

The Naz Newsletter



Nazareth Academy High School Parent Update

October 31, 2021

“All our hope is in God who protects us.”

-Blessed Mary of Jesus the Good Shepherd

From the Office of the Principal

Mr. Jim Meredith



Friday’s Clash Day and Fall Festival was an exciting way to end the week! Our students certainly demonstrated their creativity and spirit. Thank you again to Mrs. Graveley, Mrs. Greenwald, Mrs. Hartey and the Student Council for organizing and orchestrating the day. Thank you to our families who donated assorted goodies and waters for our students to enjoy during the festivities.

Legally Blonde opens this week! We are excited to see our students perform after working hard all semester. [Tickets are currently on sale.](#) Break a leg, cast and crew!

Thank you to all who submitted names of our beloved dead for the Nazareth Academy Community to carry in prayer during the month of November. Those names will be included in the Book of Remembrance in our Chapel.

Just a reminder that there are no classes tomorrow, Monday, November 1st, for Faculty Professional Development.

Schedule for the Week

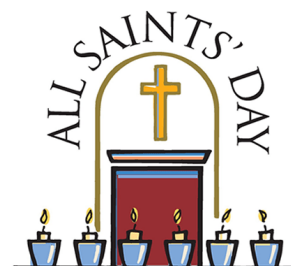
Monday, November 1: All Saints’ Day, No Classes, Faculty Professional Development

Tuesday, November 2: A Schedule; NAPA General Meeting, 6:30 PM

Wednesday, November 3: Special C Schedule, College Counseling Presentation for Juniors

Thursday, November 4: A Schedule

Friday, November 5: A Schedule



November

Tues. Nov. 2 and Thurs.-Fri. Nov. 4-5

A Schedule

Warning Bell	7:40 AM
Homeroom	7:45 AM -7:57 AM
BLOCK 1	8:00 AM- 9:21 AM
Block 1A	8:00 AM - 8:39 AM
Block 1B	8:42 AM- 9:21 AM
BLOCK 2	9:24 AM-10:45 AM
Block 2A	9:24 AM-10:03 AM
Block 2B	10:06 AM-10:45 AM
Activity Period	10:48 AM-11:23 AM
BLOCK 3	11:26 AM-12:47 PM
Block 3A	11:26 AM-12:05 PM
Block 3B	12:08 PM-12:47 PM
BLOCK 4	12:50 PM- 2:10 PM
Block 4A	12:50 PM- 1:29 PM
Block 4B	1:32 PM-2:10 PM

Wednesday, Nov. 3

Special C Schedule

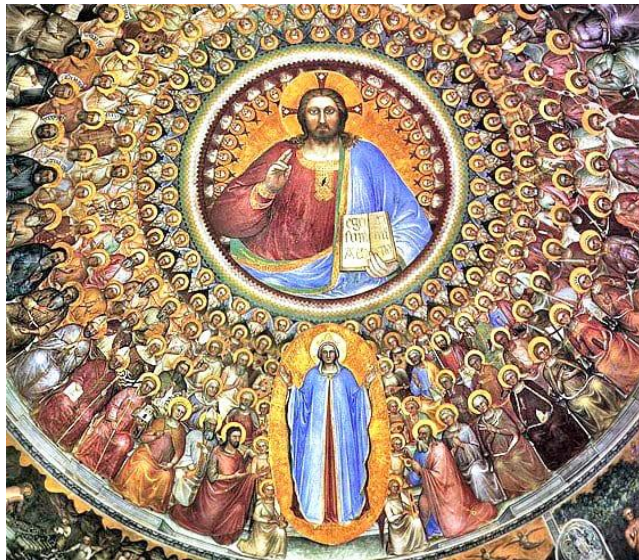
Warning Bell	7:40 AM
Homeroom	7:45 AM-7:57 AM
BLOCK 1	8:00 AM-9:11 AM
Block 1A	8:00 AM-8:34 AM
Block 1B	8:37 AM-9:11 AM
Program	9:14 AM-9:54 AM
BLOCK 2	9:57AM-11:08 AM
Block 2A	9:57 AM-10:31 AM
Block 2B	10:34 AM-11:08 AM
Activity Period	11:11 AM-11:42 AM
BLOCK 3	11:45 AM-12:56 PM
Block 3A	11:45 AM-12:19 PM
Block 3B	12:22 PM-12:56 PM
BLOCK 4	12:59 PM-2:10 PM
Block 4A	12:59 PM-1:33 PM
Block 4B	1:36 PM-2:10 PM

From the Office of the President

Denise LePera

Thought for the Day ~ All Saints' Day Means Holiness is for All

All Saints' Day is a day for remembering and celebrating those who gave us a glimpse of the face of God. These faithful followers of Jesus are the dead and the living. Who is your hero in the faith?



Advancement Office

Ring Day of Giving

Ring Day for our Class of 2023 is quickly approaching!

Traditions are a vital part of the Nazareth experience. This year we are asking the Nazareth community to support these traditions through our first annual Ring Day of Giving. On this day, we will encourage the Nazareth community to make a gift to the Nazareth Fund. **Our goal is 97 gifts to honor each of our 97 Juniors.**

Please be sure to follow and share Ring Day of Giving social media posts over the next two weeks. For alumnae, we encourage you to reach out to your fellow classmates for support. Let's come together on this day to champion our school and show the true power of sisterhood at Nazareth Academy!

We love our girls a million!

Taste of the Town ~ November 13th

We are still looking for donations for our raffle baskets and donations of beer or wine for our basket of cheer. All donations should be dropped off in Mrs. Terri Evans' office, Room 210.

Tickets can be purchased for \$40 in advance or \$50 at the door. All faculty and staff are entitled to a comp ticket for this event.

COVID Corner

This week there were no new reported positive COVID cases. We are grateful for your attention to the guidance of the City of Philadelphia and the CDC, especially:

- Completing the daily health questionnaire
- Following proper use of masks
- Using the hand sanitizing stations and washing your hands often

Quick Links and Reference:

[Daily Health Screening Questionnaire](#)

[Current Guidance for Schools from the City of Philadelphia Department of Health](#)

[Quarantine Visual Aid](#)

[PA Department of Health Dashboard](#)

Thank you for your ongoing support and patience!

From the Office of Campus Ministry

Ms. Shannon Donnelly, Campus Minister

Mother Foundress was open to the action of the Holy Spirit in her life and gifted generously by God. She said, "I was struck by the idea that God, who is Eternal, endowed us with the ability to know, love, and surrender to Himself, year after year, moment to moment. *This ability is both a power and a need.*" As we grow more and more as educators, spouses, parents, colleagues, and children of God, we can sense when our spirit can feel dead or turned off. That is why the spiritual renewal of Grace is a power and a

need -- to give new sentiments of life. The Holy Spirit provides mini-Resurrection moments for us. Newness and the source of life and love is a power and a need. May we always pray, in our hardest moments, "Come Holy Spirit."

Reminders

- Families of the Class of 2023, Ring Mass is November 11th at 6:30 PM! You will get an email from me tomorrow, November 1st, with all the information you need. We are excited to celebrate this special tradition with you!
- **I will be presenting at this week's NAPA meeting on Tuesday at 6:30 PM.** I hope to see you there! I will be talking about keeping the spirit of family alive in your relationship with your daughters in an ever-evolving world.
- The girls received an email this week with a bunch of service hour opportunities, be sure to check them out!

From the Office of Academic Affairs

Mrs. Pat Quinn, Assistant Principal

Important November/December Information

- Final Fall Deficiency Reports will be sent on Tuesday, November 23rd, and are due to be returned to the issuing teacher by Tuesday, November 30th.
- Honors and GPA are calculated on the semester grade.
- Exam schedule is posted. Midterms are optional for a 1 semester class. For classes that run the entire year, a midterm is given in December.
- Students are not permitted to change their scheduled exam days.
- During examination days, students only need to attend school at their scheduled exam time.

Thank you for all that you do and thank you for communicating your thoughts and questions with me.

NAHS December Examination Schedule 2021

Tuesday, December 14 (2-60 minute examinations)

8:10 AM Warning Bell

8:15 AM PRAYERS, ATTENDANCE & ANNOUNCEMENTS

8:30-9:30 AM Block 1 and Block 1 Classes meeting M, W, F

9:40-10:40 AM Blocks 2, 2a and Block 2b

Wednesday, December 15 (2-60 minute examinations)

8:10 AM Warning Bell

8:15 AM PRAYERS, ATTENDANCE & ANNOUNCEMENTS

8:30-9:30 AM Block 3 and Block 3A

9:40-10:40 AM Block 4 and Block 4 Classes meeting M, W, F

Thursday, December 16 (3-60 minute examinations)

8:10 AM Warning Bell

8:15 AM PRAYERS, ATTENDANCE & ANNOUNCEMENTS

8:30-9:30 AM Block 1 Class meeting T, Th, F

9:40-10:40 AM Block 3B

10:50-11:50 AM Block 4 Class meeting T, Th, F

EXAM MAKE-UP DAY

Friday, December 17

NO SCHOOL-FACULTY CLERICAL DAY

GRADES DUE BY 2:00 PM

From the Office of Student Life

Mrs. Theresa Hartey, Assistant Principal

Thank you to Mrs. Graveley, Mrs. Greenewald, all members of Student Council, and our faculty and staff volunteers for an awesome Fall Fest on Friday. A great time was had by all!

Parents, thank you for the food and drinks that you sent in for the event and for always coming through when we ask for your help! This week we will be packaging and sending the many items that you donated for our Afghan Refugee Drive.

Here are some upcoming dates of interest:

November 4th – 7th *Legally Blonde*

November 4th Nazareth Grade School

Tutoring

November 5th Dress Down Day for *Legally Blonde* (Best of luck to the cast and crew!)

November 8th Winter Uniform Begins

Please be sure to emphasize the importance of being in proper uniform with your daughters. As it gets colder, only the two Nazareth sweaters or the official quarter zip may be worn. Thank you for your assistance with this!

November 11th Junior Ring Mass 6:30

November 12th Junior Ring Day

November 13th Taste of the Town (Please return your raffle tickets ASAP. Students who sell at least five raffle tickets are entered into a drawing for gift card prizes and the class that sells the most will earn a food truck visit!)

November 14th Volunteering at Face to Face Soup Kitchen in Germantown

November 20th Father-Daughter Dance



Have a great week! Go Pandas! God bless!

From the Office of College Counseling

Ms. Alyssa Mikulski, Director of College Counseling

If students have any urgent requests for transcripts for the November 15th application deadlines that they did not already request, please have them contact their college counselor immediately.

Career Panel

There will be a Virtual Career Panel on November 16th starting at 7:00 PM. More information will be coming soon.

College Fair

On **Wednesday, November 3rd and Wednesday, December 1, 2021 from 4:00 PM-7:00 PM**, the School District of Philadelphia will host the Pennsylvania State Virtual College Fair. Representatives from the 14 Pennsylvania State Schools will be available for students to learn more about attending a PASSHE school. **Select Colleges and Universities will be making Instant Decisions of Acceptance. Students should have their SAT/ACT test scores and transcripts available electronically.**

Students can register [by clicking here](#).

Instant Decision Day Class of 2022

Nazareth will be hosting an Instant Decision Day with **Thomas Jefferson University** on November 10th. Students who participate will be given an admission decision this day. Students should register for this event and complete an application to Jefferson by November 1st. To register, please complete this [FORM](#).

Interview Day Class of 2022

14 students participated in our Interview Day with Saint Joseph's University on October 26th! Thank you to Brad Simon and Kate Murphy, our admissions representatives, for providing our students with a chance to practice interviewing, ask questions, and learn more about Saint Joe's!

Resources

The College Counseling Department has launched an Official Instagram account. We'll be posting upcoming events, deadlines, and resources for you and your students. Please encourage your students to follow us and feel free to follow us yourselves. Our handle is nahscollegecounseling

The FAFSA application opened October 1st. Seniors and their families should complete this federal student aid [application](#) sooner rather than later for college purposes. Students should check with their colleges to see if there are priority deadlines for FAFSA submission.

Going Merry offers financial aid [resources](#) and a way to [complete the FAFSA](#) application through their site. Many of your students may have accounts with Going Merry already for scholarship searches. They should be able to use this account to complete the FAFSA if they would rather use Going Merry instead of the FAFSA site.

Scholarship Class of 2023

The Coolidge Scholarship Application for current juniors is now open. Please follow this [LINK](#) for more information about the program. Please follow this [LINK](#) to create an account for the application.

Upcoming Nazareth College Visits

All in-person visits are located outside the Panda Pit! Virtual visits will be cancelled if students do not sign up for these sessions.

November 2nd: Western New England University virtual visit. Students were emailed the sign-up links on October 26th. Students have until 8am on November 1st to sign up via this [FORM](#).

November 3rd: Ursinus College

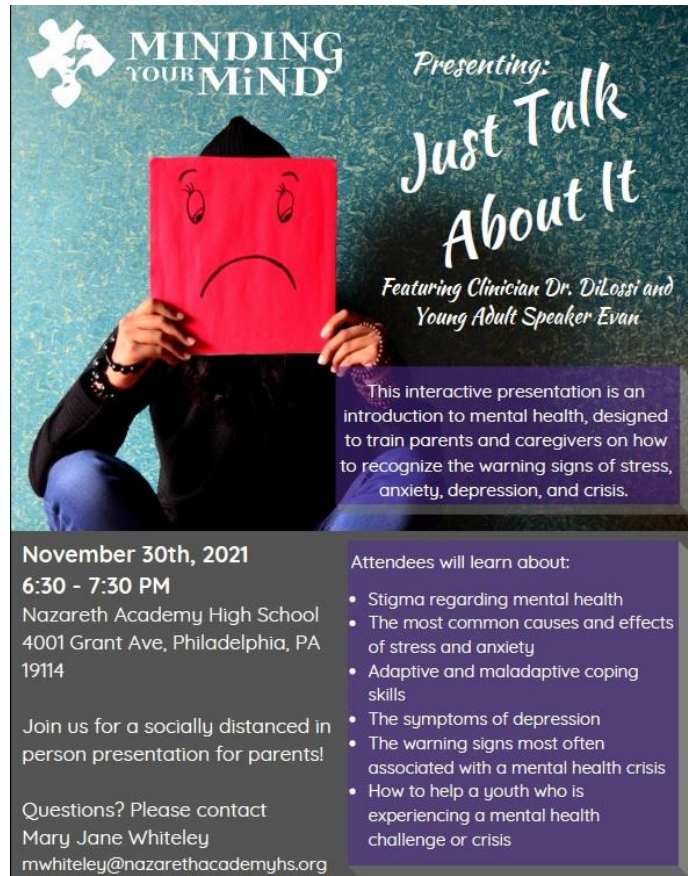
November 4th: Fairleigh Dickinson University virtual visit. Students were emailed the sign-up links on October 26th. Students have until 8am on November 1st to sign up via this [FORM](#).

November 5th: Bucknell University virtual visit. Students were emailed the sign-up links on October 26th. Students have until 8am on November 1st to sign up via this [FORM](#).

From the Office of Counseling

Ms. Mary Jane Whiteley, Director of Counseling

Please join us for an interactive presentation on the evening of November 30th by Minding Your Mind presenters, Dr. DiLossi and young adult speaker Evan. Minding Your Mind will again be sharing valuable information around the topic of mental health. Please see the flyer for more details on the Parent Program!



MINDING YOUR MiND Presenting: *Just Talk About It*
Featuring Clinician Dr. DiLossi and Young Adult Speaker Evan

This interactive presentation is an introduction to mental health, designed to train parents and caregivers on how to recognize the warning signs of stress, anxiety, depression, and crisis.

November 30th, 2021
6:30 - 7:30 PM
Nazareth Academy High School
4001 Grant Ave, Philadelphia, PA 19114

Join us for a socially distanced in person presentation for parents!

Questions? Please contact
Mary Jane Whiteley
mwhiteley@nazarethacademyhs.org

Attendees will learn about:

- Stigma regarding mental health
- The most common causes and effects of stress and anxiety
- Adaptive and maladaptive coping skills
- The symptoms of depression
- The warning signs most often associated with a mental health crisis
- How to help a youth who is experiencing a mental health challenge or crisis

From the Office of the Athletic Department

Mr. Dan Bradley, Athletic Director

Fall sports seasons have come to an end. Thank you to all of the girls who participated in a fall sport. Your dedication, commitment, and hard work were evident through all your efforts and success. The cross country team improved each week, and the season ended with many of our girls running their personal best. The team earned a spot in the 2A District One Championship. Ella Verello placed 8th in District Champs and will advance to PIAA State Champs in Hershey PA on November 6, 2021. Best of luck! Our soccer team finished the regular season ranked 11th in 3A and earned a spot in District playoffs where they lost to 6th seed Bishop Shanahan. The volleyball team continued to take a step in the right direction. After a successful summer league season, the girls came into the fall season set to improve and compete in the difficult AACA. The improvement was obvious in each match. Tennis and golf saw an all-time high in participation this season. We had many first-time golfers and tennis players this fall. The seniors on both teams provided strong leadership and guidance to the newcomers. The Doubles team of Alyssa Pearce and Isha Mankar earned a spot in the AACA tennis playoffs. Golfer Casey Stone had

another strong year and represented Nazareth in the AACA golf champs. Both teams are looking forward to next season.

Information

Remember that in order to try out for a winter sport, athletes must register on Family ID, turn in a PIAA physical to the Athletic Department, and Impact Concussion Testing completed for freshman and juniors. If you are a freshman or junior and participated in a fall sport you do not need to take the impact test again nor hand in the PIAA physical form. Not having these can affect one's participation on the team. This must be completed by November 19th. Registration on [FamilyID](#) opened on October 24th.

Winter Sports

Indoor Track
Basketball
Swimming
Cheerleading

Important Dates:

November 8th – November 12th

ImpACT Concussion Testing will be done online. You will receive an email the week of November 8th with directives to complete the impact testing. ImpACT concussion testing is mandatory for all freshman and junior athletes. Again, if you are a freshman or junior and participated in a fall sport you do not need to take the impact test again.

November 19th

First official day for winter sports tryouts to begin for indoor track, basketball, and swimming. Specific information regarding each sport's tryout schedule will be forthcoming.

If you have any questions regarding ImpACT concussion testing, tryouts, or FamilyID, please contact me at dbradley@nazarethacademyhs.org

Please click here for the [PIAA Physical Form](#) (*must be dated after June 30, 2021*).

NAPA Updates

Mrs. Grace Pirolli P'22

It's Beginning to Look a Lot Like Christmas for NAPA 🎅🎄

28" Mixed Green Wreaths & 10 ft. Cedar Garland from Sherwood Forest Farms are on sale now. Orders can be placed via this link NazarethAcademyHS.org/Wreath.

Ornaments, Poinsettias, Christmas wrapping paper, and other gift items go on sale on Monday, November 1st ~ be sure to keep an eye out for details!

Panda Perk: Beach Brew is Back November 4th ☺☺

"Coffee with a friend is like capturing happiness in a cup" ~ grab a friend and a Panda Bean coffee on Thursday, November 4th. Beach Brew USA has partnered with NAPA to bring us our very own Panda Bean iced coffee drink; available 6:45AM- 7:30AM in the NAZ parking lot. \$5.00 per iced coffee.

Prayer Intentions

Please remember the following in your prayers:

- Those impacted by the coronavirus, the victims and the first responders on the front lines fighting this virus
- American men and women serving overseas
- Mr. Jack Barth (*Facilities*)
- Mrs. Jessica MacKay, *former Director of Counseling*
- Sister Maryellen Whitaker (*Library*)
- Zdunkiewicz Family
- All intentions of the Nazareth Academy High School Community

We also remember our beloved dead on All Souls' Day and during the month of November, most especially those listed in the Book of Remembrance at the Nazareth Chapel.



The souls of the just are in the hand of God, and no torment shall touch them. They seemed, in the view of the foolish, to be dead; and their passing away was thought an affliction and their going forth from us, utter destruction.

But they are in peace.

-Wisdom 3:1-3

