



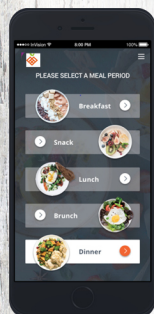
# Welcome to our Breakfast Cafe

## Morris School District Elementary

**November  
2021**

The USDA has approved FREE breakfast and lunch for all students attending schools on the NSLP/SBP for the 2021-2022 school year.  
Menu selections may vary from those on the menu due to the COVID related impact on production, distribution and delivery.

Monday	Tuesday	Wednesday	Thursday	Friday
1 Golden Grahams Cereal Graham Crackers Fresh Apple 100% Orange Juice Blend	2 WG Banana Muffin 100% Apple Juice Fresh Pear 1% Milk	3 Red. Sugar Apple Jacks Cereal Fresh Orange Graham Crackers 100% Orange Juice Blend 1% Milk	4 WG Chocolate Chip Muffin 100% Apple Juice Fresh Pear	5 Strawberry Nutri-Grain Bar Graham Crackers Fresh Apple 100% Orange Juice Blend
8 Golden Grahams Cereal Graham Crackers Fresh Apple 100% Orange Juice Blend 1% Milk	9 WG Banana Muffin 100% Apple Juice Fresh Pear 1% Milk	10 Apple Cinnamon Cheerios Cereal Graham Crackers Fresh Apple 100% Orange Juice Blend 1% Milk	11 WG Chocolate Chip Muffin 100% Apple Juice Fresh Pear	12 Strawberry Nutri-Grain Bar Graham Crackers Fresh Apple 100% Orange Juice Blend
15 Golden Grahams Cereal Graham Crackers Fresh Apple 100% Orange Juice Blend	16 WG Banana Muffin Fresh Orange 100% Apple Juice	17 Red. Sugar Apple Jacks Cereal Graham Crackers Fresh Pear 100% Orange Juice Blend	18 WG Chocolate Chip Muffin 100% Apple Juice Fresh Orange 1% Milk	19 Rice Krispies Cereal Graham Crackers Fresh Apple 100% Orange Juice Blend
22 Strawberry Nutri-Grain Bar Graham Crackers 100% Apple Juice Fresh Pear	23 WG Banana Muffin Fresh Orange 100% Apple Juice	24 Apple Cinnamon Cheerios Cereal Graham Crackers Fresh Pear 100% Orange Juice Blend	25 WG Chocolate Chip Muffin 100% Apple Juice Fresh Orange 1% Milk	26 Rice Krispies Cereal Graham Crackers Fresh Apple 100% Orange Juice Blend
29 Golden Grahams Cereal Graham Crackers Fresh Apple 100% Orange Juice Blend	30 WG Banana Muffin 100% Apple Juice Plums	<div data-bbox="682 1482 1234 1589" data-label="Text"> <p><b>FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!</b></p> </div> <div data-bbox="1243 1436 1531 1646" data-label="Image"></div>		



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful.

Check out our mobile menu at [www.FDMealPlanner.com](http://www.FDMealPlanner.com) or download

FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.



**All Breakfast  
Includes Grain,  
Fresh Fruit, 100%  
Fruit Juice &  
Choice of Fat Free  
Milk  
or 1% Milk**

**CLASSROOM BREAKFAST IS  
AVAILABLE DAILY AND FREE FOR  
ALL STUDENTS  
PLEASE LET YOUR TEACHER KNOW  
IF YOU WOULD LIKE TO EAT  
BREAKFAST!**

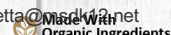
If you have any questions or would like additional information regarding the menu please contact Linda Ladoicetta @ 973-292-



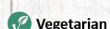
2000 ext 2111 or email [Linda.Ladoicetta@mlk12.net](mailto:Linda.Ladoicetta@mlk12.net)



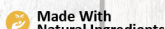
Made With



Organic Ingredients



Vegetarian



Made With Natural Ingredients

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.