

CCISD Athletics COVID-19 Plan

General Guidelines for UIL Activities When CCISD Health Mitigation Protocols Are at a 4 or lower:

1. If a student athlete tests positive for COVID-19, that child is not allowed to return to athletic activity until cleared by the school to return to campus. This time period will be 10 days, and that 10 days is determined by school nurse based on different factors. The nurse will provide you with the return date.
 - a. UIL policy states that any UIL athlete or band member must provide a clearance note from a physician that states specific return to sports/athletics/physical activity. This note must be provided to athletic trainer if athlete is in high school or to the coordinator if the athlete is in intermediate school prior to the athlete returning to athletics, practice, or competition. A general return to school/work note **will not** be sufficient.
 - i. If note requires athlete to be out longer than the 10 days, such as the physician requiring a gradual return to play, that must be followed by the school.
2. If a student athlete is excluded from school-by-school nurse due to possible symptoms associated with COVID-19, that student athlete may not participate in any extracurriculars until cleared by school nurse to return to campus. Once cleared to return, if the student athlete never tested positive while out, the student athlete may return to athletics, practice, or competition **without** needing a physician clearance.
3. If any athletics team has 25% or more COVID-19 positive players, that team must shut down until the total positives drops back below the 25% threshold. Coaches, athletic trainers, and administrators will be monitoring this, and there should be communication to parents once this occurs.
 - a. When reviewing closure/cancellation of an afterschool extra-curricular activity, cohorts will be monitored for clusters versus an entire program. Examples of a cohort includes:
 - i. Offensive line on a varsity football team
 - ii. Trumpet section in the marching band
 - iii. Small Team (i.e., varsity volleyball, JV basketball)
4. Punitive Guidelines for missing practices within the organization are suspended in order to support the district's guidance to stay home when sick. This includes:
 - a. Losing position on team
 - b. Sitting out a game/event when returning after from an absence unless required by UIL.
5. IF overnight travel is allowed, parents will be allowed to provide an individual room at the parent's expense. MUST be communicated to parents well in advance of event. Only 2 to a room for district reserved rooms.
6. Team building activities may be conducted while STRONGLY recommending masking and social distancing when possible.
7. Only individual cups and water bottles may be used, no sharing. Water cows and water coolers may be used, and students may fill their own bottles.
8. CCISD will continue to monitor COVID cases in the district and in the community and procedures may change in according with an increase in cases. CCISD will also follow any closures/cancellations in accordance with mandates from the Galveston County Health Authority and/or Harris County Health Authority.

**Any update guidance from UIL will be used to revised these recommendations. (Rev. 9/1/2021)