



November 2021 Elementary

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
5	1-Nov	2-Nov	3-Nov	4-Nov	5-Nov
Breakfast	Breakfast Kit w/Juice	Mini Cinnis	Yogurt/Bug Bites	BeneFit Bar	Cereal Bowl
Juice and:	Fruit Cocktail	Applesauce	Peaches	Orange Slices	Apple Slices
Lunch					
Entree	Oranges Chicken/Rice	Wrap Sandwich	Burrito Bowl	Beef Sub Sandwich	Chicken Patty/Bun
Veg Entree	Sunbutter Pack	Lasagna	Cheese Filled Breadsticks/Marinara	Yogurt/Cheese/Grain	Mac & Cheese
Veggies	Veggie Sticks Oriental Vegetables	Zucchini Coins Cucumber Slices	Garden Salad Black Beans	Red Pepper Strips Sweet Potato Fries	Broccoli Florets Whole Kernel Corn
Fruit	100% Juice Ice Slushie	Peaches	Juice	Pineapples	Pears
1	8-Nov	9-Nov	10-Nov	11-Nov	12-Nov
Breakfast	Cereal Bowl	Muffin	Breakfast Pastry		BeneFit Bar
Juice and:	Applesauce	Orange Slices	Apple Slices		Pears
Lunch					
Entree	Turkey Stick/Cheese/Chips & Salsa	Chicken Tenders	Beef Rib B-Q		Deli Sub
Veg Entree	Cheese Filled Breadsticks/Marinara	Chalupa/Salsa	Sunbutter & Bug Bites		Pizza
Veggies	Broccoli Black Beans	Zucchini Coins Roasted Potatoes	Garden Salad Green Beans	Red Pepper Strips Cucumbers	
Fruit	Pears	Pineapples	Peaches	Apple Slices	
2	15-Nov	16-Nov	17-Nov	18-Nov	19-Nov
Breakfast	Zee Zee Bar/Cheese Cubes	Mini Pancakes	Breakfast Kit w/Juice	Zucchini Bread	Cereal Bar
Juice and:	Pears	Peaches	Applesauce	Apple Slices	Orange Slices
Lunch					
Entree	French Toast and Sausage	All Beef Hot Dogs	Turkey & Gravy/Dinner Roll	Walking Taco	Chicken Patty/Bun
Veg Entree	Calzone w/Marinara	Bean & Cheese Burrito/Salsa	Vegetarian Nuggets	Grilled Cheese	Cheese Filled Breadsticks/Marinara
Veggies	Seasonal Fresh Veggie Veggie Juice	Celery/Carrot Sticks Vegetarian Beans	Whole Kernel Corn Mashed Potatoes	Grape Tomatoes Refried Beans	Broccoli Florets Seasoned Potato Wedges
Fruit	Fruit Cocktail	Orange Slices	Strawberries	100% Juice Ice Slushie	Apple Slices
3	22-Nov	23-Nov	24-Nov	25-Nov	26-Nov
Breakfast	Mini Cinnis	Breakfast Bar & Cheese Stick			
Juice and:	Applesauce	Peaches			
Lunch					
Entree	Corn Dog or Mini Corn Dogs	Turkey Stick/Cheese/Grain			
Veg Entree	Cheese Quesadilla/Salsa	Pizza			
Veggies	Grape Tomatoes Refried Beans	Broccoli Florets Garden Salad			
Fruit	Applesauce	Pears			
4	29-Nov	30-Nov	1-Dec	2-Dec	3-Dec
Breakfast	Breakfast Kit W/Juice	Mini Pancakes	Cereal Bowl	Breakfast Pastry	Breakfast Bar
Juice and:	Orange Slices	Applesauce	Mandarin Oranges	Apple Slices	Applesauce
Lunch					
Entree	Chicken Nuggets/Dinner Roll	Fish Sandwich or Sticks	Sloppy Joe w/Chips	All Beef Hot Dogs	Chicken Nachos
Veg Entree	Vegetarian Nuggets	Pizza	Omelet/Muffin	Grilled Cheese	Pizza
Veggies	Green Beans Mashed Potatoes	Steamed Vegetables Waffle Fries	Carrot/Celery Sticks Roasted Potatoes	Seasonal Fresh Veggie Sweet Potato Fries	Red Pepper Strips Black Beans
Fruit	Peaches	100% Juice Ice Slushie	Orange Slices	Apple Slices	Mandarin Oranges