


Powers Elementary November 2021 Lunch Menu

Menu subject to change without notice					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<div>1</div> <div>Hot Dog on a WG Bun * or WG Toasted Cheese*% Baked Beans Curly Fries Fruit Choices Milk %</div>	<div>2</div> <div>WG Popcorn Chicken* or WG Mini Corn Dogs** Sweet PotatoTots Green Beans Fruit Choices Milk %</div>	<div>3</div> <div>National Sandwich Day WG Uncrustable *! or Hamburger on a WG Bun* Cauliflower & Broccoli w/Ranch%^ Fruit Choices Milk %</div>	<div>4</div> <div>Domino's Pizza *% Fresh Veggies w/hummus Fruit Choices Milk %</div>	<div>5</div> <div>WG Soft Tacos* w/lettuce & cheese% or WG Fiestada*% Salsa Sweet Corn Fruit Choices Milk%</div>	<div>EVERY DAY WE OFFER AN ALTERNATE (MEATLESS) LUNCH THAT INCLUDES ALL 5 COMPONENTS OF A SCHOOL LUNCH</div>
<div>8</div> <div>WG Chicken Patty on a bun* or WG Mozzarella Sticks*% Green Beans SideKick Smoothie Fruit Choices Milk %</div>	<div>9</div> <div>WG Chicken Tenders** or Cheeseburger on a WG Bun* Sweet Potato Tots Dragon Punch Fruit Choices Milk %</div>	<div>10</div> <div>THANKSGIVING LUNCH Turkey & Gravy* or WG Chicken Nuggets Sweet Corn, Mashed Potatoes, Fruit Choices, Milk% WG Dinner Roll*</div>	<div>11</div> <div>Pizza Hut Pizza *% Fresh Veggies w/hummus Fruit Choices Milk %</div>	<div>12</div> <div>WG Mini Corn Dogs**^ WG Macaroni & Cheese*% Seasoned Broccoli Steamed Peas Fruit Choices Milk %</div>	<div>Lunches consist of 5 components: Protein, Grain, Fruit, Vegetable & Milk. Students must choose 3-5 components, one being a fruit or vegetable.</div>
<div>15</div> <div>WG Maxi Cheese Sticks *% w/marinara sauce or WG Popcorn Chicken* Comet Star Fries Seasoned Green Beans Fruit Choices Milk %</div>	<div>16</div> <div>WG French Toast Sticks** or WG Pancakes ** Sausage Links Wango Mango Juice Hash Brown Fruit Choices Milk %</div>	<div>17</div> <div>WG Toasted Cheese*% or WG Mini Corn Dogs** Steamed Broccoli Smiley Fries Fruit Choices Milk %</div>	<div>18</div> <div>Domino's Pizza *% Leafy Green Salad w/chick peas Fruit Choices Milk %</div>	<div>19</div> <div>WG Quesadilla*% or WG Chicken Nuggets* Cauliflower & Broccoli w/Ranch%^ Fruit Choices Milk %</div>	<div>ALLERGENS: * = gluten ^ = egg % = dairy ! = peanut These are ONLY a guide</div>
<div>22</div> <div>WG Personal Pan Pizza*% or WG Chicken Tenders** Dragon Fruit Punch Green Beans Fruit Choices Milk%</div>	<div>23</div> <div>Beefy Cheesy Nachos% or WG Mozzarella Sticks*% w/marinara sauce Refried Beans Sweet Corn Fruit Choices Milk%</div>	<div></div>			<div>Please visit www.payschoolscentral.com to add money to your child's account, and to complete the Free & Reduced-price Application.</div>
<div>29</div> <div>WG Corn Dog* or Hamburger on a WG Bun* Sweet Potato Tots, Baked Beans, Fruit Choices Milk%</div>	<div>30</div> <div>WG Pancakes*%^ Sausage Links or WG Chicken Nuggets* Wango Mango Juice Hash Brown Fruit Choices Milk %</div>	<div>DECEMBER 1st WG Macaroni & Cheese*% or WG Fish Sticks* Steamed Broccoli Edamame Fruit Choices Milk % WG Soft Pretzel*</div>	<div>DECEMBER 2nd Pizza Hut Pizza *% Fresh Veggies w/hummus Fruit Choices Milk %</div>	<div>DECEMBER 3rd WG Chicken Tenders* or WG Stuffed Crust Pizza*% Leafy Green Salad w/chick peas Fruit Choice Milk %</div>	<div>Important update: Due to manufacturer supply shortages, we may need to change the menu items without notice. We will do our best to have a similar item, but cannot guarantee it is the same as what the students usually get.</div>

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Email Deanne Kelbley, RD, LD, SNS with any questions about the National School Breakfast & Lunch Programs:

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