

What's on the Menu?

Rochester Community Schools Secondary: In Person Breakfast Menu November 2021

A full student breakfast includes a choice of entrée supplying protein and grain, 1/2 cup fruit sides, and 1% chocolate or white milk.

	Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4	5
	WG Stuffed Cinnamon Cream Cheese Bagel Fresh Fruit	No School	Breakfast Bagel Sandwich with Egg and Cheese Cupped Fruit	Breakfast Sausage Pizza Fresh Fruit	Chocolate Crescent Cupped Fruit
	8	9	10	11	12
FREE for all students everyday: Complete breakfast meals though the 2021-2022 school year!	Breakfast Bagel Sandwich with Egg and Cheese Cupped Fruit	Mini Waffles Fresh Fruit	Turkey Bacon Scramble Breakfast Pizza Cupped Fruit	Breakfast Tacos Fresh Fruit	Grape Crescent Cupped Fruit
	15	16	17	18	19
Menu subject to change due product availability	WG Stuffed Cinnamon Cream Cheese Bagel Cupped Fruit	Mini French Toast Fresh Fruit	Breakfast Bagel Sandwich with Egg and Cheese Cupped Fruit	Breakfast Sausage Pizza Fresh Fruit	Chocolate Crescent Cupped Fruit
	22	23	24	25	26
Remember to wash your hands before you eat!	Breakfast Bagel Sandwich with Egg and Cheese Cupped Fruit	Mini Waffles Fresh Fruit	No School	No School	No School
	29	30			
	WG Stuffed Cinnamon Cream Cheese Bagel Fresh Fruit	Mini Pancakes Fresh Fruit			
	29	Serving Daily: BeneFIT Bars, Bagels and Cream Cheese and Yogurt Parfaits			