

GRIT LEADERSHIP

KEVIN BROENE FOUNDER

Grit Leadership for Educational Athletics, LLC

GritLeadershipEA.com

“Failure” isn’t a bad word

“Failure is not the enemy of success... you can learn from it.
So go ahead and make some mistakes... that is where you will find your success.”

Thomas J. Watson
Former Chairman & CEO, IBM

Why are the levels important?

Every complaint, concern, failure, issue, or negative attitude someone brings to you can be reframed for growth by using one of these levels.

Adapted from Trevor Ragan, Levels of Growth Mindset
thelearnerlab.com

1

Level 1 — Desirable Difficulty

It takes struggle to grow.

2

Level 2 — Takes Time

It takes time to build new skills.

3

Level 3 — Opt In

It requires repetition and action.

4

Level 4 — Don’t Rob Reps

Don’t fix it for them.

Growth mindsets build grit and resilience. Who we are today, is not final...

“You were designed to be continuously improved. If you want to get better at things that matter to you, then you just have to get to work!”

Dr. Michael Merzenich
Neuroscientist

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Effort Counts Twice

Angela Duckworth

$$\begin{array}{rcccl} \text{_____} & & \times & \text{_____} & = & \text{_____} \\ \text{Talent} & & & \text{Effort} & & \text{Skills} \\ \\ \text{_____} & & \times & \text{_____} & = & \text{_____} \\ \text{Skills} & & & \text{Effort} & & \text{Outcomes} \end{array}$$

What is GRIT?

In opposition, setback, or failure,
focus on controlling the controllables.

"We develop grit in others by praising their process, not their result."

Carol Dweck
Mount Rushmore of Growth Mindset

"The demonstration of perseverance and passion for very long term goals."

Angela Duckworth
CEO, Character Lab

"Equal parts determination, tenacity and emotional resilience..."

John Rosemond
Author and Family Psychologist