

NOVEMBER AJH Lunch Menu

Menu subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 TACO SALAD PIZZA FIESTA RICE REFRIED BEANS FRUIT/VEG CHOICES MILK	2 CHICKEN FRYZ W/ BAKED SMILES AJH PIZZA FRUIT/VEG CHOICES MILK	3 CHICKEN SANDWICH W/ BAKED TOTS AJH PIZZA FRUIT/VEG CHOICES MILK	4 TOASTED CHEESE OR PULLED PORK FRIES AJH PIZZA FRUIT/VEG CHOICES MILK	5 DELI SUBS OR CORN DOG w/BAKED CHIPS PIZZA FRUIT/VEG CHOICES BAKED BEANS MILK
8 FIESTADA PIZZA FIESTA RICE REFRIED BEANS FRUIT/VEG CHOICES MILK	9 POPCORN CHICKEN BAKED TRI-TATERS AJH PIZZA FRUIT/VEG CHOICES MILK	10 CHICKEN SANDWICH W/ BAKED SMILES AJH PIZZA FRUIT/VEG CHOICES MILK	11 BOSCO STICKS w/marinara AJH PIZZA FRUIT/VEGS CHOICES MILK DESSERT	12 CHEESEBURGER w/BAKED CHIPS PIZZA FRUIT/VEG CHOICES BAKED BEANS MILK
15 BEEFY CHEESY NACHOS PIZZA FIESTA RICE REFRIED BEANS FRUIT/VEG CHOICES MILK	16 CHICKEN NUGGETS w/ BAKED SMILES AJH PIZZA FRUIT/VEG. CHOICES MILK	17 CHICKEN SANDWICH W/ BAKED WAFFLE FRIES AJH PIZZA FRUIT/VEG. CHOICES MILK	18 MAC & CHEESE W/ ROLL RAVIOLI W/ ROLL AJH PIZZA FRUIT/VEG CHOICES MILK	19 HOT DOG w/BAKED CHIPS PIZZA FRUIT/VEG CHOICES BAKED BEANS MILK
22 FIESTADA PIZZA FIESTA RICE REFRIED BEANS FRUIT/VEG CHOICES MILK	THANKSGIVING LUNCH 23 POPCORN CHICKEN BOWL OR TURKEY/GRAVY & ROLL STUFFING & DESSERT FRUIT/VEG CHOICES MILK	No School 24 manufacturer supply shortages, we may need to change the menu items without notice. We will do our best to have a similar item, but cannot guarantee it is the same as what the students usually get.	No School 25 	No School 26
29 WALKING TACO PIZZA FIESTA RICE REFRIED BEANS FRUIT/VEG CHOICES MILK	30 CHICKEN FRYZ W/ BAKED SMILES AJH PIZZA FRUIT/VEG CHOICES MILK	OFFERED DAILY: Pizza PB & J Sandwich ASSORTED FRUIT CHOICES ASSORTED MILK	<i>Lunch includes 5 components: Protein, Grain, Fruit, Vegetable & Milk. Students must choose 3-5 components, one being a fruit or vegetable.</i>	<i>Breakfast & Lunch are available at no cost to families for the 2021-22 school year!</i> <i>Milk by itself costs \$.50.</i>

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Email Deanne Kelbley, RD, LD, SNS with any questions about the National School Breakfast & Lunch Programs:

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