

NOVEMBER 2021



ACE'S CORNER



Breakfast Menu

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MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Cereal Bar	1	Cinnamon Donut Holes	2	Butterscotch Oat Bar	3	Mini Strawberry Creamy Chees Bagel	4	Maple Mini Pancakes	5
Graham Cracker & Yogurt		Graham Crackers & Cheese Stick		Cheerios & String Cheese		Frosted Cinnamon Poptart & String Cheese		Rice Chex & Pretzel Goldfish Crackers	
Red Apple & Craisins		100% Fruit Juice & Fresh Orange		Fresh Banana & Applesauce		100% Apple Juice & Fresh Orange		Red Apple & Fresh Banana	
Chocolate Filled Crescent	8	Cherry Frudel	9	Cinnamon Dazzle UBR	10	Bagel & Cream Cheese	11	Berry French Toast	12
Apple Cinnamon Muffin & Cheese Stick		Trix & Hard Boiled Egg		Graham Crackers & Strawberry Yogurt		Cocoa Puffs & Cheese Stick		Team Cheerios Bar & Team Cheerios Bar	
Red Apple & Craisins		100% Fruit Juice & Fresh Orange		Fresh Banana & Applesauce		100% Apple Juice & Fresh Orange		Red Apple & Fresh Banana	
Cinnamon Sugar Donut	15	Oatmeal Banana Chocolate Chip Breakfast Round	16	Strawberry Splash Mini Pancakes	17	Mini Cinnamon Creamy Cheese Bagel	18	Maple Mini Waffles	19
Chocolate Chip Muffin & Cheese Stick		Fruity Cheerios & Hard Boiled Egg		Frosted Fudge Poptart & Cheese Stick		Rice Chex & Cheese Stick		Graham Crackers & Strawberry Yogurt	
Red Apple & Craisins		100% Fruit Juice & Fresh Orange		Fresh Banana & Applesauce		100% Fruit Juice & Fresh Orange		Red Apple & Fresh Banana	
No School	22	No School	23	No School	24	No School	25	No School	26
									
Bagel & Cream Cheese	29	Maple Mini Pancakes	30						
Graham Crackers & Strawberry Banana Yogurt		Cocoa Puffs & Hard Boiled Egg							
Red Apple & Craisins		100% Fruit Juice & Fresh Orange							
						1% Milk & Fat Free Chocolate Milk Offered Daily		Now Hiring!! Food Service is Hiring! Work While Kids are in School Great Benefits Apply online @ www.aramark.com	

GIVE THANKS FOR CRANBERRIES

Cranberries do more than bring bright color and flavor to the Thanksgiving table. They contain moderate levels of vitamin C, dietary fiber, and the essential dietary mineral manganese, as well as other essential micronutrients in minor amounts. Fresh cranberries aren't very tasty eaten out of hand. They are hard, sour, and bitter. Therefore, about 95 percent of cranberries that are harvested end up processed, sweetened, and turned into cranberry juice and the sauce we enjoy on Thanksgiving. They are also sold dried and sweetened. Raw berries can be cut up and added directly to batter for cakes, muffins, and scones, and mix especially well with pumpkin. Have you ever tried pumpkin-cranberry bread? It's delicious!

ACTIVITY: THANKSGIVING CROSSWORD

Cranberries are a big part of Thanksgiving! Use the clues below to fill in the correct answers

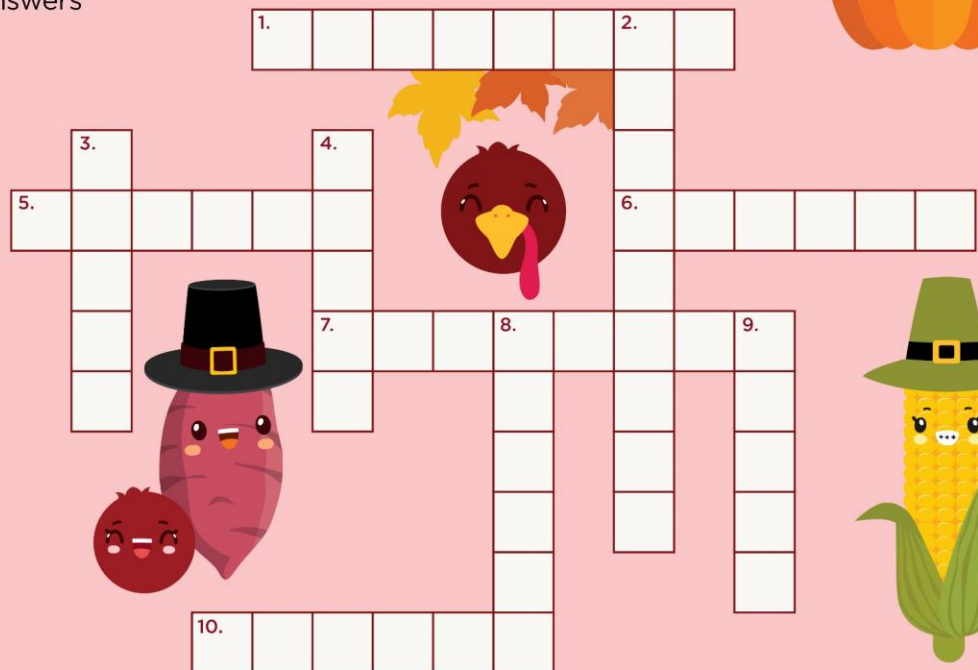
SEE ANSWERS BELOW

ACROSS

1. People who move to a new area with few or no inhabitants.
5. Reddish growth that covers the throat and neck of a turkey
6. Thanksgiving falls in this season
7. Fills up the bird and then fills up the people
10. Main course at Thanksgiving supper

DOWN

2. Another word for family members
3. Another name for corn
4. A celebration with large quantities of food
8. People we visit on Thanksgiving
9. Yummy sauce to pour over turkey



JOKE ANSWER: It saw the cranberry dressing.
 ACTIVITY ANSWER: ACROSS | 1-Settlers; 2-Relatives; 3-Maize; 4-Feast; 5-Wattle; 6-Autumn; 7-Stuffing; 8-Family; 9-Gravy; 10-Turkey; DOWN | 2-Relatives; 3-Maize; 4-Feast; 5-Wattle; 6-Family; 7-Gravy.

ACE'S JOKE OF THE MONTH



Q. WHY WAS THE TURKEY ASHAMED?

SEE ANSWER BELOW

DID YOU KNOW?

THE ORIGINAL ENERGY BAR

Cranberries are one of the few fruits native to North America. Back in the day, cranberries were used as food and medicine. Native Americans would combine cranberries, fat, and ground venison to make a survival cake known as pemmican.

BERRIES BOUNCE AND FLOAT

Small pockets of air inside the fruit enable cranberries to bounce and float.

