









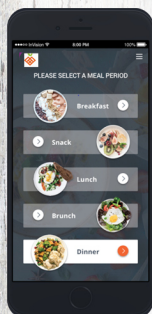
Welcome to our Lunch Cafe

Morris School District Elementary

November 2021

The USDA has approved FREE breakfast and lunch for all students attending schools on the NSLP/SBP for the 2021-2022 school year. Menu selections may vary from those on the menu due to the COVID related impact on production, distribution and delivery.

Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken Nuggets Oven Baked Fries Ketchup Bagel with String Cheese Celery Sticks Apple Slices	2 	3 French Bread Pizza Yogurt Lunch Shredded Carrots Celery Sticks Fresh Pear	4 	5 
8 Cheeseburger Oven Baked Fries Bagel with String Cheese Shredded Carrots Fresh Apple	9 Crispy Chicken Sandwich Not-A-Nut Butter & Jelly Sandwich Grape Tomatoes Fresh Orange	10 French Bread Pizza Yogurt Lunch Shredded Carrots Celery Sticks Fresh Pear	11 Beef Hot Dog on Bun Ketchup Bagel with String Cheese Baby Carrots Fresh Apple	12 Cheesy Stuffed Bread Sticks Tomato Sauce Yogurt Lunch Tomatoes Fresh Pear
15 Baked Chicken Tenders Crispy Potato Puffs Ketchup Bagel with String Cheese Celery Sticks Apple Slices	16 Sausage and Cheese Sandwich Not-A-Nut Butter & Jelly Sandwich Shredded Carrots Fresh Orange	17 Classic Cheese Pizza Yogurt Lunch Shredded Carrots Celery Sticks Fresh Grapes	18 Beef Hot Dog on Bun Bagel with String Cheese Side of Beans Apple Slices	19 Cheesy Stuffed Bread Sticks Tomato Sauce Yogurt Lunch Tomatoes Fresh Pear
22 Cheeseburger Oven Baked Fries Ketchup Bagel with String Cheese Celery Sticks Apple Slices	23 Crispy Popcorn Chicken Ketchup Not-A-Nut Butter & Jelly Sandwich Fresh Baby Carrots Fresh Pear	24 Classic Cheese Pizza Yogurt Lunch Shredded Carrots Celery Sticks Fresh Orange	25 	26 
29 Chicken Nuggets Oven Baked Fries Ketchup Bagel with String Cheese Celery Sticks Apple Slices	30 Cheeseburger Not-A-Nut Butter & Jelly Sandwich Fresh Baby Carrots Fresh Pear	<div>  <p>Whitsons proudly supports clean, sustainable agriculture! We also focus on using ingredients that are locally sourced, all-natural, organic and non-GMO whenever possible.</p> </div>		



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. Check out our mobile menu at www.FDMealPlanner.com or download FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.

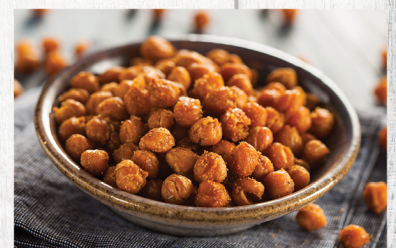


ALL LUNCHES INCLUDE PROTEIN, GRAIN, FRESH FRUIT, VEGETABLE & CHOICE OF CHOCOLATE FAT FREE MILK OR WHITE LOW FAT



LUNCHES ARE FREE OF CHARGE FOR ALL STUDENTS
HOT AND COLD CHOICE DAILY Bagel Lunch offered daily as vegetarian option

All food prepackaged for safe handling
Questions... call 973-292-2000 ext 2111 or email Linda.Ladolcetta@msdk12.net



*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.