Welcome to our Lunch Cafe

11/1/2021 - 11/5/2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Miss RUBY'S GRILL	Cheeseburger burger topped with cheese on a freshly toasted bun Classic Beef Burger Beef Hot Dog on Bun Oven Baked Fries		Classic Beef Burger beef burger on a freshly toasted bun Cheeseburger Beef Hot Dog on Bun		
		LUNCHE	S ARE FREE TO ALL STU	DENTS	
da CUCINA	Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese Meatball Pizza		Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese		
World 3 ** 6 MARKET	Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house		Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house		
World Tr.	Spicy Chicken Sandwich warm spicy crispy chicken sandwich prepared in-house		Spicy Chicken Sandwich warm spicy crispy chicken sandwich prepared in-house		
Healthy	Garden Salad Celery Fresh Red Delicious Apple Fresh Green Grapes		Garden Salad Cucumber Coins Fresh Pear Sauteed Cinnamon Apple Slices		
Great SAMERICAN	Ham & Cheese Sandwich P Turkey & Cheese Sandwich Chicken Delight Wrap		Ham & Cheese Sandwich Turkey & Cheese Sandwich Chicken Delight Wrap tender chicken and melted cheese wrapped		
Frait Aby EXPRESS					



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful.

Check out our mobile menu at

www.FDMealPlanner.com or download FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.



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Welcome to our Lunch Cafe

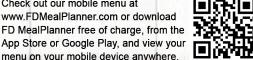
11/8/2021 - 11/12/2021

	Monday	Tuesday	Wednesday	Thursday	Friday		
Miss RUBY'S GRILL	Cheeseburger burger topped with cheese on a freshly toasted bun Classic Beef Burger Beef Hot Dog on Bun Oven Baked Fries	Cheeseburger burger topped with cheese on a freshly toasted bun Classic Beef Burger Beef Hot Dog on Bun Oven Baked Fries	Classic Beef Burger beef burger on a freshly toasted bun Cheeseburger Beef Hot Dog on Bun	Classic Beef Burger Cheeseburger Beef Hot Dog on Bun Oven Baked Fries	Classic Beef Burger Cheeseburger Beef Hot Dog on Bun Oven Baked Fries		
	ALL LUNCHES ARE FREE TO ALL STUDENTS! LUNCHES ARE PREPACKED FOR FOOD SAFETY!						
da CUCINA	Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese Meatball Pizza	Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese	Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese	Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese	Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese		
World To	Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house	Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house	Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house	Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house	Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house		
World T. MARKET	Spicy Chicken Sandwich warm spicy crispy chicken sandwich prepared in-house	Spicy Chicken Sandwich warm spicy crispy chicken sandwich prepared in-house	Spicy Chicken Sandwich warm spicy crispy chicken sandwich prepared in-house	Spicy Chicken Sandwich warm spicy crispy chicken sandwich prepared in-house	Spicy Chicken Sandwich warm spicy crispy chicken sandwich prepared in-house		
Healthy	Garden Salad Celery Fresh Red Delicious Apple Fresh Green Grapes	Shredded Carrots Fresh Pear	Garden Salad Cucumber Coins Fresh Pear Sauteed Cinnamon Apple Slices	Side of Beans side of beans cooked to tender perfection Garden Salad Fresh Pear	Garden Salad Shredded Carrots Watermelon Cup		
Great SAMERICAN	Ham & Cheese Sandwich P Turkey & Cheese Sandwich Chicken Delight Wrap	Ham & Cheese Sandwich P Turkey & Cheese Sandwich Chicken Delight Wrap	Ham & Cheese Sandwich P Turkey & Cheese Sandwich Chicken Delight Wrap	Ham & Cheese Sandwich P Turkey & Cheese Sandwich Chicken Delight Wrap	Ham & Cheese Sandwich P Turkey & Cheese Sandwich Chicken Delight Wrap		
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f	CONDIMENTS						



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menu on your mobile device anywhere.



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Welcome to our Lunch Cafe

11/15/2021 - 11/19/2021

	Monday	Tuesday	Wednesday	Thursday	Friday		
Miss RUBY'S	Cheeseburger Classic Beef Burger Beef Hot Dog on Bun Oven Baked Fries	Classic Beef Burger Cheeseburger Beef Hot Dog on Bun Oven Baked Fries	Classic Beef Burger Cheeseburger Beef Hot Dog on Bun Oven Baked Fries	Classic Beef Burger Cheeseburger Beef Hot Dog on Bun Oven Baked Fries	Classic Beef Burger Cheeseburger Beef Hot Dog on Bun Oven Baked Fries		
	ALL LUNCHES	L LUNCHES ARE FREE FOR ALL STUDENTS! LUNCHES ARE PREPACKED FOR FOOD					
^{1a} CUCINA	Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese	Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese	Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese	Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese	Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese		
World Tax	Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house	Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house	Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house	Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house	Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house		
World * **	Spicy Chicken Sandwich warm spicy crispy chicken sandwich prepared in-house						
Healthy	Steamed Corn Fresh Green Grapes	Shredded Carrots Fresh Orange	Celery Shredded Carrots	Garden Salad Sriracha Garbanzo Beans Fresh Banana Fresh Pear	Side Garden Salad fresh lettuce and tomato salad Honeydew and Cantaloupe Cup		
Great SAMERICAN SANOWICH CO.	Ham & Cheese Sandwich Turkey & Cheese Sandwich Chicken Delight Wrap tender chicken and melted cheese wrapped	Ham & Cheese Sandwich Turkey & Cheese Sandwich Chicken Delight Wrap tender chicken and melted cheese wrapped	Ham & Cheese Sandwich Turkey & Cheese Sandwich Chicken Delight Wrap tender chicken and melted cheese wrapped	Ham & Cheese Sandwich Turkey & Cheese Sandwich Chicken Delight Wrap tender chicken and melted cheese wrapped	Ham & Cheese Sandwich P Turkey & Cheese Sandwich Chicken Delight Wrap tender chicken and melted cheese wrapped		
Frait And		ASSORTED FRUITS AVAILABLE DAILY ASSORTED CONDIMENTS					



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Welcome to our Lunch Cafe

11/22/2021 - 11/26/2021

Monday	Tuesday	Wednesday	Thursday	Friday
Cheeseburger Classic Beef Burger Beef Hot Dog on Bun Oven Baked Fries	Classic Beef Burger Cheeseburger Beef Hot Dog on Bun Oven Baked Fries	Classic Beef Burger Cheeseburger Beef Hot Dog on Bun Oven Baked Fries		
LUNCHES ARE I	REE FOR ALL ST	UDENTS! LUNCH	ES ARE PREPACKE	D FOR FOOD
Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese	Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese	Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese	THANKSGIVING	
			Santa Santa	
Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house	Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house	Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house		
Spicy Chicken Sandwich warm spicy crispy chicken sandwich prepared in-house	Spicy Chicken Sandwich warm spicy crispy chicken sandwich prepared in-house	Spicy Chicken Sandwich warm spicy crispy chicken sandwich prepared in-house		
Steamed Corn Fresh Green Grapes	Shredded Carrots Fresh Orange	Shredded Carrots Cucumber Coins Sauteed Cinnamon Apple Slices		
Ham & Cheese Sandwich P Turkey & Cheese Sandwich Chicken Delight Wrap tender chicken and melted cheese wrapped	Ham & Cheese Sandwich Turkey & Cheese Sandwich Chicken Delight Wrap tender chicken and melted cheese wrapped	Ham & Cheese Sandwich P Turkey & Cheese Sandwich Chicken Delight Wrap tender chicken and melted cheese wrapped		
ASSORTED FRUITS AVAILABLE DAILY ASSORTED CONDIMENTS				
	EUNCHES ARE Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese sandwich warm crispy breaded chicken on a bun prepared in-house Spicy Chicken Sandwich warm spicy crispy chicken sandwich prepared in-house Steamed Corn Fresh Green Grapes Steamed Corn Fresh Green Grapes Assort Availa	Classic Beef Burger Beef Hot Dog on Bun Oven Baked Fries LUNCHES ARE FREE FOR ALL ST Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese warapped Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house Crispy Chicken Sandwich warm spicy crispy chicken sandwich prepared in-house Spicy Chicken Sandwich prepared in-house	Classic Beef Burger Beef Hot Dog on Bun Oven Baked Fries Cheeseburger Beef Hot Dog on Bun Oven Baked Fries Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house Crispy Chicken Sandwich warm spicy crispy chicken sandwich prepared in-house Spicy Chicken Sandwich warm spicy crispy chicken sandwich prepared in-house Steamed Corn Fresh Green Grapes Steamed Corn Fresh Green Grapes Cheeseburger Beef Hot Dog on Bun Oven Baked Fries Cheeseburger Beef Hot Dog on Bun Oven Baked Fries Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese € Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house Crispy Chicken Sandwich warm spicy crispy chicken sandwich prepared in-house Spicy Chicken Sandwich prepared in-house Spicy Chicken Sandwich prepared in-house Steamed Corn Fresh Green Grapes Shredded Carrots Fresh Orange Steamed Corn Fresh Orange Harm & Cheese Sandwich Prepared in-house Harm & Cheese Sandwich Trukey & Cheese Sandwi	Classic Beef Burger Beef Hot Dog on Bun Oven Baked Fries Cheeseburger Beef Hot Dog on Bun Oven Baked Fries EUNCHES ARE FREE FOR ALL STUDENTS! LUNCHES ARE PREPACKE Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese and melted chicken on a bun prepared in-house Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house Spicy Chicken Sandwich warm prepared in-house Spicy Chicken Sandwich prepared in-house Steamed Corn Fresh Green Grapes Ham & Cheese Sandwich Turkey & Cheese Sandwich Turk



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Welcome to our Lunch Cafe

11/29/2021 - 11/30/2021

	Monday	Tuesday	Wednesday	Thursday	Friday		
Miss RUBY'S	Cheeseburger Classic Beef Burger Beef Hot Dog on Bun Oven Baked Fries	Classic Beef Burger Cheeseburger Beef Hot Dog on Bun Oven Baked Fries					
	LUNCHES ARE FREE FOR ALL STUDENTS! LUNCHES ARE PREPACKED FOR FOOD SAFETY!						
2ª CUCINA	Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese	Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese 🕜					
	Crispy Chicken	Crispy Chicken		1			
World 🟋 📆	Sandwich warm crispy breaded chicken on a bun prepared in-house	Sandwich warm crispy breaded chicken on a bun prepared in-house					
	Spicy Chicken Sandwich	Spicy Chicken Sandwich					
World **	warm spicy crispy chicken sandwich prepared in-house	warm spicy crispy chicken sandwich prepared in-house					
Healthy	Steamed Corn Fresh Red Delicious Apple	Shredded Carrots Fresh Orange					
Great SAMERICAN	Ham & Cheese Sandwich Turkey & Cheese Sandwich Chicken Delight Wrap tender chicken and melted cheese wrapped	Ham & Cheese Sandwich P Turkey & Cheese Sandwich Chicken Delight Wrap tender chicken and melted cheese wrapped					
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