

MONDAY**1****Main Entrees**

- Breakfast Rolled Taco
- Cinnamon Toast Crunch Cereal
- Reduced Sugar Trix
- Lucky Charms
- Cocoa Puffs Cereal
- Low Fat Mozzarella String Cheese

Fruit & Vegetable Bar

- Assorted Fruit Juice
- Assorted Chilled Fruit

Milk & Condiments

- Chocolate Skim Milk
- 1% Low-fat Milk

TUESDAY**2****Main Entrees**

- Mini Cinnis
- Cinnamon Toast Crunch Cereal
- Reduced Sugar Trix
- Lucky Charms
- Cocoa Puffs Cereal
- Low Fat Mozzarella String Cheese

Fruit & Vegetable Bar

- Assorted Fruit Juice
- Assorted Chilled Fruit

Milk & Condiments

- Chocolate Skim Milk
- 1% Low-fat Milk

WEDNESDAY**3****Main Entrees**

- Breakfast Turkey Sausage Pizza
- Cinnamon Toast Crunch Cereal
- Reduced Sugar Trix
- Lucky Charms
- Cocoa Puffs Cereal
- Low Fat Mozzarella String Cheese

Fruit & Vegetable Bar

- Assorted Fruit Juice
- Assorted Chilled Fruit

Milk & Condiments

- Chocolate Skim Milk
- 1% Low-fat Milk

THURSDAY**4****Main Entrees**

- Apple Cinnamon Muffin
- Cinnamon Toast Crunch Cereal
- Reduced Sugar Trix
- Lucky Charms
- Cocoa Puffs Cereal
- Low Fat Mozzarella String Cheese

Fruit & Vegetable Bar

- Assorted Fruit Juice
- Assorted Chilled Fruit

Milk & Condiments

- Chocolate Skim Milk
- 1% Low-fat Milk

FRIDAY**5****8****Main Entrees**

- Breakfast Rolled Taco
- Cinnamon Toast Crunch Cereal
- Reduced Sugar Trix
- Lucky Charms
- Cocoa Puffs Cereal
- Low Fat Mozzarella String Cheese

Fruit & Vegetable Bar

- Assorted Fruit Juice
- Assorted Chilled Fruit

Milk & Condiments

- Chocolate Skim Milk
- 1% Low-fat Milk

9**Main Entrees**

- Mini Cinnis
- Cinnamon Toast Crunch Cereal
- Reduced Sugar Trix
- Lucky Charms
- Cocoa Puffs Cereal
- Low Fat Mozzarella String Cheese

Fruit & Vegetable Bar

- Assorted Fruit Juice
- Assorted Chilled Fruit

Milk & Condiments

- Chocolate Skim Milk
- 1% Low-fat Milk

10**Main Entrees**

- Breakfast Turkey Sausage Pizza
- Cinnamon Toast Crunch Cereal
- Reduced Sugar Trix
- Lucky Charms
- Cocoa Puffs Cereal
- Low Fat Mozzarella String Cheese

Fruit & Vegetable Bar

- Assorted Fruit Juice
- Assorted Chilled Fruit

Milk & Condiments

- Chocolate Skim Milk
- 1% Low-fat Milk

11**Main Entrees**

- Chocolate Chip Muffin
- Cinnamon Toast Crunch Cereal
- Reduced Sugar Trix
- Lucky Charms
- Cocoa Puffs Cereal
- Low Fat Mozzarella String Cheese

Fruit & Vegetable Bar

- Assorted Fruit Juice
- Assorted Chilled Fruit

Milk & Condiments

- Chocolate Skim Milk
- 1% Low-fat Milk

12**Main Entrees**

- Frosted Fudge Pop-Tart
- Cinnamon Toast Crunch Cereal
- Reduced Sugar Trix
- Lucky Charms
- Cocoa Puffs Cereal
- Low Fat Mozzarella String Cheese

Fruit & Vegetable Bar

- Assorted Fruit Juice
- Assorted Chilled Fruit

Milk & Condiments

- Chocolate Skim Milk
- 1% Low-fat Milk

15**Main Entrees**

- Blueberry Muffin
- Cinnamon Toast Crunch Cereal
- Reduced Sugar Trix
- Lucky Charms
- Cocoa Puffs Cereal
- Low Fat Mozzarella String Cheese

Fruit & Vegetable Bar

- Assorted Fruit Juice
- Assorted Chilled Fruit

Milk & Condiments

- Chocolate Skim Milk
- 1% Low-fat Milk

16**Main Entrees**

- Breakfast Rolled Taco
- Cinnamon Toast Crunch Cereal
- Reduced Sugar Trix
- Lucky Charms
- Cocoa Puffs Cereal
- Low Fat Mozzarella String Cheese

Fruit & Vegetable Bar

- Assorted Fruit Juice
- Assorted Chilled Fruit

Milk & Condiments

- Chocolate Skim Milk
- 1% Low-fat Milk

17**Main Entrees**

- Breakfast Turkey Sausage Pizza
- Cinnamon Toast Crunch Cereal
- Reduced Sugar Trix
- Lucky Charms
- Cocoa Puffs Cereal
- Low Fat Mozzarella String Cheese

Fruit & Vegetable Bar

- Assorted Fruit Juice
- Assorted Chilled Fruit

Milk & Condiments

- Chocolate Skim Milk
- 1% Low-fat Milk

18**Main Entrees**

- Apple Cinnamon Muffin
- Cinnamon Toast Crunch Cereal
- Reduced Sugar Trix
- Lucky Charms
- Cocoa Puffs Cereal
- Low Fat Mozzarella String Cheese

Fruit & Vegetable Bar

- Assorted Fruit Juice
- Assorted Chilled Fruit

Milk & Condiments

- Chocolate Skim Milk
- 1% Low-fat Milk

19**Main Entrees**

- Breakfast Rolled Taco
- Cinnamon Toast Crunch Cereal
- Reduced Sugar Trix
- Lucky Charms
- Cocoa Puffs Cereal
- Low Fat Mozzarella String Cheese

Fruit & Vegetable Bar

- Assorted Fruit Juice
- Assorted Chilled Fruit

Milk & Condiments

- Chocolate Skim Milk
- 1% Low-fat Milk

22**29****Main Entrees**

- Apple Cinnamon Muffin
- Cinnamon Toast Crunch Cereal
- Reduced Sugar Trix
- Lucky Charms
- Cocoa Puffs Cereal
- Low Fat Mozzarella String Cheese

Fruit & Vegetable Bar

- Assorted Fruit Juice

23**30****Main Entrees**

- Mini Cinnis
- Cinnamon Toast Crunch Cereal
- Reduced Sugar Trix
- Lucky Charms
- Cocoa Puffs Cereal
- Low Fat Mozzarella String Cheese

Fruit & Vegetable Bar

- Assorted Fruit Juice

24**1****25****2****26****3**

MONDAY**1****Main Entrees**

- Chicken Nuggets
- Whole Grain Dinner Roll
- Turkey Ham & Cheese Sandwich

Sides for All Meals

- Baked Apple Slices

Fruit & Vegetable Bar

- Fresh Carrots
- Fresh Broccoli Florets
- Sliced Fresh Apples
- Assorted Chilled Fruit

Milk & Condiments

- Chocolate Skim Milk
- 1% Low-fat Milk
- Ketchup Packet
- BBQ Sauce
- Ranch Dressing

TUESDAY**2****Main Entrees**

- Bean & Cheese Burrito
- Cheese Pizza
- Turkey and Cheese Sandwich

Fruit & Vegetable Bar

- Fresh Carrots
- Green Peas
- Fresh Mandarin Orange
- Assorted Chilled Fruit

Milk & Condiments

- Chocolate Skim Milk
- 1% Low-fat Milk
- Mayonnaise
- Mustard Packet
- Ranch Dressing
- Salsa

WEDNESDAY**3****Main Entrees**

- Toasty Cheese Sandwich
- Campbell's Tomato Soup
- Yogurt & Graham Cracker Fun

Fruit & Vegetable Bar

- Fresh Carrots
- Fresh Broccoli Florets
- Garbanzo Beans
- Dried Cranberries
- Assorted Chilled Fruit

Milk & Condiments

- Chocolate Skim Milk
- 1% Low-fat Milk
- Ketchup Packet

THURSDAY**4****Main Entrees**

- Cheese Pizza
- Chicken Caesar Salad Wrap
- Muffin, Cheese, & Yogurt Fun

Fruit & Vegetable Bar

- Fresh Carrots
- Green Peas
- Fresh Mandarin Orange
- Assorted Chilled Fruit

Milk & Condiments

- Chocolate Skim Milk
- 1% Low-fat Milk
- Ranch Dressing

FRIDAY**5****8****Main Entrees**

- Chicken Nuggets
- Whole Grain Dinner Roll
- Turkey Ham & Cheese Sandwich

Sides for All Meals

- Baked Apple Slices

Fruit & Vegetable Bar

- Fresh Carrots
- Fresh Broccoli Florets
- Sliced Fresh Apples
- Assorted Chilled Fruit

Milk & Condiments

- Chocolate Skim Milk
- 1% Low-fat Milk
- Ketchup Packet
- BBQ Sauce
- Ranch Dressing

9**Main Entrees**

- Soft Beef Taco
- Shredded Cheddar Cheese
- Shredded Lettuce
- Cheese Pizza
- Turkey and Cheese Sandwich

Fruit & Vegetable Bar

- Fresh Carrots
- Green Peas
- Fresh Mandarin Orange
- Assorted Chilled Fruit

Milk & Condiments

- Chocolate Skim Milk
- 1% Low-fat Milk
- Mayonnaise
- Mustard Packet
- Ranch Dressing
- Salsa

10**Main Entrees**

- Turkey Hot Dog
- Yogurt & Graham Cracker Fun

Fruit & Vegetable Bar

- Fresh Carrots
- Fresh Broccoli Florets
- Garbanzo Beans
- Sliced Fresh Apples
- Assorted Chilled Fruit

Milk & Condiments

- Chocolate Skim Milk
- 1% Low-fat Milk
- Ketchup Packet
- Mustard Packet
- Ranch Dressing

11**Main Entrees**

- Cheese Pizza
- Chicken Caesar Salad Wrap
- Muffin, Cheese, & Yogurt Fun

Fruit & Vegetable Bar

- Fresh Carrots
- Green Peas
- Fresh Mandarin Orange
- Assorted Chilled Fruit

Milk & Condiments

- Chocolate Skim Milk
- 1% Low-fat Milk
- Ranch Dressing

12**Main Entrees**

- Classic American Cheeseburger
- Crispy Chicken Patty Sandwich

Fruit & Vegetable Bar

- Fresh Carrots
- Fresh Cauliflower Florets
- Dried Cranberries
- Assorted Chilled Fruit

Milk & Condiments

- Chocolate Skim Milk
- 1% Low-fat Milk
- Ketchup Packet
- Mayonnaise
- Mustard Packet
- Ranch Dressing
- Salsa

15**Main Entrees**

- Chicken Nuggets
- Whole Grain Dinner Roll
- Turkey Ham & Cheese Sandwich

Sides for All Meals

- Baked Apple Slices

Fruit & Vegetable Bar

- Fresh Carrots
- Fresh Broccoli Florets
- Sliced Fresh Apples
- Assorted Chilled Fruit

Milk & Condiments

- Chocolate Skim Milk
- 1% Low-fat Milk
- Ketchup Packet
- BBQ Sauce
- Ranch Dressing

16**Main Entrees**

- Bean & Cheese Burrito
- Cheese Pizza
- Turkey and Cheese Sandwich

Fruit & Vegetable Bar

- Fresh Carrots
- Green Peas
- Fresh Mandarin Orange
- Assorted Chilled Fruit

Milk & Condiments

- Chocolate Skim Milk
- 1% Low-fat Milk
- Mayonnaise
- Mustard Packet
- Ranch Dressing
- Salsa

17**Main Entrees**

- Turkey Hot Dog
- Yogurt & Graham Cracker Fun

Fruit & Vegetable Bar

- Fresh Carrots
- Fresh Broccoli Florets
- Garbanzo Beans
- Sliced Fresh Apples
- Assorted Chilled Fruit

Milk & Condiments

- Chocolate Skim Milk
- 1% Low-fat Milk
- Ketchup Packet
- Mustard Packet
- Ranch Dressing

18**Main Entrees**

- Cheese Pizza
- Roasted Turkey with Gravy
- Chicken Caesar Salad Wrap

Fruit & Vegetable Bar

- Fresh Carrots
- Green Peas
- Fresh Mandarin Orange
- Assorted Chilled Fruit

Milk & Condiments

- Chocolate Skim Milk
- 1% Low-fat Milk
- Ranch Dressing

19**Main Entrees**

- Roasted Turkey with Gravy
- Mashed Potatoes
- Whole Grain Dinner Roll
- Cinnamon Glazed Carrots
- Baked Apple Slices

Fruit & Vegetable Bar

- Dried Cranberries

Milk & Condiments

- Chocolate Skim Milk
- 1% Low-fat Milk

22**23****24****25****26**

29

Main Entrees

- Chicken Nuggets
- Whole Grain Dinner Roll
- Turkey Ham & Cheese Sandwich

Sides for All Meals

- Baked Apple Slices

Fruit & Vegetable Bar

- Fresh Carrots
- Fresh Broccoli Florets
- Sliced Fresh Apples
- Assorted Chilled Fruit

Milk & Condiments

- Chocolate Skim Milk
- 1% Low-fat Milk
- Ketchup Packet
- BBQ Sauce
- Ranch Dressing

30

Main Entrees

- Bean & Cheese Burrito
- Cheese Pizza
- Turkey and Cheese Sandwich

Fruit & Vegetable Bar

- Fresh Carrots
- Green Peas
- Fresh Mandarin Orange
- Assorted Chilled Fruit

Milk & Condiments

- Chocolate Skim Milk
- 1% Low-fat Milk
- Mayonnaise
- Mustard Packet
- Ranch Dressing
- Salsa

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Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.