

Elementary Lunch Menu

November 2021

Sea to School Month!
Featuring Local Fish from The Gulf



of Maine

All Student
Meals are
FREE
through the
school year!

Menus are
subject to change
due to product
availability and
supply change
shortages.

Monday	Tuesday	Wednesday	Thursday	Friday
1 Macaroni & Cheese Egg Salad Sandwich Green Beans Salad Bar Fruit Milk Variety	2 Chicken Tenders Egg Salad Sandwich Rice Pilaf Broccoli, Steamed Salad Bar Fruit Milk Variety	3 French Toast Egg Salad Sandwich Sausage Homefries Salad Bar Fruit Milk Variety	4 Cape Cod Fish & Chips Egg Salad Sandwich Dinner Roll Coleslaw Salad Bar Fruit Milk Variety	5 Cheese Ravioli Bake Egg Salad Sandwich Garlic Knots Salad Bar Fruit Milk Variety
8 Crispy Fish Filet Sandwich Turkey Sandwich Sweet Green Peas Salad Bar Fruit Milk Variety	9 Shepherd's Pie Turkey Sandwich Corn Muffin Salad Bar Fruit Milk Variety	10 Pizza, Pepperoni Pizza, Cheese Turkey Sandwich Salad Bar Fruit Milk Variety	11 	12 Spaghetti with Meatballs Turkey Sandwich Zucchini, Roasted Salad Bar Fruit Milk Variety
15 Fish in a blanket Chicken Alfredo Tuna Salad Sandwich Coleslaw Broccoli, Steamed Salad Bar Fruit Milk Variety	16 Beef Goulash Tuna Salad Sandwich Garlic Knots Sweet Green Peas Salad Bar Fruit Milk Variety	17 Cheeseburger Gardenburger Tuna Salad Sandwich Baked Beans Salad Bar Fruit Milk Variety	18 Roast Turkey and Stuffing Tuna Salad Sandwich Mashed Potato Salad Bar Fruit Milk Variety	19 Chicken & Waffles Tuna Salad Sandwich Homefries Salad Bar Fruit Milk Variety
22 Cheese Lasagna Ham & Cheese Deli Sandwich Garlic Knots Green Beans Salad Bar Fruit Milk Variety	23 Chicken Nuggets Ham & Cheese Deli Sandwich Lo Mein Noodles Salad Bar Fruit Milk Variety	24 	25 	26
29 Hot Dog Egg Salad Sandwich Baked Beans Salad Bar Fruit Milk Variety	30 Nachos with Taco Meat Egg Salad Sandwich Salad Bar Fruit Milk Variety	<p>This institution is an equal opportunity provider.</p> <p>Please advise us of any meal accommodations required due to allergens or other special dietary needs</p>		

