


**BREAKFAST**

This institution is an equal opportunity provider

# NOVEMBER 2021

Stonington Middle School

ALL student meals are available at  
no cost through June 30, 2022!

Adults-\$2.50

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Daily Choice 1</b> Blueberry Sunshine Smoothie Hot Breakfast Sandwich Cinnamon Roll Chef's Choice	<b>2</b> <i>No School Professional Development</i>	<b>Daily Choice 3</b> Lemonade Stand Smoothie Hot Breakfast Sandwich French Toast Sticks Chef's Choice	<b>Daily Choice 4</b> Hot Breakfast Sandwich Homemade Muffin Yogurt Parfait Chef's Choice	<b>Daily Choice 5</b> Chocolate Banana Smoothie Hot Breakfast Sandwich WG Donuts Chef's Choice
<b>Daily Choice 8</b> Blueberry Sunshine Smoothie Hot Breakfast Sandwich Cinnamon Roll Chef's Choice	<b>Daily Choice 9</b> Hot Breakfast Sandwich Yogurt Parfait Honey Bun Chef's Choice	<b>Daily Choice 10</b> Lemonade Stand Smoothie Hot Breakfast Sandwich French Toast Sticks Chef's Choice	<b>11</b> <i>No School Veterans' Day</i>	<b>Daily Choice 12</b> Chocolate Banana Smoothie Hot Breakfast Sandwich WG Donuts Chef's Choice
<b>Daily Choice 15</b> Blueberry Sunshine Smoothie Hot Breakfast Sandwich Cinnamon Roll Chef's Choice	<b>Daily Choice 16</b> Hot Breakfast Sandwich Yogurt Parfait Honey Bun Chef's Choice	<b>Daily Choice 17</b> Lemonade Stand Smoothie Hot Breakfast Sandwich French Toast Sticks Chef's Choice	<b>Daily Choice 18</b> Hot Breakfast Sandwich Homemade Muffin Yogurt Parfait Chef's Choice	<b>Daily Choice 19</b> Chocolate Banana Smoothie Hot Breakfast Sandwich WG Donuts Chef's Choice
<b>Daily Choice 22</b> Blueberry Sunshine Smoothie Hot Breakfast Sandwich Cinnamon Roll Chef's Choice	<b>Daily Choice 23</b> Hot Breakfast Sandwich Yogurt Parfait Honey Bun Chef's Choice	<b>Daily Choice 24</b> Lemonade Stand Smoothie Hot Breakfast Sandwich French Toast Sticks Chef's Choice	<b>25</b> <i>No School Thanksgiving Recess</i>	<b>26</b> <i>No School Thanksgiving Recess</i>
<b>Daily Choice 29</b> Blueberry Sunshine Smoothie Hot Breakfast Sandwich Cinnamon Roll Chef's Choice	<b>Daily Choice 30</b> Hot Breakfast Sandwich Yogurt Parfait Honey Bun Chef's Choice			

- All breakfast meals include: 2 oz whole grains, ½ cup fruit & ½ cup 100% juice, and 8 fl oz low fat or fat-free milk
- Menu subject to change as needed without notice.
- WG=Whole Grain, WW=Whole Wheat, RS=Reduced Sugar

