

WRESTLING

(Elementary and Middle School Ages)

Sponsored by:

Mountainside Wrestling Club

MISSION: Promote the sport of wrestling to youth athletes K-8th grade and to develop both physically and mentally by building strong fundamentals and having fun.

Opening Night is Monday, Nov. 8th at Mountainside
High School!

Online registration is now available! Online registration is now mandatory. Please visit the “Youth Wrestling” page at www.mountainsidewrestling.com and follow the link to the online registration form, or go directly to <https://mountainsidewrestling.sportngin.com>

The Beaverton School District does not sponsor or endorse the activities and/or information in this material.

Practice Begins- Monday, Nov. 8th

Location- Mountainside High School Wrestling Room. - Enter through the main entrance, turn right after entering, then an immediate right again to go down the stairs to the Lower Level (Basement). Once there, the wrestling room will be just past the hallway that leads to the gym on the right.

REGULAR PRACTICE TIMES:

Grades K-4th: 6pm-7pm (Monday and Wednesday)

Grades 5th-8th: 7pm-8:30pm (Monday and Wednesday)

Season: November 8th - February 2nd

COMPETITIONS:

Tournaments- Saturday and or Sunday mornings in Beaverton/Hillsboro area (schedule to follow, usually starts first weekend in December).

Tentative District Tournament (end of the season usually first weekend in February) will be at a local High School (schedule to follow).

USA Wrestling Tournament Schedule for advanced wrestlers will also be posted on the website.

COST for all ages:

\$166.00. Fee will be collected the first day of practice. Please visit the youth wrestling page on www.mountainsidewrestling.com or go directly to <https://mountainsidewrestling.sportngin.com> for the link to pay online.

Price includes- MWC t-shirt, USA wrestling membership, and wrestler entry to Metro League Tournaments.

Questions? Contact Coach James Lybarger at mountainsidewrestlingclub@gmail.com

For additional information/updates follow:

<https://www.facebook.com/mountainsidewrestlingclub/>

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