

FPS Belief Statements:

School Counselors believe:

1. All students have worth and should be treated with dignity and respect.
2. All students can learn, achieve, and be successful in a safe, respectful, and supportive in a diverse and inclusive environment.
3. All students can learn to advocate for themselves and to develop resiliency when faced with adversity.
4. All students should have access to a high-quality education which equitably supports life-long learning and the development of independence, 21st century and decision-making skills.
5. Professional school counselors are advocates for all students, and will work to remove barriers to learning.
6. An effective school counseling program is planned, evaluated, refined and delivered by certified professional school counselors, in alignment with the American School Counseling Association Code of Ethics, utilizing school wide data and a result based evaluation system.
7. Comprehensive school counseling programs promote and enhance student academic, career, and social-emotional outcomes through collaboratively working with faculty, staff, families, and other stakeholders.
8. School Counselors are leaders in the school, district, state, and nation! **(mic-drop!)**

FPS Vision Statement:

The Vision of the FPS School Counseling Departments is that every student in collaboration with families, teachers, students, administration, and community members, will experience success, and reach their fullest educational potential, through the acquisition of academic, career, and personal/social skills. As a result, students will manage their lives as healthy, responsible, competent, and productive citizens, who respect themselves and others, and thrive in the diverse and rapidly changing 21st century.

FPS Mission Statement:

The school counseling staff at Fairfield Public Schools empowers students to discover their full potential by addressing their individual needs through a comprehensive school counseling program. We collaborate with students, parents, and staff members to address the academic, social/emotional, and college/career preparatory needs of our diverse student body to empower all students to explore and achieve their current and future goals. We advocate for equity, access, and success for every student, encouraging student self-advocacy, resiliency, and accountability by promoting the development of citizenship that embraces excellence of character.

Guaranteed experiences that address the Academic (A), Career (C) and Social/Emotional/Physical (SEP) domains.

Grade	Component	Domain
12	<ul style="list-style-type: none"> ● Post-Graduation Plan ● Naviance Graduation Survey ● Senior Informational Session ● Individual Post High School Planning Meetings ● Transcript/Graduation Credit Review ● BESS administration and follow-up ● Career Exploration ● Advisory <p><i>Optional:</i></p> <ul style="list-style-type: none"> ● Internship Opportunities ● Financial Aid Night ● Scholarship Presentation ● Military Fair ● ASVAB ● Art Portfolio Review Day ● Community College Fair ● College Representatives Visits ● Community College Visits ● Career/Technical School Visits ● Alumni Return Day ● College/Career Resource Center ● College Fair ● Update resume ● SAT/SAT Subject Tests/ACT/AP ● Activity Fair 	<p>A,C, A,C, SEP A,C A,C A,C SEP A,C A,C, SEP</p> <p>C A,C A,C C A,C A,C A,C A,C A,C A,C A,C A,C A,C A,C A,C A,C A,C</p>
11	<ul style="list-style-type: none"> ● Individual Course Selection Meetings ● Individual Junior post-high school planning meeting with Student/Parent ● CT School Day SAT ● In-school PSAT Day ● Resume Writing Workshop ● Essay Writing Workshop ● Mock Car Crash ● BESS administration and follow-up ● Career Exploration ● Advisory 	<p>A,C A,C A A A,C A,C SEP SEP A,C A,C,SEP</p>

	<p><i>Optional:</i></p> <ul style="list-style-type: none"> ● Junior Post High School Planning Program ● College Panel ● Navigating Naviance Presentation ● NCC Live! ● Financial Aid Night ● Military Fair ● ASVAB ● Art Portfolio Review ● Community College Fair ● College Representatives Visits ● Community College Visits ● Career/Technical School Visits ● Alumni Return Day ● College/Career Resource Center ● College Fair ● Course Selection Night ● SAT/SAT Subject Tests/ACT/AP ● Activity Fair 	<p>A,C A,C A,C A,C C A,C C A,C A,C A,C A,C A,C A,C A,C A,C A,C A,C A,C, SEP</p>
10	<ul style="list-style-type: none"> ● In-school PSAT Day ● Do What You Are assessment ● Update resume ● Link College Board/Khan Academy ● Sophomore Meetings ● Individual course selection meeting ● BESS administration and follow-up ● Career Exploration ● Advisory <p><i>Optional:</i></p> <ul style="list-style-type: none"> ● College Fair ● College/Career Resource Center ● ASVAB ● Course Selection Night ● SAT/SAT Subject Tests/ACT/AP ● Activity Fair 	<p>A,C A,C,SEP A,C,SEP A A,C,SEP A,C SEP C A,C,SEP A,C A,C A,C A,C A,C A,C</p>
9	<ul style="list-style-type: none"> ● Freshman Orientation ● Freshman Meetings ● BESS administration and follow-up ● Career Interest Profiler ● Introduce resume and goal setting ● Individual course selection meeting 	<p>A, SEP A,C,SEP SEP A,C A,C A,C</p>

	<ul style="list-style-type: none"> • Advisory • Career Exploration <p><i>Optional:</i></p> <ul style="list-style-type: none"> • College/Career Resource Center • Individual tours as needed for incoming 9th graders • High school parent meeting • Course Selection Night • Activity Fair 	<p>A,C, SEP A,C</p> <p>A,C A,C,SEP A,C,SP A,C A,C, SEP</p>
8	<ul style="list-style-type: none"> • Career Key • Course Selection Process • HS Counselor Visits • Course Selection through IC • Health & Balanced Living Curriculum • Risky Business • 8th Grade Student/Parent Info Night at High Schools • Regional HS Assembly • Mindfulness/ relaxation strategies • Self-Awareness • Physical Nurturing / Exercise • Positive Self - Talk • Executive functioning lessons 	<p>A,C A,C A,C A,C,SEP A,C SEP SEP A,C SEP SEP SEP SEP A</p>
7	<ul style="list-style-type: none"> • Strengths Explorer in Naviance • Habits for Success • Social Media Risks • Health & balanced living curriculum • 8th grade course selection • Decision Making, communication skills, family life, substance abuse. • Mindfulness/ relaxation strategies • Self-Awareness • Physical Nurturing / Exercise • Positive Self - Talk 	<p>A,C A,C,SEP SEP SEP A,C SEP SEP SEP SEP SEP</p>
6	<ul style="list-style-type: none"> • Introduction to Infinite Campus • Introduction to Naviance • Goal Setting on Naviance • How to use agenda • Manage daily schedule • Binder organization • Time management strategies • Study Skills • Getting to know you • Character education 	<p>A,C A,C,SEP A,C,SEP A,C A,C A,C A,C A,C SEP SEP</p>

	<ul style="list-style-type: none"> • Conflict resolution/bullying/stress • Orientation (students and parents) • Comprehension PE Program-Project Adventure • Internet Safety Program-Detective Irizzary • SHAPE-SRO • Mindfulness/ relaxation strategies • Self-Awareness • Physical Nurturing / Exercise • Positive Self - Talk 	<p>SEP A,C,SEP SEP SEP SEP SEP SEP SEP SEP</p>
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