

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Macaroni & Cheese ✓ EUSD Cheese Pizza ✓ Yogurt & Granola ✓ Natural Fruit Popsicle ✓	Cheesy Lasagna Roll-Up ✓ Shredded Chicken Taco Sunbutter Sandwich & String Cheese ✓	Grilled Cheese Sandwich ✓ Chicken Tenders Yogurt & Granola ✓	EUSD Spaghetti & Marinara ✓ EUSD Cheese Pizza ✓ Sunbutter Sandwich & String Cheese ✓	Mozzarella Stuffed Breadsticks & Marinara ✓ Grass Fed Beef Hotdog Yogurt & Granola ✓ Brownies ✓
8	9	10	11	12
Chicken & Waffles EUSD Cheese Pizza ✓ Yogurt & Granola ✓ Natural Fruit Popsicle ✓	Crunchy Grass Fed Beef Taco ✓ Cheese Chili Verde Tamale ✓ Yogurt & Berry Parfait with Granola ✓ Sunbutter Sandwich & String Cheese ✓	Cheese Quesadilla ✓ Macaroni & Cheese ✓ Yogurt & Granola ✓	<b>Veteran's Day Holiday</b>	
15	16	17	18	19
Pasta with Butter Parmesan Sauce ✓ EUSD Cheese Pizza ✓ Yogurt & Granola ✓ Natural Fruit Popsicle ✓	Chicken Tenders Bean, Rice & Cheese Burrito ✓ Sunbutter Sandwich & String Cheese ✓	Grilled Cheese Sandwich ✓ Cheese Raviolis with EUSD Marinara Yogurt & Granola ✓	Fiesta Nacho Tower with Slow-Roasted Carnitas ✓ EUSD Cheese Pizza ✓ Sunbutter Sandwich & String Cheese ✓	Mozzarella Stuffed Breadsticks & Marinara ✓ Grass Fed Beef Hotdog Yogurt & Granola ✓ Snickerdoodle Cookie ✓

**Thanksgiving Break (Nov. 22-26)**

29	30
Macaroni & Cheese ✓ Bean & Cheese Burrito ✓ Yogurt & Granola ✓ Natural Fruit Popsicle ✓	Baja Fish Tacos with Alaskan Pollock Crispy Chicken Sandwich Sunbutter Sandwich & String Cheese ✓

**Meals are FREE for EUSD students**  
Adults Meals: \$5.00



**Daily Salad Bar:**  
Fresh, Seasonal, California-Grown!  
Unlimited Daily Salad bars are part of every school lunch, featuring EUSD Farm Lab Grown organic lettuce and seasonal veggies!

Mondays: Bananas  
Tuesdays: Super Sliced Apples  
Wednesdays: Locally Grown Sliced Oranges  
Thursdays: Locally Grown Persimmons  
Fridays: California Grown Plums

Various dressings are offered daily including a option.

-Online Meal Payments, School Menus & Nutrition facts, visit our new Mobile Menu App at: [www.schoolcafe.com](http://www.schoolcafe.com).  
-Lunch includes: 1 entrée, locally sourced milk, assorted fruits/veggies and any side items  
-Food Allergies:

- Most **Gluten free** entrées are gluten free without the bread/bun/tortilla/etc. Corn tortillas available upon request. We serve gluten free items but our kitchens are not gluten free facilities.
- Items may be processed in facilities that also process **nuts** and other allergens.
- If your child may need a special meal accommodation, please fill out the Request for Special Meals Form on or Child Nutrition Website and return to your school nurse: <http://www.eusd.net/child-nutrition-services/student-menus-nutrition-and-allergen-information/>

-This institution is an equal opportunity provider      \*\*Menus are subject to change without notice

**Breakfast: Served Daily at OK & PEC**  
Breakfast served daily before school

Menu:  
-Maple Belgian Waffle  
-Yogurt & Granola  
-Assorted WG Cereal  
-Bagel & Cream Cheese  
-Whole Grain Muffins  
-String Cheese  
-Maple Mini Pancakes  
Includes a choice of milk, 100% fruit juice and fresh fruit

Contains Pork:   
Gluten Free:   
Vegetarian: ✓  
Scratch-made Fresh Daily: