

Monday	Tuesday	Wednesday	Thursday	Friday
Tuscan Grilled Cheese Sandwich 1 Homemade Tomato Soup Mixed Green Salad Crisp Apple	<i>No School</i> <i>Professional Development</i> 2	Chicken or Eggplant Parm 3 WG Pasta w/Marinara Sauce Homemade Italian Bread Green Beans Crisp Caesar Salad Blueberry Cups & 100% Juice	Popcorn Chicken 4 Homemade Mashed Potatoes Corn Gravy Dinner Roll Strawberry Cups	Sal's Pizza 5 Veggie Dippers Crisp Romaine Salad Bananas 100% Juice
Mozz Sticks 8 Marinara Sauce Garlic Knot Parm Roasted Cauliflower Mixed Green Salad Grapes & 100% Juice	WG Nacho Chips 9 Taco Beef or Fajita Chicken Brown Rice Fiesta Black Beans Salsa & Lettuce Mixed Fruit & 100% Juice	Rodeo Burger or Black Bean Patty 10 w/Crema Sauce Ranch Potato Wedges Broccoli Salad Applesauce & 100% Juice	<i>No School</i> <i>Veteran's Day</i> 11	Homemade Pizza 12 Veggie Dippers Crisp Romaine Salad Mixed Berry Crisp 100% Juice
Maple French Toast Bake 15 Roasted Red Potatoes Honey Carrots Chicken Sausage Egg Patty Strawberry Cups & 100% Juice	Cheesy Chicken or Vegetable 16 Quesadilla Brown Rice Refried Beans Salsa & Lettuce Orange Wedges	Chicken Tetrizzini 17 Garlic Texas Toast Seasoned Broccoli Mixed Green Salad Blueberry Cups & 100% Juice	Roasted Turkey 18 Mashed Potatoes & Gravy Fresh Green Beans Cranberry Sauce WG Dinner Roll Pumpkin Bars & 100% Juice	Sal's Pizza 19 Veggie Dippers Crisp Romaine Salad Bananas 100% Juice
Twisted Mozzarella Breadsticks 22 Homemade Chicken Noodle Soup Mixed Green Salad Seasoned Broccoli Fresh Pineapple & 100% Juice	WG Nacho Chips 23 Taco Beef or Fajita Chicken Brown Rice Fiesta Black Beans Salsa & Lettuce Orange Wedges & 100% Juice	Early Release 24 Sal's Pizza Veggie Dippers Oven Fries 100% Juice	<i>No School</i> <i>Thanksgiving Recess</i> 25	<i>No School</i> <i>Thanksgiving Recess</i> 26
Tuscan Grilled Cheese Sandwich 29 Homemade Butternut Squash Soup Mixed Green Salad Crisp Apple	Nachos with Diced Chicken 30 Brown Rice Fiesta Black Beans Salsa & Lettuce Orange Wedges 100% Juice			



- All meals include protein, whole grains, fruit, vegetable, and fat-free flavored milk or 1% unflavored milk
- Visit www.stoningtonschools.org/departments/food-services for more information
- Menu subject to change as needed without notice.
- WG=Whole Grain, WW=Whole Wheat