

# November 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14	15	16	17	18	19	20
	TRY-OUTS ALL LEVELS: 6:00am-7:20am  3:30pm-5:30pm	TRY-OUTS ALL LEVELS: 6:00am-7:20am  3:30pm-5:30pm	Practice: All levels 3:30-5:30 <b>Weight room 5:30-6:00</b>	Practice: AUX -10 <sup>th</sup> : 4:00-5:30  JV/V 3:30-5:30	Practice: <b>Carbo load</b> AUX -10 <sup>th</sup> : 4:00-5:30 <b>Pictures all levels 3:15 David Banks</b> JV/V 3:15-6:00 <b>Weight room 5:30-6:00</b>	Practice:  JV/V only 9-11
21	22	23	24	25	26	27
	Practice: AUX -10 <sup>th</sup> : 4:00-5:30 <b>Parent Meeting 5:15</b> PG- JV/V: 5:30 to 7:30 <b>Weight room 5:00-5:30</b>	Practice: AUX- 10 <sup>th</sup> : 4:00-5:30  PG- JV/V: 5:30 to 7:30	Practice: AUX -10 <sup>th</sup> : 4:00-5:30  PG- JV/V: 5:30 to 7:30 <b>Weight room 5:00-5:30</b>	<b>NO PRACTICE:            HAPPY            THANKSGIVING</b>	Practice: All Levels: 9-11am	<b>Game#1</b> <b>Cambridge Isanti</b> 10 <sup>th</sup> 12:00 JV: 1:30 V: 3:00
28	29	30				
	Practice: AUX- 10 <sup>th</sup> : 4:00-5:30  PG- JV/V: 5:30 to 7:30	<b>Game#2</b> <b>@ Woodbury</b> 10 <sup>th</sup> 5:30 JV 5:30 V 7:00				

# December 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> Practice: 10 <sup>th</sup> : 3:45-5:00 JV/V: 3:30-5:00 Weight room JV/V 5:00-5:30	<b>2</b> Practice: 10 <sup>th</sup> : 4:00-5:30 JV/V: 5:30-7:30 Film: 5:00-5:30	<b>3 Game#3</b> Irondale 10 <sup>th</sup> 4:00 JV 5:30 V 7:00 After Party	<b>4</b> NO PRACTICE
<b>5</b>	<b>6 No School</b> Practice: 10 <sup>th</sup> : 4:00-5:30 JV/V: 2:00-4:00	<b>7 Game#4</b> @Anoka 10 <sup>th</sup> 5:30 JV 5:30 V 7:00	<b>8</b> Practice: 10 <sup>th</sup> : 4:00-5:30 JV/V: 3:30 to 5:15 Weight room JV/V 5:15-5:45	<b>9</b> Practice: 10 <sup>th</sup> : 4:00-5:30 JV/V: 3:30-5:15 Film: 5:15-5:45 Carbo load	<b>10 Game#5</b> @ Champlin Park 10 <sup>th</sup> 5:30 JV 5:30 V 7:00	<b>11</b> NO PRACTICE
<b>12</b>	<b>13</b> Practice: 10 <sup>th</sup> : 4:00-5:30 JV/V: 5:30 to 7:30	<b>14 Game#6</b> Blaine 10 <sup>th</sup> 4:00 JV 5:30 V 7:00	<b>15</b> Practice: 10 <sup>th</sup> : 4:00-5:30 JV/V: 3:30 to 5:30	<b>16 Game#7</b> @Andover 10 <sup>th</sup> 5:30 JV 5:30 V 7:00	<b>17</b> Practice: 10 <sup>th</sup> : 4:00-5:30 JV/V: 3:30-5:30	<b>18</b> Practice JV/V 10-11:30 Weight room 11:30-12:00
<b>19</b>	<b>20</b> Practice: 10 <sup>th</sup> : 4:00-5:30 JV/V: 5:30 to 7:30 Film: 5:00-5:30	<b>21 Game#8</b> Roseville 10 <sup>th</sup> 5:30 @ Roseville JV 4:00 V: 5:30	<b>22</b> Teamwork Motivation Training Rick Rassier 3:30-5:30	<b>23</b> MERRY CHRISTMAS	<b>24</b> MERRY CHRISTMAS	<b>25</b> MERRY CHRISTMAS
<b>26</b> MERRY CHRISTMAS	<b>27</b> MERRY CHRISTMAS	<b>28</b> Practice: 9:00-11:00am Weight room 11:00-11:30	<b>29</b> Practice: 9:00-11:00am	<b>30</b> Practice: 1:00-3:00 Weight room 3:00-3:30	<b>31</b> Happy New Year	

# January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1  <b>Happy New Year</b>
2	3 Practice: 10 <sup>th</sup> : 4:00-5:30 JV/V: 5:30 to 7:30 <b>Weight room 5:00-5:30</b>	4 Practice: 10 <sup>th</sup> : 4:00-5:30 JV/V: 5:30-7:30	5 Practice: 10 <sup>th</sup> : 4:00-5:30 JV/V: 3:30 to 5:15 <b>Weight room 5:15-5:45</b>	6 Practice: 10 <sup>th</sup> : 4:00-5:30 JV/V: 3:30-5:00 <b>Film: 5:00-5:30</b> <b>Carbo load</b>	7 Game#9 @ Totino Grace: B 4:00 HOME JV 4:00 V 5:30	8  NO PRACTICE
9	10 Practice: 10 <sup>th</sup> : 4:00-5:30 JV/V: 5:30 to 7:30	11 Game#10 Coon Rapids B 4:00 JV 5:30 V 7:00	12 Practice: 10 <sup>th</sup> : 4:00-5:30 JV/V: 3:30 to 5:15 <b>Film: 5:15-5:45</b>	13 Game#11 @ Osseo B 5:30 JV 5:30 V 7:00	14 Practice: 10 <sup>th</sup> : 4:00-5:30 JV/V:5:30-7:00	15 Practice JV/V 9:30-11:00 Weight room/film <b>FMSC 11:30-1:15</b>
16	17 Game #12 MLK GAME AT ST KATES COLLEGE Eden Prairie: 8:00	18 Game#13 @ Rogers B 4:00 JV 5:30 V 7:00	19 Practice: 10 <sup>th</sup> : 4:00-5:30 JV/V: 3:30 to 5:15 <b>Weight room 5:15-5:45</b>	20 Practice: 10 <sup>th</sup> : 4:00-5:30 JV/V: 5:30-7:15 <b>Film: 5:00-5:30</b>	21 Game#14 Elk River: B 4:00 JV 5:30 V 7:00 <b>After Party</b>	22  NO PRACTICE
23	24 Practice: 10 <sup>th</sup> : 4:00-5:30 JV/V: 5:30 to 7:30	25 Game#15 @ Park Center B 4:00 JV 5:30 V 7:00	26 Practice: 10 <sup>th</sup> : 4:00-5:30 JV/V: 3:30 to 5:30	27 Game#16 Armstrong <b>Parents Night</b> B 4:00 JV 5:30 V 7:00	28 Practice: 10 <sup>th</sup> : 4:00-5:30 JV/V: 3:30-5:30 <b>Carbo load</b>	29 GAME#17 COMMUNITY CLASH @ ST MICHAEL Middle School West Lakeville North 1:45

# February 2022

<b>Jan Sunday</b>	<b>Jan Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<b>30</b>	31 Jan Practice: 10 <sup>th</sup> : 4:00-5:30 JV/V: 5:30 to 7:30 Weight room 5:30-6:00	1 Practice: 10 <sup>th</sup> : 4:00-5:30 JV/V: 3:30-5:30	2 Game#18 @Centennial B: 5:30 JV: 5:30 V: 7:00	3 Practice: 10 <sup>th</sup> : 4:00-5:30 JV/V: 5:30-7:30 Film: 5:00-5:30	4 Game#19 Rogers B 4:00 JV 5:30 V 7:00 After Party	5 NO PRACTICE
<b>6</b>	7 Practice: Westwood Middle School: JV/V: 5:30 to 7:30	8 Practice: 10 <sup>th</sup> : 4:00-5:30 JV/V: 5:30-7:30 Film: 5:00-5:30	9 Game#20 @ Elk River B 5:30 JV 5:30 V 7:00	10 Practice: 10 <sup>th</sup> : 4:00-5:30 JV/V: 3:30-5:30 Carbo Load	11 Game# 21 Totino Grace B 4:00@ TG JV 4:00 V 5:30	12 Practice JV/V 9-11 Weight room 10:30-11:00
<b>13</b>	14 Game#22 Maple Grove B 4:00 JV 5:30 V 7:00	15 Practice: 10 <sup>th</sup> : 4:00-5:30 JV/V: 5:30-7:30 Film: 5:00-5:30	16 Practice: 10 <sup>th</sup> : 4:00-5:30 JV/V: 3:30 to 5:30 Weight room JV/V 5:00-5:30	17 No School Practice: JV/V: 3:00-5:00	18 Game#23 @ Armstrong B 4:00 JV 5:30 V 7:00	19 Practice JV/V 9-11 Weight room 10:30-11:00
<b>20</b>	21 Practice all Levels: 3:00 to 5:00	22 Game#24 Park Center B 4:00 JV 5:30 V 7:00	23 Game#25 @ Mahtomedi B 5:30 JV 5:30 V 7:00	24 Practice: 10 <sup>th</sup> : 4:00-5:30 JV/V: 3:30-5:30	25 Game#26 Osseo Senior Night B 4:00 JV 5:30 V 7:00	26 NO PRACTICE

# March 2022

<b>Feb Sunday</b>	<b>Feb Monday</b>	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28 <b>Practice:</b>	1 <b>Practice:</b>	2 <b>Practice:</b>	3 <b>Section Game:</b>	4	5
6	7 <b>Practice TBD</b>	8 <b>Section Game:</b>	9 <b>Practice TBD</b>	10 <b>Section Game:</b>	11 <b>Practice TBD</b>	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		