

# What's On Outdoors

this October in and around Edinburgh



## The nights are drawing in

But there is still lots to do outside

As we begin to get into the rhythm of the autumn term here at Merchiston, there is plenty we can still do in the outdoors to benefit our mental and physical health.

## In and around Edinburgh

Events coming up include:

1

### MENS' 10K EDINBURGH

Sunday 24 October  
9.30am

Enter [here](#)

2

### HIP, HOP, STORY, STOP!

18/20/22 October  
Meet at Scottish  
Storytelling Centre

book [here](#)

3

### WONDROUS WOODS

21 Oct - 14 Nov  
6pm-8.20pm @ Hopetoun  
House buy ticket [here](#)



### Online Outdoor Talks

Myrtle Simpson talks about her adventures as a polar explorer,



Scottish mountain climber and as the 1st woman to cross Greenland's polar ice cap. [Book here](#)



**Lots of local clubs are doing indoor and outdoor activities find out more below.**

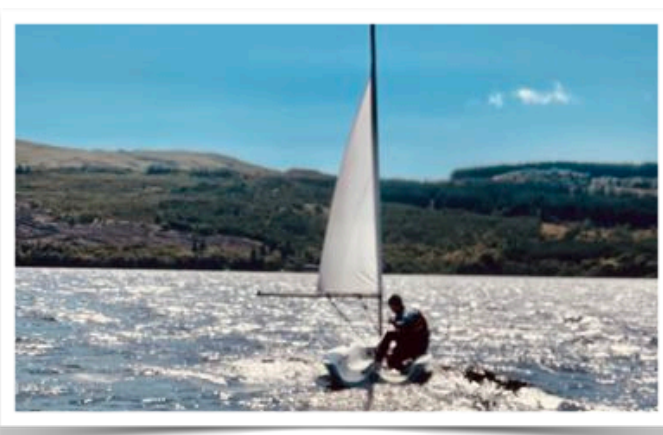
## “No such thing as bad weather only poor choice of clothing”

Edinburgh Southern Orienteering Club have monthly events starting on Sunday 10th October maps and event info available [here](#).

Edinburgh Kayak club have beginner river trips and indoor pool skills sessions for all levels on a weekly basis. Times and places info [here](#).

Port Edgar Yacht Club runs a start racing programme currently on Wednesdays and Sundays. In addition to theory and practice sessions throughout the winter. More information [here](#).

Lothian and Borders walking groups consist of approximately 11 groups for different types of walks and hikes. Find your local group [here](#).



## Ode to the west wind

Percy Bysshe Shelley

"O wild West Wind, thou breath of Autumn's being,  
Thou, from whose unseen presence the leaves dead  
Are driven, like ghosts from an enchanter fleeing,  
Yellow, and black, and pale, and hectic red,  
Pestilence-stricken multitudes: O thou,  
Who chariotest to their dark wintry bed..."

"The trumpet of a prophecy! O Wind,  
If Winter comes, can Spring be far behind?"

