

NOVEMBER BREAKFAST



CICERO SCHOOL DISTRICT 99

Monday	Tuesday	Wednesday	Thursday	Friday
November 1, 2021	November 2, 2021	November 3, 2021	November 4, 2021	November 5, 2021
CINNAMON CHEX^ Strawberry Square^ Blended Fruit Juice Craisins Choice of Milk	CHEESY EGG TATER TOT-CHOS Graham Crackers ^ Diced Pears Orange Juice Choice of Milk	DOUBLE CHOCOLATE MINI MUFFIN ^ Mozzarella Cheese Stick Fresh Apple Choice of Milk	PANCAKES ^ Fresh Banana Apple-Cranberry Juice Syrup Choice of Milk	FRUITY CHEERIOS^ Strawberry Pancake Square ^ Fresh Apple Choice of Milk
November 8, 2021	November 9, 2021	November 10, 2021	November 11, 2021	November 12, 2021
NO SCHOOL	NO SCHOOL	RICE CHEX^ Graham Crackers ^ Fresh Apple Choice of Milk	OATMEAL ROUND APPLE CINN(72) Fresh Banana Blended Fruit Juice Choice of Milk	BLUEBERRY MINI MUFFIN ^ Mozzarella Cheese Stick Fresh Apple Choice of Milk
November 15, 2021	November 16, 2021	November 17, 2021	November 18, 2021	November 19, 2021
CINNAMON CHEX^ Strawberry Square^ Blended Fruit Juice Craisins Choice of Milk	WAFFLES ^ Diced Pears Apple-Cranberry Juice Syrup Choice of Milk	BANANA MINI MUFFIN ^ Mozzarella Cheese Stick Fresh Apple Choice of Milk	CHICKEN BISCUIT ^ Fresh Banana Grape Juice Honey Choice of Milk	FROSTED CORN FLAKES ^ Vanilla Waffle Square ^ Fresh Apple Choice of Milk
November 22, 2021	November 23, 2021	November 24, 2021	November 25, 2021	November 26, 2021
FROSTED MINI WHEATS^ Crispy Granola Bites^ Apple Juice Craisins Choice of Milk	OATMEAL ROUND BANANA CHOC CHIP(72) Diced Peaches Blended Fruit Juice Choice of Milk	NO SCHOOL	THANKSGIVING	NO SCHOOL
November 29, 2021	November 30, 2021	December 1, 2021	December 2, 2021	December 3, 2021
CINNAMON CHEX^ Strawberry Square^ Blended Fruit Juice Craisins Choice of Milk	WAFFLES ^ Diced Pears Apple-Cranberry Juice Syrup Choice of Milk			

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.

Find your school's menus online at: preferredmealsmenu.com



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Nutrition Information and menus are planned using a blended estimate of milk choices served in schools. For individual milk nutrients consult actual labels on cartons served at the school.

80

	CHICKEN BISCUIT ^	245	8	1	0	12	465	33	4	5	12	0	0	68	2	MMA:1oz G/B:2.25sv WG
	Fresh Banana	105	0	0	0	0	1	27	3	14	1	23	10	6	0	F:1/2c BW-PLANT
	Grape Juice	60	0	0	0	0	15	14	0	13	0	0	0	0	0	F:1/2c BW-PLANT
	Honey	25	0	0	0	0	0	7	0	7	0	0	0	0	0	
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
11-19-2021																
	FROSTED CORN FLAKES ^	100	0	0	0	0	180	24	1	8	1	150	5	150	6	G/B:1sv WG
	Vanilla Waffle Square ^	110	4	1	0	0	40	17	1	5	2	0	0	0	0	G/B:1sv WG
	Fresh Apple	64	0	0	0	0	1	17	3	13	0	4	6	7	0	F:1c BW-PLANT
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
11-22-2021																
	FROSTED MINI WHEATS^ Crispy Granola Bites^ Apple Juice	280	2	0	0	0	80	60	4	25	4	0	0	17	9	G/B:2sv WG F:1/2c
	Craisins	110	0	0	0	0	0	27	2	24	0	0	0	0	0	F:1/2c
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
11-23-2021																
	OATMEAL ROUND BANANA CHOC CHIP(72)	280	12	4	0	10	240	39	4	15	5	0	0	20	1	G/B:2sv WG
	Diced Peaches	80	0	0	0	0	0	21	1	12	1	0	0	0	0	F:1/2c BW-PLANT
	Blended Fruit Juice	60	0	0	0	0	10	14	0	13	0	0	0	0	0	F:1/2c BW-PLANT
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
11-24-2021																
	NO SCHOOL	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
11-25-2021																
	THANKSGIVING	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
11-26-2021																
	NO SCHOOL	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
11-29-2021																
	CINNAMON CHEX^ Strawberry Square^ Blended Fruit Juice	290	7	1	0	0	215	54	2	25	3	120	5	80	8	G/B:2sv WG F:1/2c
	Craisins	110	0	0	0	0	0	27	2	24	0	0	0	0	0	F:1/2c
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
11-30-2021																
	WAFFLES ^	140	5	0	0	0	190	22	0	2	4	0	0	0	1	G/B:2sv WG
	Diced Pears	56	0	0	0	0	9	15	2	9	2	0	1	1	0	F:1/2c BW-PLANT
	Apple-Cranberry Juice	60	0	0	0	0	15	13	0	12	0	0	0	0	0	F:1/2c BW-PLANT

	Syrup	80	0	0	0	0	10	20	0	10	0	0	0	0	0	
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	

Meal Contributions :
M/MA = Meat/Meat Alternate
F = Fruit
V = Vegetable
G/B = Grain/Bread
W/G = Whole Grain

Vegetable Types :
DG = Dark Grean
R/O = Red/Orange
L = Legumes
S = Starchy
O = Other

BeWell Types :
BW-PLANT = Plant-Based
BW-GF = Good Fat
BW-LPP = Lean/Plant Protein
BW-LS = Less Sugar

BW-HF = High Fiber Food
BW-PRO = Probiotics

Allergen Information: UNITY EAST JUNIOR HIGH SCHOOL

ALLERGEN WARNING: This menu is for reference only, and the food products delivered to schools are subject to change without notice. Accurate and up-to-date ingredient information regarding ingredients – including the 8 major food allergens – is available on the product label at your school. To avoid exposure to these food allergens, refer to the actual product label. **FAILURE TO DO SO MAY RESULT IN INADVERTENT EXPOSURE TO FOOD ALLERGENS.**

	Item Name	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
11-01-2021									
	CINNAMON CHEX^ Strawberry Square^ Blended Fruit Juice		X					X	X
	Craisins								
	Choice of Milk	X							
11-02-2021									
	CHEESY EGG TATER TOT-CHOS	X	X					X	
	Graham Crackers ^							X	X
	Diced Pears								
	Orange Juice								
	Choice of Milk	X							
11-03-2021									
	DOUBLE CHOCOLATE MINI MUFFIN ^	X	X					X	X
	Mozzarella Cheese Stick	X							
	Fresh Apple								
	Choice of Milk	X							
11-04-2021									
	PANCAKES ^	X	X					X	X
	Fresh Banana								
	Apple-Cranberry Juice								
	Syrup								
	Choice of Milk	X							
11-05-2021									
	FRUITY CHEERIOS^								
	Strawberry Pancake Square ^		X					X	X
	Fresh Apple								

	Choice of Milk	X							
11-08-2021									
	NO SCHOOL								
11-09-2021									
	NO SCHOOL								
11-10-2021									
	RICE CHEX^								
	Graham Crackers ^						X	X	
	Fresh Apple								
	Choice of Milk	X							
11-11-2021									
	OATMEAL ROUND APPLE CINN(72)	X	X				X	X	
	Fresh Banana								
	Blended Fruit Juice								
	Choice of Milk	X							
11-12-2021									
	BLUEBERRY MINI MUFFIN ^	X	X				X	X	
	Mozzarella Cheese Stick	X							
	Fresh Apple								
	Choice of Milk	X							
11-15-2021									
	CINNAMON CHEX^ Strawberry Square^ Blended Fruit Juice		X				X	X	
	Craisins								
	Choice of Milk	X							
11-16-2021									
	WAFFLES ^	X	X				X	X	
	Diced Pears								
	Apple-Cranberry Juice								
	Syrup								
	Choice of Milk	X							
11-17-2021									
	BANANA MINI MUFFIN ^	X	X				X	X	

	Mozzarella Cheese Stick	X							
	Fresh Apple								
	Choice of Milk	X							
11-18-2021									
	CHICKEN BISCUIT ^	X					X	X	
	Fresh Banana								
	Grape Juice								
	Honey								
	Choice of Milk	X							
11-19-2021	FROSTED CORN FLAKES ^							X	
	Vanilla Waffle Square ^		X				X	X	
	Fresh Apple								
	Choice of Milk	X							
11-22-2021	FROSTED MINI WHEATS^ Crispy Granola Bites^ Apple Juice	X					X	X	
	Craisins								
	Choice of Milk	X							
11-23-2021	OATMEAL ROUND BANANA CHOC CHIP(72)	X	X				X	X	
	Diced Peaches								
	Blended Fruit Juice								
	Choice of Milk	X							
11-24-2021									
	NO SCHOOL								
11-25-2021									
	THANKSGIVING								
11-26-2021									
	NO SCHOOL								
11-29-2021									
	CINNAMON CHEX^ Strawberry Square^ Blended Fruit Juice		X				X	X	

	Craisins								
	Choice of Milk	X							
11-30-2021									
	WAFFLES ^	X	X					X	X
	Diced Pears								
	Apple-Cranberry Juice								
	Syrup								
	Choice of Milk	X							

NOVEMBER

LUNCH



CICERO SCHOOL DISTRICT 99

Monday	Tuesday	Wednesday	Thursday	Friday
November 1, 2021	November 2, 2021	November 3, 2021	November 4, 2021	November 5, 2021
GALAXY CHEESE PIZZA ^ Broccoli Diced Peas Choice of Milk	CRISPY CHICKEN PATTY ^ Hamburger Bun ^ Mixed Vegetables Orange Juice BBQ Sauce Choice of Milk	GRILLED CHEESE PANINI ^ Potato Wedges Diced Peaches Ketchup Choice of Milk	CHEESEBURGER Hamburger Bun ^ Baked Beans SunSet Sip Juice Sliced Apples Mustard Ketchup Choice of Milk	TURKEY & CHEESE ON A BUN^ Country Blend Vegetables Fresh Banana Mayo Choice of Milk
November 8, 2021	November 9, 2021	November 10, 2021	November 11, 2021	November 12, 2021
NO SCHOOL PIZZA DIPPERS ^ Marinara Dipping Sauce SunSet Sip Juice Applesauce Choice of Milk	NO SCHOOL PENNE PASTA W/MEAT SAUCE ^ Breadstick ^ Broccoli Diced Peas Choice of Milk	CRUNCHY CHICKEN TENDERS ^ Corn Fresh Banana BBQ Sauce Choice of Milk	HOT DOG WITH POTATO ROUNDS Hot Dog Bun ^ Baked Beans Orange Juice Mustard Ketchup Choice of Milk	CHICKEN DUMPLINGS ^ Mixed Vegetables Diced Peaches Choice of Milk
November 15, 2021	November 16, 2021	November 17, 2021	November 18, 2021	November 19, 2021
MAC & CHEESE ^ Country Blend Vegetables Diced Peas Choice of Milk	CRISPY CHICKEN PATTY ^ Hamburger Bun ^ Broccoli Diced Peaches BBQ Sauce Choice of Milk	HERO SANDWICH ^ Potato Wedges Orange Juice Mustard Ketchup Choice of Milk	TURKEY TACOS Wild White Nacho Doritos^ Salsa Cup Ruby Rusher Vegetable Juice Sliced Apples Choice of Milk	CHARBROILED HAMBURGER Hamburger Bun ^ Baked Beans SunSet Sip Juice Fresh Banana Mustard Ketchup Choice of Milk
November 22, 2021	November 23, 2021	November 24, 2021	November 25, 2021	November 26, 2021
PIZZA DIPPERS ^ Marinara Sauce Tropical Veggie Juice Applesauce Choice of Milk	BBQ CHICKEN TATER TOT-CHOS Tortilla Rounds ^ Orange Juice Choice of Milk	NO SCHOOL	THANKSGIVING	NO SCHOOL
November 29, 2021	November 30, 2021	December 1, 2021	December 2, 2021	December 3, 2021
GALAXY CHEESE PIZZA ^ Broccoli Diced Peas Choice of Milk	CRISPY CHICKEN PATTY ^ Hamburger Bun ^ Mixed Vegetables Orange Juice BBQ Sauce Choice of Milk			

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	TURKEY & CHEESE ON A BUN^	275	7	2	0	50	710	28	2	5	24	0	0	134	2	MMA:2oz G/B:2sv WG BW-LPP
	Country Blend Vegetables	68	0	0	0	0	33	15	3	4	2	396	8	34	1	V:1/4c S V:1/2c O BW-PLANT
	Fresh Banana	105	0	0	0	0	1	27	3	14	1	23	10	6	0	F:1/2c BW-PLANT
	Mayo	90	9	2	0	10	45	1	0	0	0	0	0	2	0	
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
11-08-2021																
	NO SCHOOL	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
	PIZZA DIPPERS ^	280	12	5	0	20	560	28	2	4	18	2000	0	360	2	MMA:2oz G/B:2sv WG
	Marinara Dipping Sauce	85	4	0	0	0	328	10	2	4	2	16	0	27	0	V:1/2c RO BW-PLANT
	SunSet Sip Juice	45	0	0	0	0	35	11	0	10	0	500	70	10	0	V:1/2c RO
	Applesauce	51	0	0	0	0	2	14	1	12	0	1	1	5	0	F:1/2c BW-PLANT
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
11-09-2021																
	NO SCHOOL	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
	PENNE PASTA W/MEAT SAUCE ^	320	9	4	0	36	454	40	4	11	19	9	0	93	4	MMA:2oz G/B:1sv WG V:1/2c RO
	Breadstick ^	100	1	0	0	0	140	20	2	1	4	0	9	20	1	G/B:1sv WG
	Broccoli	25	0	0	0	0	23	4	3	1	3	49	53	53	1	V:1/2c DG BW-PLANT
	Diced Pears	56	0	0	0	0	9	15	2	9	2	0	1	1	0	F:1/2c BW-PLANT
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
11-10-2021																
	CRUNCHY CHICKEN TENDERS ^	260	15	2	0	25	390	16	3	1	15	30	0	36	2	MMA:2oz G/B:1sv WG
	Corn	110	1	0	0	0	0	26	2	4	4	0	0	5	0	V:3/4c S BW-PLANT
	Fresh Banana	105	0	0	0	0	1	27	3	14	1	23	10	6	0	F:1/2c BW-PLANT
	BBQ Sauce	25	0	0	0	0	50	7	0	4	0	0	0	0	0	
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
11-11-2021																
	HOT DOG WITH POTATO ROUNDS	268	18	6	0	30	830	19	2	2	7	0	1	0	1	MMA:2oz V:1/2c S
	Hot Dog Bun ^	110	2	0	0	0	230	19	2	3	5	0	0	80	1	G/B:1.5sv WG
	Baked Beans	192	1	0	0	0	283	37	7	8	10	1	0	77	3	V:1/2c L BW-LPP BW-HF
	Orange Juice	60	0	0	0	0	0	15	0	14	0	0	30	20	0	F:1/2c BW-PLANT
	Mustard	5	0	0	0	0	20	0	0	0	0	0	0	0	0	
	Ketchup	10	0	0	0	0	45	2	0	1	0	0	0	0	0	
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	

11-12-2021																	
	CHICKEN DUMPLINGS ^	324	9	0	0	30	1109	46	2	13	18	21	1	48	3	MMA:2oz G/B:2sv WG V:1/4c O	
	Mixed Vegetables	90	0	0	0	0	82	19	4	6	4	386	3	28	1	V:1/4c RO V:1/2c S BW- PLANT	
	Diced Peaches	80	0	0	0	0	0	21	1	12	1	0	0	0	0	F:1/2c BW-PLANT	
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0		
11-15-2021																	
	MAC & CHEESE ^	332	10	6	0	32	797	42	2	11	19	449	1	478	1	MMA:2oz G/B:1sv WG	
	Country Blend Vegetables	68	0	0	0	0	33	15	3	4	2	396	8	34	1	V:1/4c S V:1/2c O BW- PLANT	
	Diced Pears	56	0	0	0	0	9	15	2	9	2	0	1	1	0	F:1/2c BW-PLANT	
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0		
11-16-2021																	
	CRISPY CHICKEN PATTY ^	240	13	2	0	25	520	15	2	0	16	0	0	40	1	MMA:2oz G/B:1sv WG	
	Hamburger Bun ^	140	2	0	0	0	270	26	2	3	6	0	0	40	1	G/B:2sv WG	
	Broccoli	37	0	0	0	0	34	7	4	2	4	74	80	80	1	V:3/4c DG BW-PLANT	
	Diced Peaches	80	0	0	0	0	0	21	1	12	1	0	0	0	0	F:1/2c BW-PLANT	
	BBQ Sauce	25	0	0	0	0	50	7	0	4	0	0	0	0	0		
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0		
11-17-2021																	
	HERO SANDWICH ^	325	16	6	0	45	470	31	3	2	16	0	1	130	2	MMA:2oz G/B:2sv WG	
	Potato Wedges	135	3	0	0	0	30	27	2	0	2	0	0	15	0	V:3/4c S	
	Orange Juice	60	0	0	0	0	0	15	0	14	0	0	30	20	0	F:1/2c BW-PLANT	
	Mustard	5	0	0	0	0	20	0	0	0	0	0	0	0	0		
	Ketchup	10	0	0	0	0	45	2	0	1	0	0	0	0	0		
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0		
11-18-2021																	
	TURKEY TACOS	150	8	2	0	47	300	6	2	2	15	562	0	0	1	MMA:2oz BW-LPP BW-LS	
	Wild White Nacho Doritos^	130	5	1	0	0	170	20	2	0	2	0	0	40	0	G/B:1.5sv WG	
	Salsa Cup	41	0	0	0	0	95	8	0	3	3	271	6	0	0	V:1/4c RO	
	Ruby Rusher Vegetable Juice	50	0	0	0	0	35	14	0	12	0	500	70	10	0	V:1/2c RO	
	Sliced Apples	30	0	0	0	0	0	7	1	6	0	0	21	20	0	F:1/2c BW-PLANT	
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0		
11-19- 2021																	
	CHARBROILED HAMBURGER	130	8	3	0	35	190	2	0	0	13	0	0	20	2	MMA:2oz	

	Hamburger Bun ^	140	2	0	0	0	270	26	2	3	6	0	0	40	1	G/B:2sv WG
	Baked Beans	192	1	0	0	0	283	37	7	8	10	1	0	77	3	V:1/2c L BW-LPP BW-HF
	SunSet Sip Juice	45	0	0	0	0	35	11	0	10	0	500	70	10	0	V:1/2c RO
	Fresh Banana	105	0	0	0	0	1	27	3	14	1	23	10	6	0	F:1/2c BW-PLANT
	Mustard	5	0	0	0	0	20	0	0	0	0	0	0	0	0	
	Ketchup	10	0	0	0	0	45	2	0	1	0	0	0	0	0	
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
11-22-2021																
	PIZZA DIPPERS ^	280	12	5	0	20	560	28	2	4	18	2000	0	360	2	MMA:2oz G/B:2sv WG
	Marinara Sauce	40	1	0	0	0	200	7	1	4	1	90	6	20	1	V:1/2c RO BW-PLANT
	Tropical Veggie Juice	90	0	0	0	0	45	23	0	22	0	750	60	0	0	V:3/4c O BW-PLANT
	Applesauce	51	0	0	0	0	2	14	1	12	0	1	1	5	0	F:1/2c BW-PLANT
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
11-23-2021																
	BBQ CHICKEN TATER TOT-CHOS	346	13	4	0	46	702	36	3	12	21	1	2	120	1	MMA:2oz V:1/4c RO V:1/2c S
	Tortilla Rounds ^	120	4	0	0	0	105	18	2	0	2	0	0	20	0	G/B:1.25sv WG
	Orange Juice	60	0	0	0	0	0	15	0	14	0	0	30	20	0	F:1/2c BW-PLANT
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
11-24-2021																
	NO SCHOOL	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
11-25-2021																
	THANKSGIVING	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
11-26-2021																
	NO SCHOOL	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
11-29-2021																
	GALAXY CHEESE PIZZA ^	280	12	6	0	30	440	29	3	9	15	90	0	250	2	MMA:2oz G/B:2sv WG V:1/8c RO
	Broccoli	37	0	0	0	0	34	7	4	2	4	74	80	80	1	V:3/4c DG BW-PLANT
	Diced Pears	56	0	0	0	0	9	15	2	9	2	0	1	1	0	F:1/2c BW-PLANT
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
11-30-2021																
	CRISPY CHICKEN PATTY ^	240	13	2	0	25	520	15	2	0	16	0	0	40	1	MMA:2oz G/B:1sv WG
	Hamburger Bun ^	140	2	0	0	0	270	26	2	3	6	0	0	40	1	G/B:2sv WG
	Mixed Vegetables	90	0	0	0	0	82	19	4	6	4	386	3	28	1	V:1/4c RO V:1/2c S BW-PLANT
	Orange Juice	60	0	0	0	0	0	15	0	14	0	0	30	20	0	F:1/2c BW-PLANT

	BBQ Sauce	25	0	0	0	0	50	7	0	4	0	0	0	0	0	
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	

Meal Contributions : M/MA = Meat/Meat Alternate F = Fruit V = Vegetable G/B = Grain/Bread W/G = Whole Grain
Vegetable Types : DG = Dark Grean R/O = Red/Orange L = Legumes S = Starchy O = Other
BeWell Types : BW-PLANT = Plant-Based BW-GF = Good Fat BW-LPP = Lean/Plant Protein BW-LS = Less Sugar
 BW-HF = High Fiber Food BW-PRO = Probiotics

Allergen Information: DANIEL BURNHAM ELEMENTARY SCHOOL

ALLERGEN WARNING: This menu is for reference only, and the food products delivered to schools are subject to change without notice. Accurate and up-to-date ingredient information regarding ingredients – including the 8 major food allergens – is available on the product label at your school. To avoid exposure to these food allergens, refer to the actual product label. **FAILURE TO DO SO MAY RESULT IN INADVERTENT EXPOSURE TO FOOD ALLERGENS.**

	Item Name	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
11-01-2021									
	GALAXY CHEESE PIZZA ^	X						X	X
	Broccoli								
	Diced Pears								
	Choice of Milk	X							
11-02-2021									
	CRISPY CHICKEN PATTY ^							X	X
	Hamburger Bun ^	X						X	X
	Mixed Vegetables								
	Orange Juice								
	BBQ Sauce							X	
	Choice of Milk	X							
11-03-2021									
	GRILLED CHEESE PANINI ^	X						X	X
	Potato Wedges							X	
	Diced Peaches								
	Ketchup								
	Choice of Milk	X							
11-04-2021									
	CHEESEBURGER	X						X	
	Hamburger Bun ^	X						X	X
	Baked Beans								
	SunSet Sip Juice								
	Sliced Apples								
	Mustard								
	Ketchup								
	Choice of Milk	X							

11-05-2021									
	TURKEY & CHEESE ON A BUN^	X						X	X
	Country Blend Vegetables								
	Fresh Banana								
	Mayo		X					X	
	Choice of Milk	X							
11-08-2021									
	NO SCHOOL								
	PIZZA DIPPERS ^	X	X					X	X
	Marinara Dipping Sauce	X						X	
	SunSet Sip Juice								
	Applesauce								
	Choice of Milk	X							
11-09-2021									
	NO SCHOOL								
	PENNE PASTA W/MEAT SAUCE ^	X						X	X
	Breadstick ^							X	X
	Broccoli								
	Diced Pears								
	Choice of Milk	X							
11-10-2021									
	CRUNCHY CHICKEN TENDERS ^							X	X
	Corn								
	Fresh Banana								
	BBQ Sauce							X	
	Choice of Milk	X							
11-11-2021									
	HOT DOG WITH POTATO ROUNDS							X	
	Hot Dog Bun ^	X						X	X
	Baked Beans								
	Orange Juice								
	Mustard								

	Ketchup								
	Choice of Milk	X							
11-12-2021									
	CHICKEN DUMPLINGS ^						X	X	
	Mixed Vegetables								
	Diced Peaches								
	Choice of Milk	X							
11-15-2021									
	MAC & CHEESE ^	X					X	X	
	Country Blend Vegetables								
	Diced Pears								
	Choice of Milk	X							
11-16-2021									
	CRISPY CHICKEN PATTY ^						X	X	
	Hamburger Bun ^	X					X	X	
	Broccoli								
	Diced Peaches								
	BBQ Sauce						X		
	Choice of Milk	X							
11-17-2021									
	HERO SANDWICH ^	X					X	X	
	Potato Wedges						X		
	Orange Juice								
	Mustard								
	Ketchup								
	Choice of Milk	X							
11-18-2021									
	TURKEY TACOS						X		
	Wild White Nacho Doritos^	X							
	Salsa Cup								
	Ruby Rusher Vegetable Juice								
	Sliced Apples								

	Choice of Milk	X							
11-19-2021									
	CHARBROILED HAMBURGER						X		
	Hamburger Bun ^	X					X	X	
	Baked Beans								
	SunSet Sip Juice								
	Fresh Banana								
	Mustard								
	Ketchup								
	Choice of Milk	X							
11-22-2021									
	PIZZA DIPPERS ^	X	X				X	X	
	Marinara Sauce								
	Tropical Veggie Juice								
	Applesauce								
	Choice of Milk	X							
11-23-2021									
	BBQ CHICKEN TATER TOT-CHOS	X					X		
	Tortilla Rounds ^								
	Orange Juice								
	Choice of Milk	X							
11-24-2021									
	NO SCHOOL								
11-25-2021									
	THANKSGIVING								
11-26-2021									
	NO SCHOOL								
11-29-2021									
	GALAXY CHEESE PIZZA ^	X					X	X	
	Broccoli								
	Diced Pears								
	Choice of Milk	X							

11-30-2021

CRISPY CHICKEN PATTY ^

X

X

Hamburger Bun ^

X

X

X

Mixed Vegetables

Orange Juice

BBQ Sauce

X

Choice of Milk

X