## AVON MIDDLE SCHOOL NORTH 7<sup>th</sup> Grade Boys Basketball

Coach Cory Falk <u>cafalk@avon-schools.org</u> ParentSquare 544-5000 X 5148 – Please note that I work at the high school now and phone calls may not be the best way to contact first throughout the day.

Players & Parents – Welcome to the 2020-2021 basketball season!

I am very excited about my 12<sup>th</sup> season coaching basketball at Avon North and look forward to getting a chance to work with all of your 7<sup>th</sup> grade athletes. Please make sure to read through the following sections and reach out through email or ParentSquare if you have any questions. Thanks!

## Athlete Rules/Expectations:

Work Hard, Be Coachable, Have Fun – Regardless of ability level, I expect everyone to show up to practice each day ready to get better individually and as a team. Your work ethic will not only make you a better player but will make your teammates work harder as well.

- 1. Stay out of trouble! The team counts on you. What you do both in and out of class effects everyone!
  - a. Conduct detrimental to the team will not be tolerated and may result in being suspended for a game(s) or potentially being kicked off
  - b. Lesser issues that may arise will be handled appropriately during practice times
- 2. Attendance: Athletes must be at school for at least half of the day to participate in events after school. If an athlete goes home ill, they may not return for practices or a game.
- 3. Missing practices (unexcused) the day before a game may result in not playing
  - a. If you are not going to be at practice, you must tell the coach prior to or have a parent send a message or email.
- 4. Please try and schedule doctor's appointments around practice
- 5. Be on time and ready to go
  - a. Practice will begin at 4:15pm and end at 5:45pm (these are CLOSED practices to parents)
  - b. If there are any changes, they will be posted to the website and sent out on ParentSquare
- 6. Grades are most important...athletes must be passing all classes
  - a. Regular grade checks will be done throughout the season
    - i. Will be placed on probation if there are any F's players can practice only
    - ii. Probation typically lasts 3 weeks and grades will be checked again. If athlete is still failing they will be removed from the team.
- 7. All players ride bus to and from away games

- a. You may ride home with a parent only if you have signed out with a coach!
- 8. Dress code
  - a. Away games: dress nicely (No jeans)
  - b. Home games: shooting shirt/ jeans/shorts
- 9. Be responsible
  - a. At away games, we are their guest
- 10. Be a teammate...help each other out. It is important that we play as a team and not as an individual. I will not tolerate players putting others down. We are at practice to get better together.
- 11. Playing time will NOT be fair direct result from the effort that is put forth in practice.
  - <u>Give your best effort every time you step foot out on the court regardless of amount of time</u> played.
- 12. Fees: \$25 for first sport athletes
  - \$50 program support fee
  - \$15 shooting shirt fee

Fees will be \$90 for any player who has NOT participated in a sport this school year. If they have, fees will be \$65. If there is any issue with paying in full, please know we understand and making partial payments is fine until the full amount has been paid. We would like all parents to pay something before the first game. If this is an issue, please contact Coach Falk or Mr. Faughnan (Athletic Director).

- 13. Line of communication
  - a. <u>Player to coach have each player be an advocate for themselves</u>
  - b. Parent to coach
  - c. Player & parent to coach through a meeting
  - d. Parent to Athletic Director
- 14. **Parents** you may not always agree with me as a coach and the decisions that I make, but please try and be positive in front of your son and use the 24-hour rule for questions you may have after a game. Often times if you ask your son, he may be able to tell you about playing time, effort in practice, etc.

Parent Expectations

- 1. Be supportive. Criticize softly and encourage loudly
- 2. Be a listener instead of a lecturer
- 3. Please do not try and help coach your son during the games at no time should a parent be on the court before or during the games.
- 4. If you disagree, please do not approach the coach after the game
- 5. Parent volunteers at games (videotaping and book keeping)

I appreciate everyone's support in helping make this a positive and successful year of middle school basketball regardless of a record. Please don't hesitate to reach out if you have questions or concerns. I will do my best to address everything in a timely manner. Thanks! – Coach Falk