



November 2021 Day Care

Meal	Monday 1-Nov	Tuesday 2-Nov	Wednesday 3-Nov	Thursday 4-Nov	Friday 5-Nov
5					
Breakfast	Cereal Bowl Pears	Mini Cinnis Applesauce	Yogurt/Bug Bites Peaches	Appleways Bar Orange Slices	Cereal Bowl Apple Slices
Lunch					
Entree	Orange Chicken/Rice	Lasagna	Burrito Bowl	Yogurt/Cheese/Grain	Mac & Cheese
Veg	Oriental Vegetables	Steamed Broccoli	Black Beans	Broccoli	Sweet Potato Fries
Fruit	100% Juice Ice Slushie	Peaches	Juice	Pineapples	Pears
1	8-Nov	9-Nov	10-Nov	11-Nov	12-Nov
Breakfast	Cereal Bowl Applesauce	Muffin Orange Slices	Breakfast Pastry Apple Slices		BeneFit Bar Juice
Lunch					
Entree	Cheese Filled Breadsticks/Marinara	Chicken Tenders	Beef Rib B-Q		Pizza
Veg	Steamed Broccoli	Roasted Potatoes	Green Beans		Cucumbers
Fruit	Pears	Pineapples	Peaches		Apple Slices
2	15-Nov	16-Nov	17-Nov	18-Nov	19-Nov
Breakfast	Zee Zee Bar Juice	Mini Pancakes Peaches	Cereal Bowl Applesauce	Zucchini Bread Apple Slices	Appleways Bar Orange Slices
Lunch					
Entree	Calzone	Bean & Cheese Burrito/Salsa	Turkey & Gravy/Dinner Roll	Beef Taco/Soft Shell	Chicken Patty/Bun
Veg	Marinara Cup	Black Beans	Mashed Potatoes	Refried Beans	Seasoned Potato Wedges
Fruit	Fruit Cocktail	Strawberries	Pineapples	100% Juice Ice Slushie	Apple Slices
3	22-Nov	23-Nov	24-Nov	25-Nov	26-Nov
Breakfast	Breakfast Bar Peaches	Mini Cinnis Juice			
Lunch					
Entree	Cheese Quesadilla w/Salsa	Pizza			
Veg	Refried Beans	Broccoli Florets			
Fruit	Applesauce	Pears			
4	29-Nov	30-Nov	1-Dec	2-Dec	3-Dec
Breakfast	Cereal Bowl Applesauce	Appleways Bar Fruit Cocktail	Mini Pancakes Juice	Fruit Filled Pastry Orange Slices	Zee Zee Bar Applesauce
Lunch					
Entree	Chicken Nuggets	Pizza	Omelet/Muffin	Grilled Cheese	Chicken Nachos
Veg	Green Beans	Waffle Fries	Roasted Potatoes	Sweet Potato Fries	Black Beans
Fruit	Peaches	Orange Slices	100% Juice Ice Slushie	Apple Slices	Mandarin Oranges