



GIMME FIVE!!

WHITMAN ATHLETICS NEWSLETTER

Follow Whitman Athletics on Twitter:



Gimme Five!! provides five quick updates from Whitman Athletics. Each newsletter will be formatted to provide links to relevant information . Gimme Five!! will be published two times each month and distributed via email to families with children participating in Athletics. It will also be shared via the Whitman Athletics Twitter page and Whitman Facebook page.

1

Fall All Stars

We have had a number of student-athletes receive All Star recognition for their respective sports this fall.

In Cheerleading, Aurora Orbaker and Alanah Kierst received All-League honors.

In Girls Soccer, First Team selections were Zoelle Payne, Evelyn Lambert and Lana Burnett. Second Team honors went Aurora Woodworth, Lily Morse and Olivia Herod. Receiving Honorable Mention were Angelina Jordan, Caty Bootes and Natalie Cotroneo. Additionally, Zoelle Payne was named the Finger Lakes West Player of the Year and Lana Burnett was also selected to the Class C1 All-Tournament Team.

In Cross Country, First Team selection went to Brendan Laity. Receiving Second Team honors were Tim Hansen and Fletcher Dickmann. Rounding out the honors by receiving Third Team was Brendan Thompson.

We are still waiting on final selections for the other Fall sports and they will be shared in a future newsletter.

Congratulations to all for receiving recognition for their performances this fall.

2

Winter Sports

Students can still sign up for Winter Sports if interested.

We are especially looking for 7th, 8th and 9th graders interested in participating in Modified Swimming and Modified Wrestling. Perhaps your child participating in these sports in the past and would like to get involved again. Additionally, both of these sports are great ways to get introduced to competitive sports.

Also offered in the Winter are Indoor Track, Cheerleading, Bowling, Girls Basketball and Boys Basketball.

Here is the link to Family ID to Sign up: [Family ID](#).

3

GAME TIMES

Below is the expected game times for athletic competition this winter. These times may adjust through the season due to availability of transportation, weather or other factors. Changes will be communicated as efficiently as possible.

- **Swimming** -
 - Modified - meets will start at 4:30pm.
 - Varsity - Most weekday home meets will start at 5pm. Two meets are scheduled for 5:30 start times due to the distance the visiting school must travel.
- **Basketball** -
 - Modified - Girls Game at 5pm, Boys Game to follow at 6:15.
 - JV - Games will begin at 6pm
 - Varsity - Games will begin approximately 7:30pm, after the JV Game
- **Wrestling** -
 - Modified - Matches will begin at 4:30pm in the MS gym
 - Varsity - Home meets will start at 6:30pm in the HS gym
- **Track** -
 - Modified - Meets will begin at 5pm at Pinnacle Athletics.
 - Varsity - Start times will vary based on location and day of the week.
- **Bowling** - Home Bowling matches will typically begin at 4pm.
- **Cheerleading** - Competition times will vary based on location and schedule

4

IT'S IN THE HANDBOOK

The Athletic Handbook includes our philosophy on 'Cuts' and our approach at the Modified, JV and Varsity levels. Click on this [link](#) for the summary of this philosophy. You can also connect to the entire Athletic Handbook via this link: [Athletic Handbook](#)

5

WINTER PARENT INFORMATION PRESENTATION

The link below will connect you to a slideshow intended for families with a child participating in a Winter Sport. It provides an overview of expectations, the Athletic Handbook and other relevant information pertaining to the upcoming winter athletics season.

[Link to Slideshow](#)

If you are interested, the Whitman Wildcats Athletics YouTube page, found here, will include a video of the same presentation.

[Link to Whitman Athletics YouTube](#)

If you have any questions after viewing either the slideshow or the YouTube video, please contact my office.

Looking forward to a great winter season for our Wildcat teams.



GO WILDCATS!!!

**Contact Information: Paul Lahue, Athletic Director
(585)554-6441, ext 1442
plahue@mwcsd.org**