

# COVID-19 Flowchart for Parents

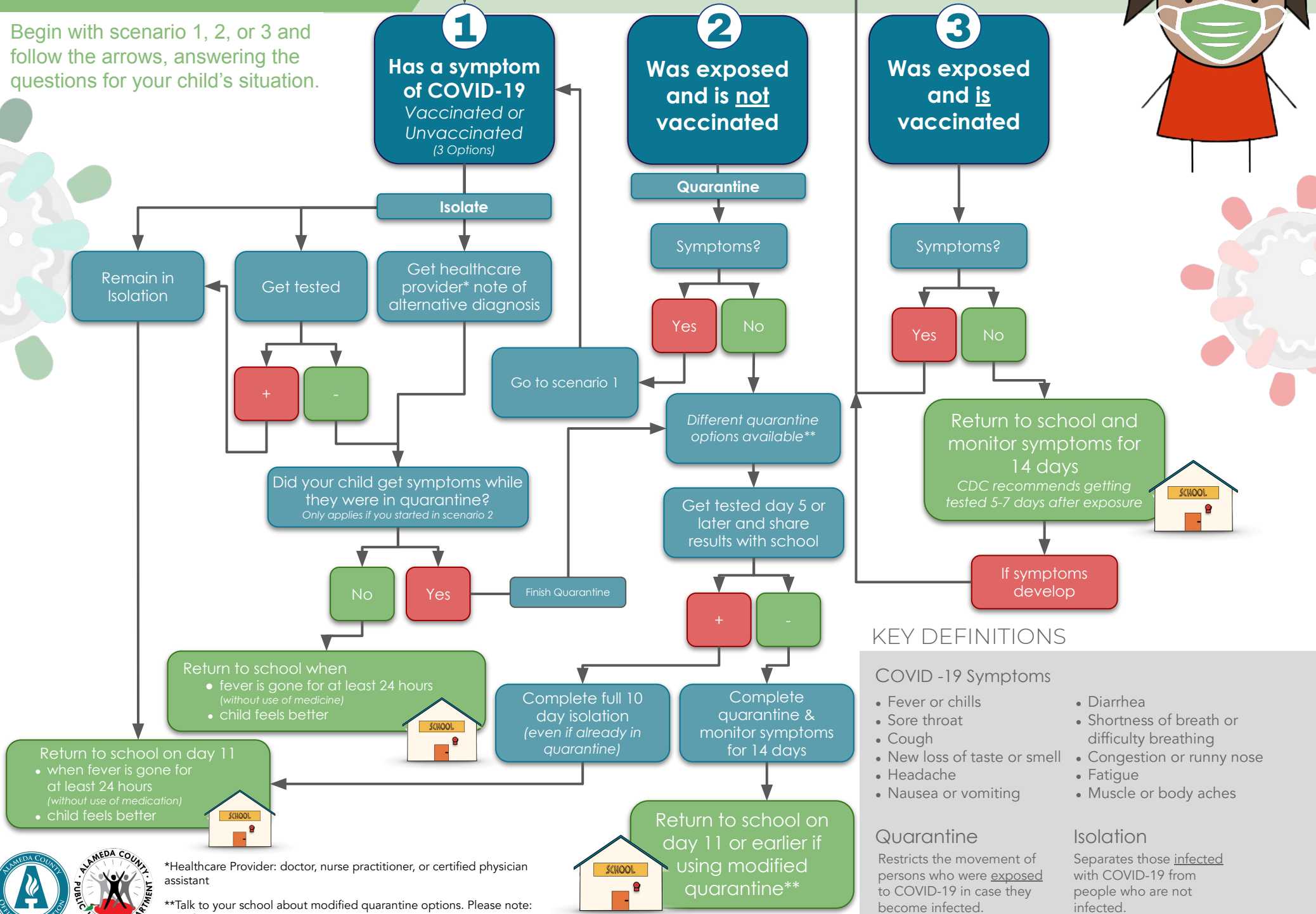
Updated 10/25/21

## MY CHILD...

These protocols are based on guidance provided by California Department of Public Health (CDPH)



Begin with scenario 1, 2, or 3 and follow the arrows, answering the questions for your child's situation.



### KEY DEFINITIONS

#### COVID -19 Symptoms

- Fever or chills
- Sore throat
- Cough
- New loss of taste or smell
- Headache
- Nausea or vomiting
- Diarrhea
- Shortness of breath or difficulty breathing
- Congestion or runny nose
- Fatigue
- Muscle or body aches

#### Quarantine

Restricts the movement of persons who were exposed to COVID-19 in case they become infected.

#### Isolation

Separates those infected with COVID-19 from people who are not infected.

\*Healthcare Provider: doctor, nurse practitioner, or certified physician assistant

\*\*Talk to your school about modified quarantine options. Please note: modified quarantine only applies to school and not extracurriculars or sports

