



# WESTPORT MIDDLE-HIGH SCHOOL

<https://www.westportschools.org/school-life/food-services/>



## November 2021 LUNCH MENU

GRADES 5 - 12

| Monday  | Tuesday  | Wednesday  | Thursday  | Friday  |
|---|--|--|---|---|
| <b>1</b><br>Mozzarella Sticks<br>w/Dipping Sauce<br>Buttered Noodles<br>Carrot Sticks<br>Fresh Fruit and Milk | <b>2</b><br>Cheeseburger w/<br>Lettuce and pickles<br>Three Bean Salad<br>Fruit<br>Milk        | <b>3</b><br>Fish Sticks w/Tartar Sauce<br>Baked French Fries<br>Romaine Salad<br>Pudding w/Topping<br>Fresh Fruit and Milk | <b>4</b><br>Turkey w/Gravy<br>Creamy Mashed Potatoes<br>Portuguese Stuffing<br>Corn & Cranberry Sauce<br>Fruit and Milk | <b>5</b><br>Domino's Pizza<br>Cheese Stick<br>Steamed Green Beans<br>Assorted Fruit<br>Milk |
| <b>8</b><br>Tomato Soup w/Crackers<br>Grilled Cheese<br>Steamed Green Beans<br>Fruit<br>Milk                  | <b>9</b><br>Hot Dog on a Bun<br>Vegetarian Baked Beans<br>Carrot Sticks<br>Fresh Fruit<br>Milk | <b>10</b><br>Sausage & Egg Croissant<br>Hash Brown<br>Steamed Peas<br>Fruit<br>Milk  | <b>11</b><br>                       | <b>12</b><br>Domino's Pizza<br>Cheese Stick<br>Steamed Broccoli<br>Assorted Fruit<br>Milk   |
| <b>15</b><br>Chicken Tenders<br>Dipping Sauce<br>Creamy Mashed Potatoes<br>Glazed Carrots<br>Milk             | <b>16</b><br>BBQ Rib Sandwich<br>Baked French Fresh<br>Three Bean Salad<br>Fruit<br>Milk       | <b>17</b><br>Chicken Rice Soup<br>w/Crackers<br>Max Sticks w/Dipping Sauce<br>Steamed Green Beans<br>Fruit and Milk        | <b>18</b><br><br><b>Early Release<br/>No Lunch Served</b>   | <b>19</b><br>Domino's Pizza<br>Cheese Stick<br>Steamed Broccoli<br>Assorted Fruit<br>Milk   |
| <b>22</b><br>Turkey Sub w/Lettuce and<br>Pickles<br>Baked French Fries<br>Steamed Carrots<br>Fruit and Milk   | <b>23</b><br>Chicken Burger<br>Baked Beans<br>Steamed Green Beans<br>Fruit<br>Milk             | <b>24</b><br><br><b>Early Release<br/>No Lunch Served</b>  | <b>25</b><br>                      | <b>26</b><br><br><b>No<br/>School</b>   |
| <b>29</b><br>Mozzarella Sticks<br>Dipping Sauce<br>Dinner Roll<br>Steamed Peas<br>Fruit and Milk              | <b>30</b><br>Chicken Chow Mein<br>Fluffy White Rice<br>Steamed Green Beans<br>Fruit<br>Milk    |  | <b>Daily Alternatives</b><br><b>Chicken Patty</b><br><b>Cheeseburgers</b><br><b>Pizza</b><br><b>Salads to go!</b>       |   |

*"This Institution is an equal opportunity provider" -- Menu subject to change due to supply issues!*

**ALLERGIES:**  
*Before placing  
your order,  
Please, inform  
your server if  
there is a food*

**COMPLETE BREAKFAST & LUNCHES ARE  
FREE FOR ALL STUDENTS until  
June 30, 2022!  
Ala Carte items are NOT included!**