

LWSD Middle School Lunch Menu

Oct 25-29



**FRUIT AND VEGETABLES
OFFERED DAILY WITH
LUNCH CHOICES**

Fruits, Vegetables & Low Fat or Fat Free Milk included with all meals.

Daily Options

*Chicken Caesar Salad and Caesar Salad
with Rolls*



- MONDAY** Turkey Sub Sandwich
- TUESDAY** BBQ Chicken Sub Sandwich
- WEDNESDAY** Turkey Ham Sub Sandwich
- THURSDAY** Italian Sub Sandwich (pork)
- FRIDAY** Chicken Bacon Ranch Wrap

3 Options Served Daily

with French Fries or Tater Tots

*Cheeseburger, Hamburger, Chicken Burger,
Spicy Chicken Burger or Veggie Burger*



- MONDAY** Bacon Cheeseburger
- TUESDAY** Chicken Corndog
- WEDNESDAY** Grilled Cheese V
- THURSDAY** Turkey Hot Dog
- FRIDAY** Chicken Nuggets with Roll



- MONDAY** Pepperoni (Pork) or Cheese Pizza
- TUESDAY** Pepperoni (Pork) or Cheese Pizza
- WEDNESDAY** Pepperoni (Pork) or Cheese Pizza
- THURSDAY** Pepperoni (Pork) or Cheese Pizza
- FRIDAY** Pepperoni (Pork) or Cheese Pizza



**This Week's
Feature:**



- MONDAY - Bean & Cheese Burrito
- TUESDAY - Pancakes with Turkey Breakfast Sausage
- WEDNESDAY - BBQ Chicken Sandwich
- THURSDAY - Baked Penne Pasta
- FRIDAY - Fish Po Boy

