



Tulsa Public Schools - Secondary

NOV 2021

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Honey Nut Cheerios
Strawberries
Apple Juice

2

Pancakes
Mixed Fruit Cocktail
Orange Juice

3

Strawberry Pop-Tart
Banana
Orange Juice

4

Breakfast Burrito
Diced Pears
Apple Juice

5

Sausage Breakfast Pizza
Small Apple
Grape Juice



8

Frosted Flakes Cereal
Applesauce
Orange Juice

9

Blueberry Muffin
Diced Peaches
Apple Juice

10

French Toast Sticks
Small Apple
Orange Juice

11

Honey Chicken Biscuit
Banana
Grape Juice

12

Trix Cereal
Mixed Fruit Cocktail
Apple Juice



15

Lucky Charms Cereal
Blueberries
Apple Juice

16

Pancakes
Diced Peaches
Orange Juice

17

Oatmeal Round
Banana
Grape Juice

18

Egg & Cheese Breakfast
Taco Roll
Blueberries
Orange Juice

19

Cinnamon Toast Crunch Cereal
Applesauce
Orange Juice



22

NO SCHOOL

23

NO SCHOOL

24

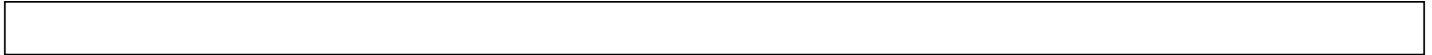
NO SCHOOL

25

NO SCHOOL

26

NO SCHOOL

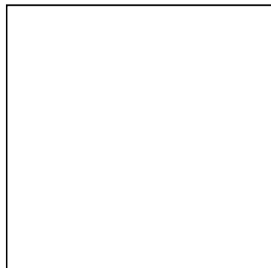


29

Cinnamon Chex
Baked Cinnamon Apples
Orange juice

30

Bacon Egg Scramble Pizza
Small Apple
Grape Juice



KEEP SAFE

White 1 % Milk
is offered with
Breakfast everyday

Menu is subject to change based on product availability
This institution is an equal opportunity provider.