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# Hastings & Rother Parents

## Reducing Family Conflict

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**What?** Those tricky Teen in-between years can really take a toll on family life. Learn ways to help teach your teen to get along with all the family.

**Where?** Virtually via Microsoft Teams

**When?** Tuesday 9<sup>th</sup> November '21 12-2pm

Friday 10<sup>th</sup> December '21 12-2pm

To book your free place  
call **01424 725800** or email:  
**[info@openforparents.org.uk](mailto:info@openforparents.org.uk)**

