



# Junior Camp Daily Schedule

The camp day runs from 7:30 to 3:30pm, with the first activity starting at 8:15am. Campers attend a variety of activities and the schedule varies every day. Most activities run for 40 minutes. We also have special events during the week! Campers swim every day and attend all other activities at least twice a week.

## **Nature**

Campers learn about plants, animals, caring for the earth, and more!

## **Art**

Campers create theme-based masterpieces using paint, collage, and more!

## **Sports & Games**

Campers play sports, participate in teambuilding games, and play actively outside!

## **Snack**

Campers gather for a snack break. We serve goldfish crackers, wheat thins, pretzels, etc. We always have fruit and water as well.

## **Lunch**

Our lunch menu rotates and is available online. In addition to the main course, we always offer vegetables and fruit on the side. Campers may also bring a nut-free lunch.

## **Swimming**

Our swimming lessons are taught by our team of lifeguards in our indoor pool. An in-depth description of our swimming program is available on the website. Campers are grouped by ability.

## **Rest Time**

Campers take a break from the sun and activities. Our younger camps tend to sleep. Older campers are encouraged to spend a few minutes relaxing and playing inside. This is also a time for us to re-sunscreen, fill water bottles, etc.

## **Playscape**

Campers head outside to the play! It is a time to be creative, run around, and just be kids. The playscape has sand to dig in, play structures to climb on, slides, water features, hammocks, and play areas.

## **Creative Movement**

Campers learn dance moves, play music-based games, play act, and more!

## **Woodshop**

Campers get out their hammers and create fun wooden projects!

## **Creation Station**

Campers experiment, create, and play during Creation Station. In years past, we have made slime, playdough, "snow," ooblek, and more!

**Special Activities** include the Tumblebus, karate, musical guests, bounce houses, and more!