

Free meals continue for all students!



Help your school receive funding. Apply online for Free & Reduced Price Meals at www.SchoolLunchApp.com

Pay Online for School Meals - Everyone Loves a Line that Moves!

Contactless online payments are strongly encouraged for all a la carte purchases

Parents can make a pre-payment safely & securely anytime at: www.myschoolbucks.com
Request a balance transfer or refund at www.eesd.org

NO COST
Universal Free

NOVEMBER BREAKFAST MENU 2021

Chaboya, Holly Oak, K. Smith, Leyva, Montgomery, OB Whaley, Quimby Oak



CHILD NUTRITION SERVICES
EVERGREEN SCHOOL DISTRICT

Child Nutrition Services can be reached at (408) 223-4500, Monday-Friday, 7:30am -4:00pm



What makes a Complete Breakfast?

A school breakfast consists of the following three food components:

1. Fruits (or optional veg)
2. Grains (or optional meats/meat alt)
3. Choice of Milk

Student can decline 1 item and at least 1/2 cup of the fruit component must be selected to be complete



What Makes a Complete Lunch?

USDA requires that a student select a minimum of 3 different components: **Fruit, Vegetable, Protein, Grain, Milk**

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A COMPLETE LUNCH MUST INCLUDE A 1/2 CUP OF FRUIT OR VEGETABLE

A La Carte Menu

Milk \$0.75
Water \$0.75
Fruit Juice \$0.75
Whole Grain Crackers \$0.75
No credit is extended for a la carte purchases.



Vegetarian Options Available Daily!

Check in with your Super Lunch Lady at your school site for the vegetarian entrée of the day.



Menu is subject to change without notice.

This institution is an equal opportunity provider and employer.
For CalFresh information, call 1-877-847-3663.
Visit www.CaChampionsForChange.net for healthy tips.

MENU KEY
(V) Vegetarian
(C) Chicken
(B) Beef
(P) Pork
(T) Turkey
(F) Fish

	Monday Lunes	Tuesday Martes	Wednesday Miercoles	Thursday Jueves	Friday Viernes
Week of: Nov 1	Pancake Griddle Sandwich (B) Cereal & Grahams (V)	Bagel & Cream Cheese (V) Cereal & Grahams (V)	Egg, Cheese & Salsa Burrito (V) Cereal & Grahams (V)	Mini Waffles (V) Cereal & Grahams (V)	Cinnamon Roll (V) Cereal & Grahams (V)
Week of: Nov 8	Whole Grain Pop-Tart String Cheese (V) Cereal & Grahams (V)	Beef Sausage Mini Bagel (B) Cereal & Grahams (V)	Bear Paw (V) Cereal & Grahams (V)	Veteran's Day Holiday	Turkey Ham & Cheese on Hawaiian Roll (T) Cereal & Grahams (V)
Week of: Nov 15	Egg & Turkey Sausage Burrito (T) Cereal & Grahams (V)	French Toast Sticks (V) Cereal & Grahams (V)	No School Conference Day	Yogurt & Cereal Bar (V) Cereal & Grahams (V)	Mini Muffin & String Cheese (V) Cereal & Grahams (V)
Week of: Nov 22	Thanksgiving Break				
Week of: Nov 29	Strawberry Pancake Bowl (V) Cereal & Grahams (V)	Breakfast Rolled Taco (B) Cereal & Grahams (V)	Zucchini Bread (V) Cereal & Grahams (V)	Crumb Cake Square (V) Cereal & Grahams (V)	Egg & Salsa Burrito (V) Cereal & Grahams (V)

Important dates to remember:



Sept - Nov: P-EBT benefits for school age kids start arriving by mail. Find out more about P-EBT at capandemic-ebt.org
Nov 11: Veteran's Day Holiday
Nov 17: Parent Conference Day
Nov 22 - 26: Thanksgiving Break

Available choices to go with breakfast:

Non-Fat Chocolate Milk
1% Low-Fat White Milk
100% Fruit Juice
Variety fresh & canned fruits
Whole Grain Grahams