10	Sausage Taco Chef Salad Pinto Beans Romaine Salad Fresh Fruit Diced Pears	11	Spicy Chicken Sandwich Cheesesticks Chef Salad Green Beans Baby Carrots Fresh Fruit Applesauce	12	Pizza Sloppy Joe Sandwich Chef Salad Corn French Fries Fresh Fruit Pineapple Tidbits		
15	Chicken Tenders Burritos Chef Salad Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh Fruit Peach Slices	16	Hoagie Sandwich Pizza Chef Salad Romaine Salad Baby Carrots Fresh Fruit Fruit Cocktail	17	Sausage Taco Chef Salad Pinto Beans Romaine Salad Fresh Fruit Diced Pears	18	Spicy Chicken Sandwich Cheesesticks Chef Salad Green Beans Baby Carrots Fresh Fruit Applesauce	NO SCHOOL			
22		23	THANKSGIVING BREAK						26		
29	Chicken Tenders Burritos Chef Salad Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh Fruit Peach Slices	30	Hoagie Sandwich Pizza Chef Salad Romaine Salad Baby Carrots Fresh Fruit Fruit Cocktail								

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