

ADMINISTRATOR RESOURCES

San Diego County Office of Education

Disclaimer: The resources within this document are intended to support administrators during the COVID-19 crisis. This document is not an endorsement of any particular entity.

Stay Up-to-Date with Health Information

[California Department of Public Health](#)

This webpage will provide information and resources about Coronavirus Disease to stay informed (Spanish-English).

[News Releases/COVID-19 Updates from California Department of Public Health](#)

Updates on current COVID-19 from the California Department of Public Health.

[Rady Children's Hospital San Diego](#)

Health alerts: coronavirus information in English and Spanish. Videos on how to wash hands, resources from kidshealth, general questions, testing, services, etc.

[211 San Diego](#)

Coronavirus information and resources Local non-profit operating 24 hours a day source for access to community, health, social, and disaster services.

Information/Guidance for Child Care Providers

[Provider Information Notices \(PINS\)](#)

Community Care Licensing email addresses for coronavirus disease 2019 (COVID-19) related questions. Statewide waivers for licensing requirements due to COVID-19, and prevention, containment, and mitigation measures.

[Guidance for Schools and Child Care Programs](#)

A list of COVID-19 FAQs from the CDC.

[COVID-19 Guidance for Child Care and Student Supervision in the Event of a School Closure](#)

Intended to provide statewide guidance to help both individuals and caregivers inform their decision making as school closures due to COVID-19 become more prevalent.

[Considerations for Child Care Closure Due to COVID-19](#)

Intended to provide statewide guidance to help both individuals and caregivers inform their decision making as school closures due to COVID-19 become more prevalent.

[CCL Contacts and Child Care Regions by Zip Code](#)

A list of CCL regions and contacts; any school district opening a new child care site must contact Community Care Licensing.

[California Childcare Health Program](#)

Resources on how to respond to COVID-19 in Early Care and Education.

[For Child Care Programs That Remain Open: Supplemental Guidance](#)

Guidance for schools and child care programs.

Resources to Support Distance Learning and Families

[CDE Resources that Support Distance Learning](#)

Part of the COVID-19 Guidance for Schools published on March 17, 2020.

[Child Trends – Well-Being During the COVID-19 Pandemic](#)

How to support children's well-being and social emotional health amid COVID-19 pandemic.

[Coping with Covid-19](#)

Resources (social stories, tips for families) Message in a Backpack, resources for families, talking to children about Covid-19.

[The National Child Traumatic Stress Network: Guia de ayuda para padres y cuidadores para ayudar a las familias a enfrentar la enfermedad coronavirus 2019 \(covid-19\)](#)

This webpage will provide resources for parents and caregivers on child trauma developed by the National Child Traumatic Stress Network (in Spanish and English). Also, resources with important information about the outbreak and learning how to be prepared to reduce stress and anxiety.