LWSD Middle School Lunch Menu

Nov 1st - 5th



FRUIT AND VEGETABLES OFFERED DAILY WITH LUNCH CHOICES

Fruits, Vegetables & Low Fat or Fat Free Milk included with all meals.

Daily Options

Chicken Caesar Salad and Caesar Salad with Rolls



MONDAY Turkey Sub Sandwich

TUESDAY BBQ Chicken Sub Sandwich

WEDNESDAY Turkey Ham Sub Sandwich

THURSDAY Italian Sub Sandwich (pork)

FRIDAY Chicken Bacon Ranch Wrap

3 Options Served Daily

with French Fries or Tater Tots

Cheeseburger, Hamburger, Chicken Burger, Spicy Chicken Burger or Veggie Burger

MONDAY Bacon Cheeseburger

TUESDAY Chicken Corndog

WEDNESDAY Grilled Cheese

THURSDAY Turkey Hot Dog

FRIDAY Chicken Nuggets with Roll



MONDAY Pepperoni (Pork) or Cheese Pizza

TUESDAY Pepperoni (Pork) or Cheese Pizza

WEDNESDAY Pepperoni (Pork) or Cheese Pizza

THURSDAY Pepperoni (Pork) or Cheese Pizza

FRIDAY Pepperoni (Pork) or Cheese Pizza



This Week's Feature:

MONDAY - Meatball Marinara Sub Sandwich

TUESDAY - French Toast Sticks with Turkey Breakfast Sausage

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WEDNESDAY - Sweet & Sour Chicken Rice Bowl THURSDAY - Cheesy Breadsticks with Marinara FRIDAY - Sloppy Joe Sandwich (Beef)



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